



**Spring 2018**  
**NOONTIME YOGA**  
**Monday thru Friday**  
**12:05-12:50 p.m.**  
**301 Ahearn Gymnasium**

Noontime yoga is a free volunteer-based program that provides an outlet for students, staff, faculty, and community members to practice yoga together in a friendly, noncompetitive environment.

**For schedules, updates, and cancellation notifications**

Join our listserv at:

<http://listserv.ksu.edu/web?SUBED1=YOGAMEDITATION&A=1>

or contact Crystal ([strauss@ksu.edu](mailto:strauss@ksu.edu)) to be added

Join our Facebook group at:

<https://www.facebook.com/groups/386269774917260/>

or search for “K-State Noontime Yoga”

Sponsored by:

Nonviolence Studies with the Dept of SASW

AND

