

guide

PANHellenic
RECRUITMENT

to

KANSAS
STATE

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LETTER FROM THE *advisors*

Welcome to one of the best decisions you'll ever make, going through sorority recruitment! Greek life is so much more than just a way to get involved; it's a sisterhood filled with amazing women who lift each other up, make lifelong memories, and give back to the community in the best ways. This experience is truly one-of-a-kind, and we are SO excited that you want to be a part of it!

Now, we totally get it—this whole process can feel a little overwhelming (and maybe even a little scary). But guess what? We've been exactly where you are right now. Moving to a new place, saying goodbye to family and friends, and stepping into a completely new chapter of your life—it's A LOT. But here's the best part: you're not alone! Every single recruitment guide, chapter member, and Panhellenic woman has been in your shoes, and we are all here to support you every step of the way.

Your recruitment guides have been planning, prepping, and pouring their hearts into this since February—all to be the best mentors, hype girls, and advice givers they can be. And our chapter members? They are SO ready to welcome you with open arms and show you just how important and impactful their sisterhoods have been on their lives!

So take a deep breath and enjoy the ride! Recruitment is such a special time in your college journey, so soak in every moment. Ask the questions, meet new people, trust the process, and most importantly—HAVE FUN! Your adventure is just getting started, and we are beyond honored to be a part of it.

We can't wait to see you shine!

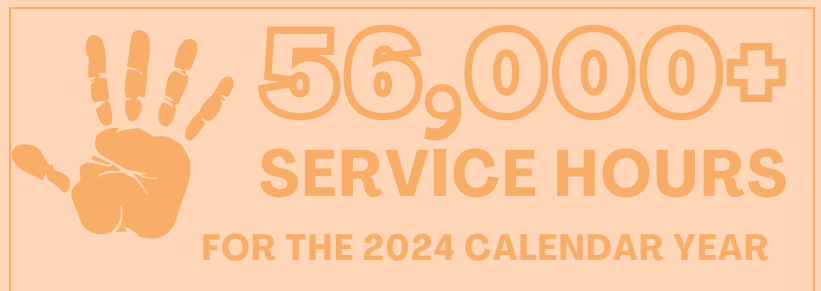
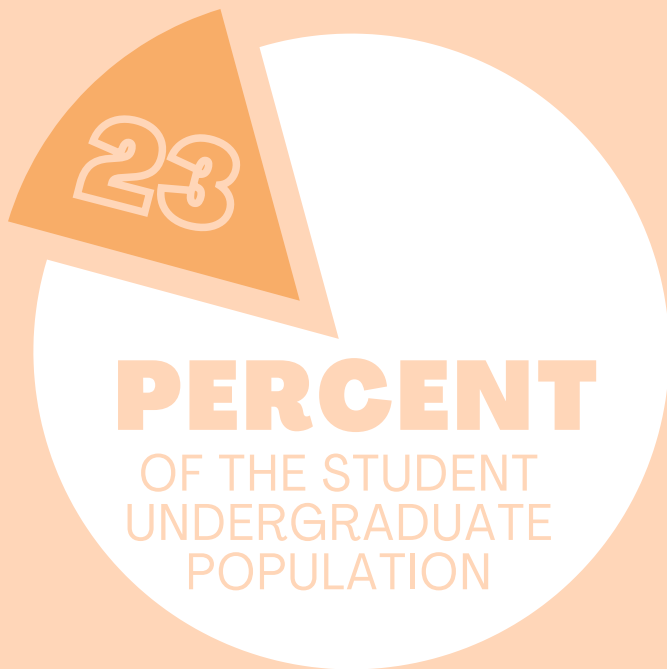
With Kindness and So Much Excitement,

*Margaret Tippie &
Hugh Sidabutar*



Greek Life at a Glance

This page is a glimpse into the dedication and spirit of our incredible community! From excelling in the classroom to leading within their chapters and making an impact across K-State, our members are constantly striving for excellence. Whether it's through academic achievements, campus involvement, or philanthropic efforts, the hard work and passion of our community shine through in everything they do. We're proud to highlight just a few of the many ways our members are making a difference every day!



Meet Our Team



Anne
President



Addie
Executive Vice President



Laura
Vice President of Health &
Safety



Graysen
Vice President of Recruitment
Operations



Kiley
Vice President of Recruitment
Experience



Delainie
Vice President of Community
Wellness



Lainey
Vice President of Public
Relations

National Panhellenic Conference Creed

“We, as undergraduate members of women's fraternities, stand for good scholarship, for guarding of good health, for maintenance of fine standards, and for serving, to the best of our ability, our college community. Cooperation for furthering fraternity life, in harmony with its best possibilities, is the ideal that shall guide our fraternity activities. We, as fraternity women, stand for service through the development of character inspired by the close contact and deep friendship of individual fraternity and Panhellenic life. The opportunity for wide and wise human service, through mutual respect and helpfulness, is the tenet by which we strive to live.”

Recruitment

Important Dates



registration
opens!



registration
closes!

AUGUST

S	M	T	W	T	F	S
			13	14	15	16
17	18	19	20	21	22	23
24	25	26				

08/13 – Virtual Convocation & Virtual Round 1
08/16 – PNM Move-in
08/17 – PNM Move-in & Philanthropy Round
08/18 – Philanthropy Round

08/19 – Sisterhood Round
08/20 – Preference Round (AM)
08/20 – Bid Night (PM)
08/25 – First Day of School

Round 1: *Open House*

During our first round, you'll have the opportunity to explore magazines from all 14 chapters. These magazines will be available on Canvas under the 'Chapter Magazines' tab within the module. This module will open early August, giving you a few days to review all the information before we meet.

Additionally, do you remember us mentioning a video? This video should include a brief introduction along with responses to a set of questions. For details on how to create and submit your video, visit page 12. Our chapters will use these videos to get to know you better!

