K-State dean elected to Midwestern Excellence - Members Choice for Best Presentation. She presented picture perfect.
**Research**

**Viral capabilities**

In a 2019 human influenza virus study with mice, the Spanish flu variant that spread through the central United States and led to a virulent epidemic resulted in 30% mortality. The study identified a single amino acid substitution that contributed to the virus's lethality. The research suggests that small changes in the virus can alter its virulence and disease outcomes. It highlights the importance of monitoring and understanding viral evolution to prevent future pandemics.

**Biotechnology**

Alvina Horns said, "The spread of influenza viruses through the air occurs primarily through coughing and sneezing. Influenza viruses are highly contagious, and can be transmitted from person to person through respiratory droplets. The virus enters the body through the nose or mouth via aerosol or droplets. Once inhaled, the virus can reproduce and cause disease.

**Disability Support Services**

* Tips to prevent the spread of H1N1 (swine) flu

1. Practice good handwashing techniques such as rubbing soap with water for at least 20 seconds, and then rinsing with clean water.
2. Stay healthy by getting plenty of sleep, managing your stress, eating a balanced diet, and participating in regular physical activity.
3. Cough or sneeze into your elbow or a tissue and properly dispose of used tissues.

To ensure students, their parents, and others have the latest information, a hotline is available at 532-7233 or 532-3306. The hotline provides general information and can connect callers to K-State’s Laundry Service or the office of student life.

**Composting efforts on campus take off**

K-State Dining Services are partnering with K-State’s student farm and College of Agriculture to develop a composting program, part of the university’s sustainability efforts. The program is designed to reduce waste and create a valuable resource for the campus community.

For more information or to get involved, contact Lauren Johnson at 786-2810 or ljoh@ksu.edu.

**K-State flower crew uses bicycles to save environment, money**

The K-State flower crew is working to create a more sustainable and cost-effective approach to maintaining the campus landscape. They are using bicycles to transport plants and supplies, reducing their carbon footprint and saving money on fuel. The crew has also been experimenting with different planting techniques and materials to find ways to reduce waste and increase efficiency.

**K-State grows vegetable garden**

The vegetable garden on the campus of the College of Agriculture is being expanded to include a larger variety of vegetables. The garden will provide fresh produce for K-State Dining Services and help reduce the university’s carbon footprint.

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