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Newsletter of the Department of Psychological Sciences

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Greetings from the department head



Greetings from the Little Apple! Since it is 2015, our first set of K-State 2025 benchmarks is upon us, and it is time to shift our attention to the 2020 goals. As of May, we have met or exceeded nearly all of our 11 goals for 2015, including increasing graduate stipends by 5 percent (we reached 7.5 percent), increasing our charitable donations balance by 20

percent (we exceeded 25 percent) and refurbishing all of our departmental classroom and reception areas (the final tech upgrade should occur this summer).

The 2020 goals are even more aggressive, but we've already met two of them by offering two first-year experience CAT Community classes, with a third class

being added this fall. We've also expanded funding for undergraduate research, thanks to the College of Arts & Sciences and donations to our psychology research fund. In addition, we're closing in on two more 2020 goals by approaching 15 students in the MIOP — master's degree in psychology with an emphasis in industrial and organizational psychology program — per year on a regular basis, and nearing 100 percent of our graduate students being supported by GRA, GTA, fellowships or internships.

Our biggest 2020 challenges are increasing the GTA stipends to match our peer institutions, refurbishing the animal labs, securing a major project grant — COBRE — and increasing external grant funding by 60 percent over the 2009-2011 baseline.

The 2014-2015 academic year was the year of awards for Psych Sci. I was so pleased by the enormous success of our faculty, students and alums in securing a wide variety of university and external awards. The student awards are featured elsewhere in this newsletter, so I'll focus on the faculty and alums. First and foremost, Don Saucier was named the 2015-2016 Coffman Chair for University Distinguished Teaching Scholars, one of the university's top teaching honors. The award has been presented for 20 years, and Don is the first recipient from our department. Also, Mary Cain received the University Distinguished Faculty Award for Mentoring of Undergraduate Students in Research thanks to her continued and intensive investment in undergraduates working in her behavioral neuroscience laboratory. She also was elected as the incoming president of Division 6 Behavioral Neuroscience and Comparative Psychology of the American Psychological Association. Three of our professors — Heather Bailey, Lester Loschky and myself — began terms as consulting editors for major journals, thus expanding the growing ranks of K-State Psych Sci faculty involved in journal operations, many of whom serve on multiple editorial boards. Finally, two of our alums won universitywide recognition as Alumni Fellows: J.P. Bilbrey, CEO of Hershey, and Linda Simon, vice president of DirectTV. This year, 12 people were named Alumni Fellows across the entire university, including the two from our department. Seeing our alumni succeed is one of the most fulfilling aspects of teaching at a university.

We can't forget the many undergraduate and graduate students who worked hard during the year on their own research projects alongside their faculty advisors, much of which resulted in conference presentations and journal publications. These experiences of working in a lab develop skills and knowledge and are critical to these students' success in securing employment and admission to graduate programs.

A major reason I came to K-State three years ago to lead the department is I saw the opportunity to invest in the success of others to help them achieve their goals. I had reached a point in my career where personal accolades were secondary because I had achieved so much more than I had ever expected. As a first-generation college student, my goals were perhaps a bit too modest — I just wanted to get a bachelor's degree and a job — but the investment that others have made in me over my career inspired me to pay it forward. I believe that the best leaders are those who serve others by helping them to achieve, either by removing obstacles, securing resources, mentoring or simply encouraging.

As you peruse this newsletter and note the many achievements of our students and faculty, please remember that these triumphs are a testimony to the many unsung heroes

in our midst. Alumni and friends of the department have invested hard-earned resources that provide

Department of

Psychological Sciences

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Revised July 7, 2015

Greeting continued

scholarships, research support, travel funds, new classroom technology, visiting scholars and more that are critical to the educational mission. Friends, family and colleagues provide the emotional support that help our students, staff and faculty to persevere when obstacles are encountered. Students in the classroom inspire us to remember, "this is why I teach," and students are inspired by their teachers and classmates to attain more than they thought possible.



Like me, many of our students are the first in their families to attend college and may have set modest goals. They are encouraged by a peer, family member, alumnus or instructor to apply for a scholarship or internship, work in a laboratory, or apply to graduate school. A simple gesture can fundamentally change a life. Our graduates have gone on to make incredible investments in their families, communities and country, and all of them make me proud to be part of the K-State family.

To stay abreast of department news, I encourage you to follow us through our Twitter feed, @KSUPsychSci; our Facebook page, facebook.com/KStatePsych; or our website's news section. We also have a new eNewsletter that is published in the spring, enewsletters.k-state.edu/psych/category/spring-2015. Please email Laura Brannon, Ibrannon@k-state.edu, with any alumni updates for next year's fall newsletter — photos are welcome. Go 'Cats!

> Michael Young Ph.D. michaelyoung@k-state.edu 785-532-0602

Recent Award Winners

Peterson Prize for the Outstanding Graduating Senior: Chase Kitterman

Chase Kitterman, South Coffeyville, Oklahoma, received the John C. Peterson Undergraduate Scholarship Prize for the Outstanding Graduating Senior. He was the 2014-2015 president of the K-State chapter of Psi Chi, the international honor society in psychology, and was an undergraduate research assistant for Heather Bailey in the Aging and Memory Lab. Kitterman will pursue an educational specialist degree in school psychology at Oklahoma State University this fall.



Chase Kitterman explains his research to a guest at the Undergrad Research Convocation.

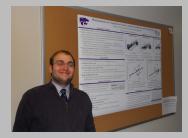
Presidential Award for Excellence in Undergraduate Teaching: Whitney Jeter



President Kirk Schulz and Provost April Mason present Whitney Jeter with the Presidential Award for Excellence in Teaching.

Whitney Jeter, doctoral candidate in social/personality, Southlake, Texas, received the Presidential Award for Excellence in Undergraduate Teaching. The award recognizes and rewards compassion, dedication and creativity in teaching performance and a commitment to student success. Jeter's teaching philosophy focuses on intentional involvement, which encourages students to become active in their own learning. She does this by setting high expectations for students, establishing a collaborative and nonintimidating environment for open discussion, and diversifying the study materials to include nontraditional opportunities. Whitney also received the Outstanding Graduate Instructor Award from the psychological sciences department and the Graduate Student Teaching Excellence Award from K-State's Graduate Student Council.

