International Student and Scholar Services
Programs and Activities
Spring 2022

❖ Watch the ISSS listserv (ISC-L International Student Forum) & social media for details or updates.
❖ Event Zoom links posted weekly at https://www.k-state.edu/isss/programs-events/
❖ International Student Center (ISC) will follow K-State’s guidelines for COVID-19 health and safety procedures that are in place on the date of each live event. For more information visit K-State’s COVID-19 summary of updates. https://www.k-state.edu/covid-19/
❖ These listings and updates can also be found at https://www.k-state.edu/isss/programs-events/program/Spring%202022%20events%201.7.pdf

January 2022

International Buddies Sign up
International Buddies is a student group that pairs U.S. and international students in small informal groups of about four. Here’s an opportunity to improve your English skills...exchange cultures...make new friends, local and from around the world...attend fun events around Manhattan. Sign up to be a part of this group, until February 11.

Basic Language Training (BLT)
Sign up from January 18 to January 30. (Classes will be from February 7 to April 7)
BLT is a non-credit course taught by an international student. The student teaches the basics of his/her language and explores the culture of his/her country. The languages offered this semester include French (beginning & intermediate), Spanish (beginning & intermediate) and Russian (beginning). The dates and times are still to be determined. These classes will be offered through Zoom. The cost is $35. More information can be found at https://www.k-state.edu/isss/programs-events/blt/index.html.

Activities Carnival
Wednesday, January 26 - CANCELLED due to the rising safety concerns surrounding COVID.
6:00 to 8:00 pm @K-State Student Union (consult the link below for up-to-date details)
The activities carnival held each semester is a great opportunity for students who are looking to get more involved to find an organization matching their interests. They are also great opportunities for registered student organizations to recruit new and excited students to join their organizations. Find something to get involved in, meet new people, grab some giveaways, and have fun! This will be a live event. For more information visit: https://www.k-state.edu/student-involvement/get-involved/carnival.html.

Safety and Security in the U.S. - RESCHEDULED for Wednesday, February 23.
Thursday, January 27
3:00 pm @ International Student Center (ISC)
Are you wondering about bike safety and regulations? Do traffic lights confuse you? Are you worried about walking alone? How do alcohol laws differ from your home country? What is the role of the police in the U.S? Why are universities so serious when it comes to security issues? Here is a presentation to help you understand all of these issues and more. Presented by Officer David Anderson, Community Outreach Officer of the K-State Police Department. This will be a live presentation.

International Spouse Orientation
Friday, January 28
10:00 am via Zoom - see link at https://www.k-state.edu/isss/programs-events/ the week of the event.
If you are a spouse of an international student or scholar, we invite you to attend this orientation to help you navigate K-State and the Manhattan community. Presented by the ISSS Graduate Assistant. This will be a live Zoom presentation.
Health Insurance Waiver Deadline
Sunday, January 31 at 11:59 pm
This is the last day to submit the health insurance waiver form. See https://www.k-state.edu/isss/students/health_insurance/index.html for more information on international student health insurance.

February 2022

U.S. Culture Issues
Thursday, February 3
5:00 pm via Zoom - see link at https://www.k-state.edu/isss/programs-events/ the week of the event
Ever wonder why your U.S. classmate says, “Hi, how are you?” and then walks away without waiting for your response? This workshop is designed for students, scholars, and dependents in their first year in the U.S. who want to learn about and discuss cultural differences between the United States and their home country. Now is your chance to ask questions you have wanted to ask! Presented by Sara Thurston, Director of ISSS. This will be a live presentation.

Adjustment to U.S. Culture
Thursday, February 10
5:00 pm via Zoom - see link at https://www.k-state.edu/isss/programs-events/ the week of the event
Are you excited to be in the U.S. or are you counting the days until you can return to your home country? This workshop is designed for students, scholars, and dependents in their first year in the U.S. who would like to talk about adjusting to U.S. culture. Learn about the normal pattern of adjusting to a new culture, hear some tips for adjusting, and discover resources on campus and in the community. Presented by Sara Thurston, Director of ISSS. This will be a live presentation.

Coffee Hour: Pakistan
Friday, February 11
4:00 to 5:00 pm via Zoom
Coffee Hour is a forum for international students to highlight their home countries. Grab some coffee and join us in this live Zoom program to learn about the geography and culture of another nation. See https://www.k-state.edu/isss/programs-events/coffee-hour.html for more information.

