**Attitude towards Babies Scale (ABS)**

Citation:

Brase, G.L. & Brase, S.L. (2012). Emotional regulation of fertility decision making: What is the nature and structure of “baby fever”? *Emotion, 12*, 1141-1154. doi: 10.1037/a0024954

Used in:

Brase, G.L. (2016). The relationship between positive and negative attitudes towards children and reproductive intentions. *Personality and Individual Differences, 90,* 143-149. doi:10.1016/j.paid.2015.10.053

Scoring Directions: All 24 items should be presented in random order, using the scale described in the instructions. Each subscale score is calculated as the arithmetic mean of the items for that factor.

Instructions: Circle the option below each statement that best describes your reaction to the statement:

**SD** = Strongly Disagree, **MD** = Moderately Disagree, **N** = Neutral, **MA** = Moderately Agree, and **SA** = Strongly Agree.

Please try to be as honest as possible, keeping in mind that there are no correct or incorrect answers. If, for any of the questions, you have not had the relevant experience to answer the question based on past experience, please estimate what your response would be.

**Positive Exposure**

1. After holding and cuddling someone else’s baby, I want a baby of my own.
2. Looking after other people’s babies makes me want to have a baby of my own.
3. Looking at baby clothes and baby toys makes me want to have a baby.
4. Seeing a small baby, peacefully sleeping, makes me want a baby of my own.
5. Seeing children growing up and becoming independent (own children, if applicable) makes me want to have a baby.
6. Seeing family members who have babies makes me want to have a baby myself.
7. Seeing pregnant women makes me want to have a baby.
8. The smells of a baby (baby powder/baby wash) make me want to have a baby of my own.
9. Watching babies on television makes me want to have a baby in real life.
10. When I see children playing and laughing, I want a child of my own.

**Negative Exposure**

1. Dealing with the needs and wants of children is annoying.
2. I generally do not feel protective and nurturing towards children.
3. Looking after other people’s babies or children makes me want to never have children of my own.
4. The disgusting aspects of babies (dirty diapers, spit-up, etc.) make me not want to have a baby.
5. When I see a child having a tantrum, I want to get as far away from the noise as possible.
6. When I see an infant crying, I want to get as far away from the noise as possible.
7. When I see babies having a tantrum and crying, I know I will never have children of my own.
8. I do not like looking after children.

**Trade-offs**

1. Having a baby of my own would be too damaging to my career / educational goals.
2. Having a baby of my own would cost too much money.
3. Having a baby would cut into my own personal time too much.
4. Having a baby would destroy my freedom to do whatever I want, when I want.
5. Having a baby would destroy my social life.
6. I do not have the time or energy to take care of a baby.