Outstanding Graduate Research Award/Harry Helson Memorial Scholarship: Lora Adair and Andrew Marshall



The Outstanding Graduate Research Award/Harry Helson Memorial Scholarship had two winners this year: Lora Adair, Crestview, Florida; and Andrew Marshall, North Kingstown, Rhode Island. Adair recently defended her doctoral dissertation

Neuroscience Grad Student Andrew Marshall and his research poster.

on fertility decision-making under the supervision of Gary Brase and will be an assistant professor at Lyon College in Arkansas this fall. Marshall is conducting research on the psychological mechanisms governing individual differences in risky and impulsive choice behavior in rats with Kimberly Kirkpatrick. Adair and Marshall have published a significant number of journal articles and book chapters during their time at K-State.

E. Jerry Phares Undergraduate Research Award: Derrick Till

Derrick Till, senior, Peabody, is this year's recipient of the E. Jerry Phares Undergraduate Research Award. His research was funded by a 2014-2015 Shanteau Award, through which he studied social vigilantism — the tendency to feel that one's personal beliefs are superior to others' beliefs, resulting in attempts to impress those beliefs on others. This fall, Till will be a doctoral student at the University of Arkansas, investigating factors that affect political ideologies.

Curtis Lee and J.B. Gee Psychological Sciences Scholarship: Victoria Lehmann

Victoria Lehmann, junior, Eudora, is the inaugural winner of the Curtis Lee and J.B. Gee Psychological Sciences Scholarship. She is involved in Mortar Board Senior Honor Society as director of internal development; Kappa Kappa Gamma sorority; Psi Chi, the international honor society in psychology; and a mentor for the Kansas State Advancement of Women in Science and Engineering program. Lehmann also received the Corrections Corporation for America Scholarship from the sociology, anthropology and social work department.

Doreen Shanteau Undergraduate Research Fellowships: Kelsey Couture, Emily Jorgensen and Lukas Sprick





Kelsey Couture receives her Shanteau Research Award.

Emily Jorgenson receives her Shanteau Research Award.

Three psychological sciences majors — Kelsey Couture, Emily Jorgensen and Lukas Sprick — were awarded \$500 Doreen Shanteau Undergraduate Research Fellowships. James Shanteau, university distinguished professor of psychology, established the fellowship in memory of his wife, Doreen. The fellowship is designed to support upper-division undergraduate students in psychological sciences to work with a faculty mentor on psychological research. The award recipients are expected to conduct their research projects during the 2015-2016 academic year in collaboration with their faculty mentors. They are expected to present their findings at the department's annual undergraduate research convocation at the end of the spring semester and to submit their findings for publication in a psychology journal.

Couture, Great Bend, will examine measurement issues in the field of optimal workflow while working with Patrick Knight. Jorgensen, Blue Springs, Missouri, will study a rat model of predicting binge drinking and subsequent affective disorders while working with Mary Cain. Sprick Osborne, will work on a project involving the rat's response to novelty and how it predicts the motivation to earn an ethanol reinforcer, also in Cain's lab.

New teaching awards for graduate students

This year our department created two new awards to recognize outstanding teaching by our graduate students.

Outstanding Graduate Instructor Award: Lora Adair and Whitney Jeter

The Outstanding Graduate Instructor Award had two winners, Lora Adair, Crestview, Florida; and Whitney Jeter, Southlake, Texas. Adair also was the winner of the College of Arts & Sciences William Stamey Teaching Award, and Jeter won both the K-State Graduate Student Council Teaching Award and the K-State Presidential Award for Excellence in Teaching by a graduate teaching assistant. The recipients received monetary awards thanks to the Nobuko S. Nicholson Opportunity Fund for Psychological Sciences.

Outstanding Graduate Teaching Assistant Award: Chelsea Schnabelrauch Arndt

Chelsea Schnabelrauch Arndt, Pinckney, Michigan, was the winner of the Outstanding Graduate Teaching Assistant Award. Schnabelrauch Arndt has been a graduate teaching assistant for the department's Psych 350 Research Methods course for three years and the course's lead graduate teaching assistant for the past two years. Her award was funded by the department's Graduate Teaching Assistant Support Fund.

Undergraduate Conference Travel Awards were

given to the following undergraduate students to present papers and posters at conferences and conventions during the past academic year: Christy Peterson to attend the Society for Neuroscience; Sarah Haley, Lauren Komer, Jacie Harris, Marshall Simpson, Megan Powell and Regan Harenza to attend the Southwestern Psychological Association convention; and Sean Eubanks to attend the Association for Psychological Sciences convention. These awards were made possible through alumni donations to our Undergraduate Awards Fund.

Graduate Student Travel Awards were received by 31 graduate students to present posters and presentations at national and regional conventions. These awards were made possible through funds the department receives when our graduate students teach classes though K-State's Global Campus.

Psi Chi

Psi Chi completed another active year under the leadership of Chase Kitterman, president; Kristen Graham, vice president; and Kelsey Koblitz, treasurer. Activities for the year included panels on graduate school applications and job seeking, a field trip to the Glore Psychiatric Museum, a guest speaker on suicide and depression, a used clothing drive, social events and the annual spring banquet, which was at Pizza Ranch and had a record attendance. The officers for 2015-2016 are Graham, president; Hope Rietcheck, vice president; Brooke Barrow, treasurer; and Erika Fraire, secretary. Next year Profs. Richard Harris and Heather Bailey will share advisor duties.

— Richard Harris



Grad student Chelsea Schnabelrauch Arndt is greeted by Stanford Professor Philip Zimbardo at this year's APA Convention.

Alumni Council

Our Alumni Advisory Council's eighth annual meeting was Sept. 26, 2014, in Manhattan. The following members were in attendance: Sue Astley, Lindsay Bock, Jenn Bonds-Raacke, Kelly Burke, Susan Burns, Will Conaway, Joe DiGirolamo, Mike Dougherty, Frank Ferraro, Janet Gee, Andy Karafa, Sandi McCoy, Desirae McKenzie, John Raacke, DeKeta Schuckman, Ken Sewell, Jeanne Tomiser, Michael Troutman and April West.

We began the day with introductions of new council members and Jessica Williamson, a new faculty member. Then we heard a report by Don Saucier, director of undergraduate studies, about our undergraduate program. Saucier reviewed the various aspects of our undergraduate program, including our concentration in clinical psychology, formerly the psychological technician option; research opportunities for undergraduate students; various mentoring programs; our Undergraduate Conference Travel Grant Program and other university travel grant programs; the K-State First program for all first-year students; and a review of our major requirements. He mentioned discussions to create a minor in psychology, but noted that we currently do not have the resources to do so. If we can get the resources under K-State 2025 to increase our faculty numbers from 15 to 25, we could implement a minor. He noted that we are one of the top four departments in the College of Arts & Sciences, but are one of the smaller departments. He also noted that 40 percent of our majors go on to graduate or professional school.

