National Public Health Week 2020

Mental Health

MPH Faculty Member(s)

- **Emily Mailey**, Associate Professor, Kinesiology and **Gina Besenyi**, Assistant Professor, Kinesiology
  
  **Focus:** Dr. Mailey and Dr. Besenyi work with mental health professionals to integrate physical activity recommendations into therapy sessions to support clients' mental and physical well-being.

- **Katie Heinrich**, Associate Professor, Kinesiology
  

Theme for Monday, April 6, 2020