

The question from the month of April; The acronym “PASS” used for fire extinguisher operation stands for:.....Pull. Aim. Squeeze. Sweep. The winner for the drawing is **Diane Wester**, she received the \$20 prize. The May question is now on the Facilities website.



Get your answers in before May 22nd to be eligible for the next prize drawing!

Self Inspection Checklist

Self-inspection is essential if you are to know where probable hazards exist and whether they are under control. Each month there will be a featured topic. This month is noise.

NOISE

- Are there areas in the workplace where continuous noise levels exceed 85 decibels?
- Is there an ongoing preventive health program to educate employees in safe levels of noise, exposures, effects of noise on their health and the use of personal protection?
- Have work areas where noise levels make voice communication between employees difficult been identified and posted?
- Are noise levels measured with a sound level meter or an octave band analyzer and are records being kept?
- Have engineering controls been used to reduce excessive noise levels? Where engineering controls are determined to be infeasible, are administrative controls (i.e., worker rotation) being used to minimize individual employee exposure to noise?
- Is approved hearing protective equipment (noise attenuating devices) available to every employee working in noisy areas?
- Have you tried isolating noisy machinery from the rest of your operation?

- If you use ear protectors, are employees properly fitted and instructed in their use?
- Are employees in high noise areas given periodic audiometric testing to ensure that you have an effective hearing protection system?

dBA	Example	Home & Yard Appliances	Workshop & Construction
0	healthy hearing threshold		
10	a pin dropping		
20	rustling leaves		
30	whisper		
40	babbling brook	computer	
50	light traffic	refrigerator	
60	conversational speech	air conditioner	
70	shower	dishwasher	
75	toilet flushing	vacuum cleaner	
80	alarm clock	garbage disposal	
85	passing diesel truck	snow blower	
90	squeeze toy	lawn mower	arc welder
95	inside subway car	food processor	belt sander
100	motorcycle (riding)		handheld drill
105	sporting event		table saw
110	rock band		jackhammer
115	emergency vehicle siren		riveter
120	thunderclap		oxygen torch
125	balloon popping		
130	peak stadium crowd noise		
135	air raid siren		
140	jet engine at takeoff		
145	firecracker		

see the full self inspection checklist on the facilities website:

<http://www.k-state.edu/facilities/training/safetymanual/OSHA-SBH-Self-Inspection.pdf>

Workers' Memorial Day is observed every year on April 28. It is a day to honor those workers who have died on the job, to acknowledge the grievous suffering experienced by families and communities, and to recommit ourselves to the fight for safe and healthful workplaces for all workers. It is also the day OSHA was established in 1971. Under the Occupational Safety and Health Act of 1970, employers are responsible for providing safe and healthful workplaces for their workers. OSHA's role is to ensure these conditions for America's working men and women by setting and enforcing standards, and providing training, education and assistance.

For more information go to: <https://www.osha.gov/workersmemorialday/index.html>

Training in Action

Congratulations to those recently certified as
Fall Protection Competent Users!

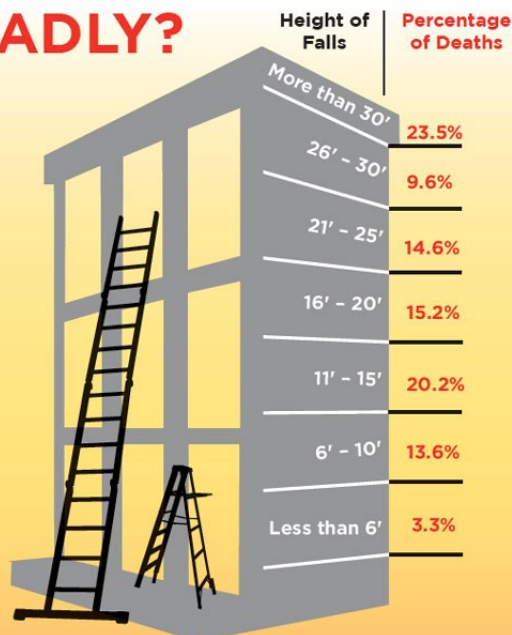
Ed Evans	Jerry Hunter
Adam Gabay	Robert Motley
Christian Grey	James Posch
Garret Heath	Jeff Sims
Jonathan Hukriede	Brandon Weber



How High is DEADLY?

You may not be very high off the ground but if you fall, it could be deadly.

In 2015, 16.9% of all fatal falls were from heights of 10 feet or less.



Source: cdc.gov