

International Student and Scholar Services

Programs and Activities

Spring 2021

January 2021

International Buddies Sign up

International Buddies is a student group that pairs U.S. and international students in small groups. If you would like to sign up to be a part of this group, you can sign up until February 5. Groups will be announced by February 12. Watch the isc-l listserv for more information!

Basic Language Training (BLT)

Sign up from January 27 to February 5. (Classes will be from February 15 to April 9)

BLT is a non-credit course taught by an international student. The student teaches the basics of his/her language and explores the culture of his/her country. The languages offered this semester include French; Spanish Basic; Spanish Advance; Portuguese Basic; Portuguese Advance; Russian; and Dutch. The dates and times are still to be determined. These classes will be offered through Zoom. The cost is \$35. More information can be found at <https://www.k-state.edu/iss/programs-events/blt/index.html>.

Health Insurance Waiver Deadline

Sunday, January 31 at 11:59 pm

This is the last day to submit the health insurance waiver form. See https://www.k-state.edu/iss/students/health_insurance/index.html for more information on international student health insurance.

February 2021

International Spouse Orientation

Thursday, February 4

10:00 am

If you are a spouse of an international student or scholar, we invite you to attend this orientation to help you navigate K-State and the Manhattan community. Presented by the ISSS Graduate Assistant. Join us for the live Zoom presentation. Watch our listserv for the link.

U.S. Culture Issues

Thursday, February 4

5:00 pm

Ever wonder why your U.S. classmate says, "Hi, how are you?" and then walks away without waiting for your response? This workshop is designed for students, scholars, and dependents in their first year in the U.S. who want to learn about and discuss cultural differences between the United States and their home country. Now is your chance to ask questions you have wanted to ask! Presented by Sara Thurston, Director of ISSS. Join us for the live Zoom presentation. Watch our listserv for the link.

Adjustment to U.S. Culture

Thursday, February 11

5:00 pm

Are you excited to be in the U.S. or are you counting the days until you can return to your home country? This workshop is designed for students, scholars, and dependents in their first year in the U.S. who would like to talk about adjusting to U.S. culture. Learn about the normal pattern of adjusting to a new culture, hear some tips for adjusting, and discover resources on campus and in the community. Presented by Sara Thurston, Director of ISSS. Join us for the live Zoom presentation. Watch our listserv for the link.

Activities Carnival

Thursday, February 11

6:00 to 7:00 pm

The activities carnival held each semester is a great opportunity for students who are looking to get more involved to find an organization matching their interests. They are also great opportunities for registered student organizations to recruit new and excited students to join their organizations. This will be hosted virtually via Zoom. Go to <https://www.k-state.edu/student-involvement/get-involved/carnival.html> for more information on the event.

International Singing Night

Friday, February 12

6:00 pm

Join the International Coordinating Council for a singing night from students of different countries at International singing night via Zoom.

Learn More About H-1B and Permanent Residency

Wednesday, February 17

12:00 pm

Learn the basic information about obtaining H1-B status as well as pathways to employment-based permanent residency. Presented by Judy Bordeau, an immigration attorney via zoom. Watch our listserv for the link.

Intercultural Learning: Building Community, Sense of Belonging, and Emotional Well-Being

Thursday February 18

5:00 pm

This workshop will introduce “intercultural learning.” Intercultural learning is about strengthening awareness of self, awareness of others, and understanding how to respond, behave, and reflect when around people like us or different from us. Intercultural learning is not about changing who we are or what we value. It is about being able to work successfully in community with others who are different from us both in the classroom, personally, and professionally. Presented by Debra Bolton, Office of Diversity and Multicultural Student Affairs and Sara Thurston, Director of ISSS. Join us for the live Zoom presentation. Watch our listserv for the link.

Coffee Hour: Kazakhstan

Friday, February 19

4:00 to 5:00 pm

Coffee Hour is a forum for international students to highlight their home countries. Grab some coffee and join us in this live Zoom program to learn about the geography and culture of another nation. Watch our listserv for the link.

Criminal Offenses and Its Effect on Immigration Status

Tuesday, February 23

5:00 pm

Learn about how criminal offenses can affect your immigration status. Learn how even a traffic violation may affect your status. Presented by Gabriela Vega an attorney at Addair Thurston, CHTD. Watch our listserv for the link.

IBuddies Kahoot! Trivia Night

Thursday February 25

6:00 pm

Join International Buddies for our first large event via zoom. To begin with, we will talk about what it means to be in a small buddy group and provide you with some ideas on how you can create the best memories with your IBuddies. Then we will move on to a fun international-themed Kahoot! Trivia night playing. Be ready to win prizes!