After creating your video and reviewing all 14 magazines, you will preference the chapters during Virtual Convocation with your Recruitment Guide.

A tip from the Vice President of Recruitment Operations: Remember, Recruitment is all about finding your home—a place where you feel truly comfortable, supported, and empowered. While the chapter magazines are beautifully designed, don't let the aesthetics alone guide your decision. Instead, focus on how each chapter's values, stories, and sisterhood make you feel. Pay attention to what speaks to your heart and where you can see yourself growing and thriving. At the end of the day, it's not about the prettiest pages—it's about the connections you make and the sisterhood that feels like home!



Round 2: *Philanthropy*

Welcome to your first day of meeting our chapters! Today marks the exciting start of your journey to discover what makes each of our chapters truly special—philanthropy. During the next two days, you will receive a schedule that invites you to visit different chapters and learn about how their chapter supports and raises awareness for their philanthropic causes.

Be ready to share! We encourage you to talk about any community service projects you have participated in or are currently involved with. Today is also the perfect opportunity to express what you are passionate about, as our chapters will be doing the same.

If you have any questions or need assistance, your Recruitment Guides are here to help, so don't hesitate to connect with them. Get ready to connect, learn, and be inspired.

A tip from your Vice President of Recruitment Operations: Take notes throughout the Philanthropy Round! With multiple chapters spread across different days, it can be easy to forget details. Writing down your thoughts on each chapter's philanthropy, values, and conversations will be incredibly helpful when it's time to make your selections.



Round 3: *Sisterhood*

During this round, you will have the chance to connect more deeply with members and hear personal stories about their sorority experience and what makes their chapter feel like home. You will also take part in a special ceremony that is unique to each chapter, giving you a glimpse into the traditions that strengthen their bonds of sisterhood.

This round can be emotional for some women as they reflect on the friendships and memories they have built within their chapter. But remember, it's okay if you don't feel emotional—everyone experiences this moment in their own way.

After attending all of your events, you will submit your preferences and sign the Membership Recruitment Acceptance Binding Agreement (MRABA), taking an important step toward finding your own home in our community.

A tip from our Vice President of Recruitment Operations: As you move into the Sisterhood Round, take time to reflect on your experiences so far. This is a crucial stage in the process, offering valuable insight into each chapter's culture and values. Consider how the conversations in each chapter made you feel and what aspects resonated most with you. Most importantly, think about what you truly want from your sorority experience and where you see yourself thriving.



Round 4: *Preference*

During this round, you will have the chance to connect more deeply with members and hear personal stories about their sorority experience and what makes their chapter feel like home. You will also take part in a special ceremony that is unique to each chapter, giving you a glimpse into the traditions that strengthen their bonds of sisterhood.

This round can be emotional for some women as they reflect on the friendships and memories they have built within their chapter. But remember, it's okay if you don't feel emotional—everyone experiences this moment in their own way.

After attending all of your events, you will submit your preferences and sign the Membership Recruitment Acceptance Binding Agreement (MRABA), taking an important step toward finding your own home in our community.

A tip from the Vice President of Recruitment Operations: Preference Round is a deeply meaningful part of the recruitment process. Take this time to reflect on your journey, the connections you've made, and where you truly see yourself thriving. Focus on how each chapter aligns with your values and what feels like home to you. Trust your instincts—this is your decision, and you are choosing the sisterhood that will support and uplift you throughout your college experience and beyond.



Round 1 Video

tips, tricks and everything in-between

The first round of Panhellenic recruitment is entirely virtual! You will upload a 3 minute video through Campus Director (where you registered for formal recruitment). ***You do not need to upload a video to complete your registration, but a video is required to be submitted by August 1!***

WHAT'S IN MY VIDEO?

In a video that is approximately 3 minutes, please answer the following **required** questions:

- Introduction- name, major, year, hometown/high school and any other information you would like to share!
- Why do you want to join a sorority?
- What does your high school involvement/experience look like? What were you passionate about?

In addition to the questions above, please **select one** of the questions below:

- What is something you have done that you are proud of?
- What's something you've always wanted to try but haven't had the chance to yet?
- What can always make you feel better after a bad day?
- What are three words would your friends use to describe you?

BEFORE SUBMITTING:

Make sure that your video submission link is accessible to all. We recommend that you upload and share a link from Youtube or a Google Drive account to maintain video quality.

TIPS:

- limit your background noise so that you can be clearly heard!
- many PNMs have chosen to wear a k-state gear for their video!
- it's okay to not get the perfect video on the first try!
- submit a video that you believe represents you, not what you think people want to see!

AWESOME OPPORTUNITY:

Through this [link](#), you can submit your first round video and a Recruitment Guide or member of our Panhellenic Executive Board will watch your video and provide feedback! If you think that this opportunity is something you would like to take advantage of, we recommend having your videos submitted through the link ***no later than July 1!*** If submitted after that date, there is no guarantee that we will be able to provide feedback in time! You can also find this link in your confirmation email, our instagram bio, our website, and the canvas page that you will be added to!

PNM *Bill of Rights*

1. The right to be treated as an individual.
2. The right to be fully informed about the recruitment process.
3. The right to ask questions and receive true and objective answers from Recruitment Guides.
4. The right to be treated with respect.
5. The right to be treated as a capable and mature person without being patronized.
6. The right to have and express opinions to Recruitment Guides.
7. The right to have inviolable confidentiality when sharing information with Recruitment Guides.
8. The right to make informed choices without undue pressure from others.
9. The right to be fully informed about the binding agreements implicit in the acceptance card signing.
10. The right to make one's own choice and decision and accept full responsibility for the results of that decision.
11. The right to have a positive, safe, and enriching recruitment and pledging experience.

