“Success is achieved by developing our **Strengths**, not by eliminating our weaknesses.” ~ Marilyn vos Savant

**What is CliftonStrengths?**

CliftonStrengths is a 30 minute, web-based assessment that measures the presence of talent of thinking, feeling, and behaving in 34 areas called “themes.” A strength is the ability to consistently provide near-perfect performance in a specific activity. The key to building a strength is to identify your dominant talents, then complement them by acquiring knowledge and skills pertinent to the activity.

**How can I benefit?**

With this knowledge, you gain insight on how to better utilize your strengths in your academics and beyond. It’s taking what you are naturally good at and maximizing your potential!

**Top 6 Reasons to Explore your Strengths**

1) Addresses your scholarly questions
2) An adventure of discovery
3) Generates optimism
4) Provides a sense of direction
5) Generates confidence
6) Generates a sense of vitality

**FREE FOR ALL K-STATE STUDENTS!**

[Connect on Social Media]

[Keep an eye out for the CliftonStrengths Badge!]

“...we think about what is right with people rather than fixating on what is wrong with them.”

Donald O. Clifton
Creator of Clifton StrengthsFinder
FIRST...take the assessment

Instructions to access code

1) Login to your KSIS
2) Click on the navigation bar at the top (compass icon)
3) Click on classic home (house icon)
4) Click on self-service (link in left menu)
5) In the student success folder, click on the ‘K-State Strengths’ link (yellow folder in middle of page)
6) From there, it will give you the link to get to the assessment to find out your top 5 Strengths!

THEN...get involved!

**Get a peer coach**
Want to know more? Work one on one with a peer coach to explore your Top 5 Strengths and make the best of your time at K-State! Request a peer coach by visiting k-state.edu/strengths

**Host a workshop**
Part of a team? Have Strengths at K-State come and lead a workshop to teach your team about Strengths! See our request a workshop form at k-state.edu/strengths

**Become an Advocate**
Enjoy Strengths? Join our team of advocates to further advance Strengths at K-State! Sign up today strengths@ksu.edu

**Watch for Events**
Check out upcoming events on our social media or website- k-state.edu/strengths/events