

## Career Opportunities in Biostatistics and Consulting/Collaboration

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- Career opportunities in biostatistics
- Professional service
  - Federal government
  - Professional organizations
- Consulting/collaboration
  - NCI-designated cancer centers
  - Industry
- Discussion



## Career Opportunities in Biostatistics

- Academia
- Government
- Industry
- Skill sets outside statistics to succeed
  - Communication
  - Leadership
  - Interpersonal



#### Academia

- Schools of Public Health
- Medical Schools and Centers
- Dental Schools
- Cancer Centers
- Clinical and Translation Science Awards
- Academic Research Organization
  - Duke, Harvard, etc



#### Academia

- Broad-based interest and knowledge
  - Basic
  - Clinical
  - Population
  - Translational
- Publish or Perish
- Research funding tighter



## Government: The Federal Health Tree

- Department of Health and Human Services
  - National Institutes of Health (NIH)
  - Food and Drug Administration (FDA)
  - Centers for Disease Control and Prevention (CDC)

**–** ...

- Environmental Protection Agency (EPA)
- Department of Defense

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http://www.first.gov/



## National Institutes of Health (NIH)

- 27 Institutes and Centers
  - Biomedical and behavioral research
  - Laboratory of Hygiene at the Marine Hospital Service in Staten Island, NY in 1887
- National Cancer Institute (1937)
- National Heart Lung and Blood Institute (1948)
- National Institute of Allergy and Infectious Diseases (1948)
- •
- \$30.3 billion with > 80% for extramural support
  - 18,000 employees
  - 10% for intramural research support of 6,000 scientists
  - 50,000 competitive grants and 300,000 researchers
  - 2,500 institutes in the US and throughout the world



### A Typical NIH Institute

- Office of the Director
- National Advisory Council
- Board of Scientific Advisors/Counselors
- Initial Review Groups
  - Special Emphasis Panels
- Extramural research support
  - Grants (R01, P01)
  - Cooperative agreements (U01)
  - Contracts (N01)
- Intramural research
  - Laboratory, clinical and population-based



## Food and Drug Administration (FDA)

- 1906 Pure Food and Drugs Act
  - The Jungle by Upton Sinclair (1907)
- The 1938 Food, Drug, and Cosmetic Act
- 7 Offices, 6 Centers and 1 National Center
  - Center for Drug Evaluation and Research
  - Center for Biologics Evaluation and Research
  - Center for Devices and Radiological Health
  - Center for Tobacco Products
  - Center for Veterinary Medicine
  - Center for Food Safety and Applied Nutrition
  - National Center for Toxicological Research



## Centers for Disease Control and Prevention (CDC)

- Environmental Health and Injury Prevention
- Health Information and Services
  - National Center for Health Statistics
  - National Center for Public Health Informatics
- Health Promotion
- Infectious Diseases
- Global Health
- Terrorism Preparedness & Emergency Response
- National Institute for Occupational Safety and Health



### Industry

- Biopharmaceutical Companies
  - Drugs
    - AbbVie, Bayer, BMS, GSK, J&J, Merck, Novartis, Pfizer, Roche, sanofi-aventis, Roche, ...
  - Biologicals
    - Amgen, Genetech, Amgen, ...
- Medical Device Companies
  - Boston Scientific, Medtronics, St. Jude Medical, ...
- Contract Research Organizations (CROs)
  - Covance, Parexel, PRA, Quintiles, ...



## Contract Research Organizations

- Clinical trials management
- Regulatory support
- Data management
- Biostatistics
- Medical writing
- Manufacturing
- Laboratory



- Career opportunities in biostatistics
- Professional service
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- Statistical consulting/collaboration
  - NCI-designated cancer centers
  - Data monitoring committees
- Discussion



### Professional Service: Why?

- Good Citizenship Professionally
- Biostatistics expertise highly sought after
- Evangelism
  - Good Statistical Practice
- Impact
- Concerned citizen and taxpayer



#### National Cancer Institute

- Lung Cancer Concept Evaluation Panel
  - Review of proposals from the cooperative groups
- Initial Review Group
  - Clinical trials
  - Epidemiological studies
- Study Sections and Site Visits for Program Project Grants



## National Advisory Dental and Craniofacial Research Council

- Clinical Trials Review Committee
- Advise DHHS Secretary, Assistant Secretary of Defense for Health Affairs, NIH Director and NIDCR Director
  - On matters relating to the conduct and support of research, training, health information dissemination and other programs carried out, by and through the Institute
- Make recommendations
  - On applications for grants and cooperative agreements for research and training regarding dental, oral and craniofacial diseases



## National Heart, Lung, and Blood Institute

- Clinical Trials Review Committee
  - Peer review of multicenter clinical trial proposals
- Data and Safety Monitoring Boards
  - BRIDGE: Anticoagulation in elective invasive surgery
  - Cardiothoracic Surgical Trials Network (CTSN)



