This is both nature and the world we have built.

Sometimes diseases can vary by season and elements of nature. Other times, characteristics like population density can determine if you are surrounded by disease.

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Host

This is you!

Everything unique to you, including your medical history, age, sex, lifestyle, etc., contributes to whether or not you become sick with a disease like COVID-19. Certain health conditions may make you more vulnerable to disease.

Agent

This is the pathogen.

Viruses and bacteria are examples of disease causing agents. These are the germs you traditionally think of that make you sick and they are commonly spread by direct contact, or by droplets (sneezing or coughing).

Environment

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The agent responsible for COVID-19 is a virus called SARS-CoV-2.

We cannot say for sure, but we do know that why you get a disease is related to three key elements: Host, Environment, and Agent.

But what does this REALLY mean?

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People with conditions like:
- Diabetes
- Asthma
- Heart Disease

are at greater risk for becoming sick with COVID-19.

Large cities with lots of people can be hot beds for diseases like COVID-19 due to increased contact with so many people.

The ANSWER:

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ENVIRONMENT

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So, if you have been exposed, monitor your symptoms & self-isolate.

Develop symptoms? Stay at home & treat the symptoms. Ask your doctor about getting tested.

If your symptoms are severe, get medical help & let them know you were exposed.

More info at: www.cdc.gov/coronavirus