PANHellenic

Code of Ethics

As members of the Kansas State University Panhellenic Council, we agree that our vision is of a safe, positive, enriching recruitment experience to provide opportunities for women to obtain membership in a women's fraternity. To reach our common goal, we will strive to create an environment of trust, honesty, unity, and cooperation among all chapters. Therefore, we solemnly promise to:

- Respect ourselves, our sisters, and the Greek community as a whole. We will work with other sororities to improve the fraternity and sorority experience as a whole.
- Enable every Potential New Member an equal opportunity and expectation to act accordingly with true Panhellenic spirit as well as our own chapter values and moral judgements.
- Promote the safety and protection of current and prospective members.
- Confront the concerns about alcohol and other illegal substances and promote the safety and protection of current and prospective members.
- Treat Potential New Members with the same respect before, during, and after Recruitment.
- Abide by all official Panhellenic codes, including, but not limited to, The National Panhellenic Creed, Potential New Member Bill of Rights, the Kansas State Panhellenic Council Recruitment Rules, the Kansas State Panhellenic Constitution, and the National Panhellenic Conference Unanimous Agreements.
- Leave the Potential New Member with a positive idea of what sisterhood could be.
- Encourage the Potential New Member to explore the freedom of thought in her decisions.
- Inform the Potential New Member about the recruitment process, membership, requirements, and external and internal responsibilities.
- Enable every Potential New Member an equal opportunity to a level playing field.
- Strive to maintain a campus scholastic average that is above the all-women's average.



@[phcatkstate](https://www.instagram.com/phcatkstate)



[Fraternity & Sorority Life at Kansas State](https://www.facebook.com/ksufraternity)



<https://www.k-state.edu/fraternity-sorority/>

MEMBERSHIP RECRUITMENT ACCEPTANCE

Binding Agreement

Part 1: Withdrawing or continuing in Recruitment, Initial one of the following options:

_____ I want to withdraw from Recruitment.

I will not join a sorority now. I could join a sorority in the future by participating in the continuous open bidding ("COB") process. I will not complete this contract. (Next Step: Continue to Part 5).

_____ I am continuing in Recruitment.

(Next Step: Continue to Part 2).

Part 2: Show that you understand the ranking process. Initial each statement. By signing the MRABA, I understand and agree that each of these statements is true:

_____ I am willing to accept an invitation to membership ("bid") from any sorority I list in Part 4.

_____ I will rank each sorority in the order of my preference for receiving a bid.

_____ If I attend a sorority's Preference event, and I would not accept a bid from that sorority, I do not have to rank that sorority.

_____ I understand that if I choose to rank fewer sororities, I might not receive a bid through Primary Recruitment.

Part 3: Show that you understand the effect of submitting the MRABA. Initial each statement below. By signing the MRABA, I understand and agree that each of these statements is true:

_____ After I submit this form, I cannot change my rankings. I cannot add or delete any sororities through my rankings.

_____ If I do not receive a bid from any sorority I ranked, I understand I am eligible to join any sorority later, through the COB process. I understand that not all sororities will recruit through COB.

_____ If I do receive a bid from a sorority I ranked, but I choose not to accept a bid, I understand that I am not eligible to join any other sorority on this campus until the start of the next Primary Recruitment.

Part 4: Rank your preferences. Rank in order of your preference for receiving a bid.

1st Preference: _____

2nd Preference: _____

Part 5: Sign the contract.

I have read and understand this MRABA. By signing or submitting this MRABA, I agree to be bound by its terms. I agree that completing this form electronically has the same legal effect of completing a paper version.

I have never been initiated into an NPC sorority. I understand that if I join an NPC sorority and choose to become an initiated member of that sorority, I cannot join another NPC member organization regardless of any circumstances.

What Does This Mean?

ABOUT THE MRABA:

The document on the opposite page is the Membership Recruitment Acceptance Binding Agreement (MRABA), formerly known as the "Preference Card". The MRABA is a binding agreement that is effective for one calendar year, **By signing this document, you as a Potential New Member agree that you are willing to accept a bid for membership from any sorority that you rank on the MRABA.**

Please note that if you receive an invitation to membership (a bid) from any sorority that you ranked on your MRABA, then you are bound to that group for one calendar year (August 2025– August 2026). If you receive a bid from any sorority that you have listed on your MRABA, and you choose not to accept it or later withdraw from the new member process, you are not eligible to participate in Continuous Open Bidding (COB) in Fall 2025 or Spring 2026.

WHEN DO I SIGN THE MRABA?

If you receive an invitation to the Preference round, you will make your final selection at the conclusion of your last party. Here, you will rank the chapter(s) you visited on **August 20, 2025** in preferential order. Once you complete your rankings, you will sign an electronic copy of the MRABA. Please note that once the MRABA has been completed and submitted, it cannot be altered or changed.

Before signing the MRABA, you have several options to consider. We suggest that you thoroughly reflect on these before signing your MRABA.

MRABA OPTIONS:

- 1. You may choose NOT to complete the MRABA, thereby withdrawing from recruitment.** If you choose this option, you are eligible to accept a bid for membership from any sororities participating in Continuous Open Bidding. A small number of sororities may be able to recruit a limited number of women through the COB process after Primary Recruitment if their chapter is below the Campus Total; however, this is not guaranteed.
- 2. You may choose to list any sorority whose Preference Event you attended and from whom you are willing to accept an invitation of membership (a bid).** Please note that you should NOT rank a sorority on your MRABA that you are absolutely not willing to accept a bid for membership. If you match with a sorority that you listed on your MRABA, it is important to note that you are bound to that sorority for one calendar year (August 2025 – August 2026), regardless of whether you officially accept their invitation for membership or not.
- 3. You may choose to limit your choices to just one sorority whose Preference Event you attended and you are willing to accept an invitation to membership.** You must understand that if you choose to single Intentional Single Preference, then you are not guaranteed to receive a bid for membership. Only Potential New Members who maximize their options and list ALL of the chapters that they attended during the Preference round are guaranteed to receive a bid for membership during Primary Recruitment.

