

Programs and Activities

Spring 2024 Programs

International Student and Scholar Services

Please note these events are subject to change.

Watch the isc-l@ksu.edu listserv and our social media accounts for more information!



January 2024

International Buddies Sign up

Registration opens: Thursday, January 11th

The International Buddies Program <https://www.k-state.edu/buddies/> pairs local K-State students with international students every fall and spring semester. Once paired, Buddies meet regularly to learn about each other's cultures, customs, and explore Manhattan & K-State.

Activities Carnival

Thursday, January 18th

6:00 pm - 8:00 pm at the K-State Student Union – Ballroom

The activities carnival held each semester is a great opportunity for students who are looking to get more involved to find an organization matching their interests. They are also great opportunities for registered student organizations to recruit new and excited students to join their organizations. Find something to get involved in, meet new people, grab some giveaways, and have fun! This will be a live event. For more information visit:

<https://www.k-state.edu/student-involvement/get-involved/carnival.html>

Basic Language Training (BLT)

Registration: Tuesday, January 16th - Sunday, January 28th

Classes are in person with some via Zoom, February 5th through April 4th (8 weeks) with days and times to be determined (no classes during Spring Break). Languages offered: Basic Arabic, French, Korean, Chinese,

Portuguese, and Spanish. BLT is a non-credit course taught by an international student. The student teaches the basics of his/her language and explores the culture of his/her country. The cost is \$40/language offered. More information can be found at <https://www.k-state.edu/iss/programs-events/blt/index.html>

U.S. Culture Issues

Thursday, January 25th

5:00 pm at the International Student Center – Multipurpose Room

Ever wonder why your U.S. classmate says, "Hi, how are you?" and then walks away without waiting for your response? This workshop is designed for students, scholars, and dependents in their first year in the U.S. who want to learn about and discuss cultural differences between the United States and their home country. Now is your chance to ask questions you have wanted to ask! Presented by Sara Thurston, Director of ISSS.

Health Insurance Waiver Deadline

Wednesday, January 31st at 11:59 pm

This is the last day to submit the health insurance waiver form. See https://www.k-state.edu/iss/students/health_insurance/index.html for more information on international student health insurance.

February 2024

Adjustment to U.S. Culture

Thursday, February 1st

5:00 pm – 6:00 pm at the International Student Center – Multipurpose Room

Are you excited to be in the U.S. or are you counting the days until you can return to your home country? This workshop is designed for students, scholars, and dependents in their first year in the U.S. who would like to talk about adjusting to U.S. culture. Learn about the normal pattern of adjusting to a new culture, hear some tips for adjusting, and discover resources on campus and in the community. Presented by Sara Thurston, Director of ISSS.

Coffee Hour: Thailand

Friday, February 2nd

4:00 pm to 5:00 pm at the International Student Center – Multipurpose Room

(see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us in this live and Zoom program to learn about the geography and culture of another nation. See <https://www.k-state.edu/iss/programs-events/coffee-hour.html> for more information.

Scholarships for International Students in the U.S.

Thursday, February 8th

12:00 pm via Zoom (see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Scholarships can help to fund your current studies or help you go to graduate school. International students at the undergraduate and graduate level are eligible for many awards. Join us to learn about some common scholarships for international students and where to search for more. Presented by Boglarka Davies, International Student Advisor, Beth Powers, Director of the Office of Nationally Competitive Scholarships, and Brandon Moreno, Assistant Director of Alumni and Diversity Programs.

International Spouse Orientation

Thursday, February 8th

1:00 pm – 2:00 pm at the International Student Center – Multipurpose Room

If you are a spouse of an international student or scholar, we invite you to attend this orientation to help you navigate K-State and the Manhattan community. Presented by Lamya Achelha, ISSS Graduate Assistant and David Hebing, International Student Advisor.

Coffee Hour: Kuwait

Friday, February 9th

4:00 pm to 5:00 pm at the International Student Center – Multipurpose Room

(see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us in this live and Zoom program to learn about the geography and culture of another nation. See <https://www.k-state.edu/iss/programs-events/coffee-hour.html> for more information.

K-State Spectrum Center

Thursday, February 15th

12:00 pm to 1:00 pm at the International Student Center – Multipurpose Room

Dr. Haddock presents the K-State commitment to inclusion, access, equity and diversity within higher education. Learn about the resources available to those of differing sexualities and gender identities within a secure, nurturing, and informative environment. The Spectrum Center, a division of Student Belonging and Inclusion, helps to build and nurture a diverse and inclusive campus community that supports all aspects of the curricular and cocurricular lives of K-State students, faculty, staff, and community members. For more information - <https://www.k-state.edu/lgbt/contactabout/about.html>

Coffee Hour: Mali

Friday, February 16th

4:00 pm to 5:00 pm at the International Student Center – Multipurpose Room

(see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us in this live Zoom program to learn about the geography and culture of another nation. See <https://www.k-state.edu/iss/programs-events/coffee-hour.html> for more information.

Powercat Financial Workshop: How to Reach Your Financial Goals

Thursday, February 22nd

4:00 pm to 5:00 pm at the International Student Center – Multipurpose Room

Learn how to establish and manage credit to help you meet your financial goals such as buying a car in the future or renting an apartment. Powercat Financial is the free financial education center on campus that offers peer-to-peer financial assistance. In this session you will learn how a credit score is determined, and how to monitor your credit for free. You will also learn some of the necessary steps to buying a car. Learn more about Powercat Financial at www.ksu.edu/powercatfinancial.

See More Than Manhattan

Thursday, February 29th

12:00 pm – 1:00 pm at the International Student Center – Multipurpose Room

Get ideas for travelling within the region while staying on a budget!

