

## Allergy Immunotherapy Expectations

Your initial allergy immunotherapy (IT) must be given by your allergist. Subsequent IT can be given at Lafene provided we have detailed instructions from your allergist. (See below)

Allergy injections are given by appointment only.

### APPOINTMENT SCHEDULING:

- You can make an appointment on line through the myLafene portal using your eID and password or you can call 785-532-6544.
- Once you know your class schedule, you can make a standing appointment for the semester.
- If you cannot keep an appointment, call and cancel it. You will be charged for failed appointments.
- If you miss your appointment, call and reschedule.

### EPINEPHRINE SELF-INJECTOR:

If your allergist prescribed an epinephrine self-injector (Epi Pen), you are required to bring it with you to your appointment. No self-injector, no allergy injection.

**BETA BLOCKERS:** This class of medication interferes with the treatment of allergic reactions. We, therefore, will not routinely give allergy injections to individuals who are taking this type of medication.

**PEAK FLOW:** Everyone performs a peak flow determination before and after her/his injection.

**WAIT REQUIREMENT:** You must wait 30 minutes in the allergy waiting area after your injection. The only exception is if you have an appointment with a Lafene provider. In that case, a nursing staff member must accompany you to the clinic area for the appointment.

**CHECK:** After your injection, check your arm regularly as delayed reactions occur. Report all reactions or problems to the nurse before your next injection.

**ALLERGY SYMPTOMS:** If you are experiencing increased allergy symptoms, contact your allergist, a Lafene provider or talk with an allergy nurse. Allergy symptoms may increase your risk of a serious reaction. You may need additional medication.

**COST:** The health privilege fee must be paid before using any service at Lafene. In addition, there is a charge for giving you your allergy injection. Fall/Spring enrolled students can receive their allergy injections during the summer, but will be subject to an increased cost if not taking a summer class. Talk to the personnel in Registration and Records (front desk) regarding the increased cost during the summer.

**PREGNANCY:** Immunotherapy during pregnancy poses special challenges to the women and the child. Because of these special circumstances, we require pregnant patients to have her allergy injections given in the allergist's office.

**STORAGE OF EXTRACTS:** Extracts are stored in a refrigerator in the Allergy Clinic. However, Lafene is not responsible for misplaced or broken extract bottles. Only current extracts are stored at Lafene. Lafene staff discard any extract that has expired.

**ORDERING OF EXTRACT:** Ordering new extract will be completed by the nursing staff with your assistance as necessary.

**FROM YOUR ALLERGIST:** Before beginning allergy injections at Lafene, we need the following written information.

- Detailed dosage and schedule
- Date of mixture or expiration date
- List of allergens
- Instructions regarding missed injections or for times when off prescribed schedule.
- Circumstances that require Lafene nurses to call your allergist
- Circumstances that require a dosage adjustment if not included in the above instructions.

The written instructions can be mailed or faxed to:

YOUR NAME

C/O Lafene Health Center, Allergy Clinic

1105 Sunset Ave

Manhattan, KS 66502

FAX: 855-618-0188

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Manhattan, KS 66502-3761  
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