

# What you need to know about COVID-19

## Symptoms

Most common:

- \*Fever
- \*Cough
- \*Shortness of breath

Sometimes seen:

- \*Sore throat
- \*Runny nose
- \*Body aches
- \*Lethargy



## How to prevent transmission

\*Wash hands regularly or use alcohol-based hand sanitizer

\*Cover coughs and sneezes

\*Practice social distancing: no unnecessary travel and avoid large groups of people

\*Stay home when feeling ill

\*Don't touch your face (eyes, nose, mouth)

\*Avoid close contact with anyone who is ill or has symptoms

\*Disinfect routinely touched surfaces daily

