**One Item Mate Value Scale**

Citation:

Brase, G.L. & Guy, E.C. (2004). The Demographics of Mate Value and Self-esteem. *Personality and Individual Differences, 36*, 471-484. doi: 10.1016/S0191-8869(03)00117-X

Instructions:

Many people look at specific characteristics in choosing their potential marriage partners. Some common desirable traits include: Being socially exciting, age, being physically attractive, having a good sense of humor, having good financial/professional status, being of high intelligence, being in good health, and liking children.

Overall, how would you rate your level of desirability as a partner on a scale of 1–9?

(1=Extremely desirable–9=Extremely undesirable)

Considering your value as a partner, how much effort do you put into increasing your desirability? Please state on scale of 1–5 (1=Very little time–5=Great amount of time)