



Programs and Activities

Spring 2023

International Student and Scholar Services

Please note these events are subject to change.

Watch the isc-l@ksu.edu listserv and our social media accounts for more information!

Let's Connect:  [@issksu](https://www.facebook.com/issksu)  [@kstate_iss](https://www.instagram.com/kstate_iss) Receive [ISC-L listserv](#) notifications

January 2023

International Buddies Sign up

Sign up: Tuesday, January 10th - Friday, February 17th

The International Buddies Program <https://www.k-state.edu/buddies/> pairs local K-State students, staff and community members with international students, scholars and family members every fall and spring semesters. Here is an opportunity to improve your English skills...exchange cultures...make new friends, local and around the world...attend fun events around Manhattan...also a valuable volunteer experience.

Activities Carnival

Thursday, January 19th

6:00 to 8:00 pm @ K-State Student Union – Ballroom (consult the link below for up-to-date details)

The activities carnival held each semester is a great opportunity for students who are looking to get more involved to find an organization matching their interests. They are also great opportunities for registered student organizations to recruit new and excited students to join their organizations. Find something to get involved in, meet new people, grab some giveaways, and have fun! This will be a live event. For more information visit: <https://www.k-state.edu/student-involvement/get-involved/carnival.html>.

Basic Language Training (BLT)

Registration: Monday, January 23rd - Friday, February 3rd

*Classes are in person with some via Zoom, February 13th thru April 13th (8 weeks) with days and times to be determined (no classes during Spring Break). Languages offered: **Basic** - French, Japanese, Korean, Mandarin, Persian, and Spanish. BLT is a non-credit course taught by an international student. The student teaches the basics of his/her language and explores the culture of his/her country. The cost is \$40/language offered. More information can be found at <https://www.k-state.edu/iss/programs-events/blt/index.html>.*

International Spouse Orientation

Thursday, January 26th

10:00 am @ International Student Center (ISC) – Multipurpose Room (MPR)

In-person/Zoom hybrid event (see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

If you are a spouse of an international student or scholar, we invite you to attend this orientation to help you navigate K-State and the Manhattan community. Presented by the ISSS Graduate Assistant. Join us for the in-person presentation.

U.S. Culture Issues

Thursday, January 26th

5:00 pm @ International Student Center (ISC) – Multipurpose Room (MPR)

Ever wonder why your U.S. classmate says, “Hi, how are you?” and then walks away without waiting for your response? This workshop is designed for students, scholars, and dependents in their first year in the U.S. who want to learn about and discuss cultural differences between the United States and their home country. Now is your chance to ask questions you have wanted to ask! Presented by Sara Thurston, Director of ISSS.

Health Insurance Waiver Deadline

Tuesday, January 31 at 11:59 pm

This is the last day to submit the health insurance waiver form. See https://www.k-state.edu/iss/students/health_insurance/index.html for more information on international student health insurance.

February 2023

Adjustment to U.S. Culture

Thursday, February 2nd

5:00 pm @ International Student Center (ISC) – Multipurpose Room (MPR)

Are you excited to be in the U.S. or are you counting the days until you can return to your home country? This workshop is designed for students, scholars, and dependents in their first year in the U.S. who would like to talk about adjusting to U.S. culture. Learn about the normal pattern of adjusting to a new culture, hear some tips for adjusting, and discover resources on campus and in the community. Presented by Sara Thurston, Director of ISSS.

Coffee Hour: Vietnam

Friday, February 3rd

4:00 to 5:00 pm @ International Student Center (ISC) – Multipurpose Room (MPR)

In-person/Zoom hybrid event (see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us in this live and Zoom program to learn about the geography and culture of another nation. See <https://www.k-state.edu/iss/programs-events/coffee-hour.html> for more information.

Scholarships for International Students in the U.S.

Tuesday, February 7th

12:00 pm @ International Student Center (ISC) – Multipurpose Room (MPR)

In-person/Zoom hybrid event (see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Scholarships can help to fund your current studies or help you go to graduate school. International students at the undergraduate and graduate level are eligible for many awards. Join us to learn about some common scholarships for international students and where to search for more.

Safety and Security in the U.S.