March 2024

Coffee Hour: Dominican Republic

Friday, March 1st

4:00 to 5:00 pm at the International Student Center – Multipurpose Room

(see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us in this live Zoom program to learn about the geography and culture of another nation. See <https://www.k-state.edu/iss/programs-events/coffee-hour.html> for more information.

Kansas Driving

Thursday, March 7th

4:00 pm - 5:00 pm at the International Student Center – Multipurpose Room

Learn about Kansas driving as well as the legal requirements for owning a vehicle, including insurance and registration procedures. Presented by the K-State Police Department.

Spring Break March 10-17

Coffee Hour: Lebanon

Friday, March 22nd

4:00 to 5:00 pm at the International Student Center – Multipurpose Room

(see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us in this live Zoom program to learn about the geography and culture of another nation. See <https://www.k-state.edu/iss/programs-events/coffee-hour.html> for more information.

Kansas Weather

Thursday, March 28th

12:00 pm - 1:00 pm at the International Student Center – Multipurpose Room

Learn about how Kansas weather changes rapidly. Know what could happen next and learn preparedness tips to handle the elements of hot, cold and everything in between! Presented by Chip Redmond, Assistant Meteorologist, K-State Department of Agronomy and the Kansas Mesonet Manager.

CARE 101

Thursday, March 28th – cancelled

Time TBD via Zoom (see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

This presentation will provide information about the CARE office and the services they provide, explore definitions, explain community resources, and discuss the difference between healthy relationships and domestic violence. There will be tips for staying safe, addressing trauma, providing support to fellow students, and will also include important and updated statistics regarding interpersonal violence on college campuses. Students will learn how The CARE advocates can assist them in understanding their rights and University policies, seeking academic accommodations, finding and funding community resources, and filing reports. Presented by the Center of Advocacy, Response, and Education (CARE). <https://www.k-state.edu/care/>

April 2024

Legal Topics for International Students

Thursday, April 4th

2:00 pm – 3:00 pm at the International Student Center – Multipurpose Room

Learn about various legal matters of interest to international students. During this workshop, we will cover questions such as what to do if you get a traffic ticket, what a power of attorney is, alcohol violations and regulations, online buying scams, car purchasing, and apartment rental issues. Presented by Sarah Barr, Student Legal Services Attorney. <https://www.k-state.edu/legal/>

All-University Open House

Saturday, April 6th

9:00 am to 3:00 pm at the Manhattan K-State Campus

K-State's annual carnival of academic exhibits, entertainment, food and fun. This is a strong K-State tradition and the biggest family-friendly event that take place all over campus. Learn more about this event at <https://www.k-state.edu/openhouse/>

International Week - Fashion Show

Sunday, April 7th

6:00 pm – 8:00 pm at the K-State Student Union - Forum Hall

Students and community members will highlight their traditional clothes from their respective countries. Sponsored by the International Coordinating Council.

International Week - Parade

Monday, April 8th

Starts at 4:00 pm at the International Student Center

Sponsored by the International Coordinating Council.

International Week – Dance Lessons

Tuesday, April 9th

6:30 pm – 8:30 pm at the K-State Student Union – Courtyard

A night of dancing, shown and taught by students of different countries and cultures. Sponsored by the International Coordinating Council and I-Buddies.

International Week - Panel Discussion

Wednesday, April 10th

12:00 pm - 1:30 pm at the K-State Student Union - Big 12 Room (Room 221)

Sponsored by the International Coordinating Council.

International Week - Cultural Exhibition

Thursday, April 11th

11:00 am - 1:00 pm at the K-State Student Union - Courtyard

Students from different cultures will show and explain artifacts from their home countries during a cultural exhibition. Sponsored by the International Coordinating Council.

International Week - Talent Show

Sunday, April 14th

6:00 pm - 8:00 pm at the K-State Student Union - Forum Hall

International Students will share their rich culture through their talents.

Sponsored by the International Coordinating Council.

Coffee Hour: Togo

Friday, April 19th

4:00 pm - 5:00 pm at the International Student Center - Multipurpose Room

(see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us in this live Zoom program to learn about the geography and culture of another nation. See <https://www.k-state.edu/iss/programs-events/coffee-hour.html> for more information.

Learn More About H-1B and Permanent Residency

Tuesday, April 23rd

2:00 - 4:00 pm at the International Student Center - Multipurpose Room

Learn the basic information about obtaining H1-B status as well as pathways to employment-based permanent residency. Presented by Judy Bordeau, an immigration attorney.

Safety and Security in the U.S.

Thursday, April 25th

4:00 pm - 5:00 pm at the International Student Center - Multipurpose Room

Learn about campus safety. Are you wondering about bike safety and regulations? Do traffic lights confuse you? Are you worried about walking alone? How do alcohol laws differ from your home country? What is the role of the police in the U.S.? Why are universities so serious when it comes to security issues? Here is a presentation to help you understand all of these issues and more. Presented by the K-State Police Department.

Other resources available on demand

A College Student's Guide to Eating Well

YouTube presentation: https://youtu.be/LtGjh_RQ_Qs

College life comes with unique barriers to making healthy food choices. This presentation teaches the audience the skills to identify and break down those barriers because a well-nourished student = a successful student. Presented by students in the WellCAT Ambassadors program.

Love Your Body

YouTube presentation: <https://youtu.be/xHjWc80tU2c>

There are many factors that lead to negative body image. An exploration into both positive and negative body image, this presentation touches on the dangers of eating disorders and offers tips for increasing body positivity. Presented by students in the WellCAT Ambassadors program.

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UNIVERSITY

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