2007

Kansas All-Hazards

Behavioral Health Symposium

Preparedness, Response, Recovery in Kansas



October 23 and 24, 2007

Kansas Highway Patrol Training Academy 2025 East Iron Street Salina, Kansas

#### Sponsored by:

Kansas Department of Health & Environment, Center for Public Health Preparedness in cooperation with

Adjutant General's Department of the State of Kansas

Kansas Department of Social and Rehabilitation Services

Kansas State University, School of Family Studies and Human Services

Kansas Highway Patrol

The University of Kansas Medical Center Area Health Education Centers



## **Conference Information**

#### Background

The All-Hazards Behavioral Health Symposium is a collaborative effort between the Kansas Department of Health and Environment (KDHE), Adjutant General's Department of the State of Kansas, Kansas Department of Social and Rehabilitation Services (SRS), Kansas State University School of Family Studies and Human Services, and the Kansas Highway Patrol (KHP). Funding for the Symposium is from a Health Resources and Services Administration (HRSA) grant to KDHE.

#### Mission

To increase the knowledge base for Behavioral Health Specialists for response to emergency events or acts of terrorism. To increase the visibility of a behavioral health professional's role in emergency response to all hazards. To increase the knowledge base and awareness of emergency responders for disaster-related behavioral health issues.

#### **Description**

The Symposium is divided into five main tracks: Preparedness, Response & Recovery, Individual Response, Special Populations and Disaster & Emergency Management. Selection of a specific track is not required. However, pre-registration into courses is required for scheduling purposes. Registration is limited to 300 participants.

#### Location

The Symposium will be hosted by the Kansas Highway Patrol Training Academy at 2025 East Iron Street, Salina, KS.

#### **Objectives**

At the conclusion of the symposium, the participants will be able to:

- Identify the role of cultural, social and behavioral factors in determining the delivery of public health services, relevant to disaster behavioral health.
- 2. Collaborate with community partners to promote the health of the population, relevant to disaster behavioral health.
- 3. Identify and retrieve current relevant scientific evidence, relevant to disaster behavioral health.
- 4. Help create key values and shared vision and use these principles to guide action, relevant to disaster behavioral health.

#### **Registration Information**

The registration fee is \$60.00. Pre-registration deadline is Tuesday, October 9, 2007. Registrations received after October 9 will not guarantee space, handout materials, refreshments and lunch. Registrations at the door will be accepted only if space is available. Registration is not complete until payment is received. Ways to register are: Online with KS-TRAIN at <a href="http://ks.train.org">http://ks.train.org</a>; by mailing the registration form to KUMC AHEC East, PO Box 296, Pittsburg, KS 66762; or by faxing registration form to (620) 235-4041.

#### Cancellation Policy

A registrant may cancel by October 9, 2007, to receive a refund, minus a \$15 administrative fee. After that time, no refunds will be made. The registration fee will not be transferred to future offerings. Refunds are made by mail. The sponsors reserve the right to cancel this program and return all fees in the event of insufficient registration. The liability of the sponsors is limited to the registration fee. The sponsors will not be responsible for any losses incurred by registrants, including but not limited to airline cancellation charges or hotel deposits.

#### **Motel Information**

Please call (620) 235-4040 for a listing of Salina accommodations.

#### Kansas Highway Patrol Academy Standard of Dress

The Kansas Highway Patrol Training Academy dress code includes: Departmental uniform or casual attire, (including jeans/dockers). Apparel unacceptable for wear includes: shorts, tank tops or sandals. Additionally, headgear shall not be worn indoors. Exceptions to the above may be approved by the director for special classes. Clothing with obscene, vulgar, or suggestive logos, printing, or wording are never in good taste and will not be tolerated. Personal attire and demeanor shall reflect the highest standards. The Training Director may require any person in violation to leave the premises until the deficiency is corrected.

#### Kansas Highway Patrol Academy Parking

Designated parking for students and instructors is located immediately off Iron Street in the large parking lot. Upper level parking is reserved for academy visitors and those with special needs only. PLEASE DO NOT PARK AUTOMOBILES IN RESERVED AREAS AROUND THE ACADEMY BUILDINGS. Parking to the east, (right), of the academy beyond the "NO PARKING" sign could result in your vehicle being towed as this is private property. Shuttle service will be provided to usher attendees from the parking lot to the conference building.

