



NATIONAL  
**POSTDOCTORAL**  
ASSOCIATION

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Dear Postdoc,

The National Postdoctoral Association (NPA) welcomes you to the next step in your career!

The NPA is a 501(c)3 nonprofit association, headquartered in Washington, D.C. It was established in 2003 to improve the postdoctoral experience in three critical areas: (1) promoting positive change in the postdoctoral experience; (2) developing key resources to support members in their careers; and (3) providing opportunities for postdocs to distinguish themselves and serve in leadership roles with national impact.

**Because your institution is a Sustaining Member of the NPA, you are eligible for a free Affiliate membership!** Sign up today to begin enjoying timely and comprehensive information relating to the postdoctoral experience, including our NPA e-alerts, our quarterly newsletter *The POSTDOCKET*, and members-only web content and resources.

*Concerned about the quality of postdoctoral experiences?* The NPA offers resources, toolkits, policy and practice guidelines, and more - all focused on maximizing the quality of both research and life for postdocs.

*Focused on planning your career?* The NPA offers resources to help you with interviewing, job searching, career planning and career development, selecting the best mentor and more! We also have information and resources relating to grants and fellowships, as well as local and national opportunities to network.

*Busy managing other aspects of your life?* The NPA offers information, guides, legal seminars and more that demystify visas and U.S. immigration, U.S. income tax, social security, driver's licenses, and more for our international postdoc members. We also provide information and resources on U.S. health insurance, employment law, childcare leave, and other topics for postdocs on fellowships.

*Determined to make a meaningful impact outside of your immediate research role?* The NPA provides endless opportunity for the leaders of tomorrow to start making a difference today. Find your national voice!

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*Providing a national voice and seeking positive change for postdoctoral scholars*  
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