March 2021

Coffee Hour: Sri Lanka

Friday, March 5

4:00 to 5:00 pm

Coffee Hour is a forum for international students to highlight their home countries. Grab some coffee and join us in this live Zoom program to learn about the geography and culture of another nation. Watch our listserv for the link.

International Fashion Show

Friday, March 6

6:00 pm

Sponsored by the International Coordinating Council. Students and community members will highlight their traditional clothes from respective countries via Zoom.

Kansas Weather

Tuesday, March 9

6:30 pm

Are you prepared for Kansas weather? This workshop will present information on our weather patterns and what to expect while in Kansas. Presented by Mary Knapp, as Associate Agronomist with K-State Research and Extension and state climatologist. Join us for the live Zoom presentation. Watch the listserv for the link.

Cultural Exhibition

Wednesday, March 24

6:00 pm

Sponsored by the International Coordinating Council. Students from different cultures will show and explain artifacts from their home countries during a cultural exhibition via Zoom.

IBuddies Food Show and Tell

Thursday, March 25

6:00

Join International Buddies via zoom and present your favorite food, meal, or snack food that represents a part of your culture. You can make your food beforehand, or if you do not have the opportunity to prepare it, no worries! You can also show us a picture or share a recipe. Local students are encouraged to share a part of their family culture or history as well!

Coffee Hour: Indonesia

Friday, March 26

4:00 to 5:00 pm

Coffee Hour is a forum for international students to highlight their home countries. Grab some coffee and join us in this live Zoom program to learn about the geography and culture of another nation. Watch our listserv for the link.

April 2021**ICC Got Talent**

Thursday, April 8

6:00

Join the International Coordinating Council on a Zoom event where different international students will share their rich culture through their talents.

Coffee Hour: Egypt

Friday, April 9

4:00 to 5:00 pm

Coffee Hour is a forum for international students to highlight their home countries. Grab some coffee and join us in this live Zoom program to learn about the geography and culture of another nation. Watch our listserv for the link.

See More Than Manhattan

Thursday, April 15

5:00 pm

Get ideas for travelling within the region while staying on a budget! Presented by Ruth Newton, International Student Advisor. This will be a live Zoom presentation. Watch our listserv for the link.

IBuddies Event: ABC's Can You Find Me?

Thursday, April 22

6:00pm

Join International Buddies at our final event via zoom. This game night will be a twist on your regular scavenger hunt: you will be looking for items throughout your home beginning with a certain letter. Be ready to win prizes!

Coffee Hour: Mongolia

Friday, April 30

4:00 to 5:00 pm

Coffee Hour is a forum for international students to highlight their home countries. Grab some coffee and join us in this live Zoom program to learn about the geography and culture of another nation. Watch our listserv for the link.

In addition to the above, we have provided other recorded programs accessible through the ISSS Programs Canvas Course. These programs will provide resources regarding the K-State community as well as living in Manhattan. You can access these at <https://k-state.instructure.com/courses/100897>

Healthcare in the U.S.

Are you confused about the healthcare system in the U.S.? Is health insurance a completely new concept to you? If you would like to learn how healthcare and insurance work in the U.S. Presented by Lafene Health Center.

Legal Issues

Learn about various legal issues you could encounter while you are in the United States. During this workshop, we will cover topics such as what to do if you get a traffic ticket, what a power of attorney is, alcohol violations and regulations, online buying scams, car purchasing, and apartment rental issues. Presented by Sarah Barr, Student Legal Services Attorney.

Healthy Relationships

This workshop will explore definitions, explain community resources, and discuss the difference between healthy relationships and domestic violence. Presented by the Center of Advocacy, Response, and Education (CARE).

Kansas Driving and Insurance Laws

Learn about Kansas driving and insurance laws as well as the legal requirements for owning a vehicle, including insurance and registration procedures. Presented by Officer David Anderson, Community Outreach Officer.

Safety and Security in the U.S.

Are you wondering about bike safety and regulations? Do traffic lights confuse you? Are you worried about walking alone? How do alcohol laws differ from your home country? What is the role of the police in the U.S.? Why are universities so serious when it comes to security issues? Here is a presentation to help you understand all of these

issues and more. Presented by Officer David Anderson, Community Outreach Officer of the K-State Police Department.

Eating Healthy in the U.S.

Are you afraid of gaining weight while eating U.S. foods? Are you struggling to adapt to U.S. foods? Are you interested in learning how to make your meals more nutritious? If so, come view this presentation about food in the U.S. Presented by students in the WellCAT Ambassadors program through Lafene Health Center.

Love Your Body

Do you compare yourself to toned and fit bodies advertised in the media? Are you unsure how to balance eating and exercise? If so, view this presentation about food in the U.S. and body image. Presented by students in the WellCAT Ambassadors program through Lafene Health Center.