HUMAN PARASITOLOGY LABORATORY (BIOL546)

Biology 546 laboratory manual - 2012 (.pdf edition)

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Division of Biology, Kansas State University
IN MEMORIAM

Dr. Steve Upton
Parasitologist extraordinaire

June 14, 1953 - July 29, 2010
# HUMAN PARASITOLOGY

**LABORATORY OUTLINE - BIOLOGY 546**  
Tuesdays 8:30-10:20  
(228 Ackert)

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TOTAL POINTS POSSIBLE IN LAB: 240  
(grading will be on a 90%, 80%, 70%, 60%... grading scale)
This laboratory is designed to teach students at Kansas State University the basics of identification of common eukaryotic parasites of humans. This course is targeted for sophomore/junior students and at least one course in General Biology is required as a prerequisite. In addition, Biology 545 (human parasitology lecture) is required either as a prerequisite or co-requisite. It is often helpful to also bring the Biology 545 text with you to each laboratory.

Students will be required to work in groups of 2-3 and share an assigned slide box containing just under 100 permanently preserved specimens. We do not have enough slide boxes or microscopes for students to work alone. So, early during the first class meeting, find someone with a favorable phenotype and pair up. Then, once slide boxes are assigned, please check to insure that all slides are present. Students will be responsible for slides "disappearing" from the boxes at the end of the semester. Of course, an occasional slide is inadvertently broken during the semester and we have budgeted for that. However, as specimens average about $5.00 each, we ask students to be particularly careful when handling the slides. BE SURE TO OPEN SLIDE BOXES SO THAT THE LID IS FACING UPRIGHT.

Each student will use microscopes extensively this semester, and students need to be familiar with the use of these microscopes prior to examination of the slides. Try not to pulverize slides and coverslips by jamming the high objective lens down onto the slide. One common way of misplacing slides is to accidentally leave them on the stage of your microscope at the end of the class period, so please check microscope stages before you leave at the end of each period.

The laboratory will only be open Tuesday mornings between 8:30 and 10:20 am. This provides ample time to examine slides and learn the identifications. Please note that the laboratory will NOT be open at any other time, and there will be NO exceptions. If you have another course that conflicts with a portion of the laboratory, then you simply need to make a decision about which course you want to take. A duplicate laboratory will NOT be created for you, and a duplicate laboratory practical will NOT be created for you. In addition, you may NOT take slides or microscopes out of the laboratory or to another room. If you miss a class, you have 4 options: 1) study intensely during the next laboratory to make up the material; 2) go to the www and view images that I and others have provided; 3) spend time looking at images on the CD ROM accompanying the Biology 545 textbook if you ordered one; or 4) drop the course.

During some laboratories, demonstrations may be set up to supplement the slide collections. These demonstrations generally consist of specimens too large, too valuable, or too rare to be included in the slide boxes. You may be tested over these demonstrations so it is important that you examine them carefully during the laboratory period (NOTE: be aware that most demonstrations will be set up for ONE laboratory period only).

The following pages represent the laboratory notebook to accompany the slide collections. This notebook is designed to answer many of the questions students have asked over the years, although new questions arise continually. In order to save laboratory time, we suggest that you read about each group of parasites prior to the beginning of the laboratory period. On an exam, students will not only be responsible for identification of specimens, but also for the content of the laboratory manual, as well as the life-cycles, sites of infection, intermediate hosts that may be utilized, basic morphology, and any associated pathology. Most of this material can be found below in the text and tables accompanying each section. All of this material and much more will be covered in the lecture portion of the course, Biology 545, which you are supposed to be taking anyway.

TEXT: The laboratory manual for this course is contained on these pages and can be downloaded directly. In addition, the text for Human Parasitology lecture (Biology 545) often proves highly useful.

EXAMS: Four exams are scheduled for this laboratory. Each exam will be at 9:30 - 10:20 am. These will be practical exams, where students cycle through 15 stations and view a specimen at each station (often through a microscope). There will be two, 2 point questions pertaining to a specimen at each station. The first question will generally ask "what is the species?" The second question will ask about some aspect of parasite biology (i.e. "what is the intermediate host," "where in the host are the adult stages located," etc.). Separate practicals will NOT be set up for students who miss exams.
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SECTION 1. DIGENETIC TREMATODES (FIGS. 1-4)

The digenetic trematodes ("flukes") are parasitic flatworms in the phylum Platyhelminthes and are found in a variety of animals, mainly vertebrates. Most are dorso-ventrally flattened and possess a muscular oral sucker that surrounds the mouth. In addition, the majority also possess a midventral or posterior acetabulum (ventral sucker) (Fig. 1).

The digestive tract of a fluke normally consists of a short, muscular esophagus (often surrounded by a muscular pharynx), which then splits into a pair of blind intestinal ceca. Generally, tissues are drawn into the mouth which are then eroded by the strong pumping action of the pharynx. Species such as the schistosomes, which live in the blood vessels and suck blood, do not have a pharynx.

Most trematodes are hermaphroditic (except the schistosomes) and many self-fertilize. The male reproductive system usually consists of two testes (1-several hundred), each of which has a vas efferens that connect to form a common duct, the vas deferens. The vas deferens leads to the genital pore, which usually has associated structures such as an internal seminal receptacle for sperm storage, a prostate gland that may add secretions to the sperm, and a cirrus, the male copulatory organ.

The female reproductive system is more complicated than the male system and consists of a single ovary, an oviduct, a seminal receptacle for sperm storage, vitelline glands along the lateral margins of the body that provide material for egg shell formation, a series of glandular structures that aid in egg shell maturation (i.e. Mehlis gland, ootype, Lauer’s canal, etc.), a uterus which may be filled with eggs, and perhaps a muscular modification of the end of the uterus termed a metraterm.

The body of a fluke is covered by a living layer of cells termed a tegument, which functions in nutrient absorption. Thus, flukes can digest and absorb nutrients not only across the gut wall, but also across the outer body. Ornamentation, such as spines, are often present within the tegument and can often be seen with the light microscope.

Flukes can be "loosely" categorized based on the location of suckers (Fig. 2). A monostome is a fluke that has an oral sucker only; an amphistome has an oral sucker plus a ventral sucker at the posterior end of the body; a distome has an oral sucker and a ventral sucker, although the latter is located somewhere other than the posterior end; a holostome is a type of distome that has the body split into distinct anterior and posterior portions; and an echinostome has long tegumental spines surrounding the oral sucker.

The life cycle of a digene is indirect (Fig. 3), involving two or more hosts in the life cycle. Eggs of most species are operculate (with a lid; except schistosomes), and laid either embryonated or unembryonated. The eggs of some species hatch in water while those of others require ingestion by the appropriate host. Once the egg hatches, however, a ciliated miracidium emerges which penetrates into the tissue of the host (usually a snail) with anterior penetration glands. Depending upon the species, the miracidium may develop into a sporocyst (an asexual reproductive structure without mouth or intestine that may give rise to daughter sporocysts, rediae, or cercariae) or redia (an asexual reproductive structure with mouth and gut that may give rise to daughter rediae or cercariae). Whichever phases of asexual development a species possesses, the final end product of asexual multiplication are tailed cercariae. Depending upon the species, these sexually immature forms may do one of several things: Some species encyst on vegetation as metacercariae and remain dormant until eaten by an appropriate host; some penetrate the skin of an animal (especially fish) and remain dormant as metacercariae until the fish is eaten by the final host; others may penetrate the skin of the final host directly (i.e. schistosomes); thus, forming no metacercaria. Once inside the final vertebrate host, the cercaria casts off its tail, migrates to its target organ(s), and finally matures into an adult.

In the first two laboratories, you are required to be able to identify 9 species of adult flukes and differentiate between six types of trematode eggs (Fig. 4). In addition, you should be able to distinguish leeches from digenes. DO NOT USE OIL IMMERSION to examine any of the specimens. All adult trematodes should be viewed using either the dissecting microscopes or the lowest magnification (4x or 10x) of your brightfield microscope. Eggs should be examined using 4x, 10x, or 40x magnification. The following is a list of slides that you will be responsible for knowing:
**SLIDE SERIES (Slides 1-14)**

**Needed for each student group:** Laboratory manual; compound dissecting microscope (and light) to view adult specimens; compound (regular brightfield) microscope for eggs; slide boxes with slides

**Slide 1. Fasciolopsis buski, adult.**
This is a relatively common parasite of humans and pigs in the orient. Adults live in the intestine and produce eggs similar to *Fasciola hepatica*. Note the large size of the worm, although small *Fasciolopsis buski* may appear similar to large *Fasciola hepatica*. The 2 species can be distinguished as 1) *Fasciolopsis buski* does not usually possess a "snout" (cephalic cone) whereas *Fasciola hepatica* usually does, and 2) *Fasciolopsis buski* has unbranched intestinal cecae whereas *Fasciola hepatica* has branched cecae. This latter feature is considered the most important.

**Slide 2. Fasciola hepatica, adult.**
This parasite is not native to the Western hemisphere, but was introduced two or three hundred years ago. Adults are large worms with dendritic, tandem testes, a dendritic ovary, and oral and ventral suckers that are relatively small in proportion to the body and located anteriorly. Internal details are often difficult to discern because of the dendritic nature of so many key structures. Note the "snout" (cephalic cone) on the worm, where the oral sucker resides, and especially the branched intestinal cecae which can be best viewed laterally near the anterior end of the worm. Adult worms live in the gall bladder and bile ducts of various mammals, only occasionally infecting humans. Maturing worms migrate through the liver for several weeks consuming tissue, often resulting in pronounced liver damage.

**Slide 3. Fasciola hepatica, eggs.**
These are very large eggs, easy to see under low power, and measure 130-150 x 60-90 micrometers. They do not possess shoulders and are passed unembryonated in the feces. The eggs are almost identical to those of *Fasciolopsis buski*, the giant intestinal fluke of Asia.

**Slide 4. Echinostoma trivolvis, adult.**
These are fairly large, elongate worms. Note that the ventral sucker is larger than the oral sucker. Testes are tandem, located posteriorly, and the oral sucker has a collar of large spines which is an important taxonomic feature. Several genera and species may infect humans, and in North America the most common species found is *Echinostoma trivolvis* which should have 37 spines comprising its collar.

**Slide 5. Paragonimus westermani, adult.**
These are large, fleshy, ovoid worms with a spined tegument, measure about one-half centimeter in length, possess testes that are lobed and opposite to one another, and have a ventral sucker near the middle of the body. They occur as adults in the lungs of mammals. The *Paragonimus westermani* and several other species infect humans in Asia whereas *Paragonimus kellicotti* lives in mammals in North America. Other species occur in other countries. Internal details of these worms is very difficult to discern for the novice, even when viewing a well prepared specimen.

**Slide 6. Paragonimus sp., eggs.**
Eggs are large, operculate, often possess distinct shoulders (a lip running around the edge of the operculum), and measure 80-120 x 45-60 micrometers. They are found in the sputum and feces, and are unembryonated when they are passed in the feces.

