# **Programs and Activities FALL 2025**

## International Student and Scholar Services

Please note these events are subject to change.

Watch the isc-l@ksu.edu listserv and our social media accounts for more information!





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## **August 2025**

### **International Buddies Sign up**

Sign up: Opens August 25th

The International Buddies Program https://www.k-state.edu/buddies/pairs local K-State students with international students every fall and spring semesters. Once paired, Buddies meet regularly to learn about each other's cultures, customs, and explore Manhattan & K-State.

#### **Basic Language Training (BLT)**

Registration: Monday, August 25th - Friday, September 5th

Fall 2024 BLT Classes will begin on Monday, September 9th and end on Thursday, October 31st for a total of eight weeks -16 one-hour classes. No BLT classes during school breaks. Days and times to be determined. Languages offered: Basic - Chinese, Italian, Urdu

BLT is a non-credit course taught by an international student. The student teaches the basics of their language and explores the culture of their country. The cost is \$40/language offered. More information can be found at https://www.k-state.edu/isss/programs-events/blt/index.html

#### **Activities Carnival**

Thursday, August 28th

6:00 pm - 9:00 pm at the K-State Student Union

Come explore a selection of the nearly 500 registered student organizations on campus. Find something to get involved in, meet new people, grab some giveaways, and have fun! https://orgcentral.kstate.edu/spi/rsvp boot?id=389937

## **Purple Power Play**

Friday, August 29th

5:00 pm - 9:30 pm at the Blue Earth Plaza

A community focused event that includes outdoor activities and fun for the whole family, featuring food trucks, vendors, live entertainment, Willie the Wildcat and MORE! Additional info at https://purplepowerplaymhk.com/

#### **International Block Party**

Friday, August 29th

7:00 pm - 10:00 pm at the K-State Student Union - Bosco Student Plaza

It's a global party! Welcome back to the international community. Close out the Week of Welcome with international food, music, and fellowship. Whether you grew up in Kansas or traveled from thousands of miles away, all students are invited to meet new people, learn about different cultures and have fun. This free event is sponsored by the K-State Alumni Association and the Union Program Council.

#### **Health Insurance Waiver Deadline**

Sunday, August 31st at 11:59 pm

This is the last day to submit the health insurance waiver form. For more information on international student health insurance see <a href="https://www.k-state.edu/isss/students/health">https://www.k-state.edu/isss/students/health</a> insurance/index.html

## September 2025

## Adjustment to U.S. Culture Workshop

Thursday, September 4th

4:00 pm - 5:00 pm at the Plaza Academic Resource Center – Jardine

Are you excited to be in the U.S. or are you counting the days until you can return to your home country? Ever wonder why your U.S. classmate says, "Hi, how are you?" and then walks away without waiting for your response? This workshop is designed for students, scholars, and dependents in their first year in the U.S. who would like to talk about adjusting to U.S. culture and learn about and discuss cultural differences between the United States and their home country. Learn about the normal pattern of adjusting to a new culture, hear some tips for adjusting, and discover resources on campus and in the community. Now is your chance to ask questions you have wanted to ask! Presented by Tomas Seisdedos, ISSS graduate assistant and Viktoria Gramp, sponsored student coordinator.

### Career Fair and Job Search Preparation for International Students

Friday, September 12th

2:30 pm - 4:00 pm at the Davis Theatre - Career Center

Join the K-State Career Center and learn about job search strategies specific for international students! We will be reviewing how to identify international-friendly employers, the different types of professional documents to use when applying for specific opportunities, how to answer work authorization questions on job applications, and much more! Presented by Chloe Edger and Teresa Parks with the Career Center and Boglarka Davies with ISSS.

### **ICC Championships**

Wednesday-Sunday, September 17th-21st (Sign up required)

At the Chester E. Peters Recreation Complex and East Memorial Stadium

International Coordinating Council (ICC), <a href="https://www.k-state.edu/icc/">https://www.k-state.edu/icc/</a> hosts an exciting sporting event. Join peers as we compete against each other in a friendly atmosphere. The day and time vary by sport. Activities are open to all K-State students with their K-State ID. Scholars, faculty, staff, spouses, and other dependents (aged 18+) are welcome to attend. Watch the ICC Facebook page, ICC Instagram or isc-l listserv for more information!