Thursday, February 9th

4:00 to 5:00 pm @ International Student Center (ISC) – Multipurpose Room (MPR)

In-person/Zoom hybrid event (see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Learn about campus safety. Are you wondering about bike safety and regulations? Do traffic lights confuse you? Are you worried about walking alone? How do alcohol laws differ from your home country? What is the role of the police in the U.S.? Why are universities so serious when it comes to security issues? Here is a presentation to help you understand all of these issues and more. Presented by Officer David Anderson, Community Outreach Officer of the K-State Police Department.

See More Than Manhattan

Thursday, February 16th

5:00 to 6:00 pm @ International Student Center (ISC) – Multipurpose Room (MPR)

In-person/Zoom hybrid event (see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Get ideas for travelling within the region while staying on a budget!

Powercat Financial Workshop: How to Reach Your Financial Goals

Thursday, February 23rd

4:00 to 5:00 pm @ International Student Center (ISC) – Multipurpose Room (MPR)

In-person/Zoom hybrid event (see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Learn how to establish and manage credit to help you meet your financial goals such as buying a car in the future or renting an apartment. Powercat Financial is the free financial education center on campus that offers peer-to-peer financial assistance. In this session you will learn how a credit score is determined, and how to monitor your credit for free. You will also learn some of the necessary steps to buying a car. Learn more about Powercat Financial at www.ksu.edu/powercatfinancial.

International Buddies: Game Night

Thursday, February 23rd

Time and location to be announced

Come join I-Buddies, <https://www.k-state.edu/buddies/>, for our first meeting of the semester. Meet your buddy group and experience a fun night playing games.

Coffee Hour: Kenya

Friday, February 24th

4:00 to 5:00 pm @ International Student Center (ISC) – Multipurpose Room (MPR)

In-person/Zoom hybrid event (see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us in this live Zoom program to learn about the geography and culture of another nation. See <https://www.k-state.edu/iss/programs-events/coffee-hour.html> for more information.

March 2023

Learn More About H-1B and Permanent Residency

Wednesday, March 1st

2:30 pm via Zoom (see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Learn the basic information about obtaining H1-B status as well as pathways to employment-based permanent residency. Presented by Judy Bordeau, an immigration attorney.

K-State LGBT Resource Center

Thursday, March 2nd

12:00 to 1:00 pm @ International Student Center (ISC) – Multipurpose Room (MPR)

In-person/Zoom hybrid event (see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Dr. Haddock presents on the K-State commitment to inclusion, access, equity and diversity within higher education. Learn about the resources available to those of differing sexualities and gender identities within a secure, nurturing, and informative environment. The LGBT Resource Center, within the Office of Student Life, helps to build and nurture a diverse and inclusive campus community that supports all aspects of the curricular and cocurricular lives of K-State students, faculty, staff, and community members. For more information - <https://www.k-state.edu/lgbt/contactabout/about.html>

Coffee Hour: England

Friday, March 3rd

4:00 to 5:00 pm @ International Student Center (ISC) – Multipurpose Room (MPR)

In-person/Zoom hybrid event (see link at <https://www.k-state.edu/isss/programs-events/> the week of the event)

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us in this live Zoom program to learn about the geography and culture of another nation. See <https://www.k-state.edu/isss/programs-events/coffee-hour.html> for more information.

Legal Topics for International Students

Thursday, March 9th

12:00 to 1:00 pm @ International Student Center (ISC) – Multipurpose Room (MPR)

In-person/Zoom hybrid event (see link at <https://www.k-state.edu/isss/programs-events/> the week of the event)

Learn about various legal matters of interest to international students. During this workshop, we will cover questions such as what to do if you get a traffic ticket, what a power of attorney is, alcohol violations and regulations, online buying scams, car purchasing, and apartment rental issues. Presented by Sarah Barr, Student Legal Services Attorney. <https://www.k-state.edu/legal/>

K-State Campus closed for Spring Break March 12-19

Academic Achievement Center: Set Yourself Up for Success

Thursday, March 23rd

4:00 pm @ International Student Center (ISC) – Multipurpose Room (MPR)

In-person/Zoom hybrid event (see link at <https://www.k-state.edu/isss/programs-events/> the week of the event)

The Academic Achievement Center (AAC) provides services that engage, equip, and empower students to be academically and personally successful at K-State. These services include Academic Coaching, Tutoring Services, Scholar Services, Student Success Courses, and the Office of First-generation Students. This presentation will cover each of these resources, why students might want to use them, and how they can get connected. For more information: <https://www.k-state.edu/aac/>

International Week - Fashion Show

Sunday, March 26TH

6:00 pm @ K-State Student Union - Forum Hall

Sponsored by the International Coordinating Council. Students and community members will highlight their traditional clothes from respective countries.