The council recessed to attend a research presentation by Mike Dougherty (B.S., 1993), psychology professor at the University of Maryland, on whether targeted brain training improves cognitive functioning.

Following Dougherty's presentation, council members took part in one of two well-received events: a panel discussion on career options with an undergraduate degree in psychological sciences, or informal discussions with graduate students organized by graduate areas.

The afternoon involved an extended review of the department by Michael Young, department head, and a discussion that followed. Emily Mahoney from the KSU Foundation discussed what the Alumni Advisory Council and the department can do to increase donations. It was noted that for the ninth year in a row, 100 percent of the faculty and staff made a donation to the KSU Foundation. Psychological Sciences is the only academic department in the entire university with that record of support from its faculty and staff.

Lindsay Bock was elected to chair the Alumni Advisory Council in 2015-2016, beginning after the meeting Friday, Oct. 9, 2015, in Manhattan.

New council members for 2015 include Milt Ahlerich (B.S., 1968), Gail Antenen (B.S., 1980), Regina Barker (B.S., 1986), Amy Gross (Ph.D., 1995), Steve Quackenbush (Ph.D., 1996), Lodis Rhodes (M.S., 1970), Linda Simon (Ph.D., 1996) and Gary Wells (B.S., 1973).

Alumni interested in becoming a council member should contact Jerry Frieman at 785-532-0607 or frieman@k-state.edu. Please provide him a brief statement of your interest and your current employment situation. A list of current council members can be found at k-state.edu/psych/alumni/advisorycouncil.html.

— Jenn Bonds-Raacke

Faculty **News**

Digging deep into the archives of the department, this photo from fall 1987 was found. We think some of our older alumni might find it interesting. Not surprisingly, a lot has changed in the last 28 years. Here is an update on the individuals pictured.

Sadly, we have lost four faculty members — Phares, Rappoport, Cowan and Griffitt — and four more are retired — Downey, Shanteau, Thompson and Mitchell. Frank Saal left the department in 1996 to become dean of arts and sciences at another institution, although he has since retired, and John Uhlarik left the university. Both Carolyn Tessendorf and Sharon Sterling have retired.

Five pictured are still on the faculty: Frieman and Harris are on phased retirement, while Knight, Barnett and Kiefer are still full-time faculty in the department.



From left, front row: Jerome Frieman (animal learning), Frank "Skip" Saal (I/O), Carolyn Tessendorf (office), Sharon Sterling (office) and Ron Downey (I/O); **middle row:** E. Jerry Phares (personality and department head), Leon Rappoport (social/personality), Thaddeus Cowan (visual perception), James Shanteau (cognitive), Mark Barnett (developmental), John Uhlarik (human factors) and Charles Thompson (human memory); and **back row:** James Mitchell (behavioral neuroscience), Patrick Knight (I/O), Richard Harris (cognitive), William Griffitt (personality) and Stephen Kiefer (behavioral neuroscience).

- Stephen Kiefer



An updated 2014 department faculty photo:

From left, front row: Sarah Buchanan (advisor), Jan Schroll (office), Kim Kirkpatrick (neuroscience), Jen Peterson (postdoc, neuroscience), YoungAh Park (I/O) and Jessica Williamson (personality); **middle row:** Adam Adair (office), Richard Harris (cognitive), Mary Cain (neuroscience), Donald Saucier (social), Laura Brannon (social), Jerome Frieman (neuroscience), Heather Bailey (cognitive), Clive Fullagar (I/O) and Wendong Li (I/O);

and **back row:** Patrick Knight (I/O), Mark Barnett (social/personality), Gary Brase (cognitive), Stephen Kiefer (neuroscience), Lester Loschky (perception), Michael Young (cognitive and department head) and Charles Pickens (neuroscience).

Individual Faculty News

HEATHER BAILEY

Heather Bailey's second year at K-State has gone by very quickly, probably because she and her husband, Troy, welcomed their second son, Cole, at the end of September — during last year's Alumni Advisory Council meeting! Their oldest son, Cooper, has enjoyed becoming a big brother. Bailey also has been busy with several research projects involving how memory for everyday activities changes with age. She is excited to have her first graduate student join her Memory and Aging Lab this fall.

MARK BARNETT

Mark Barnett's recent research has focused on children's responses to peers with undesirable characteristics and adolescents' responses to ambiguous teases. Barnett's son, Neil, is an account executive for an insurance agency in the Kansas City area. His daughter, Megan, and sonin-law, John, are both attorneys for Cargill in Minneapolis, Minnesota. They are the proud parents of a 4-year-old daughter, Ileah, and a 2-yearold son, Roark.

LAURA BRANNON

Laura Brannon continues her research on attitudes and health/prosocial communication. Her students are working on messages promoting

forgiveness, befriending the lonely, and encouraging responsible eating, tanning and exercise behaviors. In her personal life, she has been experimenting with some new recreational activities: parasailing, zip lining, jet skiing and indoor skydiving. She tried kart racing, but a few minor collisions at 45 mph made her decide to hang up her helmet.



Undergrad Researcher Sean Eubanks presents his poster with Laura Brannon at the APS Convention New York City

GARY BRASE

Gary Brase has been expanding his research on social reasoning and decision-making by collaborating with various faculty in computer science, engineering and agriculture. This includes a project on cattle transportation infrastructure and the related decisions people make, which has been supported by a grant from K-State's Global Food Systems Initiative. Three of his graduate students finished their doctorates this year — Heather Hilgenkamp, Lora Adair and Haley Dillon — and his son, Alex, finished his first year as an undergraduate at K-State.

MARY CAIN

Mary Cain received the Kansas State University Distinguished Faculty Award for Mentoring of Undergraduate Students this year. She was honored to receive this award because working with the undergraduates in her laboratory has always been a rewarding experience. Her undergraduate and

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Professor Mary Cain receives her award for University Distinguished Faculty Award for Mentoring of Undergraduate Students from President Kirk Schulz and Provost April Mason.

graduate students presented their research at the Society for Neuroscience and Southwestern Psychological Association annual meetings this past year. Additionally, she was promoted to full professor. Cain was recently elected to serve as president of Division 6 Behavioral Neuroscience and Comparative Psychology for the American Psychological Association. Her term will start in August. Cain is looking forward to preparing a lecture-lab undergraduate course in behavioral neuroscience for the fall semester.