**Slide 7. Clonorchis sinensis, adult.**
This is a relatively small but elongate worm, with dendritic (branched) testes located posteriorly, a ventral sucker in the anterior one-third of the body, and lateral vitelline follicles that are posterior to the ventral sucker but anterior to ovary. Two closely related species, *Opisthorchis felineus* (Europe, Asia) and *O. viverrini* (Asia), have lobate (rather than dendritic) testes. Adults live in the bile ducts of humans in some Asiatic countries. A related worm, *Metorchis conjunctus*, occurs in mink in the Hudson Bay watershed in Northern Ontario. Occasional human infections are reported from eating undercooked fish containing metacercariae. *Clonorchis sinensis* is an excellent worm for viewing most of the internal details depicted in Figure 1.

**Slide 8. Clonorchis sinensis, eggs.**
These eggs are very small, measuring 25-30 x 15-17 micrometers. They may be tan or yellowish in color. Some eggs have shoulders, they are passed embryonated, and one can sometimes see a tiny knob at the end opposite of the operculum. Eggs are so similar to those of *Metagonimus*, *Heterophyes* and others that it is nearly impossible for a novice to distinguish the three genera apart based solely on egg structure. Eggs are found in the feces.
This is an elongate worm with a ventral sucker in the anterior 1/4 of the body, lateral vitelline follicles, and irregularly-shaped testes that are tandem or oblique and in the anterior 1/2 of body (the latter a feature which helps distinguishes it from *Clonorchis*). This fluke lives in the bile ducts of mammals, such as cattle and deer, and is distributed in Europe and (following its introduction) portions of the Northeastern United States. Humans are accidental hosts.

This is a pin-head size ovoid worm with a ventral sucker in the middle of the body and 2 large, ellipsoidal testes that are opposite from one another (when stained properly and not obscured by a uterus filled with eggs). It lives in the intestine of many mammals and occurs along the NW coast of North America, and Siberia.

This group contains 50+ species worldwide capable of infecting humans. All are small and possess both oral & ventral suckers. One common species, *Metagonimus yokogawai*, has a submedian (off to one side) ventral sucker and oblique testes. Another species, *Heterophyes heterophyes*, has a median rather than submedian ventral sucker, opposite rather than oblique testes, and a muscular outgrowth of the ventro-genital sac that envelops the genital pore. This outgrowth resembles a second ventral sucker. Since many of these worms look similar, and because many specimens were mis-labeled by the supplier plus they were poorly processed, simply learn these as a "heterophyids."

These are slender and elongate, blood-vascular worms, with separate sexes and very anterior suckers. Both male and female worms are represented, the latter of which is within the *gynecophoral canal* of the male.

The eggs are found in the feces, are large and ellipsoidal, and measure 115-175 x 45-70 micrometers. Eggs are passed embryonated and possess a large, lateral spine which is the most important, distinctive characteristic.

Also found in the feces, these eggs are spherical or subspherical, embryonated, and measure 70-100 x 50-70 micrometers. If positioned properly, each egg can be seen to possess a tiny, rudimentary spine laterally.

Slide 15. *Schistosoma haematobium*, eggs.
Eggs are found in the urine, are ellipsoidal, and measure 110-170 x 40-70 micrometers. They are passed embryonated and possess a sharp, terminal spine that is distinctive.

Demonstration: Leeches
Several specimens of leeches will be made available. These highly muscular and segmented annelids are sometimes confused with amphistome flukes. Note among other things that although many leeches are dorso-ventrally flattened and have a posterior sucker, they have a complete (rather than incomplete) gut, display segmentation, and possess a highly developed musculature.

Demonstrations: Bottled specimens
A variety of bottled specimens of digenes will be made available. These are intended to show students how the actual digenes appear prior to staining and mounting onto microscope slides.
FIGURE 1. HYPOTHETICAL DIGENE
FIGURE 2. MORPHOLOGICAL TYPES OF DIGENES

AMPHISTOME  DISTOME  ECHINOSTOME  GASTEROSTOME  HOLOSTOME  MONOSTOME

FIGURE 3. DIGENE LARVAE

EGG  MIRICIDUM  SPOROCYST  REDIA  CERCARIA
FIGURE 4. DIGENES AND EGGS

FASCIOLA HEPATICA
FASCIOLOPSIS BUSKI
PARAGONIMUS WESTERMANI

CLONORCHIS SINENSIS
HETEROPHYES HETEROPHYES
METAGONIMUS YOKAGAWAI

SCHISTOSOMA MANSONI
SCHISTOSOMA HAEMATOBium
SCHISTOSOMA JAPONICUM
SCHISTOSOMA SP.
# Table 1. Basic information on digene biology

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<th>SPECIES</th>
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<th>METACERCARIAE</th>
<th>LOCATION OF EGGS</th>
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<td><strong>Clonorchis sinensis</strong></td>
<td>humans</td>
<td>bile ducts</td>
<td>FW fish</td>
<td>feces</td>
</tr>
<tr>
<td><strong>Dicrocoelium dendriticum; Dicrocoelium hospes</strong></td>
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<td>bile ducts</td>
<td>ants</td>
<td>feces</td>
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<tr>
<td><strong>Echinostomes</strong></td>
<td>fish eating mammals; birds</td>
<td>small intestine or bile ducts</td>
<td>fish or invertebrates</td>
<td>feces</td>
</tr>
<tr>
<td><strong>Fasciolopsis buski</strong></td>
<td>primates; swine</td>
<td>small intestine</td>
<td>FW plants</td>
<td>feces</td>
</tr>
<tr>
<td><strong>Fasciola hepatica; Fasciola gigantica</strong></td>
<td>ruminants</td>
<td>gall bladder and bile ducts</td>
<td>FW plants</td>
<td>feces</td>
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<td><strong>Gymnophalloides seoi</strong></td>
<td>oystercatchers; humans</td>
<td>small intestine</td>
<td>oysters</td>
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<td><strong>Heterophyids</strong></td>
<td>fish eating mammals</td>
<td>small intestine</td>
<td>fish</td>
<td>feces</td>
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<tr>
<td><strong>Metorchis bilis; Metorchis conjunctus</strong></td>
<td>carnivores</td>
<td>bile ducts</td>
<td>FW fish</td>
<td>feces</td>
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<td><strong>Nanophyetus salmincola</strong></td>
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<td>salmonids</td>
<td>feces</td>
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<td><strong>Opisthorchis felineus</strong></td>
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<td><strong>Opisthorchis viverrini</strong></td>
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<td><strong>Paragonimus westermani and others</strong></td>
<td>humans; other mammals</td>
<td>lungs</td>
<td>FW crabs</td>
<td>feces; sputum</td>
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<td><strong>Schistosoma haematobium</strong></td>
<td>humans</td>
<td>mesenteric veins around urinary bladder</td>
<td>none; cercariae penetrate directly</td>
<td>urine</td>
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<td>mesenteric veins around small intestine</td>
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<td>feces</td>
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<tr>
<td><strong>Schistosoma mansoni</strong></td>
<td>humans</td>
<td>mesenteric veins around large intestine</td>
<td>none; cercariae penetrate directly</td>
<td>feces</td>
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SECTION 2. CESTODES

Cestodes (tapeworms) are also flatworms in the phylum Platyhelminthes. Most are segmented and all lack a digestive system. Therefore, they must absorb all nutrients through the tegument.

Figure 5 shows many of the structures of typical tapeworms. The strobila (body) of most cestodes consists of individual segments termed proglottids. Each proglottid typically consists of both male and female reproductive organs, similar to those found in the digenes. Formation of new strobila occurs in the neck region, more or less continually during the life of most cestodes, and is termed strobilation. Each proglottid moves toward the posterior end as a new one takes its place and, during the process, maturation occurs. By the time proglottids have reached the posterior end they have matured, copulated (either with themselves, with other proglottids in the strobila, or with those of other worms), and produced eggs. After a proglottid contains fully developed shelled embryos it is said to be gravid. Proglottids detach and pass out of the body of the animal with the feces, often rupturing before exiting the host. Spent or "rotten" proglottids are often said to be senile, a term commonly employed by many students following one of my exams.

Most tapeworms have a scolex (head) at the anterior end equipped with various holdfast organs to maintain the position of the worm within the gut of the host. The scolex may have grooves, hooks, suckers, spines, glands, tentacles, or any combination of structures. Some cestodes have a protrusible, dome-shaped area on the apex of the scolex termed the rostellum, which often hosts 1-2 rows of hooks.

With rare exceptions, the life cycle of cestodes is usually indirect. Adults live in the intestinal tract and generally have one of two basic strategies (at least, for those species infecting humans):

**AQUATIC LIFE-CYCLES** often involve 3 host life-cycles, with the eggs usually being shed unembryonated (and usually in the water); a six-hooked (=hexacanth) larval stage termed a coracidium eventually develops. The coracidium is composed of an oncosphere (embryo) and outer ciliated envelope. Once mature, the coracidium emerges and is then eaten by an aquatic arthropod (i.e. crustacean). Sometimes, the entire egg containing the coracidium is eaten and the larva hatches within the digestive tract of the arthropod. The oncosphere casts off its outer ciliated layer, the oncosphere crosses the gut wall, metamorphosis occurs, and a new larval stage termed a procercoid develops. The hooks of the hexacanth larva migrate posteriorly during maturation of the procercoid and become incorporated into a posterior structure termed a cercomer. When this infected arthropod is eaten by the second intermediate host (usually a fish), the procercoid penetrates the intestine, migrates to the skeletal muscle, and develops into a plerocercoid. The pleurocercoid is elongate, has a scolex, and often some degree of strobilation. Pleurocercoids can generally be passed paratenically from host to host through predation. If the second intermediate host is eaten by the appropriate vertebrate final host, the worm latches on to the intestinal epithelium and develops into an adult. Examples are the Pseudophyllidean tapeworms, some of which are found in humans.

**TERRESTRIAL LIFE-CYCLES** generally involve 2 host life-cycles and the eggs are usually passed out of the host fully embryonated. After being ingested by an appropriate host (arthropod or herbivore), the oncosphere penetrates the gut and develops into a larval stage somewhere within the tissues or body cavity of the animal. This stage may be a cysticercoid (solid body, invaginated, often in arthropods) or cysticercus (scolex on germinative membrane enclosing a fluid-filled bladder, invaginated, introverted). There are several types of cysticerci besides the simple type, such as the coenurus (few to many scolices, termed protoscolices, that arise from the germinative membrane of the cyst, each with a simple stalk invaginated into the common bladder), unilocular hydatid cyst (up to several million protoscolices with endogenous budding of brood cysts), and multilocular hydatid cysts (extensive exogenous budding in abnormal hosts resulting in infiltration of tissues like a cancer). Following ingestion of the larval stage by the appropriate final host, the worm will begin growth and become mature. Examples are the Cyclophyllidean tapeworms, some of which infect humans.

In the second two laboratories, you are responsible for being able to distinguish between seven different species of human tapeworms. In addition, you should be able to distinguish the eggs of five species. Here again, DO NOT USE OIL IMMERSION. Use only low power on your microscopes. The following provides a guide.
SLIDE SERIES (Slides 17-32)

Needed for each student group: Laboratory manual; compound dissecting microscope (and light) to view adult specimens; compound regular brightfield microscope for eggs; slide boxes with slides

Slide 17. Diphyllobothrium scolex.
This is a large worm with a scolex with dorsal and ventral longitudinal grooves called bothria. These grooves may be difficult to discern, and may only appear as longitudinal, lightly stained areas on the scolex. It is this genus of the order Pseudophyllidea that most commonly infects humans, although incidental findings of other genera do occur. The first intermediate host is a copepod where the procercoid forms; the second intermediate host is a fish, where pleurocercoids can be found embedded in muscle.

