



K-State Noontime Yoga

# Fall 2021

## Tuesdays and Thursdays

### 12:05-12:50 p.m.

## 301 Ahearn Gymnasium

Noontime Yoga is a free volunteer-based program that provides an outlet for students, staff, faculty, and community members to practice yoga together in a friendly, noncompetitive environment.

**For schedules, updates, and cancellation notifications**

Join our listserv  
'yogameditation'



or contact Crystal  
([strauss@ksu.edu](mailto:strauss@ksu.edu))

Join our Facebook group  
'K-State Noontime Yoga'



**Sponsored by:**

Nonviolence Studies  
with the Dept of SASW