Lafene Health Center Overview
Thursday, February 17
YouTube - see link at https://www.k-state.edu/isss/programs-events/ the week of the event.
Post presentation recording is at https://youtu.be/dOGx3cpvoHg
Lafene offers an accessible, high quality, affordable outpatient healthcare service on the Manhattan campus. Additionally, Lafene provides exceptional health and well-being education to the student body. This presentation will cover how to find Lafene their hours and the services they offer. Additional health insurance resources for the international community can be found at https://www.k-state.edu/isss/students/health_insurance/index.html

Coffee Hour: Taiwan
Friday, February 18
4:00 to 5:00 pm via Zoom
Coffee Hour is a forum for international students to highlight their home countries. Grab some coffee and join us in this live Zoom program to learn about the geography and culture of another nation. See https://www.k-state.edu/isss/programs-events/coffee-hour.html for more information.

Safety and Security in the U.S.
Wednesday, February 23
3:00 pm @ International Student Center (ISC)
Are you wondering about bike safety and regulations? Do traffic lights confuse you? Are you worried about walking alone? How do alcohol laws differ from your home country? What is the role of the police in the U.S.? Why are universities so serious when it comes to security issues? Here is a presentation to help you understand all of these
issues and more. Presented by Officer David Anderson, Community Outreach Officer of the K-State Police Department. This will be a live presentation.

**Criminal Offenses and Its Effect on Immigration Status**  
*Thursday, February 24*  
5:00 pm via Zoom - see link at [https://www.k-state.edu/isss/programs-events/](https://www.k-state.edu/isss/programs-events/) the week of the event.  
Learn about how criminal offenses can affect your immigration status. Learn how even a traffic violation may affect your status. Presented by Gabriela Vega an attorney at Addair Thurston, CHTD. This will be a live Zoom presentation.

**March 2022**

**Kansas Weather**  
*Thursday, March 3*  
5:00 pm via Zoom - see link at [https://www.k-state.edu/isss/programs-events/](https://www.k-state.edu/isss/programs-events/) the week of the event.  
Kansas weather changes rapidly. Know what could happen next and learn preparedness tips to handle the elements of hot, cold and everything in between! Presented by Chip Redmond, an Assistant Meteorologist with K-State Department of Agronomy and the Kansas Mesonet Manager. This will be a live Zoom presentation.

**Coffee Hour: Morocco**  
*Friday, March 4*  
4:00 to 5:00 pm via Zoom  
Coffee Hour is a forum for international students to highlight their home countries. Grab some coffee and join us in this live Zoom program to learn about the geography and culture of another nation. See [https://www.k-state.edu/isss/programs-events/coffee-hour.html](https://www.k-state.edu/isss/programs-events/coffee-hour.html) for more information.

**Legal Issues**  
*Thursday, March 10  CAMPUS CLOSED/INCLEMENT WEATHER – RESCHEDULED FOR May 5th*  
5:00 pm via Zoom - see link at [https://www.k-state.edu/isss/programs-events/](https://www.k-state.edu/isss/programs-events/) the week of the event.  
Learn about various legal issues you could encounter while you are in the United States. During this workshop, we will cover topics such as what to do if you get a traffic ticket, what a power of attorney is, alcohol violations and regulations, online buying scams, car purchasing, and apartment rental issues. Presented by Sarah Barr, Student Legal Services Attorney. This will be a live Zoom presentation.

**Learn More About H-1B and Permanent Residency**  
*Wednesday, March 23*  
2:30 – 4:30 pm via Zoom - see link at [https://www.k-state.edu/isss/programs-events/](https://www.k-state.edu/isss/programs-events/) the week of the event.  
Learn the basic information about obtaining H1-B status as well as pathways to employment-based permanent residency. Presented by Judy Bordeau, an immigration attorney. This will be a live Zoom presentation.

**A College Student’s Guide to Eating Well**  
*Thursday, March 24*  
YouTube - see link at [https://www.k-state.edu/isss/programs-events/](https://www.k-state.edu/isss/programs-events/) the week of the event.  
Are you afraid of gaining weight while eating U.S. foods? Are you struggling to adapt to U.S. foods? Are you interested in learning how to make your meals more nutritious? If so, come view this presentation about food in the U.S. Presented by students in the WellCAT Ambassadors program through Lafene Health Center.

**International Week - Fashion Show**  
*Sunday, March 27*  
6:00 pm @ K-State Student Union - Forum Hall  
Sponsored by the International Coordinating Council. Students and community members will highlight their traditional clothes from respective countries.
**International Week - Parade**  
*Monday, March 28*  
*Start time and location TBD*  
Sponsored by the International Coordinating Council.

**International Week - Panel Discussion**  
*Tuesday, March 29*  
6:00 pm @ K-State Student Union – Wildcat Chamber  
Sponsored by the International Coordinating Council.

**International Week – Dance Lessons**  
*Wednesday, March 30*  
6:00 pm @ K-State Student Union – Courtyard  
Sponsored by the International Coordinating Council. A night of dancing, shown and taught by students of different countries and cultures.