If you do not receive an invitation to membership (a bid) from any of the sororities that you have listed, you are eligible for Continuous Open Bidding,

The Next Generation OF SORORITY MEMBERS

We understand that no one person fits into a singular box. Each individual is unique, with complex personalities, desires, and dreams. This is especially true for the next generation of sorority members. A recent study has revealed that most potential new members can be grouped into four distinct personas. We believe that by helping women identify the persona they most closely align with, they will better understand what they're seeking from joining a sorority.

Below is an overview of these personas, and in the following pages, we delve deeper into each one, exploring why members of each persona are drawn to sorority life. Additionally, we've identified members of our Panhellenic Council who resonate with these personas. Each of these women has filled out the registration for formal recruitment to share their experiences.

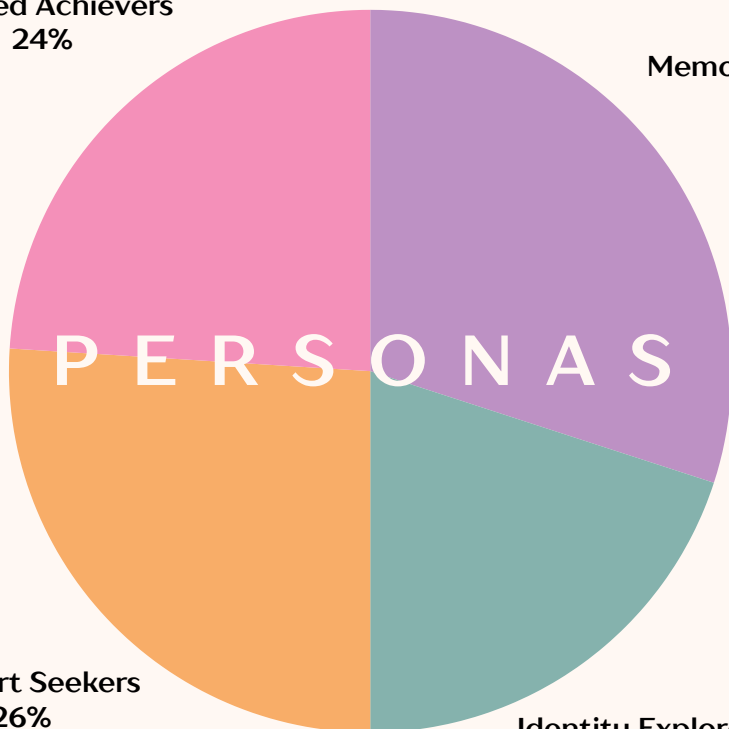
We hope this will help alleviate some of the fear that comes with moving away from home and embarking on new adventures!

Focused Achievers
24%

Memory Makers
30%

Comfort Seekers
26%

Identity Explorers
20%



Memory Makers

Seeks balance between their academics and their social life.

Identity Explorers

Focuses on discovery and their growth during college.

Comfort Seekers

Prioritizes familiarity in their college experience.

Focused Achievers

Has a strong drive for accomplishment.

PERSONA ONE

Memory Makers

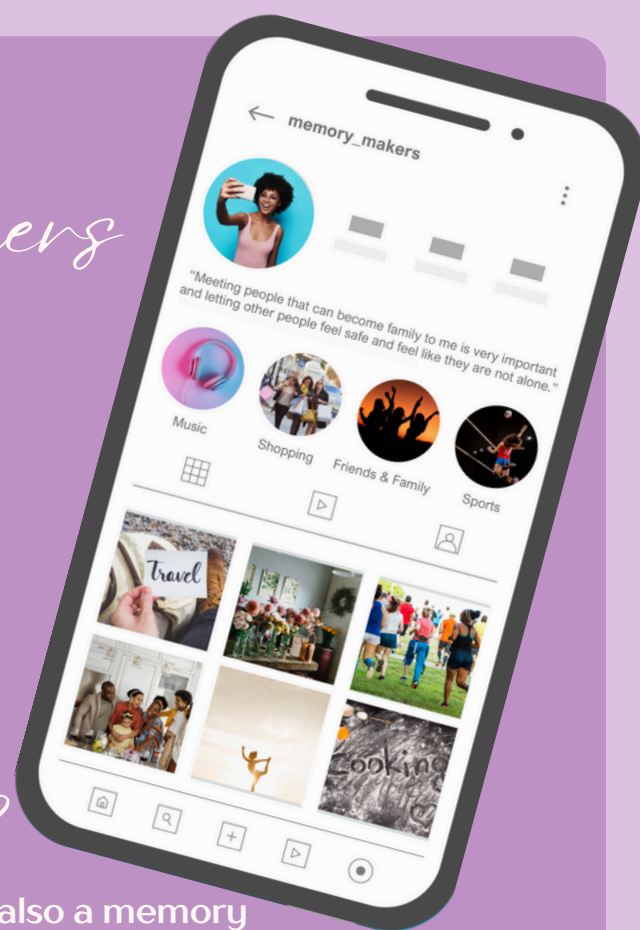
"I enjoy being involved in many things and work hard to balance my academics and social life, and love to discover and experience new things."

key factors for wanting to join:

- can form close friendships
- great way to meet new people
- is like a family
- throws fun events
- could see having fun with people in it

Does this sound like you?

