

## Sessions at a Glance

All scheduled for Friday, February 25

### 8:00 AM

It Starts with Us! String Teachers are Made in Middle School (Rachel L. Dirks & Blair A. Williams, C205 Maple)

### 10:00 AM

KMEA Research Session (Phillip Payne, 201)

### 12:00 PM

Managing Stress and Anxiety for Yourself and Your Students: Yes, You Can (Ruth Gurgel, C102 Apple)

### 1:10 PM

KSU Wind Symphony Concert (Alex Wimmer, Conductor, Century II Concert Hall)

### 2:45 PM

Poster Session: The Relationship Between Teacher and Student Mental Health: Impacts Upon Teachers and Students (Rachel L. Dirks & Tawnya D. Smith, Lobby)

# KMEA 2022

## K-State Sessions at the In-Service

Here are this year's featured K-State faculty and student presenters:



Kansas State University Wind Symphony—Dr. Alex Wimmer, Conductor



Dr. Ruth Gurgel—Dr. Phillip Payne



Dr. Rachel Dirks

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## Stay in Touch

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Join us for a reception on February 25 at 5:00 p.m., Riverview Room All K-State students and alumni attending the KMEA Annual In-Service are invited to attend this reception, hosted by the School of Music, Theatre, and Dance, and emceed by Dr. Jeff Ward, Director. Hear updates from K-State music faculty, visit with old friends, and meet new ones!

## On the Web

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[K-State MTD YouTube Channel](#)

[K-State Music Page on Facebook](#)

Instagram @ksmttd

Web site: [ksu.edu/mtd](http://ksu.edu/mtd)

## Session Overviews

### **It Starts with Us! String Teachers are Made in Middle School**

Career planning and readiness is a familiar topic in schools, and orchestra teachers now find themselves on the front lines of recruiting the next generation of quality orchestra teachers. Participants will explore strategies for developing ownership and career choice amongst MS and HS string players, discuss how to encourage parents to support orchestra teaching as a viable and valued profession, and examine researched methods and activities for developing the art of teaching within our pre-collegiate string students to best prepare them for the incredible journey ahead!

### **Managing Stress and Anxiety for Yourself and Your Students: Yes, You Can**

In this session, causes of academic and “life” anxiety will be identified. Participants will construct personalized plans for reducing and managing stress and anxiety from a menu of easy ideas. This session is geared towards practicing teachers and student interns.

### **KSU Wind Symphony Concert**

The Kansas State University Wind Symphony boasts the talents of students from all over campus (both music majors and non-music majors). The ensemble was selected to perform by a blind judges’ panel and is performing at KMEA for the second time in three years under the direction of Dr. Alex Wimmer.

### **The Relationship Between Teacher and Student Mental Health: Impacts Upon Teachers and Students**

The purpose of this research is to consider what is known about the impact of teacher mental illness upon students and the impact of student mental illness upon teachers to offer implications for preservice teacher education, in-service professional development, and music teacher wellbeing.

### **Poster and Research Sessions (Dr. Phillip Payne, Coordinator)**

Dr. Phil Payne serves as the Research Chair for KMEA where he solicits entries and organizes both the poster and research session during the In-Service Workshop. He also facilitates convening of educators and researchers to establish or rekindle research streams to address vital areas of need for current Kansas Music Teachers. As Chair of Music Education, he also plans, organizes, and produces the alumni reception on Friday evening of KMEA.

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