JERRY FRIEMAN

Jerry Frieman continues on his 25 percent-phased retirement appointment, but he has been very busy over the past year teaching one course and working on two books. The revision of his textbook in learning is scheduled for release in time for the fall 2015 semester, and he and Don Saucier are working on a textbook for quantitative methods. He also continues to work with our Alumni Advisory Council to plan its annual meeting. His wife, Jeanne, is still in part-time private practice in Topeka. Their son, Karl, daughter-in-law, Wanda, and their twin children, Isaac and Taylor, age 12, live in Oakland, California. Karl is an attorney in private practice in San Francisco. Their daughter, Varda, son-in-law, Jim, their daughter, Ava, age 2, and daughter Evelyn Frances, born July 2, 2015, live in Apex, North Carolina. Varda works for Fidelity Corp. in the Research Triangle.

CLIVE FULLAGAR

Clive Fullagar started his phased retirement this year to devote more time to his painting without feeling guilty about it. You can see examples of his work at clivefullagar.com. He will continue to be involved with the MIOP program, but has passed his hat as graduate studies director to Gary Brase. He also is finishing an edited book, "The Positive Psychology of Flow at Work," to be published next year by Psychology Press.

RICHARD HARRIS

Richard Harris continues on his second year of 50 percent-phased retirement, teaching one course per semester and supervising four graduate students. He is continuing research on memory for media, as well as a recent project using archival data to document the growth of international authors in U.S. psychology journals in the last 60 years. He also has spent a lot of time scanning old family photo albums to digital format. He and his wife, Caprice Becker, celebrated the marriage of their daughter, Natalie, to Quinn Gaunt in Austin, Texas, on June 6, 2015. Natalie, a graduate student in marriage and

family therapy at Texas State University, and her older brother, Clint, an actor on national tour with the Dallas Children's Theater, both live in Austin, while Natalie's twin brother, Grady, continues graduate work in zoology at the University of Wyoming.

STEVE KIEFER



Professor Harris and family at daughter Natalie's wedding.

Last year, at the request of the dean of the College of Arts & Sciences, Kiefer served as the interim department head of the art department until the position was filled. He completed his stint as department head in early July. Kiefer said it was one of the most interesting experiences of his career at K-State. He had the unique opportunity to get to know a whole department — faculty, staff, facilities, graduate students and undergraduate majors. Not many academics have that kind of opportunity. He sees it as a fitting denouement to a relatively long — 17-plus years administrative component to his academic career. He is looking forward to returning to his full-time faculty position in psychological sciences to teach and collaborate in research with some of our faculty.

KIM KIRKPATRICK

Kim's big news this year is that her son, Samuel Blue Miller, graduated from Rock Creek High School on May 16. Sam will be attending K-State and will major in food science.

PATRICK KNIGHT

This year, Patrick Knight became director of the master's degree in psychology with an emphasis in industrial and organizational psychology program — that's the official name — known as MIOP. More than 200 students have graduated



Professor Pat Knight and his new granddaughter Kenzie

the program, which is now in its 16th year. Combining on-campus summer sessions with distance-based courses during the school year, MIOP allows professionals to pursue a degree while working their regular jobs. Knight and his wife, Diane, recently welcomed their third grandchild — and first granddaughter — Kenzie Harper Knight.

WENDONG LI

Wendong Li continues his research studying how gene-environment interactions affect work-related issues, such as leadership. He also is extending his research to topics including destructive leadership, wellbeing, and the role of time in shaping psychological findings. His wife, Shuping, still works in the management department. Their son, Bo An, can run now and is bilingual, speaking Chinese and English.

LES LOSCHKY

Les was an author of 11 conference presentations (Vision Sciences Society, the Society for Cognitive Studies of the Moving Image, and Psychonomic Society), and six journal publications (two in the *Journal of Experimental Psychology* journals). He also was the co-guest editor of a special issue of *Visual Cognition* (with Eyal Reingold and the late Keith Rayner) in honor of his mentor George McConkie. One of his articles was among the three most frequently downloaded articles for *Visual Cognition* in the year. He and his student Ryan Ringer also published a conference proceedings paper in the Eyetracking Research and Applications (ETRA) conference, which won the best long paper and best student paper awards. Loschky is currently supported by two extramural grants by the Office of Naval Research (ONR) and the National Science Foundation. In the last year, his wife, Miki, finished her doctorate in education curriculum and instruction. They both spent over a month in Japan this summer, visiting her family and their old friends.

YOUNGAH PARK

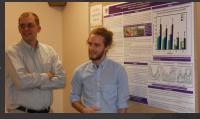
YoungAh left K-State in June to join the School of Labor and Employment Relations at the University of Illinois, Urbana-Champaign. She is sad about her departure and will greatly miss her collegial colleagues and enthusiastic students in the psychological sciences department. This was her first job after her doctorate, and she was very fortunate to meet and work with these friendly, professional colleagues. She also will miss the prairie, where she enjoyed taking walks. The place she will live is surrounded by flat cornfields. She's excited, though, that she and her children will be closer to her husband — they've lived apart for almost four years. Her husband will be able to stay with them at least three days per week. She wishes the best and many blessings to all of her K-State colleagues and students!

CHIP PICKENS

In the last year, Pickens successfully recruited two graduate students and had two undergraduate students in his lab win research awards. In his personal life, he began to put down roots by buying a house in Manhattan and getting engaged to someone he met in Kansas.

DON SAUCIER

Don Saucier was awarded the Coffman Chair for University Distinguished Teaching Scholars for the 2015-2016 academic year. He and his students also presented their research at the conferences for the Society for Personality and Social Psychology,



Professor Charles Pickens and Undergrad Researcher Greg Erickson



Professor Don Saucier receives his award as Coffman Chair for University Distinguished Teaching Scholars for 2015-16 from President Kirk Schulz and Provost April Mason.

the First-Year Experience, Psychology and Education Research in Kansas, and the Southwestern Psychological Association last year.