#### **CPT & OPT Workshop**

Thursday, September 18th

12:00 pm - 1:00 pm via Zoom

(see link at <a href="https://www.k-state.edu/isss/programs-events/">https://www.k-state.edu/isss/programs-events/</a> the week of the event)

During this workshop, we'll go over common questions about F-1 employment options, focusing on Curricular Practical Training (CPT) and Optional Practical Training (OPT). We'll cover eligibility, application steps, and how these options can support your academic and post-graduation goals. Presented by Boglarka Davies, Associate Director of ISSS. <a href="https://www.k-state.edu/isss/students/f1/employment.html">https://www.k-state.edu/isss/students/f1/employment.html</a>

#### **International Spouse Orientation**

Thursday, September 25th

9:45 am - 10:45 am at the Blue House (1550 Jarvis Drive) near Jardine

If you are a spouse of an international student or scholar, we invite you to attend this orientation to help you navigate K-State and the Manhattan community. Presented by Tomas Seisdedos, the ISSS Graduate Assistant and the Global Women's Community group.

#### K-State Family Weekend

Friday & Saturday, September 26-27th

Celebrate family and tradition with this two-day event! The 2025 event celebrates 97 years of welcoming families to the campus for activities designed around family, togetherness and pride. Participants enjoy a variety of activities which showcase the history, tradition, and special connection between K-State, our students, and their families. We welcome families from anywhere in the nation or world and want to make your weekend special! For full details, please visit <a href="https://www.k-state.edu/academic-success-student-affairs/parents-and-family-program/events/familyweekend.html">https://www.k-state.edu/academic-success-student-affairs/parents-and-family-program/events/familyweekend.html</a>.

## October 2025

## Coffee Hour: Jamaica

Friday, October 3rd

4:00 pm - 5:00 pm at the Jardine Frith Community Center or Zoom

(see link at <a href="https://www.k-state.edu/isss/programs-events/">https://www.k-state.edu/isss/programs-events/</a> the week of the event)

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us to learn about the geography and culture of another nation. See <a href="https://www.k-state.edu/isss/programs-events/coffee-hour.html">https://www.k-state.edu/isss/programs-events/coffee-hour.html</a> for more information.

#### ICC participates in the K-State Homecoming Parade

*Friday, October 10th (sign up required)* 

4:00 pm meet at the parking lot on 4th Street West of Dillards.

K-State students, alumni, friends and the Manhattan community gather for the highlight of Homecoming week! Join ICC while representing your country and show off your school pride by marching throughout downtown Manhattan and Aggieville. K-State Homecoming, brought to you by the K-State Alumni Association, is a week-long annual tradition bringing together students, alumni and friends of K-State. Full schedule of events: <a href="https://www.k-state.com/participate/homecoming/index.php">https://www.k-state.edu/icc/</a> watch the ICC Facebook page, ICC Instagram or isc-l listserv for more information!

#### **Kansas Driving & Insurance Laws**

Thursday, October 16th

4:00 pm - 5:00 pm at the Frith Community Center in Jardine

Learn about Kansas driving and insurance laws as well as the legal requirements for owning a vehicle, including insurance and registration procedures. Presented by the K-State Police Department.

#### **Coffee Hour: Chad**

Friday, October 24th

4:00 pm - 5:00 pm at the Jardine Frith Community Center or Zoom

(see link at https://www.k-state.edu/isss/programs-events/ the week of the event)

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us to learn about the geography and culture of another nation. See <a href="https://www.k-state.edu/isss/programs-events/coffee-hour.html">https://www.k-state.edu/isss/programs-events/coffee-hour.html</a> for more information.

## **International Coordinating Council (ICC) Game Night**

Friday, October 24th

6:00 pm at the Frith Community Center in Jardine

Come to play fun games, make new friends and hear more about the International Coordinating Council's Fall events! Visit <a href="https://www.k-state.edu/icc/">https://www.k-state.edu/icc/</a> watch the ICC Facebook page, ICC Instagram or isc-l listserv for more information!

