

Public Health Physical Activity MPH Emphasis

This public health emphasis prepares professionals in physical activity promotion research and evidence-based practice. Courses examine the psychological as well as social and environmental factors associated with initiating and/or adhering to exercise programs and physically active lifestyles. The MPH program at K-State is accredited through the Council on Education for Public Health (CEPH).

PHPA Competencies	Curriculum	For more information
<ul style="list-style-type: none"> • Population health. Investigate the impact of physical activity on population health and disease outcomes. • Social, behavioral and environmental influences. Investigate social, behavioral and environmental factors that contribute to participation in physical activity. • Theory application. Examine and select social and behavioral theories and frameworks for physical activity programs in community settings. • Developing and evaluating physical activities interventions. Develop and evaluate physical activity interventions in diverse community settings. • Support evidence-based practice. Create evidence-based strategies to promote physical activity and communicate them to community stakeholders. 	<p>42 credits</p> <p><i>Core Curriculum (15 credit hours)</i></p> <ul style="list-style-type: none"> • MPH 701 – Fundamental Methods of Biostatistics (3 hrs) • MPH 720 – Administration of Health Care Organizations (3 hrs) • MPH 754 – Introduction to Epidemiology (3 hrs) • MPH 802 – Environmental Health (3 hrs) • MPH 818 – Social and Behavioral Bases of Public Health (3 hrs) <p><i>Emphasis Curriculum</i></p> <ul style="list-style-type: none"> • +21 hours from the Public Health Physical Activity curriculum <p><i>Applied Practice Experience</i></p> <ul style="list-style-type: none"> • MPH 840 – Public Health Practice (6 hrs) in a non-academic setting 	<p>k-state.edu/mphealth</p> <p>MPH Program Director: Dr. Ellyn Mulcahy 103 Trotter Hall emulcahy@vet.k-state.edu 785-532-2117</p> <p>Emphasis Area Questions: Dr. Emily Mailey emailey@k-state.edu</p> <p>Application Deadlines Domestic students: No deadline! International students: Admitted for Fall semester only, January 1 for Fall.</p> <p>Feel free to stop in and see us!</p>

What Can You Do With this MPH Emphasis in Physical Activity?

Our students have secured positions in all variety of settings including Apple Wellness, Starbucks Headquarters and states and federal government agencies. Job titles include: State Health Analyst; Wellness Specialist; Athletic Trainer; Client Success Manager; Clinical Research Coordinator; Director of Neighborhood Development; PhD Student; Research Associate; HHS Office of Women Health; Health Educator; Research and Extension Agent for Nutrition & Family Finance; and Global Regulatory Nutrition.

Easy Application Process

Eligible applicants must hold a bachelor degree (BS or BA) with a preferred GPA of 3.0/4.0 in the last 60 hours of coursework.

To apply go to the Graduate School's website:
k-state.edu/grad/

Narrative Statement of Objectives describing education and public health experiences along with professional career goals.

Copies of Transcripts from each institution attended. If accepted originals must be sent.

Three letters of reference from your advisor, professors, or any others who can provide information about your ability to succeed in a graduate program and resulting profession.
GRE scores. May be waived if applicant holds a graduate or professional degree.