**International Week – Cultural Exhibition**  
*Thursday, March 31*  
11:00 am to 1 pm @ K-State Student Union – Courtyard  
Sponsored by the International Coordinating Council. Students from different cultures will show and explain artifacts from their home countries during a cultural exhibition. This will be a live event.

**Healthy Relationships**  
*Thursday, March 31*  
5:00 pm via Zoom - see link at https://www.k-state.edu/isss/programs-events/ the week of the event.  
This workshop will explore definitions, explain community resources, and discuss the difference between sexual, interpersonal violence and healthy relationships. Presented by the Center of Advocacy, Response, and Education (CARE). This will be a live Zoom presentation.

**April 2022**

**International Week – Talent Show**  
*Saturday, April 2*  
6:00 pm @ K-State Student Union - Forum Hall  
Sponsored by the International Coordinating Council. International Students will share their rich culture through their talents. This will be a live event.

**See More Than Manhattan**  
*Thursday, April 7*  
5:30 pm via Zoom - see link at https://www.k-state.edu/isss/programs-events/ the week of the event.  
Get ideas for travelling within the region while staying on a budget! This will be a live Zoom presentation.

**Love Your Body**  
*Thursday, April 14*  
YouTube - see link at https://www.k-state.edu/isss/programs-events/ the week of the event.  
Do you compare yourself to toned and fit bodies advertised in the media? Are you unsure how to balance eating and exercise? If so, view this presentation about food in the U.S. and body image. Presented by students in the WellCAT Ambassadors program through Lafene Health Center.

**Kansas Driving and Insurance Laws**  
*Thursday, April 21*  
3:00 pm @ International Student Center (ISC)  
Learn about Kansas driving and insurance laws as well as the legal requirements for owning a vehicle, including
insurance and registration procedures. Presented by Officer David Anderson, Community Outreach Officer. This will be a live presentation.

**Coffee Hour: Latvia**

*Friday, April 22*

*4:00 to 5:00 pm via Zoom*

Coffee Hour is a forum for international students to highlight their home countries. Grab some coffee and join us in this live Zoom program to learn about the geography and culture of another nation. See [https://www.k-state.edu/isss/programs-events/coffee-hour.html](https://www.k-state.edu/isss/programs-events/coffee-hour.html) for more information.

**Coffee Hour: Cambodia**

*Friday, April 29*

*4:00 to 5:00 pm via Zoom*

Coffee Hour is a forum for international students to highlight their home countries. Grab some coffee and join us in this live Zoom program to learn about the geography and culture of another nation. See [https://www.k-state.edu/isss/programs-events/coffee-hour.html](https://www.k-state.edu/isss/programs-events/coffee-hour.html) for more information.

**MAY 2022**

**Legal Issues**

*Thursday, May 5*

*5:00 pm via Zoom - see link at [https://www.k-state.edu/isss/programs-events/](https://www.k-state.edu/isss/programs-events/) the week of the event.*

Learn about various legal issues you could encounter while you are in the United States. During this workshop, we will cover topics such as what to do if you get a traffic ticket, what a power of attorney is, alcohol violations and regulations, online buying scams, car purchasing, and apartment rental issues. Presented by Sarah Barr, Student Legal Services Attorney. This will be a live Zoom presentation.

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- Event Zoom links posted weekly at [https://www.k-state.edu/isss/programs-events/](https://www.k-state.edu/isss/programs-events/)
- The International Student Center (ISC) will follow K-State’s guidelines for COVID-19 health and safety procedures that are in place on the date of each live event. For more information visit K-State’s COVID-19 summary of updates. [https://www.k-state.edu/covid-19/](https://www.k-state.edu/covid-19/)
- In accordance with [K-State’s mask policy](https://www.k-state.edu/covid-19/), masks are required when inside the ISSS/ISC.
- These listings and updates can also be found at [https://www.k-state.edu/isss/programs-events/program/Spring%202022%20events%201.7.pdf](https://www.k-state.edu/isss/programs-events/program/Spring%202022%20events%201.7.pdf)

*Let us know of any programs/events/presentations that would interest you by emailing isss@ksu.edu with a subject line of “Programs and Events”.*

**Let’s Connect:**

- @isssksu  @kstate_iss  Receive [ISC listserv](https://www.k-state.edu/isss/listserv) notifications
- International Buddies (IBuddies): [https://www.k-state.edu/buddies/](https://www.k-state.edu/buddies/)
- International Coordinating Council (ICC): [https://www.k-state.edu/icc/](https://www.k-state.edu/icc/)
- International Speakers Bureau (ISB): [https://www.k-state.edu/isss/programs-events/ISB.html](https://www.k-state.edu/isss/programs-events/ISB.html)
- International Student Associations: [https://www.k-state.edu/isss/resources/intl_assoc.html](https://www.k-state.edu/isss/resources/intl_assoc.html)