

## Fall 2018 NOONTIME YOGA

## Monday through Friday 12:05-12:50 p.m. 301 Ahearn Gymnasium

Noontime Yoga is a free volunteer-based program that provides an outlet for students, staff, faculty, and community members to practice yoga together in a friendly, noncompetitive environment.

## For schedules, updates, and cancellation notifications

Join our listserv at:

http://listserv.ksu.edu/web?SUBED1=YOGAMEDITATION&A=1 or contact Crystal (strauss@ksu.edu) to be added

Join our Facebook group at:

https://www.facebook.com/groups/386269774917260/ or search for "K-State Noontime Yoga"

Sponsored by:
Nonviolence Studies with the Dept of SASW
AND