## November 2025

#### **Coffee Hour: Peru**

Friday, November 7th

4:00 pm - 5:00 pm at the Jardine Frith Community Center or Zoom

(see link at <a href="https://www.k-state.edu/isss/programs-events/">https://www.k-state.edu/isss/programs-events/</a> the week of the event)

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us to learn about the geography and culture of another nation. See <a href="https://www.k-state.edu/isss/programs-events/coffee-hour.html">https://www.k-state.edu/isss/programs-events/coffee-hour.html</a> for more information.

### Coffee Hour: Türkiye

Friday, November 14th

4:00 pm - 5:00 pm at the Jardine Frith Community Center or Zoom

(see link at <a href="https://www.k-state.edu/isss/programs-events/">https://www.k-state.edu/isss/programs-events/</a> the week of the event)

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us to learn about the geography and culture of another nation. See <a href="https://www.k-state.edu/isss/programs-events/coffee-hour.html">https://www.k-state.edu/isss/programs-events/coffee-hour.html</a> for more information.

## K-State International Education Week (IEW)

Monday, November 10th - Friday, November 21st

This event provides an opportunity to recognize, advance and elevate international awareness across our campus via a variety of events. Through a joint initiative of the U.S. Department of State and U.S. Department of Education, universities across the U.S. plan and implement events that serve to elevate the level of international awareness and diversity of students. Full schedule of events: <a href="https://www.k-state.edu/oip/about/events/iew.html">https://www.k-state.edu/oip/about/events/iew.html</a>

#### **ICC Food Festival**

Sunday, November 16th (Must purchase tickets in advance)

5:30 pm - 7:30 pm at the Frith Community Center in Jardine

The International Coordinating Council (ICC) invites you to taste food from around the world. This is an opportunity to sample food from all over the world while in one place. Visit <a href="https://www.k-state.edu/icc/">https://www.k-state.edu/icc/</a> watch the ICC Facebook page, ICC Instagram or isc-l listserv for more information!

## **Legal Topics for International Students**

Thursday, November 20th

4:00 pm - 5:00 pm via Zoom

(see link at <a href="https://www.k-state.edu/isss/programs-events/">https://www.k-state.edu/isss/programs-events/</a> the week of the event)

Learn about various legal matters of interest to international students. During this workshop, we will cover questions such as what to do if you get a traffic ticket, what a power of attorney is, alcohol violations and regulations, online buying scams, car purchasing, and apartment rental issues. Presented by James (Jim) Kepple, Student Legal Services Attorney. <a href="https://www.k-state.edu/legal/">https://www.k-state.edu/legal/</a>

## **December 2025**

Pathways to Permanent Residency - William Schiller and Ian Wagreich, Immigration Attorneys

Wednesday, December 3rd

3:30 pm -5:00 pm via Zoom

(see link at https://www.k-state.edu/isss/programs-events/ the week of the event)

William Schiller and Ian Wagreich, Immigration Attorneys from <u>Hinshaw Law</u>, will present on employment options as well as pathways to permanent residency under the employment based first and second preferences that do not require a labor certification (i.e. National Interest Waiver; Extraordinary Ability and Outstanding Professor and Researcher).

### **Coffee Hour: Gambia**

Friday, December 5th

4:00 pm - 5:00 pm at the Frith Community Center – Jardine or Zoom

(see link at <a href="https://www.k-state.edu/isss/programs-events/">https://www.k-state.edu/isss/programs-events/</a> the week of the event)

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us to learn about the geography and culture of another nation. See <a href="https://www.k-state.edu/isss/programs-events/coffee-hour.html">https://www.k-state.edu/isss/programs-events/coffee-hour.html</a> for more information.

## Other resources available on demand

### A College Student's Guide to Eating Well

YouTube presentation: <a href="https://youtu.be/LtGJh RQ Qs">https://youtu.be/LtGJh RQ Qs</a>

College life comes with unique barriers to making healthy food choices. This presentation teaches the audience the skills to identify and break down those barriers because a well-nourished student = a successful student. Presented by students in the WellCAT Ambassadors program.

### **Love Your Body**

YouTube presentation: <a href="https://youtu.be/xHjWc80tU2c">https://youtu.be/xHjWc80tU2c</a>

There are many factors that lead to negative body image. An exploration into both positive and negative body image, this presentation touches on the dangers of eating disorders and offers tips for increasing body positivity. Presented by students in the WellCAT Ambassadors program.



International Student & Scholar Services

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