Feeling sick? Where to go…

\*\*\*Information provided in this handout is only intended as a guide. Each person is responsible for seeking their own appropriate health care and paying for the services received. This information is provided as a reference and is not intended to replace a visit to your doctor or other health care provider. **Anyone experiencing a medical emergency should go to Ascension Via Christi or call 911 for help**.\*\*\*

**For Medical Emergencies**

Examples of Medical Emergencies

*Difficulty breathing, shortness of breath Severe or persistent vomiting or diarrhea  
Severe chest of upper abdominal pain or pressure Uncontrolled bleeding  
Fainting, sudden dizziness or weakness Coughing or vomiting blood  
Sudden changes in vision Suicidal feelings  
Confusion or changes in mental status Difficulty speaking  
Any sudden or severe pain Any serious injury*

**Ascension Via Christi Hospital**  
1823 College Ave  
785-776-3322

**For Routine Medical Care and Urgent Care**

Examples of Routine Medical Care and Urgent Care

*Stomach-ache sore throat cough*

*physical exam well-woman exam minor dehydration*

*body aches or pain flu or cold symptoms minor cuts requiring stitches  
minor injury immunizations or allergy shots headache*

**Lafene Health Center** **Xpress Wellness Urgent Care**   
1105 Sunset Ave 435 McCall Rd.   
785-532-6544 785-669-4152

[www.k-state.edu/lafene](http://www.k-state.edu/lafene) xpresswellnessurgentcare.com/locations/manhattan-ks/

**K+Stat Urgent Care**

930 Hayes Dr

785-565-0016

kstaturgentcare.com/