#### **Continuing Education Credit**

**Physicians:** The University of Kansas Medical Center Office of Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Kansas Medical Center Office of Continuing Medical Education designates this educational activity for a maximum of 11.5 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Nurses:** The University of Kansas Medical Center Area Health Education Center East, as an approved provider of continuing education by the Kansas State Board of Nursing, presents this offering for a maximum of 13.8 contact hours credit applicable for relicensure of RNs, LPNs and LMHTs. Kansas Provider Number LT0056-0749. Continuing nursing education credit will be prorated according to documented attendance.

**EMS:** The University of Kansas Medical Center Area Health Education Center East, as an approved program provider by the Kansas Board of EMS, approves this program for a maximum of 13.8 hours of continuing education. Provider # PP-4040. Continuing EMS credit will be prorated according to documented attendance.

**Mental Health Professionals**: A certificate of attendance will be issued and may subsequently be submitted by attendees to receive BSRB credit.

**Addiction & Prevention Professionals**: Application has been made to the Kansas Association of Addiction Professionals for 11.5 hours of continuing education.

All other attendees will receive a certificate of attendance.

#### **Program Accessibility**

We accommodate persons with disabilities. Please call (620) 235-4040 or mark the space indicated on the registration form and a representative will contact you to discuss your accommodation needs.

The sponsors of this symposium are committed to providing programs and activities to all persons, regardless of race, religion, color, sex, disability, national origin, ancestry, sexual orientation, marital or parental status; and, to the extent covered by law, age or veteran status.

### **Keynote Speakers**



April Naturale is a licensed, clinical social worker and a Ph.D. candidate at New York University where she is studying the effects of secondary traumatic stress in trauma counselors who respond to disasters. Ms. Naturale served as the Director of Network Development for the National Suicide Prevention Lifeline and is the former Statewide Director for Project Liberty, the New York State Office of Mental Health's response to the World Trade Center attacks of 9/11/01. She provides disaster management and planning, consultation and training nationally as well as internationally and serves as a governing board member of Psychology Without Borders.

April will be sharing a detailed description of the operational structure, outreach strategies, media campaign and evaluation data utilized in the New York 9/11/01 disaster behavioral health response program with comparisons to the programs conducted in Alabama, Mississippi and Texas post Hurricanes Katrina, Rita and Wilma as well as the continuing program in Louisiana.

Lori A. Hoffner has been offering training for positive youth development, community networking and relationship building for the last 10 years. She recently joined the RubySpeaks, Inc. team of trainers and consultants to continue providing training to various businesses; schools; park and recreation districts; and youth workforce agencies. Lori is the Executive Director of PACCT, a small non-profit in Jefferson County, Colorado, an organization dedicated to the success of youth and community. Following the tragic shootings at Columbine High School in 1999, Lori, through her leadership with PACCT, was invited to help with the creation of Columbine Connections Resource Center, a community center dedicated to the healing of those impacted and SHOUTS, a teen drop-in center for the youth of the community. Lori worked closely with leaders from mental health organizations, the school district, local law enforcement and park and recreation agencies. Lori is highly regarded as a network agent for community collaborations.

Lori will be discussing her experience in the aftermath of the Columbine High School shootings. She will share how the tragic events of April 20, 1999 forced everyone to dig deep and recognize what can be done...together.

## Concurrent Session Speakers

#### Mike Boniello

Bill Brubaker, Regional Coordinator-Northeast, Kansas Homeland Security and Kansas Emergency Management

**Michael Cameron**, Risk Communications Specialist for the Kansas Department of Health and Environment, Office of Communications, Topeka, Kansas

Nancy Crump, MS, LCP, GC-C, Director of Family Care Services, D.W. Newcomer's Sons Funeral Homes and Cemeteries, Overland Park, Kansas

Richard L. Gaskill, Ed.D., LCP, Clinical Director and Deputy Director of Sumner Mental Health Center, Wellington, Kansas

Briana S. Goff, PhD, LCMFT, Project Coordinator, Kansas All-Hazards Behavioral Health Program; Associate Professor of Marriage and Family Therapy in the School of Family Studies and Human Services; and Associate Dean for Academic Affairs, College of Human Ecology, Kansas State University, Manhattan, Kansas

Sam Graham, DVM, Kansas Animal Health Department, Kingman, Kansas

**Charlie Griffin, MS, LMFT,** Research Assistant Professor, Kansas State University, Manhattan, Kansas

Claude Guidry, LMSW, Social Worker for Kansas City Veterans Affairs Medical Center, Operation Enduring Freedom/ Operation Iraqi Freedom Recovery Program