Slide 18. Diphyllobothrium proglottids.
The proglottids are wider than long and have a characteristic rossette-shaped uterus centrally filled with eggs.

Slide 19. Diphyllobothrium eggs.
These eggs are similar to those of trematodes, being operculate and easily confused with Paragonimus spp. The ova measure about 60 x 40 micrometers, possess no shoulders, and many possess a tiny knob at the end opposite the operculum.

Slide 20. Taenia solium scolex.
These scolices have four suckers and a row of hooks. Because the pork tapeworm (Taenia solium) can be a serious pathogen of humans causing cysticercosis, differentiation of this hooked scolex from the non-hooked scolex of Taenia (= Taeniarhynchus) saginata (see demonstration) is of high priority in diagnostic labs.

Slide 21. Taenid proglottids.
Both mature and gravid proglottids are present. Some slides may also have a scolex. This is Taenia pesciformis from the dog (dog/rabbit life-cycle), but the proglottids are similar to Taenia solium. Compare the mature proglottid with pictures in Figure 5 and see if you can find the vitellarium, genital pore, ovary, vagina, testes, uterus, and sperm duct. The gravid proglottids should have a branched uterus filled with eggs, and you should become familiar with how to discern and count the lateral uterine branches in the proglottid. Note that the genital pore is single and lateral on each proglottid.

Slide 22. Taenia saginata eggs.
Eggs of the various Taenia spp. and Echinococcus spp. all look somewhat similar. They are spherical or subspherical (generally, eggs of Taenia solium are more spherical than those of Taenia saginata) and contain an onchosphere surrounded by a thick embryophore (inner wall) that is riddled with numerous pores giving the egg a striated appearence.

Slide 23. Echinococcus granulosus adult.
This worm has four suckers and several circles of hooks. It’s a tiny worm with three or four segments only. Although these adults are not found in humans, finding a high prevalence in canines and other carnivores in a local population suggests ample opportunity for human hydatid infection.

Slide 24. Dipylidium caninum adult.
This dog and cat tapeworm, occasionally found in children, has a retractable rostellum with several circles of tiny rose thorn-like hooks. The proglottids are delicate, elongate, and have two genital pores; one on each side of the proglottid. The presence of these bilateral genital pores is a key diagnostic feature of this worm. Infections are achieved by ingestion of an arthropod (i.e. fleas) containing the cisticercoid.

Slide 25. Dipylidium caninum egg packets.
These eggs are of the taenid type, but easily diagnosed because they occur in groups (packets) of 8-20 eggs enclosed by a transparent uterine membrane.
This tapeworm, generally found in rats but may infect humans, may reach up to 90 cm and has four suckers, a rostellum, but no hooks. The proglottids have unilateral genital pores and three testes per proglottid. Because the commercially obtained specimens are so poorly fixed and stained, you will not be required to know how to identify adults of this species for the lab exam.

Slide 27. *Hymenolepis diminuta* eggs.
These eggs are relatively large, subspherical (sometimes spherical), and contain an onchosphere with significant "distance" between it and the wall. No polar filaments arise from the oncosphere. The eggs measure about 40 x 50 micrometers.

Slide 28. *Vampirolepis nana* (also termed *Hymenolepis nana* or *Rodentolepis nana*) adult.
The dwarf tapeworm, often termed the most common tapeworm of humans in the world, is small and has four suckers and 20-30 hooks. It measures up to 40 mm x 1 mm and has a long, slender neck. Proglottids are wider than long, the genital pores unilateral, and there are three testes per segment. It is likely this species actually consists of a "complex" of many morphologically similar species as nearly indistinguishable specimens are commonly found in rodents and other animals worldwide. Because the commercial specimens in the laboratory are poorly fixed and stained, you will not be required to know the adult of this species for the laboratory exam. However, you should know that this species has hooks on the scolex whereas *H. diminuta* does not.

Slide 29. *Vampirolepis nana* (=*Hymenolepis nana*) eggs.
These eggs have an onchosphere that fills most of the egg volume, they're smaller and more ellipsoidal than those of *H. diminuta*, and they possess polar filaments which may or may not be discernible. Sometimes the polar filaments simply appear as "fuzz" throughout the egg. Often, two small knobs can be seen on either side of the oncosphere from which the filaments arise. The eggs measure about 30 x 45-50 micrometers and in your preparations generally occur near or among the debris.

Slide 30. Cysticercoid.
This is a larval stage of many tapeworms and is found mainly in arthropods. It is solid bodied, with a fully developed scolex invaginated into its body. This type of larval stage is characteristic for *Hymenolepis*, *Vampirolepis*, and *Dipylidium*. The cysticercoids will be small, stained either reddish or purplish, and may have drifted to one edge of the coverslip.

Slide 31. Cysticercus.
The cysticercus, too, contains a single scolex. However, the scolex is introverted as well as invaginated and the scolex is enclosed within a fluid-filled bladder. You should be able to distinguish between the cysticercus and the solid bodied cysticercoid (slide 30). *Taenia solium* and *Taenia saginatus* both form a cysticercus type larva.

Slide 32. Coenurus. (portion of coenurus wall)
This type of larval stage is a variation of the cysticercus type, however, few-many scolices (protoscolices) bud from the germinative membrane of the cyst. Each slide contains a “piece” of a coenurus. This type of larva is typical of *Taenia multiceps* and *T. serialis*, both of which have a coenurus capable of infecting humans.

Demonstration: Know how to differentiate the scolex of *Taenia saginatus* (no hooks) from that of *Taenia solium* (with hooks and in your slide box).

Demonstration: Know how to differentiate the proglottids of *Taenia saginatus* (14-23 lateral uterine branches per side) from that of *Taenia solium* (7-13 lateral uterine branches per side).
FIGURE 5. LINE DRAWINGS OF CESTODES

DIPHYLLOBOTHRIUM LATUM

TAENIA SOLIUM

DIPYLIDIIUM CANINUM

DIPHYLLOBOTHRIUM SAGINATA

TAENIA SAGINATA

TAENIA SOLIUM

HYMENOLEPSIS DIMINUTA

VAMPIROLEPSIS NANA
Table 2. Basic information on cestode biology

<table>
<thead>
<tr>
<th>SPECIES</th>
<th>PRINCIPLE DEFINITIVE HOST(S)</th>
<th>SITE OF INFECTION IN HUMANS</th>
<th>INTERMEDIATE HOST(S)</th>
<th>LOCATION OF EGGS IN HUMANS</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Diphyllobothrium latum</em></td>
<td>fish eating mammals</td>
<td>small intestine</td>
<td>copepods and fish</td>
<td>feces</td>
</tr>
<tr>
<td><em>Dipylidium caninum</em></td>
<td>dogs; cats</td>
<td>small intestine</td>
<td>arthropods</td>
<td>feces</td>
</tr>
<tr>
<td><em>Echinococcus granulosus</em></td>
<td>canids</td>
<td>hydatid cysts in liver, lungs, viscera</td>
<td>many mammals</td>
<td>none in humans</td>
</tr>
<tr>
<td><em>Echinococcus multilocularis</em></td>
<td>canids; felids</td>
<td>hydatid cysts throughout body</td>
<td>mainly voles</td>
<td>none in humans</td>
</tr>
<tr>
<td><em>Hymenolepis diminuta</em></td>
<td>rats; humans</td>
<td>small intestine</td>
<td>arthropods</td>
<td>feces</td>
</tr>
<tr>
<td><em>Taenia multiceps</em></td>
<td>canids</td>
<td>coenurus in viscera</td>
<td>sheep; humans</td>
<td>none in humans</td>
</tr>
<tr>
<td><em>Taenia saginata</em></td>
<td>humans</td>
<td>small intestine</td>
<td>cattle</td>
<td>feces</td>
</tr>
<tr>
<td><em>Taenia saginata asiatica</em></td>
<td>humans</td>
<td>small intestine</td>
<td>predominately pigs</td>
<td>feces</td>
</tr>
<tr>
<td><em>Taenia serialis</em></td>
<td>canids</td>
<td>coenurus in viscera</td>
<td>rabbits; humans</td>
<td>none in humans</td>
</tr>
<tr>
<td><em>Taenia solium</em></td>
<td>humans</td>
<td>adults in small intestine; cysticerci throughout body</td>
<td>swine; humans</td>
<td>feces</td>
</tr>
<tr>
<td><em>Vampiolepis nana</em></td>
<td>rodents; humans</td>
<td>small intestine</td>
<td>arthropods (optional)</td>
<td>feces</td>
</tr>
</tbody>
</table>
SECTION 3. NEMATODA

The nematodes are probably the most abundant animals on earth. Although more species of insects have been described, this is only because entomologists outnumber nematologists. The number of undescribed, free living species of nematodes are enormous, and virtually all arthropods (and other animals) examined thus far have one or more species of nematode that is specific only for that host.

Typical nematodes are elongate, tapered at both ends, and covered by a non-cellular cuticle that is secreted by an underlying hypodermis. The number of cells within an individual worm (and within members of the same species) is the same; a concept termed eutely. Growth occurs primarily by cell enlargement. The digestive system is complete, with a mouth, gut, and anus (although in some species the anus is atrophied). The mouth leads to a buccal cavity, which may be heavily sclerotized to form a buccal capsule and associated teeth or cutting plates (Fig. 6); in other species the lining is thin. Food ingested by the nematode passes through the buccal cavity and into the esophagus, which is usually muscular and contains glandular cells and, perhaps, one or more muscular bulbs. Food passing through the esophagus enters the intestine, where digestion and absorption occur.

Sexes are usually separate and most species show sexual dimorphism; a few species are parthenogenic or monoecious. In the male, a single testes is usually present. Nearly all male nematodes have a pair of sclerotized, acellular, copulatory spicules in the cloaca that aid in copulation. In addition, a gubernaculum may be present, which is a sclerotized structure in the cloacal wall that helps guide the exsertion of the spicules. In the female, two ovaries are usually present. As the oocytes move down the oviduct, they increase in size and eventually reach the spermatheca (sperm storage area). After fertilization in this area, the zygotes continue their trek through the female reproductive tract, undergoing meiosis and eggshell formation. The wall of the uterus contains well-developed muscles that not only move the embryos distally by peristaltic action, but also help mold the shape of the eggs and contribute additional eggshell materials. The distal end of the uterus is usually very muscular and is termed the ovijector. The ovijectors of the uteri fuse to form a short vagina, that opens through a ventral, transverse split in the body wall termed the vulva. The vulva may be located anywhere from near the mouth in some species to in front of the anus in others. The vulva never opens posterior to the anus and, only rarely, into the rectum to form a cloaca.

