

RAISING COURAGEOUS KIDS

Eight Steps to Practical Heroism

Charles A. Smith

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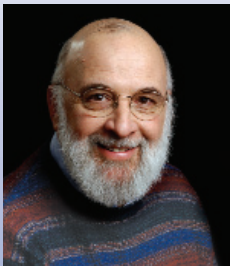
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Our children's lives are filled with countless opportunities, both big and small, to make a difference in the world. And sooner or later, they will face adversity when we cannot be there to help them. Perhaps there will be a bully to deal with at school, an offer of drugs, or a life-threatening accident, attack, or illness. But eventually, in some way, life will demand that our children face fear, make choices, and take action. In this groundbreaking guide for parents, Charles Smith shows how to nurture the virtue of everyday courage in children. He explains how courage develops in eight stages from birth to early adolescence. And he provides solid information and practical ideas to help nurture courage at every one of those stages. Illustrating his points with the inspiring stories of real-life young heroes, Smith shows parents that while we can't protect our children from every conceivable peril, we can prepare them to face challenges with courage throughout their lives.

Can we raise children to have the courage to perform a life-risking rescue? Unknown, perhaps, but Professor Smith gives parents the power to develop children with the courage to rise to a lifetime of challenges. A truly wonderful gift.

—**Douglas R. Chambers,**
Managing Director, Carnegie Hero Fund Commission



About the Author

Charles A. Smith is a professor and parent educator in the School of Family Studies and Human Services at Kansas State University. He is an award-winning state extension specialist who has designed a number of parent education programs used by educators throughout the United States. He holds a BS in psychology from the University of Dayton and both an MS and PhD in child development from Purdue University. Smith has created board and card games, television programs, online educational resources, and several websites for parents and parent educators including, raisingcourageouskids.com

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