Vice President of Recruitment Experience Kiley, is also a memory maker. Check out her registration [here!](#)



PERSONA TWO

Identity Explorers

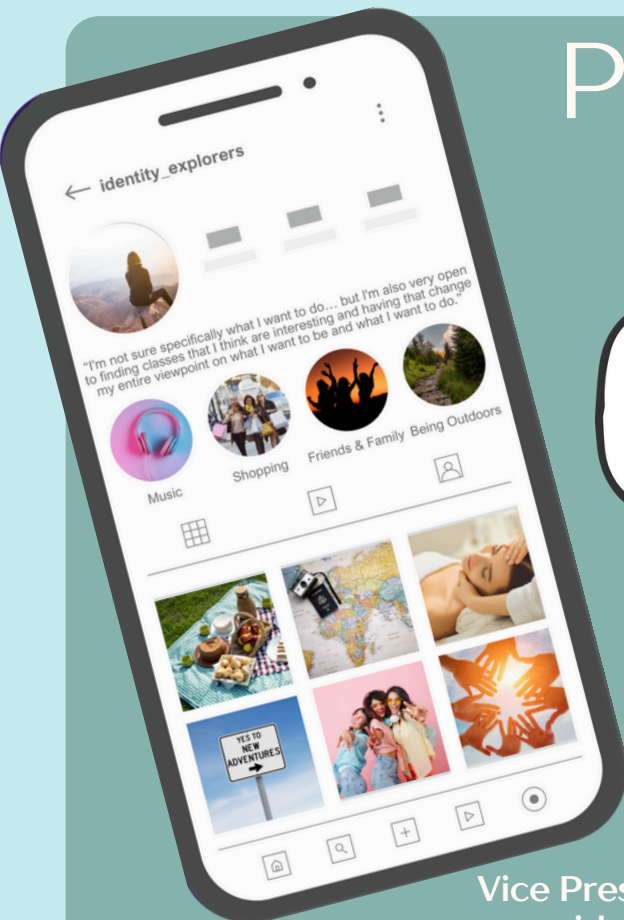
"I am drawn to experiences that relate to my personal growth and development, and I enjoy being outdoors."

key factors for wanting to join:

- can form close friendships
- provides safe space/support system
- is like a family
- chance to develop leadership skills
- career development/networking

Does this sound like you?

Vice President of Recruitment Operations, Graysen, is also an identity explorer. Check out her registration [here!](#)



PERSONA THREE

Comfort Seekers

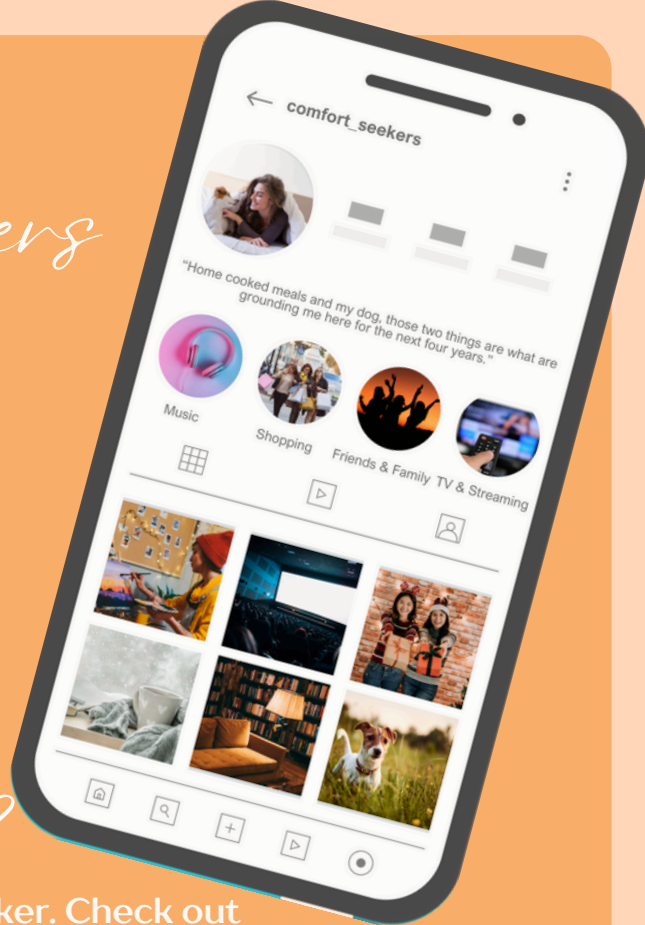
"I feel more at ease in more intimate situations with people I know, and support from close personal connections help me feel more comfortable when trying new things"

key factors for wanting to join:

- can form close friendships
- has people I like and connect with
- provides a safe space and support system
- I know someone who is a member

Does this sound like you?

Panhellenic President, Anne, is also a comfort seeker. Check out her registration [here!](#)



PERSONA FOUR

Focused Achievers

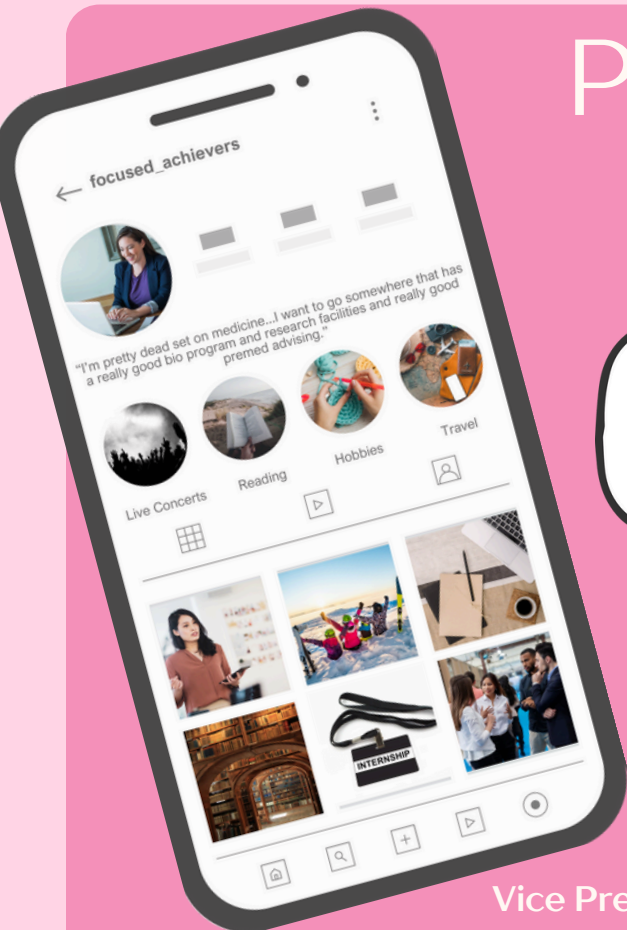
"Academic achievement is extremely important to me, and I like to participate in activities and organizations that make a difference and/or help me with long-term goals"

key factors for wanting to join:

- can form close friendships
- finding people with similar values/interests as me
- provides a safe space/support system
- has people I like and connect with

Does this sound like you?

