

# Programs and Activities

## Spring 2025 Programs

### International Student and Scholar Services

Please note these events are subject to change.

**Watch the [isc-l@ksu.edu](mailto:isc-l@ksu.edu) listserv and our social media accounts for more information!**



## **January 2025**

### **International Buddies Sign up**

*Registration opens: Tuesday, January 21<sup>st</sup>*

The International Buddies Program <https://www.k-state.edu/buddies/> pairs local K-State students with international students every fall and spring semester. Once paired, Buddies meet regularly to learn about each other's cultures, customs, and explore Manhattan & K-State.

### **Activities Carnival**

*Thursday, January 23<sup>rd</sup>*

*5:00 pm - 8:00 pm at the K-State Student Union*

The activities carnival held each semester is a great opportunity for students who are looking to get more involved to find an organization matching their interests. They are also great opportunities for registered student organizations to recruit new and excited students to join their organizations. Find something to get involved in, meet new people, grab some giveaways, and have fun! This will be a live event. For more information visit:

<https://www.k-state.edu/student-involvement/get-involved/carnival.html>

### **Basic Language Training (BLT)**

*Registration: Tuesday, January 21<sup>st</sup> - Friday, January 31<sup>st</sup>*

*Classes are in person, February 10<sup>th</sup> through April 11<sup>th</sup> (8 weeks) with days and times to be determined (no classes during Spring Break). Languages offered: French, Italian, Basic Spanish and Intermediate Spanish. BLT is a non-credit course taught by an international student. The student teaches the basics of his/her language and explores the culture of his/her country. The cost is \$40/language offered. More information can be found at*

<https://www.k-state.edu/iss/programs-events/blt/index.html>

**~~U.S. Culture Issues Workshop~~ - Cancelled; will be combined with the Feb 6<sup>th</sup> Adjustment to U.S. culture workshop**

*Thursday, January 30<sup>th</sup> -*

*4:00-5:00 pm at the International Student Center - Multipurpose Room*

Ever wonder why your U.S. classmate says, "Hi, how are you?" and then walks away without waiting for your response? This workshop is designed for students, scholars, and dependents in their first year in the U.S. who want to learn about and discuss cultural differences between the United States and their home country. Now is your chance to ask questions you have wanted to ask!

### **Health Insurance Waiver Deadline**

*Friday, January 31<sup>st</sup> at 11:59 pm*

This is the last day to submit the health insurance waiver form. See [https://www.k-state.edu/iss/students/health\\_insurance/index.html](https://www.k-state.edu/iss/students/health_insurance/index.html) for more information on international student health insurance.

## **February 2025**

### **Adjustment to U.S. Culture Workshop**

*Thursday, February 6<sup>th</sup>*

*4:00-5:00 pm at the International Student Center – Multipurpose Room*

Are you excited to be in the U.S. or are you counting the days until you can return to your home country? This workshop is designed for students, scholars, and dependents in their first year in the U.S. who would like to talk about adjusting to U.S. culture and discussing cultural differences between the United States and their home country. Learn about the normal pattern of adjusting to a new culture, hear some tips for adjusting, and discover resources on campus and in the community.

### **Coffee Hour: Honduras**

*Friday, February 7<sup>th</sup>*

*4:00 pm to 5:00 pm at the International Student Center – Multipurpose Room*

*(see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)*

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us in this live and Zoom program to learn about the geography and culture of another nation. See <https://www.k-state.edu/iss/programs-events/coffee-hour.html> for more information.

### **Scholarships for International Students in the U.S.**

*Tuesday, February 11<sup>th</sup>*

*12:00 pm via Zoom (see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)*

Scholarships can help to fund your current studies or help you go to graduate school. International students at the undergraduate and graduate level are eligible for many awards. Join us to learn about some common scholarships for international students and where to search for more. Presented by Boglarka Davies, International Student Advisor, Beth Powers, Director of the Office of Nationally Competitive Scholarships, and Brandon Moreno, Assistant Director of Alumni and Diversity Programs.

### **International Spouse Orientation**

*Thursday, February 13<sup>th</sup>*

*1:30 pm – 2:30 pm presented via Zoom*

*(see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)*

If you are a spouse of an international student or scholar, we invite you to attend this orientation to help you navigate K-State and the Manhattan community. Presented by Raksa Ma, ISSS Graduate Assistant and David Hebing, International Student Advisor.

### **See More Than Manhattan**

*Thursday, February 20<sup>th</sup>*

*1:30 pm – 2:30 pm presented via Zoom*

*(see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)*

Get ideas for travelling within the region while staying on a budget! Presented by Raksa Ma, ISSS Graduate Assistant.

### **Powercat Financial Workshop: How to Reach Your Financial Goals**

*Thursday, February 27<sup>th</sup>*

*10:00 am - 11:00 am at the International Student Center – Multipurpose Room*

Learn how to establish and manage credit to help you meet your financial goals such as buying a car in the future or renting an apartment. Powercat Financial is the free financial education center on campus that offers peer-to-peer financial assistance. In this session you will learn how a credit score is determined, and how to monitor your credit for free. You will also learn some of the necessary steps to buying a car. Learn more about Powercat Financial at [www.ksu.edu/powercatfinancial](http://www.ksu.edu/powercatfinancial).

## **Coffee Hour: Nigeria**

*Friday, February 28th*

*4:00 pm to 5:00 pm at the International Student Center – Multipurpose Room*

*(see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)*

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us in this live and Zoom program to learn about the geography and culture of another nation. See <https://www.k-state.edu/iss/programs-events/coffee-hour.html> for more information.