In the laboratories where you examine nematodes, you are required to distinguish between six intestinal and several tissue nematodes, and five types of eggs (Fig. 6). Here again, NO OIL IMMERSION. Intestinal species are Enterobius vermicularis (pinworms), Ascaris lumbricoides (giant intestinal roundworms), Necator americanus and Ancylostoma duodenale (hookworms), Trichuris trichiura (whipworm), and Strongyloides stercoralis (a rhabditid worm). Tissue dwelling nematodes include Dioctophyma renale (giant kidney worm), Trichinella spiralis (trichina), Capillaria hepatica (hepatic worm), and microfilariae of filarids. The following provides a summary of slides and demonstrations:
SLIDE SERIES (Slides 34-47)

**Needed for each student group:** Laboratory manual; compound dissecting microscope (and light) to view adult specimens; compound regular brightfield microscope for eggs and microfilariae; slide boxes with slides

**Intestinal worms:**

**Slide 35. *Enterobius vermicularis*, adult female.**
These worms are one of the most common of all intestinal roundworms. Each female worm has a cuticular inflation of the head, pointed tail, and a relatively large esophageal bulb at the posterior end of the esophagus ("posterior bulb"). They are white or milky in color, and are commonly found around the anus at night laying eggs. A second species of human pinworm, *E. gregori*, has been described based primarily on the size of the male spicule. However, recent studies now suggest that this species may actually represent young adult *E. vermicularis*.

**Slide 36. *Enterobius vermicularis*, eggs.**
Eggs occur around the anus or in feces, are partially embryonated, elongate, colorless, and somewhat flattened on one side. They measure 50-60 x 20-30 micrometers.

**Slide 37. *Trichuris (=Trichocephalus) trichiura*, adults.**
These common whipworms of the colon and cecum are very long and sometimes coiled, with a thin anterior end and an expanded posterior end where the reproductive organs occur. Heavy infections can result in prolapsed rectum, and growth retardation and finger clubbing may occur in children. Again, note that the head is found at the tiny end, and the expanded body of the worm contains the reproductive organs. Males are often coiled.

**Slide 38. *Trichuris trichiura*, eggs.**
These eggs are easy to distinguish. They are passed unembryonated, measure 50-55 x 20-25 micrometers, are often tan, brown, or golden in color, and have very distinct polar plugs at either end.

**Slide 39. *Strongyloides stercoralis*, rhabditiform larvae.**
These are small worms, alternating between a free-living and parasitic life cycle. Adult males are usually only found in the soil and parthenogenic females occur both in the soil and in the small intestine. The eggs produced by the female are so thin walled that they normally rupture, releasing the free 1st stage (rhabditiform) larvae in the feces. Larvae are 300-380 micrometers long, colorless when unstained, with a short buccal cavity and pointed tail.

**Slide 40. *Ancylostoma* sp. adult female or male.**
Although more common in Europe and Asia, *Ancylostoma duodenale* (old world hookworm) is also found in North America and other portions of the Western hemisphere. The anterior margin of the buccal capsule has two ventral plates, each with two large cutting teeth fused at the bases. Because virtually all specimens are poorly oriented so that the teeth cannot be clearly seen, you do not have to distinguish genera of hookworms from one another on sight. However, you should know the differences on the lab exam if I specifically state whether a particular specimen has teeth or cutting plates. Hint: be careful not to confuse the copulatory bursa of the male with the mouth region.

**Slide 41. *Necator* sp., adult female or male.**
The most common hookworm of the Americas is *Necator americanus* (new world hookworm). The name literally means "American killer." This worm can be distinguished from *Ancylostoma* spp. because it has a pair of dorsal and a pair of ventral cutting plates surrounding the anterior margin of the buccal capsule. Because many specimens are poorly oriented so that the plates are not clearly seen, you do not have to distinguish genera of hookworms from one another on sight. However, as stated above, you should know the differences between the two genera if I state whether a particular specimen has teeth or cutting plates.

**Slide 42. Hookworm eggs.**
The eggs of hookworms cannot easily be distinguished from one another by a novice. They are fairly thin walled and in the morula stage (generally the 4, 8, 16, or 32 cell stage). The walls of many hookworm eggs appear to have been dissolved during specimen processing (at least with our slides) and, thus, may be difficult to discern initially. The easiest way to find these eggs is to scan your slide using a 10x objective lens (100x total magnification) and identify the morulas. Then, switch the objective to 40x (400x total magnification) to better see the egg wall.
Slide 43. *Ascaris lumbricoides*, eggs.
This is the most common pathogenic roundworm of humans, infecting over 1/5 of the world's population. Eggs are easily distinguished because they are subspherical and possess a thick, mammillated wall. The eggs are usually uncleaved when passed in feces. You should be able to distinguish 3 types of eggs: 1) a fertilized egg with the mammillated wall; 2) a fertilized egg where the rough outer wall has been stripped away; and 3) an unfertilized egg which is generally longer and narrower than fertilized ones, the internal details appear as disorganized globules, and and the inner chitinous and lipid wall layers are not formed.

**Tissue dwelling worms:**

Slide 44. *Trichinella spiralis*, larvae in rat skeletal muscle.
These larvae are microscopic L1 stages that can be seen coiled within individual skeletal muscle cells. These muscle cells have been modified into supporting "nurse cells." Try viewing the larvae using both low magnification (4x objective lens) on the compound brightfield microscope, and also with the dissecting microscope.

Slide 45. *Calodium (Capillaria) hepatica*, adults and eggs in liver.
The technically correct name for this species is *Calodium hepaticum*, although few textbooks have yet made the conversion. Adults are found in the liver, although it is unlikely that you will see a cross-section through one. The female produces numerous eggs that are retained and encapsulated within the liver parenchyma. Eggs are similar to *Trichuris* in that they have bipolar plugs in either end, however, they tend to be more squared off at the ends than *Trichuris*. Once the eggs are liberated into the environment, either by passing through the gut of a carnivore or following host decomposition, eggs embryonate and become infective. Related species known to infect humans and for which eggs may be found in human feces include *Aonchotheca philippinensis* (*Capillaria philippinensis*), an intestinal parasite normally using a bird/fish life-cycle, and *Eucoleus aerophilus* (*Capillaria aerophilus*), a respiratory tract parasite of carnivores.

Slide 46. *Onchocerca volvulus*, microfilariae in smear.
Adults live in subcutaneous nodules and produce microfilariae that wander throughout the skin. These larvae are unsheathed (without an embryonic membrane) and have a tapered, flexed tail. Tail nuclei are absent.

Slide 47. *Wuchereria bancrofti*, *Brugia malayi*, or *Loa loa* microfilariae in blood.
Adults of the first two species live in lymphatics and produce microfilariae that circulate in the bloodstream. Adults of *Loa loa* wander throughout the dermis and produce microfilariae that also enter the bloodstream. Larvae of all species have an embryonic sheath, tapered tail, and are difficult to tell apart without a good stain. The distinguishing characteristic is the tail nuclei. The tail nuclei of *W. bancrofti* are absent. Tail nuclei are present in both of the other species and are terminal in *B. malayi*. Tail nuclei of *Loa loa* are present and irregularly spaced.

**NOTE:** Although you are NOT required to distinguish microfilariae of the above 4 species of filarids microscopically (because of our inability to obtain good specimens commercially), you should know some of the key features if asked. Based on the above information and that in your text, you should know the following key characters for differentiating *Onchocerca volvulus*, *Wuchereria bancrofti*, *Brugia malayi*, and *Loa loa*:

1) Whether the microfilariae are sheathed or non-sheathed.
2) Whether tail nuclei are absent or present in the microfilariae.
3) If tail nuclei are present, are these nuclei regularly or irregularly spaced.
4) Whether the microfilariae occur in blood or intracellular spaces.
5) Where the adult worms reside.

**Demonstration:** Know how to distinguish female *Ascaris lumbricoides* (large; straight tail) from males (smaller; hooked tail).

**Demonstration:** * Dioctophyma renale* are the largest of the worms you will be examining. Adults occur in the kidneys, and eggs with bipolar plugs somewhat like *Capillaria hepatica* pass out with the urine. Females are much larger than males, and do not have the copulatory bursa of the male. Both are pink or brownish. Be sure that you can distinguish the male from the female.
FIGURE 6. LINE DRAWINGS OF NEMATODES
Table 3. Basic information on nematode biology

<table>
<thead>
<tr>
<th>SPECIES</th>
<th>PRINCIPLE DEFINITIVE HOST(S)</th>
<th>SITE OF INFECTION IN HUMANS</th>
<th>VECTORS OR INTERMEDIATE HOST(S)</th>
<th>LOCATION OF EGGS IN HUMANS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aonchotheca philippinensis</td>
<td>birds</td>
<td>small intestine</td>
<td>fish</td>
<td>feces; many larvae as well</td>
</tr>
<tr>
<td>Ancylostoma duodenale</td>
<td>humans</td>
<td>small intestine</td>
<td>none; L3 larvae penetrate skin</td>
<td>feces</td>
</tr>
<tr>
<td>Ascaris lumbricoides</td>
<td>humans</td>
<td>small intestine</td>
<td>none; eggs penetrate skin</td>
<td>feces</td>
</tr>
<tr>
<td>Brugia malayi</td>
<td>humans</td>
<td>lymphatics</td>
<td>mosquitos</td>
<td>none; microfilariae</td>
</tr>
<tr>
<td>Brugia timori</td>
<td>humans</td>
<td>lymphatics</td>
<td>mosquitos</td>
<td>none; microfilariae</td>
</tr>
<tr>
<td>Calodium hepatica</td>
<td>rodents</td>
<td>liver</td>
<td>none; eggs ingested</td>
<td>liver</td>
</tr>
<tr>
<td>Diocotophyma renale</td>
<td>various mammals</td>
<td>right kidney</td>
<td>various animals</td>
<td>urine</td>
</tr>
<tr>
<td>Enterobius vermicularis</td>
<td>humans</td>
<td>large intestine</td>
<td>none; eggs ingested</td>
<td>feces; perianal</td>
</tr>
<tr>
<td>Loa loa</td>
<td>humans</td>
<td>dermis</td>
<td>deer flies</td>
<td>none; microfilariae</td>
</tr>
<tr>
<td>Mansonella ozzardi</td>
<td>humans</td>
<td>subcutaneous</td>
<td>blackflies; midges</td>
<td>none; microfilariae</td>
</tr>
<tr>
<td>Mansonella perstans</td>
<td>humans</td>
<td>body cavity</td>
<td>midges</td>
<td>none; microfilariae</td>
</tr>
<tr>
<td>Mansonella streptocerca</td>
<td>humans</td>
<td>dermis</td>
<td>midges</td>
<td>none; microfilariae</td>
</tr>
<tr>
<td>Necator americanus</td>
<td>humans</td>
<td>small intestine</td>
<td>none; L3 penetrate</td>
<td>feces</td>
</tr>
<tr>
<td>Onchocerca volvulus</td>
<td>humans</td>
<td>subcutaneous nodule(s)</td>
<td>blackflies</td>
<td>none; microfilariae</td>
</tr>
<tr>
<td>Strongylodes stercoralis</td>
<td>many mammals</td>
<td>intestine</td>
<td>none; L3 penetrate</td>
<td>few; mainly L1s in feces</td>
</tr>
<tr>
<td>Trichinella spiralis</td>
<td>various domestic mammals</td>
<td>intestine; striated muscles</td>
<td>none; ingestion of infected meat</td>
<td>none; L1 larvae encysted in striated muscles</td>
</tr>
<tr>
<td>Trichinella britovi; Trichinella murrelli; Trichinella nativa; Trichinella nelsoni</td>
<td>various sylvatic mammals</td>
<td>intestine; striated muscles</td>
<td>none; ingestion of infected meat</td>
<td>none; L1 larvae encysted in striated muscles</td>
</tr>
<tr>
<td>Trichuris trichiura</td>
<td>humans</td>
<td>large intestine</td>
<td>none; ingestion of eggs</td>
<td>feces</td>
</tr>
<tr>
<td>Wuchereria bancrofti</td>
<td>humans</td>
<td>lymphatics</td>
<td>mosquitos</td>
<td>none; microfilariae</td>
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Table 4. Major characteristics of human microfilariae