**Gary Hawley, PsyD, LP,** Psychosocial Recovery Coordinator and Acting Supervisory Psychologist, Robert J. Dole VA Medical Center, Wichita, Kansas

Suzanne Hawley, PhD, MPH, LP, Assistant Professor and KU-MPH Site Director, Department of Preventative Medicine & Public Health, University of Kansas School of Medicine, Wichita, Kansas

Wes Jones, PhD, LCMFT, Director of Children's Services and Director of Program Evaluation and Development, Mental Health Center of East Central Kansas

#### Teresa Kasper

**Greg Morgan, MS**, Contingency Planner, Kansas Department of Health and Environment, Center for Public Health Preparedness, Topeka, Kansas

Sister Nora Phelan, CSJ, Director of Ethics, Via Christi Wichita Health Network, Wichita, Kansas

**Sharon Powell-Quincy, LBSW,** Retired Volunteer with American Red Cross, Disaster Management, Wichita, Kansas

Becky Rinehart, LCP, Team Leader, State Planning & Coordination, All-Hazards Behavioral Health Preparedness & Response, SRS/Health Care Policy/Mental Health, Topeka, Kansas

**Geo. A. "Chip" Westfall**, Retired Lieutenant, Kansas Highway Patrol and current PEER Team Coordinator

Stephanie Wick, MS, LMFT, Operations Manager, Kansas All-Hazards Behavioral Health Program and is a licensed Marriage and Family Therapist and grief counselor in state of Kansas, Manhattan, Kansas



# Conference Agenda

### Tuesday, October 23, 2007

7:45 a.m 8:45 a.m.	Registration
8:45 a.m 9:00 a.m.	Welcome
9:00 a.m 10:00 a.m.	Panel Discussion from State Leaders: Responding to Disaster: A State in Action Representatives from the SRS, KDHE, Kansas Highway Patrol, Adjutant General's Department, and the Governor's Office
10:00 a.m 11:45 a.m.	Opening Keynote Presentation:  *Disaster Behavioral Health: From New York to Louisiana - April Naturale, MSW, ACSW
11:45 a.m 1:00 p.m.	Lunch (provided)
1:00 p.m 2:45 p.m.	Session I Concurrent Session Tracks:

Preparedness Track	Response & Recovery Track	Individual Response Track	Special Populations Track	Disaster & Emergency Management Track
A1 PART I - KAHBH Core Training: 1. KAHBH Overview 2. Behavioral Health & the All-Hazards Re- sponse System	A2 Ethical Decision Making in Times of Crisis	A3 Compassion Fatigue: The Cost of Caring	A4 Animals in Disaster: Emergency Planning for Animal Welfare	A5 Continuity of Operations Planning
Stephanie Wick Briana Goff <i>Level: Beginner</i>	Sister Nora Phelan  Level: Beginner	Mike Boniello  Level: Intermediate	Sam Graham Charlie Griffin Level: Beginner	Greg Morgan  Level: Beginner

2:45 p.m 3:00 p.m.	вгеак

3:00 p.m. - 4:45 p.m. Session II Concurrent Session Tracks

Preparedness Track	Response & Recovery Track	Individual Response Track	Special Populations Track	Disaster & Emergency Management Track
B1  PART II - KAHBH Core Training: 3. Disaster Classifications & Phases 4. Traumatic Reactions to Disasters	B2 KAHBH Coordinator's Training (for KAHBH CMHC Coordinators only)	B3  Partnering with Schools in Times of Disaster	B4 Issues for Families and Children in Disasters	B5 NIMS and Greensburg
Stephanie Wick	Briana Goff Becky Rinehart	Teresa Kasper	Nancy Crump	Bill Brubaker
Level: Beginner	Level: Advanced	Level: Intermediate	Level: Intermediate	Level: Intermediate

## Conference Agenda



### Wednesday, October 24, 2007

8:00 a.m 9:45 a.m.	Keynote Presentation:  Finding Strength in the Aftermath of Tragedy: Recovery After Columbine - Lori Hoffner, PACCT
9:45 a.m 10:00 a.m.	Break
10:00 a.m 11:45 a.m.	Session III Concurrent Session Tracks:

Preparedness Track	Response & Recovery Track	Individual Response Track	Special Populations Track	Disaster & Emergency Management Track		
C1 PART III - KAHBH Core Training: 5. KAHBH Community Outreach Team 6. Providing Support During Disasters	C2 Implementing a PEER Support Team	C3 The Impact of Trauma on Human Brain Devel- opment: What Every Disaster Responder Needs to Understand to be Effective in the Field	C4 Displacement by Disaster: Losing Your Home and the Implications	C5 Recapping the 2007 Disasters: A Critique for Responders		
Stephanie Wick Briana Nelson Goff	Geo. A. "Chip" Westfall	Richard L. Gaskill	Sharon Powell-Quincy	Wes Jones		
Level: Beginner	Level: Intermediate	Level: Intermediate	Level: Beginner	Level: Intermediate		

11:45 a.m. - 1:00 p.m. Lunch (provided)

1:00 p.m. - 2:45 p.m. Session IV Concurrent Session Tracks:

Preparedness Track	Response & Recovery Track	Individual Response Track	Special Populations Track	Disaster & Emergency Management Track
D1 PART IV - KAHBH Core Training: 7. Considerations for Special Pop., Cultural Comp., & Ethical Issues	D2 Risk and Crisis Com- munication: Targeting Behavioral Health of Special Populations	D3 Resiliency and Behav- ioral Health Recovery Following Disasters	D4 Understanding War Zone Trauma	D5 Recapping the 2007 Disasters: Lessons Learned
8. Round Table Exercise				
Stephanie Wick Briana Nelson Goff	Michael Cameron	Gary Hawley Suzanne Hawley	Claude Guidry	Wes Jones
Level: Beginner	Level: Intermediate	Level: Intermediate	Level: Beginner	Level: Beginner

#### **Concurrent Session Levels:**

**Beginner:** Presentation focuses on fundamental principles and theory regarding the subject. Targeted to attendees who have little or no experience with the subject.

Intermediate: Presentation will add to or develop existing skills or knowledge. Targeted to attendees who are familiar with the subject.

**Advanced:** Presentation will focus on research, theory development or emerging knowledge. Targeted to attendees who have considerable experience with the subject.



## Concurrent Session Tracks

#### **Preparedness Track**

#### KAHBH Core Training - A1, B1, C1, D1

Presenters: Stephanie Wick and Briana Goff Level: Beginner

This eight-hour training will cover key areas of disaster preparedness, response, and recovery. *Participants must complete the entire eight-hour training in order to receive credit.* Individuals who have completed the KAHBH Core Training may respond with the KAHBH Network during Presidentially declared disasters in Kansas. KAHBH members respond to disasters in Kansas and perform outreach and disaster crisis counseling services to affected individuals, families, and responders.

#### **Response & Recovery Track**

#### Ethical Decision Making in Times of Crisis - A2

Presenter: Sister Nora Phelan Level: Beginner

This session will seek to explore some of the ethical issues that occur in times of crisis and how these may differ from usual patterns, particularly when this involves health care concerns.

#### KAHBH CMHC Coordinator's Training - B2

Presenter: Briana Goff and Becky Rinehart (For KAHBH CMHC Coordinators only)

Level: Advanced

This workshop will provide an opportunity for KAHBH CMHC Coordinators to ask questions, clarify roles, and review the events of the previous months. Coordinators will be briefed on the KAHBH program's response to 2007 disasters.

#### Implementing a PEER Support Team - C2

Presenter: Geo. A. "Chip" Westfall Level: Intermediate

This course is designed to suggest ideas on how to build a CISM/PEER team. Additionally, an overview of the Kansas Highway Patrol PEER Team's day-to-day operations.

### Risk and Crisis Communication: Targeting Behavioral Health of Special Populations - D2

Presenter: Michael Cameron

Level: Intermediate

Session will discuss needs of various special populations and offer advice on preparing messages that address these needs. Attention will be given to forming messages that alert people without alarming them during a crisis to have a positive impact on the behavioral health of all those affected. Tips will be given on enlisting assistance from community resources such as faith-based organizations to reach special populations.

#### **Individual Response Track**

Compassion Fatigue: The Cost of Caring - A3

Presenter: Mike Boniello Level: Intermediate

Partnering with Schools in Times of Disaster - B3

Presenter: Teresa Kasper Level: Intermediate

### The Impact of Trauma on Human Brain Development: What Every Disaster Responder Needs to Understand to be Effective in the Field - C3

Presenter: Richard L. Gaskill

Level: Intermediate

Neuroscience has produced incredible insights into the human brain which challenges many traditional notions about management of individuals exposed to traumatic events. Under severe or chronic stress various areas of the human brain will alter how they organize and process information. Further, information stored in one part of the brain may not be accessible to other parts of the brain. These and other principles begin to explain common symptoms of Depression, Acute Stress Responses, Anxiety, and PTSD, as well as other emotional maladies often seen in trauma survivors. These fundamental concepts provide a firm foundation for effective disaster response by guiding intervention strategies.