## Environmental Protection Agency (EPA)

- Food Quality Protection Act (FQPA) 1996
  - Federal Insecticide, Fungicide, and Rodenticide Act (FIFRA)
  - Federal Food Drug, and Cosmetic Act (FFDCA)
- National Academy of Science 2004
  - Intentional Human Dosing Studies for EPA Regulatory
     Purposes: Scientific and Ethical Issues
- Human Studies Review Board (HSRB) 2006



#### **Human Studies Review Board**

- Federal Advisory Committee
- Provides advice, information, and recommendations on issues related to scientific and ethical aspects of human subjects research
  - Research proposals and protocols;
  - Reports of completed research with human subjects; and
  - How to strengthen EPA's programs for protection of human subjects of research
- Reviews ethics and scientific merit of all intentional human dosing studies of pesticides and insect repellents for regulatory purpose



### **Human Toxicity Studies**

- Similar to phase I clinical trials
- Healthy volunteers
- Test toxic substances such as pesticides
- Usually very small in sample size
- Ethically very delicate
- Risk/benefit ratios very complex
- Used to inform EPA in deriving regulatory policy supplemented by animal toxicity studies



### **Data Monitoring Committees**

- NIH policy on data and safety monitoring
  - http://grants.nih.gov/grants/guide/notice-files/ not98-084.html
- Responsibilities
  - Safety of participants
  - Integrity of clinical trial and data
  - Validity of data (statistical inference)
- Broad background/experience in large-scale randomized, controlled trials (RCTs)



### **DMC** Opportunities

- NIH-sponsored Clinical Trials
- NIH Intramural Clinical Trial Program
- VA Cooperative Studies Program
- U.S. Army Medical Research and Materiel Command



## National Institute of Allergy and Infectious Diseases

#### HIV/AIDS

- Large phase III randomized, controlled trials
- Therapeutic DSMB
- IL-2 DSMB
- PENPACT DSMB
- Multinational DSMB
- Autoimmune diseases
  - Mainly early phase clinical trials
  - ACE/ITN DSMB



### **Professional Organizations**

- Become a member
  - American Statistical Association
  - Institute of Mathematical Statistics
  - Eastern North American Region of the International Biometrics Society
  - Society for Clinical Trials
  - International Society of Clinical Biostatistics
- Volunteer
  - Serve on committees
  - Organize/chair sessions



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  - NCI Cancer Center Support Grant
  - NIH Clinical and Translational Science Award
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### NCI Cancer Centers Program

- National Cancer Act of 1971
- Cancer Center Support Grant (P30)
  - aka Core Grant
  - Shared Resources and Services
- Cancer centers (27)
  - Basic or clinical sciences
- Comprehensive cancer centers (41)
  - Basic + Clinical + Population Sciences + Outreach



#### **UW Carbone Cancer Center**

- Continuously funded since 1972
- McArdle Laboratory for Cancer Research in 1940
- Matrix (as against standalone such as MDACC/MSKCC/ FHCRC/RPCI)
  - 10 Colleges/Schools and 38 Departments
  - 250+ Members
- 8 Programs
- 16 Shared Resources and Services
  - Biostatistics
  - Cancer Informatics
  - Clinical Research Offices



### **UWCCC Programs**

- Cancer Control
- Cancer Genetics
- Cell Signaling
- Chemoprevention
- Experimental Therapeutics
- Human Cancer Virology
- Imaging and Radiation Sciences
- Tumor Microenvironment



### UWCCC Consulting/ Collaboration

- Basic, genomics
  - Keles, Kendziorski, Newton
- Translational
  - Chappell, Eickhoff, Kim, Newton, Yu
- Clinical
  - Chappell, Eickhoff, Kim, Yu
- Population-based
  - Gangnon, Rathouz



#### Clinical and Translational

- Phase I: Determine maximum tolerated dose
- Phase II: Is it worth large-scale trials?
  - Efficacy screening of Rx
  - Small sample size (n = 30 50)
  - Comparison with historical controls
- Phase III: Is new better than standard?
- Biomarker studies
- Correlative studies



#### CA77158: DFMO in Skin Cancer

- 0.5g/m²/day PO of DFMO vs placebo for 3-5 years
- Prior history of basal or squamous skin cancer
- Simple randomization
- Follow-up every 6 months: Repeated counts
- Endpoints
  - New non-melanoma skin cancers
  - Toxicities
  - Biomarkers: Ornithine decarboxylase and polyamines
- Biomarkers measured 2, 3 and 4 years in a random subset