<table>
<thead>
<tr>
<th>SPECIES</th>
<th>VECTORS</th>
<th>SHEATH</th>
<th>LOCATION</th>
<th>SIZE (um)</th>
<th>TAIL NUCLEI</th>
<th>TAIL SHAPE</th>
</tr>
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<td>Brugia malayi</td>
<td>mosquitos</td>
<td>yes</td>
<td>blood</td>
<td>175-230 x 5-6</td>
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<td>tapered</td>
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<tr>
<td>Brugia timori</td>
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<td>blood</td>
<td>265-325 x 4.5-7</td>
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<td>Loa loa</td>
<td>deer flies</td>
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<td>230-250 x 3-5</td>
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<td>160-205 x 4-5</td>
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<td></td>
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<tr>
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<tr>
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<td>Wuchereria bancrofti</td>
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<td>yes</td>
<td>blood</td>
<td>245-300 x 7.5-10</td>
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<td>tapered</td>
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</tbody>
</table>

NOTE: You will not be required to learn all of the information contained in Table 4. You will only need to know the five items listed earlier for Brugia malayi, Loa loa, Onchocerca volvulus, and Wuchereria bancrofti. Again, the five items for these four filarid species are as follows:

1) Whether the microfilariae are sheathed or non-sheathed.
2) Whether tail nuclei are absent or present in the microfilariae.
3) If tail nuclei are present, are these nuclei regularly or irregularly spaced.
4) Whether the microfilariae occur in blood or intracellular spaces.
5) Where the adult worms reside.
SECTION 4. PROTOZOA

The protozoa, which are mainly single celled organisms capable of independent existence, are now divided into 11 or more phyla. The classification schemes for this group change continually as more organisms are examined at a molecular level. However, we will only examine representatives from three “groups” within the laboratory: Sarcomastigophora (the amoebae and flagellates), Apicomplexa (malaria, coccidia, and piroplasms), and Ciliophora (the ciliates). You will have the most difficulty with the amoebae, since their small size and amorphous nature makes them difficult to distinguish at first glance. For all protozoa, find them under 10x or 40x, then examine them more closely under oil immersion if you wish. BE CAREFUL NOT TO BREAK SLIDES BY JAMMING INTO THEM WITH THE OBJECTIVE LENS AND BE SURE TO CLEAN IMMERSION OIL OFF LENSES. BE SURE TO CLEAN IMMERSION OIL OFF SLIDES BEFORE PUTTING THEM BACK INTO SLIDE BOX.

In the first week, concentrate on the flagellates (Fig. 7). *Giardia intestinalis* is pathogenic and the trophozoites can be distinguished from all other human flagellates by their teardrop shape, possession of 8 flagella, a ventral adhesive disk, and especially the presence of two distinct nuclei which gives the organism the nickname "monkey-face." Cysts passed in the feces are ellipsoidal and initially may contain two nuclei. They divide quickly so that mature cysts contain four nuclei. The taxonomy of this group has been confused for decades and synonyms include *Giardia duodenalis* and *Giardia lamblia.*

Trophozoites of *Chilomastix mesnili* may be confused with *Giardia* cysts; however, only one nucleus will be present in *Chilomastix* trophozoites, and you may see a pale, transverse band (the spiral groove) along the middle of the organism. Cysts are very small, 5-8 micrometers in length, contain one nucleus, are ovoidal or lemon-shaped (knobbed), and have prominent cytostomal fibrils that are termed a Shepherd’s crook.

Trichomonads (Fig. 7) form no cysts and are distinguished by having a single nucleus, prominent axostyle (bundle of microtubules) that often project posteriorly through the organism, an undulating membrane (a recurrent flagellum directed posteriorly that is enveloped by a portion of the plasma membrane), and often a costa (a thin stiffening rod under the undulating membrane). *Trichomonas vaginalis* is the only human pathogen, infecting the urogenital tract. It has four terminal flagella and an undulating membrane that extends less than one-half of the length of the body. *Trichomonas tenax* is found only in the mouth, has four anterior flagella, and the undulating membrane extends greater than one-half the body length. It is considered non-pathogenic and you will not need to look at any slides of these. *Pentatrichomonas hominis* may be found in the colon and is also a tiny, harmless commensal. It has five anterior flagella and the recurrent flagellum within the undulating membrane often trails beyond the body of the trophozoite. You will have no slides of this species, although it is the most common trichomonad of humans.

The kinetoplastids are heteroxenous (requiring two hosts) flagellates that possess not only a nucleus, but a highly modified portion of DNA in the mitochondria termed a kinetoplast (Fig. 7). Four principle morphological types of kinetoplastids can be recognized, based on the location of the flagella, kinetoplast, and nucleus. The trypomastigote form is elongate and the kinetoplast is posterior to the nucleus. The flagellum runs along the surface of the organism anteriorly in a fold of the undulating membrane. The epimastigote form is found in some life cycles and the kinetoplast is located between the nucleus and anterior end. A short undulating membrane lies along the proximal portion of the flagellum. The promastigote form is elongate and has the flagellum extending forward as well. However, the kinetoplast is located anterior to the nucleus and no undulating membrane is present. The amastigote form is found mainly within infected cells. The organism is small and ovoid, with a short flagellum projecting only slightly beyond the organism, if at all.

The principle types of human African trypanosomes cause African sleeping sickness. In the blood they are generally long, slender trypomastigotes, with a small kinetoplast, prominent nucleus, and undulating membrane. They are transmitted by the bite of one of a number of Glossina spp (tsetse flies). *Trypanosoma rhodesiense* and *T. gambiense* are the species that infect people and are identical morphologically. The former species is found in central and east Africa and causes an acute infection. Native game animals are known reservoirs. The latter species is found in west central and central Africa and causes the chronic form of the disease characteristic in textbooks. Apparently, game animals are not particularly susceptible to *T. gambiense* although some researchers have found that a few reservoir animals do exist. Both species are thought to be derived from *Trypanosoma brucei,* a morphologically identical
trypanosome found in the bloodstream of native African ruminants. Humans are not susceptible to this parent species, but livestock, horses, swine, and canines are.

The American trypanosome, *Trypanosoma cruzi*, is also a serious pathogen causing Chagas' disease. Trypomastigotes in the blood die in a characteristic C- or ?- shape. They have a large kinetoplast at one end and a prominent nucleus. These organisms are engulfed by phagocytic cells and then transform into amastigotes, which undergo binary fission and destroy the host cells. Groups of these amastigotes in the tissues are termed pseudocysts. Infection may lead to either an acute or chronic form of the disease, either of which may be fatal. In humans, *T. cruzi* is generally transmitted in the feces of reduviid bugs, which defecate when they bite. The parasite enters the wound when the host rubs the contaminated feces into the lesion. The parasite may also infect people via blood transfusions, and dogs have been shown to become infected when they ingest infected reduviids.

*Leishmania* spp. spend their lives in the vertebrate host only as an amastigote. They are transmitted by the bite of sandflies (where they multiply in the gut as promastigotes) and, like *T. cruzi*, can multiply to large numbers in phagocytic cells. Various species and strains have a predilection for different sites in the body and pathology varies as well. *Leishmania donovani* is a serious pathogen that can be seen living as clusters of amastigotes within the reticuloendothelial system of the viscera, including spleen, liver, intestine, lymph nodes, and bone marrow. Canids are important reservoirs of the disease. Other *Leishmania* spp. have predilections for other tissues, such as the dermis or mucus membranes. Leishmaniasis tends to be a chronic, disfiguring illness and most species respond poorly to pharmaceutical intervention.

During the second week, review the flagellates but concentrate most heavily on the amoebae (Fig. 8). As stated above, they will prove to be difficult to distinguish, so considerable time must be spent at the microscope (i.e. I advise not cutting this lab early). Amoebae reproduce by binary fission and most species are capable of forming cysts (usually the infective stage). The feeding/reproductive form is termed the trophozoite. The most pathogenic intestinal species is *Entamoeba histolytica*, whose trophozoites may penetrate the intestine, enter the liver or lungs, and cause serious illness and often death. Several non-pathogenic intestinal species are morphologically indistinguishable from *E. histolytica* and include *E. hartmanni* (somewhat smaller), *E. dispar*, and *E. moshkovskii*. *Entamoeba gingivalis* is found in the mouth of many individuals, forms no cysts, but is also similar to trophozoites of *E. histolytica*. None of these will be included in the laboratory. However, other intestinal amoebae that will be covered include *Entamoeba coli*, *Endolimax nana*, and *Iodamoeba buetschlii*. These all form cysts and are usually only mildly-modestly pathogenic. *Dientamoeba fragilis* is also intestinal and included here with the amoeba, although electron microscopy has shown that it is actually a flagellate (but forms no flagella). It may cause acute or chronic clinical signs of intestinal distress and forms no cysts. The most serious pathogen, which is almost always fatal, is *Naegleria fowleri*. It may enter the brain through the nasal passages, erode the olfactory bulbs and rest of the brain, and cause death within six days. Luckily, infection with this organism is relatively rare.

Amoebae are distinguished in several ways. First, the structure of the nucleus and endosome (nucleolus); second, the number of nuclei within the trophozoite (*Dientamoeba fragilis* is the only amoeba with two); third, the presence or absence of glycogen or red blood cells within the trophozoites; and fourth, whether an amoeba forms cysts or not and, if so, the number of nuclei in the cyst, the morphology of the nucleus, and the presence or absence of various inclusions. *Naegleria fowleri* and other types of CNS invading amoebae are generally diagnosed by histological sections of the brain following death. Cysts are not formed within the brain, which helps differentiate this species from *Acanthamoeba* spp.