JESSICA WILLIAMSON

One of Jessica Williamson's undergraduates presented her first poster on a study they recently finished. They found that guided self-compassion inductions — such as having an experimenter read the induction and answer questions in a lab — had more promising outcomes compared to Web-based self-administration, specifically for anxiety. This may have implications not just for self-compassion inductions, but Web-based inductions and interventions in general. They're both very excited and plan to start looking at the potential positive effects of self-compassion inductions on cardiovascular reactivity in the fall.

MICHAEL YOUNG

Michael Young had a busy year with trips to Hershey, Pennsylvania, in support of his grant, two trips to Chicago, one to San Antonio, Texas, another to Lewistown, Pennsylvania, and yet another to Melbourne, Florida. Most of these trips were for conferences, but one was for his daughter's graduation in May 2015. Rachel wrapped up her bachelor's degree in anthropology from Wheaton College where she also minored in Spanish and math. Another trip to Pennsylvania



Carolyn and Professor Michael Young with grandson Calvin Young, born 2014

was for his son's wedding. Nathan and Elyse were married on Sept. 27 and live in Philadelphia. Young also became a first-time grandfather. Matt and his wife, Stephanie, welcomed Calvin Lawrence Young on Sept. 13, 2014; they live in East Moline, Illinois.

Honor Roll of Giving to Psychological Sciences

(July 2014-June 2015)

\$5,000-\$9,999

Michael and Dee Troutman

\$1,000-\$4,999

Milt and Alice Ahlerich Mitch and Deborah Brigell Ron Downey and Irene Ward Dallas and Sharon Richards DeKeta and Mark Schuckman Kenneth and Beth Sewell Lisa and Jason Way

\$500-\$999

Bill Deeds and Pam Hoadley Jerry and Jeanne Frieman Jerwen and Chain-Hua Jou Kim Linin and James Devlin

\$250-\$499

Vera and Jim Bothner Kimberly and Rick Flott Mary and Joseph Lewis Sandi McCoy Kramos and Greg Kramos Gregory Monaco and Jeanne Tomiser Julia Pounds Michael Young

\$100-\$249

Kristin Bruno and G. Michael Barnes Anne Curd **Russ Ewy** Kelly and Pam Gindlesberger Erica Haag **Richard Harris and Caprice Becker** Michael Heck and Peggy Stockdale Nikka and Chris Kensel Kyle Miller and Heather Prince-Miller Stuart Miller and Kim Kirkpatrick Brett and Carol Murray **Nicole Nies** John Raacke and Jennifer Bonds-Raacke Jeffrey and Sylvia Reed Kevin and Helen Schartz David and Kelly Sisney Wendy Strevey-Tien and Loren Tien Carrick and Camilla Williams

Up to \$100

Lora and Adam Adair Heather Bailey Shanta Bailey Laura Brannon Gary and Sandra Brase Helen and Timothy Brown Susan and Dan Burns Francine Chabot Candy Clendening Garra and May Cohen **Beverly** Cortiana Therese and Dave Cox Lorraine Dennis Clive Fullagar and Dorothy Farrand Pete and Shelly Jafferis Gerald and Theresa Kaiser Jane and Jason Kaufman Nancy and Stephen Kiefer **Diego Kientz** Jaclyn and Adam Lang Judith and David LaValley Wendona Li Sarah Little Miki and Lester Loschky Joel and Kristen Lundstrom Tom and Michelle Luppen Andrew Marshall and Emily Reinhardt April and Christopher Mick Conor Milne Michael and Allison Needleman YoungAh Park Julie Partridge and Phil Anton **Rachel Peoples** Charles Pickens Willis and Jill Poland Darci Pottroff and Joleen Spain Manpreet Rai Deann and Todd Reichenberger Erin Sanders-Hahs and James Hahs Jan and Dana Schroll Vincent Shalkoski* Kelly and Angie Taylor Stacy and Zach Teske Dian and Jan Tien Sarah and Aaron Timmons Andy Wefald Sue White Amy and Dennis Wilbert Jessica Williamson Randy and Kathi Zohn

Nonindividual gifts

Berlin Fox Valley Collision Grainger Inc. Taylor & Francis Group LLC

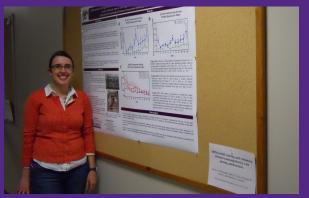
GAPS

The Graduate Association of Psychology Students, or GAPS, had another great school year. We started off with our annual orientation week, which was the first week of classes. The week included several events to welcome the new graduate students to the department and to Manhattan. This year marked the return of Table Talks, now referred to as the professional development series. These colloquium-style talks offer a chance for faculty in the department to share their wisdom with graduate students. This year's talks were fun and enlightening. First, Les Loschky discussed the academic interview process, specifically tips for interviewing for a faculty position. Next, Don Saucier shared his methodology for mentoring undergraduates. And lastly, Kimberly Kirkpatrick gave an insightful overview of the peer review process.

This year also marked the inaugural graduate student awards. GAPS officers have long been requesting the presentation of awards for graduate teaching and research. This year's research awards went to Andrew Marshall and Lora Adair, and the teaching awards went to Adair and Whitney Jeter. Congratulations to our winners! The spring semester concluded with GAPS joining forces with Psi Chi to host an awards dinner for undergraduate students, graduate students and faculty in the department. It was a wonderful way to showcase the outstanding achievements and abilities of the graduate and undergraduate students in the department, as well as a way for the students and faculty to show their tremendous support.

We look forward to the 2015-2016 school year as it should be an exciting time in the department. This coming year we will be transitioning to the new graduate statistics sequence. Starting in 2015, the graduate statistics sequence will be retooled to ensure graduate students are getting the training they need to succeed in the program and after graduation. We are excited for the arrival of the new class of graduate students who will be joining us in the fall. As a way to support them in their first year in the department, GAPS is continuing its mentoring program, pairing current graduate students with incoming graduate students. This mentoring helps incoming graduate students with their adjustment into the program and life as a graduate student. Additionally, we look forward to the continuation of the professional development series. It has been a wonderful year and we are looking forward to the year to come!

Anthony W. McCoy GAPS President, 2015-2016



Grad student Emily Reinhardt with her poster at the Graduate Research Convocation

Obituaries

Franz Samelson

Franz Samelson, 91, professor of psychology at K-State from 1957 until his retirement in 1994, died March 16, 2015, at Meadowlark Hills Retirement Community in Manhattan. He was born Sept. 23, 1923, in Breslau, Germany, now Wroclaw, Poland. His parents — one of Protestant and one of Jewish background — were both doctors. Samelson spent his childhood in Breslau, where he graduated from high school. Because Nazi laws wouldn't allow him to attend the university, he moved to Munich to attend photography school and worked



in a factory with prisoners of war. After the war, he worked for the U.S. Army and earned a diploma in psychology at the University of Munich in 1952.

