

# Resources to Support Students Raising Families

## Support for food security

### **Cat's Cupboard – K-State Food Pantry**

Cats' Cupboard is organized as a consumer choice model, so you may come in and shop. All we ask is that you take what you need and use what you take. The only qualification for you to take advantage of the Cats' Cupboard is that you be a current K-State student, staff or faculty member on the Manhattan campus.

<https://www.k-state.edu/cats-cupboard/>

### **More resources**

Many more resources to support food security are listed on the Cat's Cupboard website.

<https://www.k-state.edu/cats-cupboard/resources/community.html>

## Financial Support

### **K-State Student Financial Assistance**

Explore the numerous types of financial support available to K-State students.

<https://www.k-state.edu/sfa/scholarships-aid/>

### **Emergency Student Aid**

This aid is available to support students who encounter unexpected, temporary financial obstacles resulting from an emergency or crisis situation.

<https://www.k-state.edu/sfa/scholarships-aid/emergency-aid/>

### **Powercat Financial**

Trained peer counselors provide FREE financial counseling and presentations for current K-State students. Support is available to BOTH on-campus and online students. You can also find several self-service resources on the Powercat Financial website.

<https://www.k-state.edu/powercatfinancial/>

## Health and well-being

### **Riley County Maternal and Child Health**

Support for pregnant women, families, and their babies through a variety of programs and services.

<https://www.rileycountyks.gov/1244/Maternal-Child-Health>

### **Resources from K-State Research and Extension**

K-State Research and Extension provides strong educational programming in the area of health. We are guided by a vision of the work done nationally by the Cooperative Extension System.

**Health** - <https://www.ksre.k-state.edu/health/>

**Food and Nutrition** - <https://www.ksre.k-state.edu/food/>

## **Child Care Support**

### **Manhattan, Kansas Licensed Daycares with Openings Facebook group**

This group was created for parents and Licensed day care providers to communicate openings and needed licensed child care.

<https://www.facebook.com/groups/634526716580970>

### **ChildCare Aware of Kansas**

Child Care Aware® of Kansas connects everyone with a stake in child care — parents, child care providers, businesses, local and state leaders, and community members — to the information and ideas they need to take action. ChildCare Aware offers a database to help families find child care that meets your needs. They also have many other resources and assistance programs to support families in the context of child care, financial needs, nutrition, child development, and more.

<https://ks.childcareaware.org/>

## **Clothing for children**

### **USD 383 Fit Closet**

The USD 383 FIT Closet & Clothing Exchange assists McKinney-Vento qualified/FIT students enrolled in the USD 383 school district by providing what they need to successfully integrate into school as well as find success in their educational journey. This assistance comes in the form of (but is not limited to) school supplies, school-appropriate clothing, and personal hygiene items. Thanks to the generosity of our community, we're also able to serve students who qualify for free/reduced fees (and their immediate family - parents and siblings who are not yet school age).

<https://www.fitcloset.org/>

### **Little Britches Children's Consignment Sales**

We are a twice yearly consignment sale event specializing in infant, children and maternity items in Manhattan, Kansas since 2003. Whether you're in the need of baby gear or hoping to unload items your tween is done with, we hope to see you at the sale!

<https://www.littlebritchessales.com/>

## **Additional resources**

**Resources for family finances** - <https://www.ksre.k-state.edu/program-areas/financial-planning/familyfinances.html>

**K-State Family Center** - <https://www.hhs.k-state.edu/familycenter/>

**TELUS Health Support – 24/7 well-being support via chat and phone** - <https://www.k-state.edu/lafene/well-being/myssp/>