During the third week, examine the remaining protozoa. The only important ciliate pathogen in humans is *Balantidium coli*, which is also commonly found in swine and other primates (Fig. 7). It is the largest protozoan parasite of humans and trophozoites are oblong or spherical, possess cilia, and multiply by binary fission. It can easily be seen at 10x magnification, so there is no reason to use oil immersion. In some individuals, these trophozoites become invasive and are capable of causing colonic ulceration. Large, spherical cysts are formed (ca 50 um in diameter) that pass out with the feces and are capable of infecting new hosts. A large, sausage-shaped macronucleus can be seen easily within both trophozoites and cysts, which is a diagnostic feature of most ciliates.
About six species of coccidia or coccidian-like organisms are pathogens of humans. *Isospora belli* forms resistant cyst stages (oocysts) that are transmitted from host-to-host. Oocysts are elongate-ellipsoidal, passed unsporulated, and the cytoplasm within these oocysts stains reddish in your slides. This is an intestinal species, preceded by two generations of merogony (multiple fission) and finally gamogony (sexual reproduction). The life-cycle is direct and no intermediate hosts are involved. Similarly, oocysts of *Cryptosporidium parvum* and *C. hominis* are morphologically identical apicomplexans distantly related to the coccidia. Severe diarrhea, weight loss, and abdominal cramping are the main symptoms. Oocysts are very tiny and contain four sporozoites (vermiform infective stages). These oocysts show up as small, reddish blotches in your slides and are best seen using either a 40x or 100x objective lens. If an oocyst is ingested, sporozoites penetrate intestinal epithelial cells, undergo two generations of merogony, eventually gamogony, and form new oocysts that are passed in the feces (analogous to *I. belli*). Although normally self-limiting by your immune system, individuals with immune deficiencies are at severe risk with both species of *Cryptosporidium* since the organisms are capable of recycling within the host.

*Toxoplasma gondii* is also a serious coccidial pathogen of a variety of mammals, which can lead to swollen lymph glands, fever, headache, muscle pain, anemia, blindness, encephalitis, myocarditis, and death. Oocysts are only found within the feces of felines and, upon ingestion by virtually any mammal, the sporozoites penetrate the gut wall and enter various tissues where they multiply rapidly by endodyogeny (formation of daughter cells while still retained within the mother cell) as tachyzoites (rapidly dividing zoites). Accumulations of tachyzoites are termed groups. As infections become chronic, zoites begin to transform and multiply more slowly. These slowly dividing zoites, now called bradyzoites, are contained within spherical cysts 20-80 um in diameter. These cysts are contained in histological sections of brain on your slides and 20x and 40x objective lenses should be utilized. If a feline ingests oocysts or cysts, merogony, gamogony, and oocyst formation occur within intestinal cells. Surveys suggest 25-40% of the human population is sero-positive for *T. gondii*.

*Plasmodium spp.* are the malaria. Four principle species infect humans, the most serious of which is *Plasmodium falciparum*. 50% of all malarias are due to this pathogen. *Plasmodium vivax* is also common, accounting for 42-43% of all malarias; *P. ovale* and *P. malariae* are rarer. Sporozoites injected with the bite of mosquitoes of the genus *Anophèles* make their way to the liver and multiply in hepatocytes. Once this exoerythrocytic cycle is complete, merozoites (the all malarias; *P. ovale*, and *P. malariae* are rarer. Sporozoites injected with the bite of mosquitoes of the genus *Anophèles* make their way to the liver and multiply in hepatocytes. Once this exoerythrocytic cycle is complete, merozoites (the stages resulting from multiple fission) enter red blood cells and begin schizogony (=merogony). New merozoites formed within these cells (segmenters) rupture out, invade new cells and keep this erythrocytic cycle going. Parasites in red blood cells that are early in development and resemble an amorphous mass are termed trophozoites. Some appear ring-like or band-shaped and are termed rings or bands. Some merozoites grow and form gametocytes (gametes) within red blood cells. Using the plates in your textbook, see if you can identify segmenters, gametocytes, trophozoites, and rings in your blood smears. If gametes are ingested by the appropriate mosquito, some form flagella and undergo exflagellation (male gamete formation). These male gametes (microgametes) fuse with female gametes (macrogametes) to form a motile zygote termed an ookinete. Ookinetes penetrate the gut wall and form oocysts containing sporozoites on the hemocoel side of the gut. Sporozoites eventually rupture out of oocysts and migrate to the salivary glands.

*Babesia* spp. are piroplasms; tiny Apicomplexans that infect the red blood cells of some mammals. Although humans are not principle hosts and the majority of development occurs in a ticks, the bite of a tick can sometimes transmit tiny vermicules (merozoites) of some species into humans that cause disease. These vermicules undergo binary fission within red blood cells and rupture the cell open when the new merozoites exit. The disease, caused mainly by *B. microti*, is not uncommon in the New England states; especially in splenectomized individuals. In your blood smears, see if you can see these merozoites undergoing binary fission in red blood cells.

*Pneumocystis jiroveci* (*P. carinii* of humans) is an ascomycote fungus that parasitologists still embrace as an opportunistic parasite. *Pneumocystis* is not a problem unless an individual is immunosuppressed. Then, the amoeboid trophozoites in the lungs can multiply to large numbers. Eventually, cysts are formed containing 8 nuclei when mature. Cysts are disseminated through the air. New trophozoites rupture from the cysts and keep the cycle going. Recent studies have shown the various *Pneumocystis* spp. to be host specific; thus, a rat *Pneumocystis* sp. will not infect humans. *Blastocystis hominis* too may not be a true eukaryotic parasite. It is a pathogen of undetermined taxonomic affinity. Molecular biology has shown it to be unrelated to other eukaryotic parasites of humans and is only distantly related to the Apicomplexa/ciliates/dinoflagellate complex. However, various animals may share similar genetic types of
Blastocystis, suggesting the parasite may be zoonotic. Evidence suggests that the parasite may be responsible for many cases of undiagnosed diarrhea, particularly in the southwest, or at least it associates itself with intestinal distress. Although the entire life cycle is not known, an amoeboid (invasive) stage has been seen, a granular (reproductive) stage is found during poor conditions, and the common vacuolated form undergoes binary fission. This form contains a large, central vacuole and peripheral nucleus and cytoplasm.

In the next four laboratories you will be responsible for learning the differentiation of a variety of protozoa of human importance. The following is a proposed outline:
SLIDE SERIES (Slides 51-79)

Needed for each student group: Laboratory manual; compound regular brightfield microscope for all parasites; slide boxes with slides; (NOTE: no dissecting microscopes will be needed)

Week 1:

Slide 51. *Giardia intestinalis* (trophozoites)
Look for tear-drop shaped trophozoites with a ventral adhesive disk and two nuclei. Specimens will either be stained blue, gray, or pink depending upon the preparation. *Giardia lamblia* and *Giardia duodenalis* are synonyms.

Slide 52. *Giardia intestinalis* (cysts)
Look for small, ellipsoidal cysts with dark staining flagella and median bodies, and 4 nuclei.

Slide 53. *Chilomastix mesnili* (trophozoites)
Tear-drop (tapered at the end) shaped organisms with single large nucleus anteriorly and small endosome. These may be confused with cysts of *Giardia intestinalis*, which are often found on your slides along with *Chilomastix*.

Slide 54. *Chilomastix mesnili* (cysts)
Small, ovoidal or lemon-shaped structures with dark-staining Shepherd's crook and a single nucleus.

Slide 55. *Trichomonas vaginalis* (trophozoites)
Pink or purple trophozoites with anterior flagella and dark staining axostyles.

Slide 56. *Trypanosoma gambiense*, *T. rhodesiense*, or *T. brucei* (blood smear)
Numerous purple trypomastigotes among blood cells. Note the irregular manner in which the trophozoites have died, the small kinetoplast at one end, and the undulating membrane associated with the flagellum.

Slide 57. *Trypanosoma cruzi* blood smear
Low numbers of purple trypomastigotes among blood cells. Note that they are smaller than the African trypanosomes and die in a C- or ?-shape. The kinetoplast is slightly larger in proportion to the body of the trypomastigote when compared to the African trypanosomes.

Slide 58. *Trypanosoma cruzi*, amastigotes in heart muscle
Small, dark-staining amastigotes (dots) numerous as clusters within pale vacuoles in some muscle fibers.

Slide 59. *Leishmania donovani*, amastigotes in spleen smear
The amastigotes represent numerous small, dark dots with a nucleus and adjacent kinetoplast. You should be able to easily see the numerous parasites using a 40x objective lens, then go to oil immersion to take a closer look. NOTE: some of you may need to trade slides with someone else in the class when you go to oil immersion. Unfortunately, the manufacturer seems to have used coverslips that are quite thick, which has resulted in some slides not allowing the 100x objective lens to get close enough for the parasites to be in focus.

Week 2:

Slide 60. *Entamoeba histolytica* (trophozoites)
Looks like debris but with a smooth edge, either bluish or gray, with a nucleus containing a small, centrally located endosome. Many of the slides have species other than *E. histolytica* mixed in, and some of the slides may even have been misidentified by the company.

Slide 61. *Entamoeba histolytica* (cysts)
Spherical, gray or purple, with 1, 2, or 4 nuclei. Some young cysts may have large, blunt ended chromotoidal bars. Older cysts should have the 4 nuclei, but the chromotoidal bars may have disappeared.
Slide 62. *Entamoeba coli* (trophozoites)
Large blobs with smooth margins, either purple or gray, with single nucleus containing an endosome that is usually off-center. Overall, the trophozoites are somewhat larger than *E. histolytica*, the endosomes should be larger and off-center rather than central, and the peripheral chromatin should be less evenly dispersed. Beware that many of the slides have a mixed infection of *E. coli* and *E. histolytica*.

Slide 63. *Entamoeba coli* (cysts)
Large, spherical or ellipsoidal, gray-purple cysts; 8, 16, or 32 nuclei. Some may have chromatoidal bars, most of which should be sharply pointed.

Slide 64. *Endolimax nana* (trophozoites)
Tiny blobs with smooth margins, gray or purple, with dark staining, prominent endosome.

Slide 65. *Endolimax nana* (cysts)
Spherical, tiny, with 4 dark endosomes/cyst. Tiny chromatoidal bars may be present which resemble additional nuclei.

Slide 66. *Iodamoeba buetschlii* (trophozoites)
Gray or purple with smooth margins, with single nucleus, large endosome, and sometimes with large glycogen vacuole.

Slide 67. *Iodamoeba buetschlii* (cysts)
Often perfect ellipsoids with nice, large, glycogen vacuoles and a prominent nucleus with a large endosome.

Slide 68. *Dientamoeba fragilis* (trophozoites)
Blobs or broad ellipsoids with smooth margins, and with 60% or more being bi-nucleate. No cysts are formed.

Slide 69. *Naegleria fowleri* (trophozoites in brain)
Areas of cellular inflammation should surround numerous trophozoites, each in a vacuole. Amoebae possess prominent, dark-staining endosomes.

Week 3:

Slide 70. *Balantidium coli* (trophozoites)
Large, pink or yellow, with large sausage-shaped macronucleus.

Slide 71. *Balantidium coli* (cysts)
Large, spherical, with sausage-shaped nucleus. The cyst wall should be distinct.

Slide 72. *Isospora belli*, unsporulated oocysts in fecal smear
Clear ellipsoids with reddish cytoplasmic masses (1-2) within.

Slide 73. *Cyclospora cayetanensis*, unsporulated oocysts in fecal smear
Small, individual spherical cytoplasmic masses that stain reddish.

Slide 74. *Cryptosporidium parvum* oocysts in fecal smear
Tiny ellipsoids, should be reddish, often with 1-3 dark staining dots within. The morphologically identical *C. hominis* is also found in humans.

Slide 75. *Toxoplasma gondii* cysts in brain
Find under 10x, then examine at 40x. Spherical masses filled with numerous dark dots.

