Public Health Nutrition MPH Emphasis

This public health emphasis prepares professionals to apply nutrition principles with evidence-based interventions. It promotes healthful eating in populations and focuses on interactions between nutrition and health. Curriculum topics include: nutritional epidemiology; food security; obesity prevention; and intervention strategies for impacting health through nutrition. The MPH program at K-State is accredited through the Council on Education for Public Health (CEPH).

### PHN Competencies

- **Information literacy of public health nutrition.** Inform public health practice through analysis of evidence-based policy, systems, and environmental change.
- **Compare and relate research into practice.** Examine chronic disease surveillance, policy, program planning and evaluation, and program management, in the context of public health nutrition.
- **Population-based health administration.** Critically examine population-based nutrition programs.
- **Analysis of human nutrition principles.** Examine epidemiological concepts of human nutrition in order to improve population health and reduce disease risk.
- **Analysis of nutrition epidemiology.** Describe criteria for validity in nutritional epidemiological methodology.

### Curriculum

*42 credits*

**Core Curriculum (15 credit hours)**

- MPH 701 – Fundamental Methods of Biostatics (3 hrs)
- MPH 720 – Administration of Health Care Organizations (3 hrs)
- MPH 754 – Introduction to Epidemiology (3 hrs)
- MPH 802 – Environmental Health (3 hrs)
- MPH 818 – Social and Behavioral Bases of Public Health (3 hrs)

**Emphasis Curriculum**

- +21 hours from the Public Health Nutrition curriculum

**Applied Practice Experience**

- MPH 840 – Public Health Practice (6 hrs) in a non-academic setting

### For more information

- [k-state.edu/mphealth](http://k-state.edu/mphealth)
- MPH Program Director: Dr. Ellyn Mulcahy
  103 Trotter Hall
  [emulcahy@vet.k-state.edu](mailto:emulcahy@vet.k-state.edu)
  785-532-2117
- Emphasis Area Questions: Dr. Richard Rosenkranz
  [ricardo@k-state.edu](mailto:ricardo@k-state.edu)

### Application Deadlines

- Domestic students: No deadline!
- International students: Admitted for Fall semester only, January 1 for Fall.

Feel free to stop in and see us!

### What Can You Do With this MPH Emphasis in Nutrition?

Job titles of MPH students with this emphasis include: Dietician (requires specific undergraduate preparation and a separate internship); Nutrition Coordinator; Extension Community Programs Assistant; Tobacco Coordinator for a county health department; Research Assistant; Family and Consumer Science Extension Agent; PhD student; Medical School Student; Government Congressional Intern; Child Nutrition and Wellness Coordinator; Harvesters Community Food Network Manager.

### Easy Application Process

Eligible applicants must hold a bachelor degree (BS or BA) with a preferred GPA of 3.0/4.0 in the last 60 hours of coursework.

To apply go to the Graduate School’s website: [k-state.edu/grad/](http://k-state.edu/grad/)

**Narrative Statement of Objectives**

- describing education and public health experiences along with professional career goals.
- Copies of Transcripts from each institution attended. If accepted originals must be sent.

**Three letters** of reference from your advisor, professors, or any others who can provide information about your ability to succeed in a graduate program and resulting profession.

**GRE scores** NOT required.