#### Resiliency & Behavioral Health Recovery Following Disasters - D3

Presenters: Gary Hawley and Suzanne Hawley

Level: Intermediate

Psychological responses in the aftermath of an all-hazards event are varied.

Although some survivors of disasters and terrorism events seem to respond and rebound in healthy ways, others do not. This presentation is designed to address the community and individual responses following the response phase of an all-hazards event. Resiliency factors will be highlighted as well as emerging research from recent disaster and terrorism events. The buffering factors that can lessen the debilitating symptoms for patients and providers will also be emphasized.

#### **Special Populations Track**

#### Animals in Disaster: Emergency Planning for Animal Welfare - A4

Presenters: Sam Graham and Charlie Griffin

Level: Beginner

Experience in recent disasters and subsequent research highlights the importance of careful advance planning and preparation for animal disaster welfare issues. Human safety and protection of life as well as animal health and safety can be dramatically improved by attention to concerns prior to emergency events.

#### Issues for Families and Children in Disasters - B4

Presenter: Nancy Crump Level: Intermediate

This course will provide an overview of the reactions of children to trauma based on their developmental age. Participants will understand the impact of traumatic events within the family system, complications to look for in children and families, what helps in the immediate aftermath, and long-termed recovery needs in disasters. Participants will leave with information packets and resources

#### Displacement by Disaster: Losing Your Home & the Implications - C4

Presenter: Sharon Powell-Quincy

Level: Beginner

Focus will be on both catastrophic national disasters as well as recent state disasters that have produced temporary and permanent loss of home. The intent is to identify as closely as possible the sense of loss this represents to individuals and families. Participants will gain new empathy as well as knowledge of practical interventions to assist victims of disasters and loss of home with their recovery.

#### Understanding War Zone Trauma - D4

Presenter: Claude Guidry

Level: Beainner

The participant will be given information and anecdotes on various war zone trauma issues. Time will be spent on explanations of Battlemind, PTSD, and TBI. A lively, energetic presentation filled with current information about the Afghanistan and Iraq Wars will be presented. As much as possible, real-life war experiences will be utilized in the presentation. It is hoped that this basic information will lead the attendee to seek more education about war zone trauma assessment and treatment.

#### **Disaster & Emergency Management Track**

#### Continuity of Operations Planning - A5

Presenter: Greg Morgan

Level: Beginner

In an emergency it is important for all providers to have Continuity of Operations Plans (COOP) in place so that they will be prepared to continue essential services during an event and return to normal operations as soon as possible after an event. Using the Critical Elements of a Viable COOP plan, the Kansas Department of Health and Environment Center for Public Health Preparedness has developed a COOP template for use by health care entities in Kansas. These templates include protocols for COOP activation, determining responsibilities of key staff members, delegation of authority, orders of succession, and COOP deactivation protocols.

#### NIMS and Greensburg - B5

Presenter: Bill Brubaker

Level: Intermediate

This presentation will discuss the NIMS model and how it was applied at the Greensburg event. Lessons learned and how to make improvements will be presented.

#### Recapping the 2007 Disasters: A Critique for Responders - C5

Presenter: Wes Jones

Level: Intermediate

This session is intended for *individuals who responded* to the 2007 winter ice storms, Greensburg tornado, or Southeast Kansas flooding. The session will be in discussion format and is intended to provide responders with the opportunity to critique their experiences during disaster situations.

#### Recapping the 2007 Disasters: Lessons Learned - D5

Presenter: Wes Jones

Level: Beginner

This session is open to all symposium participants. It is intended to provide an open discussion about the lessons learned during and since the 2007 winter storms, Greensburg tornado, and SE Kansas flooding. This session will help to generate ideas for better responses in the future.

# Registration Form



### 2007 Kansas All-Hazards Behavioral Health Symposium October 23 & 24, 2007

Pre-registration deadline is October 9, 2007! • Limited to 300 participants!

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AHEC East PO Box 296 Pittsburg, KS 66762-0296

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