Slide 76. *Plasmodium vivax* trophozoites & segmenters in blood smear
Purple blobs, rings, bands, and dots in red blood cells.
Slide 77. *Plasmodium falciparum* gametocytes in blood smear
Banana-shaped, purplish staining gametes within blood cells. Often they appear to be lying free among blood cells but if you look closely most should be surrounded by remnants of a thin, red blood cell membrane. This is the only species of human malaria with this type of distinctive gametocyte.

Slide 78. *Babesia* sp. merozoites in blood cells
Look for 1 or 2 dark staining merozoites within blood cells. Some cells should contain merozoites undergoing binary fission, and sometimes a distinctive "V" shape can be noted as one end of the merozoites is still joined.

Slide 79. *Pneumocystis carinii* trophozoites & cysts in rat lung smear
Small, non-staining ellipsoids and circles, sometimes with 1-8 dark nuclei inside. Look for 8 nuclei within a small, clear, circular area, which represent mature cysts. The species in humans is termed *Pneumocystis jiroveci*.

Slide 80. *Blastocystis hominis* trophozoites in fecal smear
Small, variable in size but usually spherical, with pale gray or greenish "vacuolar" area (depending upon the stain) surrounded by thin, peripheral ring of darker cytoplasm. Red or purple dots should be seen in the peripheral cytoplasm.

**Week 4: Review of the last 3 weeks worth of material.**
FIGURE 7. LINE DRAWINGS OF FLAGELLATES AND CILIATES

GIARDIA

CHILOMASTIX

TRYPOMASTIGOTE

AMASTIGOTE

TRICHOMONAS VAGINALIS

BALANTIDIUM COLI
FIGURE 8. LINE DRAWINGS OF AMOEBAE

ENTAMOEBA HISTOLYTICA
- TROPHOZOITE
- CYSTS
- CHROMATOIDAL BARS
- PERIPHERAL CHROMATIN
- FOOD VACUOLES
- NUCLEUS
- ENDOSOME

ENTAMOEBA COLI
- TROPHOZOITE
- CYST
- CHROMATOIDAL BARS
- NUCLEI

IODAMOEBA BUETSCHLII
- TROPHOZOITE
- CYST
- IODINOPHILOUS VACUOLE
- ENDOSOME
- NUCLEUS

ENDOLIMAX NANA
- TROPHOZOITE
- CYST
- NUCLEI

DIENTAMOEBA FRAGILIS
- TROPHOZOITE
- NUCLEI
### Table 5. Basic biology of Protozoa

<table>
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<th>SPECIES</th>
<th>PRINCIPLE DEFINITIVE HOST(S)</th>
<th>SITE OF INFECTION IN HUMANS</th>
<th>VECTORS/INTERMEDIATE HOST(S)</th>
<th>LOCATION OF CYSTS/OOCYSTS/SPORES IN HUMANS</th>
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<td>feces</td>
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<td>humans</td>
<td>large intestine</td>
<td>none</td>
<td>feces</td>
</tr>
<tr>
<td>Entamoeba gingivalis</td>
<td>humans</td>
<td>large intestine</td>
<td>none</td>
<td>no cysts formed</td>
</tr>
<tr>
<td>Entamoeba hartmanni</td>
<td>humans</td>
<td>large intestine</td>
<td>none</td>
<td>feces</td>
</tr>
<tr>
<td>Entamoeba histolytica</td>
<td>various mammals</td>
<td>large intestine</td>
<td>none</td>
<td>feces</td>
</tr>
<tr>
<td>Entamoeba moshkovskii</td>
<td>humans</td>
<td>large intestine</td>
<td>none</td>
<td>feces</td>
</tr>
<tr>
<td>Encephalitozoon cuniculi</td>
<td>many mammals</td>
<td>disseminates</td>
<td>none</td>
<td>spores disseminated throughout tissues</td>
</tr>
<tr>
<td>Encephalitozoon hellem</td>
<td>humans and budgerigars</td>
<td>corneal; may also disseminate</td>
<td>none</td>
<td>cornea</td>
</tr>
<tr>
<td>Encephalitozoon intestinalis</td>
<td>humans and ruminants</td>
<td>small intestine; may also disseminate</td>
<td>none</td>
<td>feces; urine</td>
</tr>
<tr>
<td>Enterocytozoon bieneusi</td>
<td>humans; other mammals</td>
<td>small intestine</td>
<td>none</td>
<td>feces</td>
</tr>
<tr>
<td>Giardia intestinalis</td>
<td>humans</td>
<td>small intestine</td>
<td>none</td>
<td>feces</td>
</tr>
<tr>
<td>SPECIES (CONT.)</td>
<td>PRINCIPLE DEFINITIVE HOST(S)</td>
<td>SITE OF INFECTION IN HUMANS</td>
<td>VECTORS/INTERMEDIATE HOST(S)</td>
<td>LOCATION OF CYSTS/OOCYSTS/SPORES IN HUMANS</td>
</tr>
<tr>
<td>-------------------------------</td>
<td>-----------------------------</td>
<td>-----------------------------</td>
<td>------------------------------</td>
<td>------------------------------------------</td>
</tr>
<tr>
<td><em>Iodamoeba buetschlii</em></td>
<td>primates; swine</td>
<td>large intestine</td>
<td>none</td>
<td>feces</td>
</tr>
<tr>
<td><em>Isospora belli</em></td>
<td>humans</td>
<td>small intestine</td>
<td>none</td>
<td>feces</td>
</tr>
<tr>
<td><em>Leishmania donovani</em></td>
<td>humans; canids</td>
<td>disseminates intestine</td>
<td>sandflies</td>
<td>none</td>
</tr>
<tr>
<td><em>Leishmania spp.</em> (non-visceral)</td>
<td>humans; other mammals</td>
<td>cutaneous or mucocutaneous</td>
<td>sandflies</td>
<td>none</td>
</tr>
<tr>
<td><em>Naegleria fowleri</em></td>
<td>none; free-living</td>
<td>brain</td>
<td>none</td>
<td>trophozoites only in brain tissue</td>
</tr>
<tr>
<td><em>Pentatrichomonas hominis</em></td>
<td>humans</td>
<td>large intestine</td>
<td>none</td>
<td>none; but rounds up and survives passage</td>
</tr>
<tr>
<td><em>Plasmodium spp.</em></td>
<td>mosquitos</td>
<td>liver; erythrocytes</td>
<td>humans</td>
<td>none in humans</td>
</tr>
<tr>
<td><em>Pneumocystis jiroveci</em></td>
<td>humans</td>
<td>lung</td>
<td>cattle</td>
<td>lungs; sputum</td>
</tr>
<tr>
<td><em>Sarcocystis hominis</em></td>
<td>humans</td>
<td>small intestine</td>
<td>swine</td>
<td>feces</td>
</tr>
<tr>
<td><em>Sarcocystis suihominis</em></td>
<td>humans</td>
<td>small intestine</td>
<td>swine</td>
<td>feces</td>
</tr>
<tr>
<td><em>Toxoplasma gondii</em></td>
<td>felids</td>
<td>disseminates</td>
<td>many mammals and some birds</td>
<td>none in humans</td>
</tr>
<tr>
<td><em>Trachipleistophora hominis</em></td>
<td>humans</td>
<td>disseminates</td>
<td>none</td>
<td>disseminated</td>
</tr>
<tr>
<td><em>Trichomonas tenax</em></td>
<td>humans</td>
<td>mouth</td>
<td>none</td>
<td>none</td>
</tr>
<tr>
<td><em>Trichomonas vaginalis</em></td>
<td>humans</td>
<td>urogenital tract</td>
<td>none</td>
<td>none</td>
</tr>
<tr>
<td><em>Trypanosoma cruzi</em></td>
<td>various mammals</td>
<td>disseminates; blood</td>
<td>reduviids</td>
<td>none</td>
</tr>
<tr>
<td><em>Trypanosoma gambiense</em></td>
<td>humans</td>
<td>blood; CNS</td>
<td>tsetse flies</td>
<td>none</td>
</tr>
<tr>
<td><em>Trypanosoma rhodesiense</em></td>
<td>humans; game animals</td>
<td>blood; CNS</td>
<td>tsetse flies</td>
<td>none</td>
</tr>
<tr>
<td><em>Vittaforma corneae</em></td>
<td>humans</td>
<td>cornea</td>
<td>none</td>
<td>cornea</td>
</tr>
</tbody>
</table>
SECTION 5. ARTHROPODA

The arthropods are a huge assemblage of animals. They are bilaterally symmetrical, possess a complete gut, and are segmented. They have an exoskeleton composed of chitin, a polysaccharide somewhat similar to cellulose. The more rigid sections of the exoskeleton are articulated with each other by thin, flexible, cuticular joints.

In the final laboratory, you will examine some of the arthropods of human importance (Fig. 9). Start off by distinguishing the Anoplura (sucking lice) of humans, a group found only on mammals and of which there are about 500 described species (56 known species from North America). They are wingless insects, with flattened bodies and six legs; the ends of which are modified into large claws for clinging onto hair. *Pthirus (=Phthirus) pubis*, the "pubic" or "crab" louse, dwells primarily in the pubic area; although it may also be found under the armpits and, rarely, eyebrows, eyelashes, beard, and mustache. It is robust, with a body that tapers from anterior to posterior. Bites may cause puritis, but fortunately do not seem to transmit disease often. Nits (eggs) are cemented onto hair by the female, who only lays about 30 eggs in her short life.

*Pediculus humanus*, the other louse that infests humans, is more elongate than the robust *Pthirus*. Various appellations are used to describe these organisms, including "graybacks," "mechanized dandruff," and "cooties." One subspecies, *Pediculus humanus capitus* is found primarily on the head. *Pediculus humanus humanus* (=*P. corporis*) is the body louse and prefers clothing. It only travels to the body to take an occasional blood meal. It is difficult to distinguish between the two and they are capable of interbreeding. Both subspecies are capable of transmitting typhus, a rickettsia.

Hemipterans (true bugs) contain few members that are parasites. One species, *Cimex lectularius*, is the bedbug and will attack humans. They are reddish-brown, up to 8 mm long, and are dorso-ventrally flattened. Bedbugs are nocturnal, emerging from hiding at night to feed. Two other similar species occur: *C. hemipterus* tends to be more tropical and *Leptocimex boueti* is confined to West Africa. Rarely, other species and genera of bedbugs of wildlife will attack humans. Another group of hemipterans of medical importance are the reduviids (kissing bugs, assassin bugs, or cone-nosed bugs). Examine a specimen of *Rhodnius prolixus*, one of the many reduviids capable of transmitting American trypanosomiasis. Become familiar with its elongate shape, large lateral eyes, and cone-like build. Other genera capable of transmitting Chaga's disease include *Triatoma* and *Panstrongylus*. There are some bottled specimens of *Triatoma sanguisuga* within the laboratory, which is the only species of the genus *Triatoma* to occur in the Manhattan, Kansas area. This reduviid has eight instars, lives primarily within the nests of woodrats and cotton rats, but will feed on a variety of mammals including humans. Note the bright red stripes on its dorsal surface.

The Siphonapterans (fleas) are nearly all parasitic. They are flattened laterally and most species have strong legs for jumping. The head is broadly jointed to the thorax and often bears a genital ctenidium. Ctenidia are a series of stout spines that help a flea retain itself within the fur or feathers of the host and an additional ctenidium (pronotal ctenidium) may be found posterior to the first thoracic tergite (main dorsal cuticular piece on the thorax) of some species. Additional spines (setae) on the body of the flea also aid in maintaining the position of the flea upon the host.