Vice President of Health and Safety, Laura, is also a focused achiever. Check out her registration [here!](#)



LETTERS FROM OUR *alum*

In reflecting on our sorority experiences, we are filled with nostalgia. Our sorority experience has left us with memories that brought us so much joy and warmth throughout college. From dancing our hearts out at every event, mattress surfing down the stairs, encouraging each other through the ups and downs, and doing what seems like everything in between, sorority life truly helped us feel like we always had a home away from home. A huge part of that “home” feeling was from meeting each other and all of our close friends that we still hang out with regularly. Who knew that seven years ago when we ran home on bid day, we could be creating lifelong friendships?

Sorority life provided us with many leadership opportunities and a safe place to discover who we were and who we wanted to be. Because we were able to meet women not just in our majors or our year, we had mentors who doubles as sisters to go to with any struggle or achievement. Someone was always in your corner and rooting for you, and years into the future, someone still will be.

As you go through the recruitment process, it is important to know that the home you chose will leave a lasting impression on you and the friends you make will largely shape who you become. Our advice to you would be to make the most of the week and choose the house that feels like home. This won't just be your home for the next four years, but a home you will always want to come back to. Seven years from now, when someone asks you about your college experience, your answer won't be about the classes you took or the way your campus looked. Instead, you will tell them about the people who *you chose* to become your family.

With love,

Cassidy and Jordan



What an exciting chapter you're about to begin! I remember so vividly the mix of nerves and excitement I felt as I prepared to go through sorority recruitment at K-State. I wasn't sure what to expect, but looking back now, I'm incredibly grateful that I took that leap—because joining a sorority truly became one of the most meaningful parts of my college journey.

I knew I wanted my collegiate experience to be something I'd cherish forever, and I can confidently say that's exactly what I found. Joining a sorority connected me with women I never would've met otherwise—women who have challenged me, supported me, and inspired me in ways I never imagined. These friendships have helped me grow not only during college, but well beyond it.

Being part of Greek life has taught me the value of authentic friendship, not only within my own chapter but across the entire Panhellenic community. It's a sisterhood that extends far beyond the walls of your house—it's about being a part of something bigger than yourself. From advocating and fundraising for philanthropic causes to supporting local and national nonprofits, these experiences are things I never would have had if I hadn't joined a sorority. The impact of sorority life at K-State on the Manhattan community is powerful—and it's what has inspired me to stay involved even after graduation.

I wouldn't trade my sorority experience for anything. It shaped me in the most beautiful ways, gave me memories I'll treasure for life, and introduced me to some of the most amazing women I know. If you're on the fence about recruitment, I encourage you—take the chance. You never know who you'll meet that could change your life—and you never know whose life you might change in return.

With love,

Natalie





MEET OUR CHAPTERS

AXΩ

alpha chi omega

SYMBOL: Lyre & Pearl

NICKNAME: Alpha Chi, A Chi O

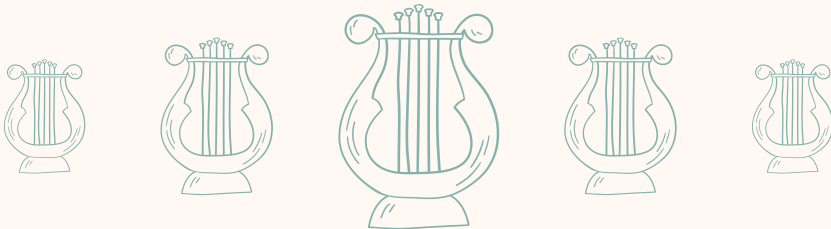
COLORS: Scarlett & Olive

PHILANTHROPY: Domestic Violence Awareness

MOTTO: "Together let us seek the heights."

VALUES: Wisdom, Devotion, Achievement

New Member	Active Member In House	Active Member Out of House
\$2,962	\$9,098	\$2,618





A Δ Π

alpha delta pi

SYMBOL: *Diamond*

NICKNAME: *ADPi*

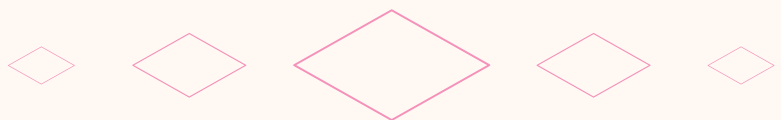
COLORS: *Azure Blue & White*

PHILANTHROPY: *Ronald McDonald House Charity, Sisterhood, Service, Character, and Knowledge*

MOTTO: *"We live for each other."*

VALUES:

New Member	Active Member In House	Active Member Out of House
\$3,208	\$8,660	\$1,860