International Week - Parade

Monday, March 27th

4:00 pm @ International Student Center (ISC)

Sponsored by the International Coordinating Council.

International Week – Dance Lessons

Tuesday, March 28th

6:00 pm @ K-State Student Union – Courtyard

Sponsored by the International Coordinating Council and I-Buddies. A night of dancing, shown and taught by students of different countries and cultures.

International Week - Panel Discussion

Wednesday, March 29th

12:00 pm @ K-State Student Union – Big 12 Room

Sponsored by the International Coordinating Council.

International Week – Cultural Exhibition

Thursday, March 30th

11:00 am to 1 pm @ K-State Student Union – Courtyard

Sponsored by the International Coordinating Council. Students from different cultures will show and explain artifacts from their home countries during a cultural exhibition.

Kansas Driving & Insurance Laws

Thursday, March 30th

4:00 to 5:00 pm @ International Student Center (ISC) – Multipurpose Room (MPR)

In-person/Zoom hybrid event (see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Learn about Kansas driving and insurance laws as well as the legal requirements for owning a vehicle, including insurance and registration procedures. Presented by Officer David Anderson, Community Outreach Officer.

April 2023

All-University Open House

Saturday, April 1st

9:00 am to 3:00 pm @ Manhattan K-State Campus

K-State's annual carnival of academic exhibits, entertainment, food and fun. This is a strong K-State tradition and the biggest family-friendly event that take place all over campus. Learn more about this event at <https://www.k-state.edu/openhouse/about/>

International Week – Talent Show

Sunday, April 2nd

6:00 pm @ K-State Student Union - Forum Hall

Sponsored by the International Coordinating Council. International Students will share their rich culture through their talents.

A College Student's Guide to Eating Well

Thursday, April 6th

YouTube presentation (see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

College life comes with unique barriers to making healthy food choices. This presentation teaches the audience the skills to identify and break down those barriers because a well-nourished student = a successful student. Presented by students in the WellCAT Ambassadors program through Lafene Health Center.

Healthy Relationships

Thursday, April 13th

12:00 to 1:00 pm @ International Student Center (ISC) – Multipurpose Room (MPR)

In-person/Zoom hybrid event (see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

This presentation will provide information about the CARE office and the services they provide, explore definitions, explain community resources, and discuss the difference between healthy relationships and domestic violence. There will be tips for staying safe, addressing trauma, providing support to fellow students, and will also include important and updated statistics regarding interpersonal violence on college campuses. Students will learn how The CARE advocates can assist them in understanding their rights and University policies, seeking academic accommodations, finding and funding community resources, and filing reports. Presented by the Center of Advocacy, Response, and Education (CARE). <https://www.k-state.edu/care/>

Kansas Weather

Thursday, April 20th

12:00 to 1:00 pm @ International Student Center (ISC) – Multipurpose Room (MPR)

In-person/Zoom hybrid event (see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Learn about how Kansas weather changes rapidly. Know what could happen next and learn preparedness tips to handle the elements of hot, cold and everything in between! Presented by Chip Redmond, an Assistant Meteorologist with K-State Department of Agronomy and the Kansas Mesonet Manager.

Coffee Hour: South Africa

Friday, April 21st

4:00 to 5:00 pm @ International Student Center (ISC) – Multipurpose Room (MPR)

In-person/Zoom hybrid event (see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

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Love Your Body

Thursday, April 27th

YouTube presentation (see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

There are many factors that lead to negative body image. An exploration into both positive and negative body image, this presentation touches on the dangers of eating disorders and offers tips for increasing body positivity. Presented by students in the WellCAT Ambassadors program through Lafene Health Center.

Coffee Hour: Poland

Friday, April 28th

4:00 to 5:00 pm @ International Student Center (ISC) – Multipurpose Room (MPR)



In-person/Zoom hybrid event (see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us to learn about the geography and culture of another nation. See <https://www.k-state.edu/iss/programs-events/coffee-hour.html> for more information.

May 2023

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Let's Connect:  @issksu  @kstate_iss Receive [ISC-L listserv](#) notifications

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