Of the fleas capable of infesting humans, you should know how to distinguish three species. *Ctenocephalides felis* has both genital and pronotal combs and has been so successful living on our pets that it has pretty much replaced most of the other flea species even on medium-sized wild mammals. Over 95% of all fleas found on medium-sized mammals today in Kansas will be *C. felis*. *Pulex* spp. and *Xenopsylla cheopis* have no combs but do have ocular bristles; the base of the ocular bristle of the former species is beneath the eye while that of the latter is in front. Another way of distinguishing these species is the presence or absence of a meral rod. The meral rod is a vertical, rod-like structure that divides the mesopleuron (stermite located above the middle pair of legs) of some flea species. The rod is present in *Xenopsylla* and absent in *Pulex*. Although *Pulex irritans* is the species labeled on your slides, it is probably the morphologically similar *Pulex simulans*. Studies have shown that the *Pulex simulans* occurs in North America rather than *Pulex irritans*. Although the oriental rat flea (*Xenopsylla cheopis*) is rarely found in Kansas anymore, its historic importance in the transmission of bubonic plague and distribution elsewhere makes learning this species a must.

Various Diptera (flies) are capable of attacking humans. The tiny blackfly *Simulium* is a robust animal with a hump back and broad wings. Males do not feed on blood but females of many species do so for proper ovarian development. Blackflies are vectors for *Onchocerca volvulus* in humans. *Culicoides* spp. are representative of the midges or no-see-ums, and only 4 genera within the Ceratopogonidae attack mammals. They carry a variety of diseases and can be recognized by their small size. Compare the structure of the midge with that of the more robust blackfly. Especially
note the antennae; those of *Simulium* spp. have 11 segments without bristles whereas those of *Culicoides* spp. have more than 11 segments and prominent bristles. *Glossina* spp are tsetse flies; large, brownish-gray animals that feed exclusively on blood and give birth to live larvae. They are only found in Africa (or nearby areas) and are the vectors of African sleeping sickness. They are sometimes confused with *Chrysops* spp. (deer flies), but there are several morphologic differences. First, *Glossina* spp. have a more elongate, protruding proboscis. Second, most *Chrysops* spp. have a distinct splotch on each wing which is absent from the wings of *Glossina* spp. Finally, and perhaps most importantly, *Glossina* spp. have a cell between the 4th and 5th wing veins that appears as an inverted "ax" or "hatchet." *Glossina* spp. are the only dipterans with this "hatchet cell."

Mosquitoes, too, are dipterans and one genus, *Anopheles*, transmits malaria. These animals are long, delicate dipterans with slender wings and mouthparts that form a proboscis. Only the females are capable of sucking blood and eggs are deposited singly or in rafts in or near water. Mosquito larvae are called wiggles and the pupae tumblers. Other important mosquitoes in addition to *Anopheles* spp. include *Aedes* spp., fierce diurnal biters with representative species transmitting such diseases as La Crosse encephalitis, yellow fever, and dengue; and *Culex* spp. with some members transmitting St. Louis encephalitis, *Wuchereria bancrofti*, *Dirofilaria immitis*, and avian malaria. Compare the *Anopheles* sp. female with the next slide, *Lutzomyia* sp. (sandflies). Sandflies have cutting mandibles and, thus, do not have a proboscis (unlike mosquitoes). They are also quite hairy, possess large black eyes and very long legs, and overall appear far more delicate than mosquitoes. Sandflies are vectors of several important diseases, including *Leishmania* spp., Carrion's disease, and sand fly fever.

The *Acari* (ticks and mites) have eight legs as adults and have reduced segmentation externally. The resulting body can be divided into two parts; the capitulum bearing the mouthparts and the idiosoma containing most internal organs. Although basically similar, ticks and mites have several fundamental differences. Ticks have a hypostome (portion of the mouthparts) that is large and toothed whereas in mites the hypostome is unarmed and hidden. In addition, ticks have a Haller's organ (olfactory/humidity receptor) on the first tarsi (portion of the leg) whereas mites have none. Probably the easiest way to distinguish the two, however, is that ticks are easily seen whereas mites are small, usually microscopic.

Ticks are divided into two groups. The *Ixodid*, or hard ticks, have a terminal capitulum and a large, dorsal sclerite, the scutum. *Argasid*, or soft ticks, have no snout (the capitulum is subterminal) and there is no scutum. Male and female ixodid ticks can be distinguished because the females have a scutum that only partially covers the dorsum whereas males have a scutum extending over the entire body (Fig. 10). Because of the importance of Lyme disease and other tick borne diseases, it is important in this laboratory that you be able to distinguish between the genera of hard ticks found in Kansas, as well as tell a hard tick from a soft tick. Study the hard tick demonstration (see below) very carefully since I guarantee several questions will be over this material.

Mites are divided into several groups, but only a few are of concern here. *Sarcoptes scabiei*, the mange mite, has a rounded body and short legs. Females burrow throughout the epidermis laying eggs within tunnels, causing an intense rash termed the "seven-year itch." *Demodex folliculorum* and the stubbier *D. brevis*, however, are rarely pathogenic. These are elongate mites that live either in hair follicles (*D. folliculorum*) or sebaceous glands (*D. brevis*) around the nose and eyes in about one-half of the population of the United States. Occasionally, these latter species may cause facial rosacea.

Chiggers are parasitic larvae of free-living mites. They are usually brightly colored and belong to a variety of genera and species. *Eutrombicula alfreddugesi* is a common outdoor chigger mite in the United States, causing wheals and rash in susceptible individuals. Large numbers of larvae can sometimes be encountered in small foci termed “mite islands.” You will be shown some kodachromes of chiggers during the course of your studies, but I have provided no specimens for microscopic examination.

You are responsible for knowing 18 species of arthropods in this laboratory. All should be viewed either using the dissecting microscopes or the compound microscopes (at 4x or 10x). The following represents the list:
SLIDE SERIES (Slides 81-98)

**Needed for each group:** Laboratory manual; compound dissecting microscope (and light) to view adult specimens; compound regular microscope for fleas and mites; slide boxes with slides

**Anoplura**
Slide 82. *Pthirus pubis* (adult) "pubic crab louse" (often erroneous termed "Phthirus pubis")
Slide 83. *Pthirus pubis* (nits) "pubic crab louse"
Slide 84. *Pediculus humanus* (adult) "body/head louse"

**Hemiptera**
Slide 85. *Cimex lectularis* (adult) "bedbug"
Slide 86. *Rhodnius prolixus* (adult) "reduviid"

**Siphonaptera**
Slide 87. *Ctenocephalides felis* (adult) "cat flea"
Slide 88. *Pulex irritans* (adult) "human flea"
Slide 89. *Xenopsylla cheopis* (adult) "oriental rat flea"

**Diptera**
Slide 90. *Simulium* sp. (adult) "blackfly"
Slide 91. *Culicoides* sp. (adult) "gnat"
Slide 92. *Anopheles* sp. (adult female) "mosquito"
Slide 93. *Lutzomyia* sp. (adult) "sandfly"
Slide 94. *Glossina* sp. (adult) "tsetse fly"
Slide 95. *Chrysops* sp. (adult) "deerfly"

**Acari**
Slide 96. *Amblyomma americanum* (hard tick) "lone star tick"
Slide 97. *Dermacentor variabilis* (hard tick) "American dog tick"
Slide 98. *Argas persicus* (soft tick) "fowl tick" or *Otoobius megnini* (soft tick) "spinose ear tick"
Slide 99. *Sarcopies scabiei* (adults) "scabies mite"
Slide 100. *Demodex folliculorum* (adults) "follicular mite"

DEMONSTRATIONS (Figs. 9, 10)

Within specimen jars in the laboratory, a variety of bottled arthropods will be on display. These will include various species of reduviids, bottled diptera such as *Stomoxys calcitrans* (stable flies), *Glossina* sp. (tsetses), and *Simulium* sp. (blackflies), as well as an assortment of lice, fleas, and ticks. The only one of these demonstrations that may be on the laboratory practical exam will be *Triatoma sanguisuga*, a reduviid known to occur in Kansas. Many of these other representatives are also found mounted on microscope slides in your slide boxes.

You will also be provided bottled specimens of ticks commonly found in Kansas. Know how to tell males from the females, and the differences between 4 of the following species:

**Amblyomma americanum** (Lone star tick)
There are 2 species of *Amblyomma* in Kansas. *Amblyomma americanum*, the lone star tick, is one of the most common ticks on mammals in Kansas and can be found in the eastern 1/3 of the state. Look for the rounded body shape and elongate second segment on the palps. Females have a light spot on the base of the scutum and males have two pale, donut-shaped designs at the posterio-lateral margins. The other species, *A. maculatum* or Gulf coast tick, is rarely seen and occurs in southeast Kansas. You are only responsible for *Amblyomma americanum*.
**Dermacentor variabilis** (American dog tick)
There are 3 species of *Dermacentor* known from Kansas. *Dermacentor variabilis*, the American dog tick, is the most common and widespread tick on mammals in Kansas. Look for the short, stout segments that make up the palps and triangular body shape. The other two species are *D. albipictus* or Winter tick, which is found commonly on deer, elk, and moose, and *D. parumapertus* or rabbit dermacentor, which is found on rabbits in southwest Kansas. You are only responsible for *Dermacentor variabilis*.

**Ixodes scapularis** (=*Ixodes dammini*) (Black-legged tick)
At least 8 species of the genus *Ixodes* occur in Kansas, and there may be more. Look for the dark body, lack of festoons, anal groove anterior to the anus, and more equal lengths of the palp segments. *Ixodes scapularis*, the black-legged tick, is found commonly on deer as adults (sometimes dogs and people) and is capable of transmitting Lyme disease. Note that the males are much smaller than the females. This is the only member of the genus that you will be responsible for knowing.

**Rhipicephalus sanguineus** (Brown dog tick)
The Brown dog tick is found mainly on canines, but may also bite humans occasionally. It is worldwide in distribution, and was introduced into the Western hemisphere along with dogs. It is considered the most widespread (geographically) of all species of ticks. The brown dog tick is the only member of the genus to have truly gained a significant foothold in North America. Look for the hexagonal structure of the basis capituli. You will be responsible for knowing this species.

**Haemaphysalis** spp. (you will NOT be tested for this genus)
There are 2 species in Kansas and you will NOT need to know either of them. *Haemaphysalis leporispalustris*, or rabbit tick, is generally found only on rabbits. The other species, *H. cordelius*, is found only on birds. There is a flare at the base of each secondary palp segment, characteristic of the genus.

Acknowledgement: Dr. David G. Young, University of Florida in Gainesville, kindly supplied the sandflies currently used in class.
FIGURE 9. LINE DRAWINGS OF ARTHROPODS

FEMALE CTENOCEPHALIDES

PEDICULUS

PTHTHRUS

REDUVIID

CIMEX

DEMODEX

SARCOPTES
FIGURE 10. COMMON TICKS OF KANSAS

Dermacentor variabilis
(female and male)

Amblyomma americanum
(female and male)