ΑΓΔ

alpha gamma delta

SYMBOL: *Squirrel & Pearl*

NICKNAME: *Alpha Gam , AGD*

COLORS: *Red , Buff , & Green*

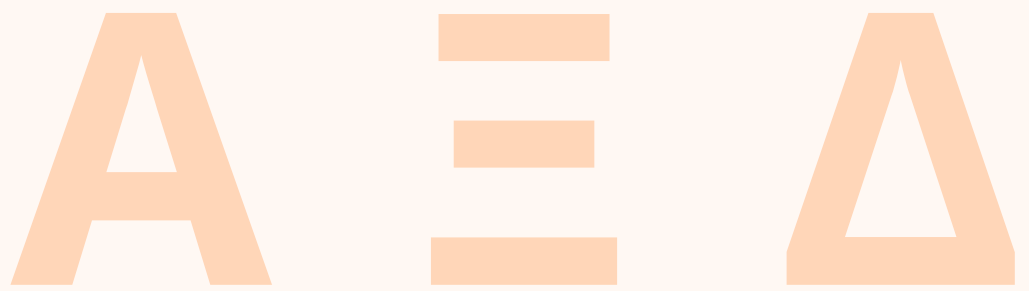
PHILANTHROPY: *Fighting Hunger*

MOTTO: *"Loving. Leading. Lasting."*

VALUES: *Leadership , Scholarship , Service , and Sisterhood*

New Member	Active Member In House	Active Member Out of House
\$4,024	\$9,688	\$3,398





alpha xi delta

SYMBOL: *Quill & Teddy Bear*

NICKNAME: *Alpha Xi , AXiD*

COLORS: *Double Blue & Gold*

PHILANTHROPY: *Kindly Hearts Initiative & USD 383 Fit Closet*

MOTTO: *Sisterhood , Knowledge , Service , and Leadership*
"The pen is mightier than the sword."

VALUES:



New Member	Active Member In House	Active Member Out of House
\$3,112	\$7,956	\$1,706



XΩ

chi omega

SYMBOL: Owl , Skull , & Crossbones

NICKNAME: Chi O

COLORS: Cardinal & Straw

PHILANTHROPY: Make-A-Wish Foundation

MOTTO: "Sisters on purpose."

VALUES: Friendship , Personal Integrity , Service to Others ,
Academic Excellence and Intellectual Pursuits ,
Community and Campus Involvement , and Personal
and Career Development

New Member	Active Member In House	Active Member Out of House
\$3,150	\$9,335	\$2,385





delta delta delta

SYMBOL: *Dolphin , Pearl , & Poseiden*

NICKNAME: *Tri Delta , Tri Delt*

COLORS: *Silver , Gold , & Cerulean Blue*

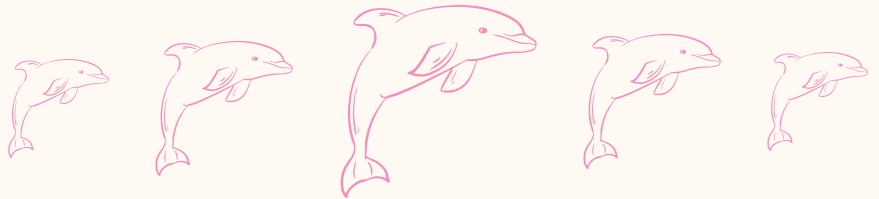
PHILANTHROPY: *St. Jude Children's Research Hospital*

MOTTO: *" Let us steadfastly love one another."*

VALUES: *Truth , Self-Sacrifice , and Friendship*



New Member	Active Member In House	Active Member Out of House
\$4,280	\$10,504	\$3,640



Γ Φ Β

gamma phi beta

SYMBOL: *Crescent moon*

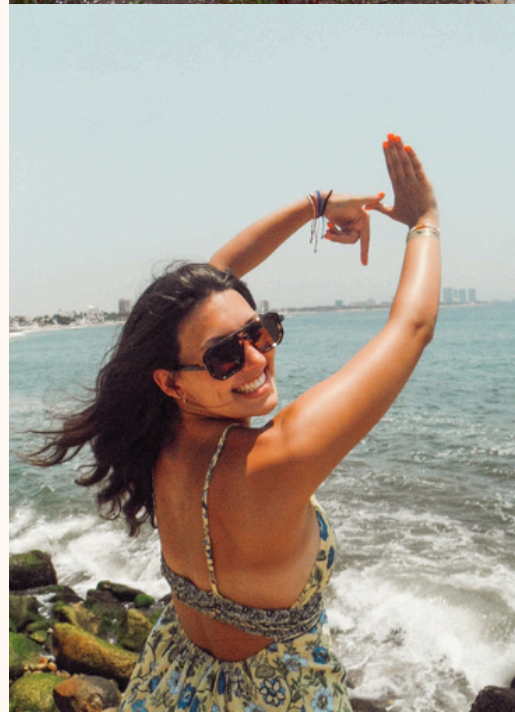
NICKNAME: *GPhi, Gamma Phi*

COLORS: *Brown & Mode*

PHILANTHROPY: *Girls on the Run*

MOTTO: *"Founded on a rock."*

VALUES: *Love, Labor, Learning, and Loyalty*



New Member	Active Member In House	Active Member Out of House
\$2,330	\$9,519	\$2,019





KAΘ

kappa alpha theta

SYMBOL: *Kite*

NICKNAME: *Theta*

COLORS: *Black & Gold*

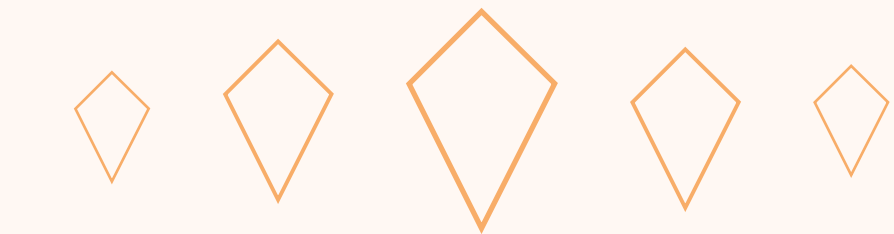
PHILANTHROPY: *Court Appointed Special Advocate (CASA)*

MOTTO: *"Leading women."*

VALUES: *Intellectual Curiosity , Leadership Potential ,
Commitment to Service , and Personal Excellence*



New Member	Active Member In House	Active Member Out of House
\$2,997	\$8,761	\$2,997



KΔ

kappa delta

SYMBOL: Nautilus Shell & Teddy Bear

NICKNAME: KD , Kay Dee

COLORS: Olive Green & Pearl White

PHILANTHROPY: Girl Scouts & Prevent Child Abuse America

MOTTO: "Let us strive for that which is honorable , beautiful , and highest."