### Leading to Research Topics

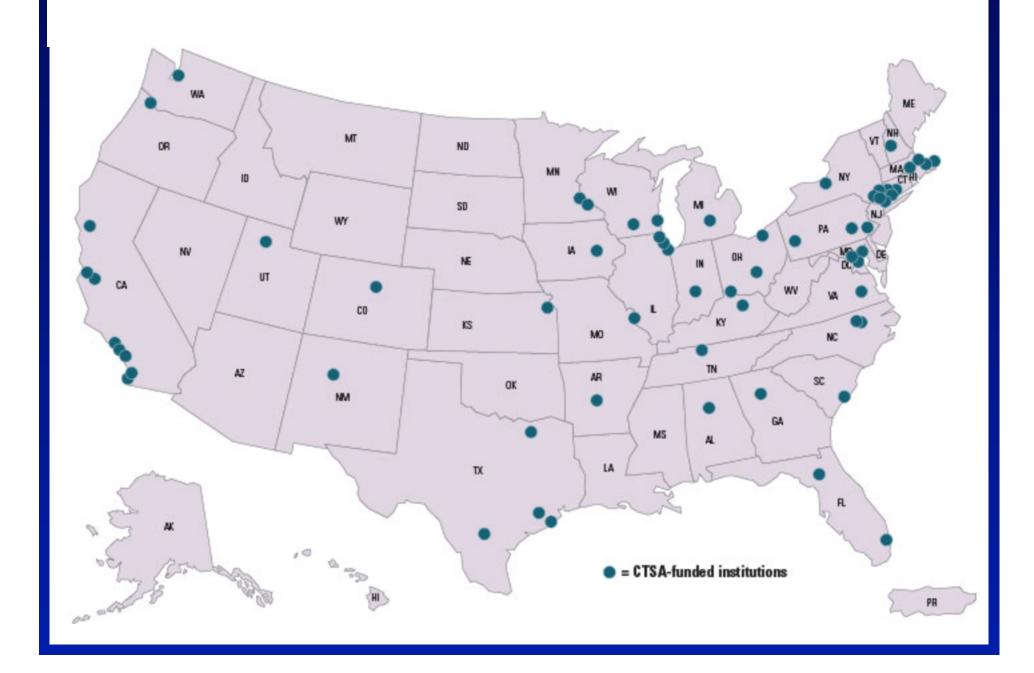
- Joint modeling of panel count data and longitudinal biomarkers
  - Marginal analyses scientifically unsatisfactory
  - Yulin Zhang at San Jose State University
- Bivariate panel count data for basal cell carcinoma and squamous cell carcinoma
  - Correlation between BCC and SCC
  - Li-yin Lee at St. Jude Medical



# NIH Clinical and Translational Science Award (CTSA) Program

- National Center for Advancing Translational Sciences (NCATS)
- 62 Medical research institutions in 31 states and the DC
- Mission
  - Transform the Clinical Research Process
    - Translate New Treatments and Prevention Strategies More Efficiently
  - Accelerate Research Nationwide
  - Maximize Research Impact

#### Map of CTSA-Funded Institutions





## CTSA at UW-Madison since 2007

- Institute for Clinical and Translational Research (ICTR)
- UW-Madison
  - Schools of Medicine & Public Health, Nursing,
     Pharmacy, and Veterinary Medicine
  - College of Engineering
- Marshfield Clinic



### **UW ICTR Key Resources**

- Education and Training
  - MS/PhD Program in Clinical Investigation
  - Career Development Program
- Biostatistics & Informatics
- Community Research
  - Wisconsin Network for Health Research (WiNHR)
  - Community-Academic Partnership Core
- Investigator Resources
  - Shared Services and Resources



## Industry: Data Monitoring Committees

- FDA Guidelines (EMA, WHO)
  - Establishment and Operation of Clinical Trial DMCs
- Many opportunities
  - Shortage of experienced statisticians
- Legal liability



### Industry: Clinical Trials Consulting

- Consulting on specific clinical trials
  - Protocol design
  - Interim monitoring plans
- Scientific Advisory Committees
  - Allergy immunotherapy tablet for house dust mite
  - TTX, a sodium channel blocker, for cancer pain
  - Contraceptive vaginal rings for dysmenorrhea
- Mock FDA Advisory Committees for s/NDA
  - Taxotere<sup>®</sup> for prostate cancer
  - Tarceva<sup>®</sup> for NSCLC
  - orBec® for GI GvHD



### Industry: Law Firms

- Expert witness
  - Provide statistical opinion on legal cases
  - Challenging and very tricky
  - Very smart lawyers
- Vioxx<sup>®</sup>
  - Review of publications
  - Statistical opinion on design and analysis
- Merit of legal cases
  - Review of a Clinical Study Report (CSR) for Yaz<sup>®</sup>
  - Review of an advertisement for RxGuardian®



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## Requirements for Successful Career

- Solid statistical training
- Interest and commitment in biomedical and public health research
  - Academia: Theory/methods research
  - Industry: Data analysis and statistical computing
  - Government: Either
- Non-technical skills, Chuang-Stein (2005)
  - http://www.amstat.org/sections/sbiop/biopharmreport/ 2005\_Spring\_BR.pdf
  - Communications skills: Very critical for success
  - Leadership skills in order to have impact
  - Interpersonal skills: You deal with people
- Influence: Essential for success, Berg (2013)
  - http://magazine.amstat.org/blog/2013/09/01/influence/



#### Discussion

- Consulting vs Collaboration
- Evolving challenges
- Impact on biomedical research
- Teaching and education
- Service to science and community
- Great career opportunities



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