He emigrated to the U.S. in 1952, joining his brother, Hans, and their mother in Ann Arbor, Michigan. He continued his graduate studies in psychology at the University of Michigan, where he earned his doctorate in 1956. He met his future wife, Phoebe, through the university's outing club; they married in 1955 and had one daughter, Karen. Franz became a U.S. citizen in 1958.

In 1957 they moved to Manhattan, where he taught social psychology at K-State for more than 30 years. His scholarly work focused on the history of American psychology and analyses of the discipline's development, including the evolution and effect of American psychological and intelligence testing. He was an active and esteemed member of Cheiron, the international society for the history of behavioral and social sciences. He was deeply concerned about both community issues and world affairs. Samelson's experiences in Nazi Germany gave him a profound distrust of nationalism and militarism and a strong belief in social justice. In the 1960s, he was an early participant in Manhattan's Human Relations Council, which campaigned for fair housing and other forms of racial equality. He also was a member of the Manhattan Alliance for Peace and Justice. After his retirement, he was active in RSVP with senior tax advising, Habitat for Humanity, the Manhattan Arts Center and the Kansas Bach Choir. He and Phoebe loved to travel, joining Elderhostel programs in the U.S. and abroad. They were longtime members of Friends of the Konza Prairie and the Unitarian Universalist Fellowship of Manhattan. Mountains provided

a place of solace during the war years, leading to a love of skiing, hiking, mountain climbing and camping. Samelson was an avid sailor on Tuttle Creek Reservoir and longtime member of the Blue Valley Yacht Club. He also enjoyed ice skating, bicycling, soccer, gardening and reading. He was a true Renaissance man.

Survivors include his wife, Phoebe; daughter, Karen Samelson, Milwaukee; and various nieces and nephews. He was preceded in death by his brothers, Hans and Klaus.

Memorial contributions may be made to the Konza Environmental Education Program through K-State. Contributions may be left in care of the Yorgensen-Meloan-Londeen Funeral Home, 1616 Poyntz Ave., Manhattan, KS 66502.

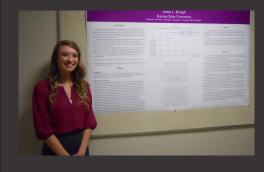
Stephen White

Stephen White, 67, professor emeritus of geography and dean emeritus of the College of Arts & Sciences at K-State, died March 21, 2015, in Manhattan. He is survived by his wife, Sue (B.S. Psychology, K-State, 1979); sons Eric, Boulder, Colorado: and Ben, Fenton, Missouri, and their wives; four grandchildren; his mother, Doris Marshall; and three brothers, Philip, David and Russell. Memorial contributions may be made in White's name to the KSU Foundation for the White Geography GTA Excellence Award (Q95152) or the Alzheimer's Research Foundation at alz-info.org.

MIOP

This was an exciting year for our distance MIOP program, now entering its 16th year. We provide I/O training to solve applied issues within the workplace. From one of our largest applicant classes, we were able to select 11 highly qualified students to our program this year. The annual face-to-face session brought together 25 new and returning students. The session was enriched by the diversity of the students, who hailed from various locations around the world.

Fourteen students are scheduled to graduate from the program in December after completing their practicum project. Early congratulations to each of them! If you are interested in learning more about the program, please visit global.k-state.edu/artsci/miop/ or email us at miopsych@k-state.edu.



Jenna Kriegh presents her I/O research at the Undergrad Research Convocation

Douglas Smith

Douglas Calvin Smith, 65, died Jan. 22, 2015, at his home in Carbondale, Illinois, where he had lived since 1981. He was a professor emeritus in the brain and cognitive sciences program of the psychology department at Southern Illinois University, Carbondale where he had taught until his retirement in 2009. (Photo: DSmith)

Smith was born Aug. 5, 1949, in Kokomo, Indiana, to Calvin Eugene and Betty Lou (Harrison) Smith. He leaves behind two sons, Jason "Jesse" Calvin Smith, Celebration, Florida, and Gabriel Silas Smith, San Jose, California; one brother, Scott, and his wife,



Sharon, Grafton, North Dakota; and three grandchildren, Dylan Andre Smith, Delphine Helene Sequoia Smith and Adelyn Cecile Smith.

After completing his doctorate at K-State in 1977, he completed two years of postdoctoral training at the University of Illinois, Urbana-Champaign where he worked with Joseph Malpeli on reversible inactivation in electrophysiological experiments in the visual system, and with William Greenough, investigating neuroanatomical correlates of visual experience and deprivation. His research interests included neurophysiology, vision, development, learning and memory, and recovery of function.

Memorials may be made to the Child Neurology Foundation at childneurologyfoundation.org/donate. To leave online condolences, visit, meredithfh.com.

Alumni **News**

The news below comes from alumni from our undergraduate and graduate programs across several decades. It's always so interesting and gratifying to hear that majoring in psychology can prepare students for an extremely wide variety of careers. While some of our graduates are actively pursuing careers doing exactly what they prepared for at K-State, many others are using their psychology degrees in ways they probably never dreamed. Please continue to send news and pictures for future newsletters to Laura Brannon, Ibrannon@k-state.edu.

1969

J. Don Read (Ph.D.) is now retired after a long and productive career at the Canadian universities of Lethbridge, Simon Fraser, and Victoria. He was recently honored by the Society for Applied Research in Memory and Cognition (SARMAC) by the establishment of the J. Don Read Early Career Award given to a rising star in applied cognitive research.

1976

Janet Biggs Gee (B.S.) is a school psychologist in Reno County and is also working on her doctorate in educational leadership at Wichita State University.

1977

Douglas Smith (Ph.D.) died in January (see Obituaries on Page 8).

1978

John P. Bilbrey (B.S.) returned to campus as an Alumni Fellow for the College of Arts & Sciences in April 2015. He is president and CEO of the Hershey Corp., Hershey, Pennsylvania.

