August 20, 2019   **Events and Deadlines**

This newsletter is distributed to department heads, graduate program directors, graduate program contact staff, and graduate faculty.

**Graduate Program Directors**

**All University Career Fair**

The Graduate School will be attending the All-University Career Fair on **Wednesday, September 25th**, representing and promoting all graduate programs at K-State. If you have any materials that you would like the Graduate School to distribute on your behalf, please provide those to Graduate School c/o Associate Dean Sunanda Dissanayake.

If your graduate program would prefer to register to attend the Career Fair on your own, it may be possible to do so, for a fee. If interested, please contact the Career Center.

**Counseling Services provided at K-State**

Group Introductory Presentations - these brief sessions are to teach anyone interested a little more about Group Therapy at Counseling Services. We'll answer questions and share information about how a good fit is for each of our groups and how to join them. These are free and open to everyone. Contact Counseling Services once the semester starts to find a presentation time that fits your schedule.

We're starting a new group called Taming Your Anxious Mind. This is an educational group focused on learning skills to help manage anxiety. Interested students can contact CS for more information.

Other services remain the same. They include:

- **Group therapy**: helps students better understand themselves and how they interact with others. The goal is to improve relationships. We also have groups specifically for graduate students, LGBTQ students, and a group for those wanting to learn coping and communication skills in a structured format. I've attached a flier.

- **Crisis Counseling**: available all year, even when we're on a waitlist, students can request a same-day appointment if they're in
crisis. 24/7 mental health consultation is also available by phone (785-532-6927).

- **Individual therapy**: for a wide variety of concerns from self-exploration to more serious or interfering psychological concerns (e.g., depression, anxiety, suicidal thoughts).
- **Referrals to the community**: when we're not the best fit for a student's needs.
- **Outreach**: we'll be continuing with a number of events on campus. These include Pet Away Stress 8/28 and 10/9, Mental Wellness Week Oct 7-12, and Pop Over to the Pantry the first Tuesday of each month.

We also continue to have our Peer Education Class: Peer Advocates for Mental Wellness and Success as well as our student org of the same name (PAWS for short!). You might be interested in checking out the podcast they started called PAWScast! Additional outreach information and events can be found on our website under the Outreach tab.

**Graduate School has dates reserved for upcoming meetings this fall.**

- New Graduate Program Directors: **September 13th** 9:30-11:00 a.m., room 121 Eisenhower Hall,
- College Liaison: **October 11th** 2:00-3:30 p.m., room 3042 Business Building
- Graduate Program Update Meeting: **October 22nd** 3:00-5:00 p.m., Town Hall room, Leadership Hall
- New Graduate Faculty Orientation: New Graduate Faculty choose one session. **November 7th**, 2:30-4:00 p.m., room 121, Eisenhower Hall or **November 8th**, 9:00-10:30 a.m., room 121, Eisenhower Hall.

**Graduate Students**

**Incoming Graduate Students**

Welcome, Graduate Students to Kansas State University. We encourage you to review the checklists and view the pages on the graduate schools website before coming to campus. They will aid in your transition and help jump start your graduate career. Also, be sure to check out our Graduate Student Survival Guide to help you get started and to guide you throughout your graduate career.

**Save the Date: Research and the State**

**October 31, 2019**

Courtyard, K-State Student Union
Poster presentations, 1:00-3:00 pm
Announcement of winners, 4:00 pm, Big 12 Room

K-State graduate students present posters of their research or scholarly work. Ten presenters are selected to represent K-State at the annual Capitol Graduate Research Summit (CGRS) held in the spring at the Capitol Building, where
graduate students present their posters and discuss the implications their work has on issues in the state of Kansas. Presenters interact with state legislators, members of the Kansas Board of Regents, and the public. Additionally, Research and the State is a great opportunity for graduate students to share their research or scholarly work with the campus community. ABSTRACT SUBMISSION DEADLINE: September 30, 2019, 11:59pm CST

Spring 2019 graduates: Important information regarding diplomas

Graduate diplomas for spring 2019 have been mailed from K-State July, 29th. Diplomas were mailed to the KSIS degree/diploma mailing address, or if requested, to the eShipGlobal address provided by the graduate. If a diploma mailed to an incorrect address provided by the graduate, the graduate is responsible for requesting a replacement and paying the required charges. Diplomas are not mailed to graduates who have a hold or delinquency noted in their KSIS account.

Important information regarding GTA/GRA/GA health insurance for Fall 2019

- Fall health insurance will cover the period 08/01/2019 to 12/31/2019.
- You must enroll in health insurance online – enrollment link.
- Once Human Capital Services approves your eligibility for the GTA/GRA/GA insurance, United Healthcare will send you a payment link. This link is only active for 5 days.
- Be aware that you must submit your online application to United Healthcare by 08/31/2019.
- The $738 charge will be removed from your KSIS account during the month of September. Please note that you will not be charged a late fee if you do not pay the $738 charge in your KSIS account. The FAQs on our website have been updated. Please refer to that for more information. For further information on Graduate Student health insurance. Please send any questions to isss@ksu.edu.