## **March 2025**

### **Kansas Driving**

*Thursday, March 6<sup>th</sup>*

*4:00 pm - 5:00 pm at the International Student Center – Multipurpose Room*

Learn about Kansas driving as well as the legal requirements for owning a vehicle, including insurance and registration procedures. Presented by the K-State Police Department.

## **Spring Break March 16-23**

### **Coffee Hour: Costa Rica**

*Friday, March 28<sup>th</sup>*

*4:00 pm to 5:00 pm at the College of Engineering – Fiedler Hall Auditorium (1107 Fiedler Hall)*

*(see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)*

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us in this live Zoom program to learn about the geography and culture of another nation. See <https://www.k-state.edu/iss/programs-events/coffee-hour.html> for more information.

### **International Week - Fashion Show**

*Sunday, March 30<sup>TH</sup>*

*5:30 pm – 9:00 pm at the K-State Student Union - Forum Hall*

Students and community members will highlight their traditional clothes from their respective countries.

Sponsored by the International Coordinating Council.

### **International Week - Parade**

*Monday, March 31<sup>st</sup>*

*Starts at 4:00 pm at the International Student Center*

Sponsored by the International Coordinating Council.

## **April 2025**

### **International Week – Dance Lessons**

*Tuesday, April 1<sup>st</sup>*

*6:30 pm – 8:30 pm at the K-State Student Union – Courtyard*

A night of dancing, shown and taught by students of different countries and cultures. Sponsored by the International Coordinating Council and International Buddies.

### **International Week - Panel Discussion**

*Wednesday, April 2<sup>nd</sup>*

*12:00 pm – 1:30 pm at the Staley School of Leadership – Town Hall*

Sponsored by the International Coordinating Council.

## **International Week – Cultural Exhibition**

*Thursday, April 3<sup>rd</sup>*

*11:30 am - 1:00 pm at the K-State Student Union – Forum Hall*

Students from different cultures will show and explain artifacts from their home countries during a cultural exhibition. Sponsored by the International Coordinating Council.

## **International Week – Talent Show**

*Sunday, April 6<sup>th</sup>*

*5:30 pm – 8:00 pm at the K-State Student Union - Forum Hall*

International Students will share their rich culture through their talents.

Sponsored by the International Coordinating Council.

## **Kansas Weather –Part of the [Community Safety Talks Series](#)!**

*Tuesday, April 8<sup>th</sup>*

*10:00 – 11:00 am – Hale Library Room 407*

Join the Community Safety Talks Series hosted by Hale Library to learn about how Kansas weather changes rapidly. Know what could happen next and learn preparedness tips to handle the elements of hot, cold and everything in between! Presented by Chip Redmond, Assistant Meteorologist, K-State Department of Agronomy and the Kansas Mesonet Manager.

## **Legal Topics for International Students**

*Thursday, April 10<sup>th</sup>*

*12:00 pm to 1:00 pm via Zoom*

*(see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)*

Learn about various legal matters of interest to international students. During this workshop, we will cover questions such as what to do if you get a traffic ticket, what a power of attorney is, alcohol violations and regulations, online buying scams, car purchasing, and apartment rental issues. Presented by Sarah Barr, Student Legal Services Attorney. <https://www.k-state.edu/legal/>

## **Coffee Hour: Spain**

*Friday, April 11<sup>th</sup>*

*4:00 pm to 5:00 pm at the College of Engineering – Fiedler Hall Auditorium (1107 Fiedler Hall)*

*(see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)*

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us in this live and Zoom program to learn about the geography and culture of another nation. See <https://www.k-state.edu/iss/programs-events/coffee-hour.html> for more information.

## **All-University Open House**

*Saturday, April 12<sup>th</sup>*

*9:00 am to 3:00 pm at the Manhattan K-State Campus*

K-State's annual carnival of academic exhibits, entertainment, food and fun. This is a strong K-State tradition and the biggest family-friendly event that take place all over campus. Learn more about this event at <https://www.k-state.edu/openhouse/>

## **Learn More About H-1B and Permanent Residency**

*Tuesday, April 15<sup>th</sup>*

*2:00 pm - 4:00 pm – Ackert Hall Room 231*

Learn the basic information about obtaining H1-B status as well as pathways to employment-based permanent residency. Presented by Judy Bordeaux, an immigration attorney.

## **May 2025**

### **Coffee Hour: Ukraine** *Cancelled*

*Friday, May 2<sup>nd</sup>*

*4:00 pm to 5:00 pm at the College of Engineering — Fiedler Hall Auditorium (1107 Fiedler Hall)*

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us in this live and Zoom program to learn about the geography and culture of another nation. See <https://www.k-state.edu/issv/programs-events/coffee-hour.html> for more information.

## **Other resources available on demand**

### **A College Student's Guide to Eating Well**

YouTube presentation: [https://youtu.be/LtGJh\\_RQ\\_Qs](https://youtu.be/LtGJh_RQ_Qs)

College life comes with unique barriers to making healthy food choices. This presentation teaches the audience the skills to identify and break down those barriers because a well-nourished student = a successful student. Presented by students in the WellCAT Ambassadors program.

### **Love Your Body**

YouTube presentation: <https://youtu.be/xHjWc80tU2c>

There are many factors that lead to negative body image. An exploration into both positive and negative body image, this presentation touches on the dangers of eating disorders and offers tips for increasing body positivity. Presented by students in the WellCAT Ambassadors program.

**KANSAS STATE**  
**UNIVERSITY**

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