Kevin Jordan (Ph.D.) is a psychology professor at San Jose State University where he has taught since 1984. He has more than 30 years of experience teaching undergraduate and graduate courses in visual perception as well as research design and analysis. He has published and presented extensively on the visual perception of various aspects of the objects in our environment — including orientation, spatial frequency and length — as well as lexical memory and the attentional issues involved in processing information in heads-up displays for aerospace applications. Since 1985, Jordan has been the principal investigator of a set of research grants between the SJSU psychology department and the Human Systems Integration Division at the NASA Ames Research Center in Mountain View, California. Jordan received the NASA Public Service Medal in 1992. He was named Outstanding Professor for 1995-1996 at SJSU, and was recognized as the 2001 Outstanding Teacher by

the Western Psychological Association. Jordan has supervised 79 master thesis committees, most of which were conducted at the NASA Ames Research Center.



1979

Sue White (B.S.) lost her husband, Steve, on March 21, 2015 (see obituary on Page 8).

1981

Bernie Carducci (Ph.D.) recently published the third edition of his textbook, *Psychology of Personality: Viewpoints, Research, and Applications*. In addition to its original English and subsequent Danish translations, his *Shyness Workbook: 30 Days to Dealing Effectively with Shyness* was translated in 2014 into Arabic by the Arab Bureau of Education for the Gulf States in Riyadh, Saudi Arabia. His most recent research at Indiana University-Southeast, where he has been most of his career, explores cross-cultural aspects of shyness.

1986

Kenneth Sewell (B.S.) is now the vice president for research at Oklahoma State, following being the vice president for research at the University of New Orleans and many years as a professor and administrator at the University of North Texas.

1987

Michael Klassen (Ph.D.) recently published a book, *Hippie, Inc.: How a Handful of Haight-Ashbury Freaks Revolutionized American Business in less than a Hundred Weeks*, which documents a seven-year investigation of the commercial effect of the Haight-Ashbury hippie movement on U.S. business. He continues as a marketing professor at the University of Northern Iowa in Cedar Falls, Iowa, where he has worked since leaving K-State in 1987. He also is the author of Bad *Religion: The Psychology of Religious Misbehavior* and *Jesus Consumer: Reframing the Debate between Faith and Consumption*.

1990

John Bechtold (Ph.D.) is chair of the psychology department at Messiah College in Grantham, Pennsylvania, where he has taught since graduating from K-State.

William Conaway (B.S.) lives in the Los Angeles area and works for Dignity Health.

1991

Brian C. Lee (B.S.), double major in psychology and physics at K-State, earned his doctorate in astrophysics and is now a senior research scientist with Gatan Imagery Research and Development.

Briana S. Nelson Goff (B.S.) is a professor in the School of Family Studies and Human Services at K-State. She also serves as director of the Institute for the Health and Security of Military Families at K-State.

1994

Linda Simon (Ph.D.) currently works as senior vice president of human resources for DirectTV in El Segundo, California. She is responsible for supervising a companywide approach to talent management of the DirectTV's 27,000 employees. Before joining DirectTV in 2010, Simon worked for Marriott International, America Online and Pizza Hut. She was selected as the K-State Graduate School's 2015 Alumni Fellow, for which she visited the campus in April. She also has joined our department's Alumni Advisory Council. She lives in Manhattan Beach, California, with her daughter, Hope.

1995

Carrick Williams (B.S.) is teaching psychology at California State University, San Marcos after several years at Mississippi State University. He has joined his wife, Camilla Forshay Williams (B.A.), a clinical psychologist in private practice in California.

1996

Brian Buford (B.S.) and his wife, Karishma Patel Buford, welcomed the birth of their daughter, Sophia Anaya Buford, on Jan. 9, 2015. They live in the Minneapolis, Minnesota, area.

Dawn Remmers (Ph.D.) moved with her son to Sherman, Texas, where she works at Austin College.

1997

Jenny Hughes (formerly Lucas) (Ph.D.) was awarded the Charles Loridans Professor of Psychology Endowed Chair at Agnes Scott College, where she continues to serve as the chair of the department. She also was elected as the president of the Southeastern Psychological Association. She is married to Andy Hughes.

Traswell C. Livingston III (B.S.) later earned his MBA from Amberton University in Dallas, where he is a leader in HUD-funded affordable housing programs that serve homeless individuals and families. He is currently the vice president and chief operations officer of AIDS Services of Dallas, AIDSDallas.org, the only area provider of permanent housing for those with HIV/AIDS. The company has hosted K-State student interns for more than 15 years. Traswell also chairs the Metro Dallas Homeless Alliance Continuum of Care, an areawide collaboration of service providers focusing on eliminating homelessness in Dallas. Traswell is married to Heather Ward-Livingston (see below). They have a 2-year-old daughter, Brailey Livingston.

Traswell Livingston with his wife Heather Ward-Livingston and daughter Brailey



1998

Heather Ward-Livingston (B.S.) is currently studying at the University of Texas, Arlington in the BSRN bridge to nurse practitioner. Currently, she is a care management coordinator for Breakthru at Lake Point Hospital where she coordinates after care for those recovering from intensive inpatient medical treatment for substance abuse. Ward-Livingston is hoping to complete her nursing degree in 2017 and then work as a gynecology practitioner. She is married to Traswell Livingston (see above) and they are members of the Inspiring Body of Christ Church in Dallas.

W. Richard Walker (Ph.D.) recently accepted the position of psychology department chair at Colorado State University, Pueblo after several years of teaching at Winston-Salem State University in North Carolina.

1999

Katherine Hill (Ph.D.) teaches psychology at Metropolitan State University in Denver. She recently won the Psi Chi Award for teaching excellence at MSU. 10

2003

Desirae McKenzie Moreno (B.S.) earned her doctorate in clinical psychology at Wichita State University and is now in private practice in Wichita.

2004

Jennifer Bonds-Raacke (Ph.D.) was recently promoted to full professor at Fort Hays State University where she continues as department chair. Her department hosted the Psychological and Educational Research in Kansas conference in November 2014. In June 2015, she visited China to meet with several partner universities associated with FHSU.

Crystal Duclos (B.S.) earned her doctorate in clinical psychology from the School of Professional Psychology at Forest Institute in Springfield, Missouri's largest maximumsecurity prison in Bonne Terre, and her residency year was on an incompetent-tostand-trial inpatient unit in Kansas City. She is now licensed as a clinical psychologist in Kansas and Missouri. Duclos lives in Topeka with her cat, Garfield. She is employed with GeroPsych, a division of KeyRehab Inc., which provides therapeutic services to the



Dr. Crystal Duclos

severely and persistently mentally ill population and staff education within inpatient care facilities/nursing homes. She also works as a psychological consultant with Kansas Disability Determination Services, and recently joined a group practice with Stonestreet and Associates, providing individual therapy and diagnostic evaluations for adult and geriatric populations.

Fred Sanborn (Ph.D.) was the 2015 recipient of the North Carolina Wesleyan College Jefferson Pilot Professorship. This is the highest honor bestowed on a faculty member at the college. Part of his award included giving a public address March 19, speaking on psychology and mass communication, on which he has co-authored a textbook, *A Cognitive Psychology of Mass Communication*, with K-State psychological sciences professor Richard Harris. Sanborn married his longtime partner Tony Hefner in November 2014. Hefner is an engineer in Raleigh, North Carolina, and they live in Louisburg, North Carolina.

Rebecca Schlegel (B.S.) is now an associate professor of psychology at Texas A&M University in College Station, Texas. Schlegel and her husband, Joshua Hicks, also a social psychologist who just earned tenure at TAMU, have two sons.

2005

Jordan Brown (B.S.) is a Scientist II in neuroscience discovery at AbbVie in North Chicago, Illinois, providing in-vivo pharmacology expertise for the identification and advancement of novel therapeutics to treat Alzheimer's disease. He and his wife have two young daughters, Ava, 4, and Elle, 2, who keep them busy and are a never-ending source of excitement and joy.

Chelsea Mueller Bartel (B.S.) recently began her own private practice as a school psychologist in North Carolina. She earned her doctorate in school psychology at North Carolina State University in Raleigh, North Carolina. She and her husband, Jonathan Bartel, have two children, Evelyn and Gideon.

2008

Marisela Gutierrez Stocks (B.S.) teaches behavioral neuroscience at the University of Texas, Tyler, where her husband, Eric, also teaches psychology. Stocks earned a master's degree in clinical neuroscience at UT-Tyler. She and her husband have a son, Drake.

Ciara Warden (B.A.) earned her master's degree in social work from the University of Kansas in 2011. She is currently licensed as an LISW/LCSW in Iowa and is a full-time faculty member at the University of Nebraska, Omaha, teaching in the School of Social Work and specializing in suicide prevention. She had her first child, Declan, in August 2013. Ciara Warden with son Declan



2009

Laura Hancock is working on a two-year postdoctoral fellowship in clinical neuropsychology at the Alpert Medical School of Brown University in Providence, Rhode Island. She earned her doctorate in clinical psychology from the University of Missouri, Kansas City in 2013.

Christopher Rodeheffer (B.S.) completed his doctorate at Texas Christian University in Fort Worth, Texas, and is now a research psychologist with the U.S. Navy Submarine Research Lab in Groton, Connecticut.

2010

Maura Mills (Ph.D.) continues as an assistant professor of psychology at Hofstra University in Long Island, New York. She recently edited *Gender and the Work-Family Experience: An Interaction of Two Domains*, published by Springer.

2012

Bernardo de la Garza (Ph.D.) recently began teaching psychology and criminal justice at the La Feria, Texas, campus of Our Lady of the Lake University. Garza, his wife, Iris Barrera, and their daughters, Alicia and Karima, live in Brownsville Texas.

Isaac Falcon-Cruz (B.S.) recently completed his master's degree in family studies and human services at K-State.

Lea Folsom (B.S.) recently completed her Master of Arts in social psychology at San Francisco State University.

Tommy May (B.S.) continues to work on his doctorate in industrial/ organizational psychology at Central Michigan University in Mount Pleasant, Michigan. He and his wife, Chelsea, have two sons.

Russell Webster (Ph.D.) is working in a tenure-track position at Penn State University in Abingdon, Pennsylvania, part of the Philadelphia suburbs.

2013

Donte Bernard completed his master's degree at the University of North Carolina, Chapel Hill and is continuing work there for his doctorate in clinical psychology.

Stephen Nettelhorst (Ph.D.) is an assistant professor of psychology at Southeast Missouri State University in Cape Girardeau, Missouri. Previously, he taught for two years at Tusculum College.

2013 continued

Conor O'Dea was married to Jill Stimec on July 18, 2015, in Overland Park, Kansas. He continues in the graduate program in social psychology at K-State.



2014

Angelique Foye is now a graduate teaching assistant in child development and family studies, specialization in marriage and family therapy, at Purdue University Calumet, in Hammond, Indiana.

Andrew Marshall (M.S.) and Emily Reinhardt (M.S.) became engaged in April 2015. Marshall continues working on his doctorate in behavioral neuroscience in the psychological sciences department at K-State.

Megan Miller (Ph.D.) is working full time as project coordinator for student services in K-State's Graduate School.

Ashton Triplett (B.S.) recently began graduate studies in school psychology at the State University of New York at Oswego.

Ashton Triplett explains her poster to a guest at the Undergrad Convocation



2015

Lora Adair (Ph.D.) is now teaching psychology at Lyon College in Batesville, Arkansas. She and her husband, Adam Adair, formerly employed in the K-State psychological sciences department office, live in Batesville.

Megan Bruce (B.S.) is now beginning work on her doctorate in audiology at the University of Nebraska, Lincoln.

Haley Dillon (Ph.D.) is doing adjunct and online teaching at several schools in New York.

Regan Harenza (B.S.) is beginning an accelerated program for a nursing degree at the University of Kansas Medical Center in Wichita.

Chase Kitterman (B.S.) is beginning graduate work in school psychology at Oklahoma State University in Stillwater, Oklahoma.

Kelsey Koblitz (B.S.) is beginning graduate work in school psychology at Oklahoma State University.

Katherine Kramer (B.S.) is beginning doctoral studies in veterinary medicine at K-State.

Isaak LeHew (B.S.) is teaching English in Japan.

Kaitlyn Mosier (B.S.) recently began studies for her doctorate in school psychology at the University of Nebraska, Lincoln.

Derrick Till (B.S.) recently began work for his doctorate in social psychology at the University of Arkansas in Fayetteville, Arkansas.

Kyle van Ittersum (Ph.D.) is now an assistant professor of psychology at Angelo State University in San Angelo, Texas.

Amanda Sipes (B.S.) is beginning studies in music therapy at the University of Kansas.

Christopher Waples (Ph.D.) recently began teaching psychology at the University of Nebraska, Kearney, where his wife, Megan Strain (Ph.D., 2014), also teaches.

Contact **Us**

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