VALUES: Friendship & Loyalty , Personal Integrity , Lifelong Learning , and Selfless Service

New Member	Active Member In House	Active Member Out of House
\$2,853	\$9,610	\$2,360





KKΓ

kappa kappa gamma

SYMBOL: *Key, Fleur de lis*

NICKNAME: *Kappa, KKG*

COLORS: *Light blue & Dark blue*

PHILANTHROPY: *LightMHK & National Eating Disorders Association*

MOTTO: *"Dream boldly. Live fully."*

VALUES: *Honesty, Trust, Loyalty, and Personal Commitment*

New Member	Active Member In House	Active Member Out of House
\$2,686	\$9,206	\$1,956



ΠΒΦ

pi beta phi

SYMBOL: *Angel , Bow & arrow*

NICKNAME: *Pi Phi*

COLORS: *Wine & Silver Blue*

PHILANTHROPY: *Read>Lead>Achieve & Ali Kemp Foundation*

MOTTO: *"Friends and leaders for life."*

VALUES: *Integrity , Lifelong Commitment , Honor and Respect ,
Personal and Intellectual Growth , Philanthropic
Service to Others , and Sincere Friendship*



New Member	Active Member In House	Active Member Out of House
\$4,054	\$9,752	\$2,792





Σ K

sigma kappa

SYMBOL: *Dove & Heart*

NICKNAME: *Sig Kap*

COLORS: *Lavender & Maroon*

PHILANTHROPY: *SK Foundation , Inherit the Earth
Gerontology Research , Maine Sea Coast
Mission , Alzheimer's Disease Research*

MOTTO: *"One heart , one way."*

VALUES: *Friendship , Loyalty , Personal Growth , and Service*

New Member	Active Member In House	Active Member Out of House
\$3,469	\$9,779	\$2,245



ZTA

zeta tau alpha

SYMBOL: *Five-pointed crown*

NICKNAME: *Zeta*

COLORS: *Turquoise & Grey*

PHILANTHROPY: *Breast Cancer Research & Awareness*

MOTTO: *"Seek the noblest."*

VALUES: *Lifelong Learning , Leadership , Responsibility , Being Rather than Seeming , Service & Philanthropy , Seeking Understanding , Humility , Loyalty & Commitment , and Love*

New Member	Active Member In House	Active Member Out of House
\$3,221	\$11,122	\$2,496



Letters of Recommendation & Legacy Information

Alpha Chi Omega: Sister, mother, grandmother, great-grandmother

Alpha Delta Pi: Sister, mother, grandmother

Alpha Gamma Delta: Mother, sisters, grandmother, stepsister, stepmother

Alpha Xi Delta: Sister, mother, grandmother, aunt, step-relatives

Chi Omega: Mother, sister

Delta Delta Delta: Sister, mother, grandmother, stepsister, stepmother

Gamma Phi Beta: Sister, mother, grandmother, stepsister, stepmother

Kappa Alpha Theta: Sister, mother, grandmother, great-grandmother

Kappa Delta: Sister, mother, grandmother, stepsister, stepmother, half relatives

Kappa Kappa Gamma: Sister, mother, grandmother

Pi Beta Phi: Sister, mother, grandmother

Sigma Kappa: Sister, mother, grandmother, aunt, step-relatives

Zeta Tau Alpha: Sister, mother, grandmother, great-grandmother, aunt, step-relatives

Letters of recommendation are not required by the Panhellenic Council at K-State. They do not guarantee an invitation to the next round of recruitment events or ensure a bid to a particular sorority. Facilities are not currently occupied. Please ask alumnae interested in writing you a letter to submit it via their organization's I/HQ website (linked below if you hover your mouse on the chapter name)!



Alpha
Chi
Omega

Alpha
Delta
Pi

Alpha
Gamma
Delta

Alpha
Xi
Delta

Chi
Omega

Delta
Delta
Delta

Gamma
Phi
Beta

Kappa
Alpha
Theta

Kappa
Delta

Kappa
Kappa
Gamma

Pi
Beta
Phi

Sigma
Kappa*

Zeta
Tau
Alpha

*no longer accepts letters of recommendation

New Member Costs*

Alpha Chi Omega	\$2,962
Alpha Delta Pi	\$3,208
Alpha Gamma Delta	\$4,024
Alpha Xi Delta	\$3,112
Chi Omega	\$3,150
Delta Delta Delta	\$4,280
Gamma Phi Beta	\$2,330
Kappa Alpha Theta	\$2,997
Kappa Delta	\$2,853
Kappa Kappa Gamma	\$2,686
Pi Beta Phi	\$4,054
Sigma Kappa	\$3,469
Zeta Tau Alpha	\$3,221

*these costs are per **academic** year

*you can find an in depth financial transparency document [here](#).

Active Member GPA Requirements*

Alpha Chi Omega	3.42
Alpha Delta Pi	2.50
Alpha Gamma Delta	2.50
Alpha Xi Delta	2.50
Chi Omega	2.50
Delta Delta Delta	2.70
Gamma Phi Beta	2.80
Kappa Alpha Theta	2.70
Kappa Delta	2.75
Kappa Kappa Gamma	2.75
Pi Beta Phi	2.75
Sigma Kappa	2.65
Zeta Tau Alpha	2.75

*GPA requirements are per academic **semester**.

*there is not GPA requirements to register for Panhellenic Formal Recruitment, but we recommend a high school GPA of 3.0 and a college GPA of 2.8

PANHellenic

core values

Personal Growth

From the second you step into our community to graduation day, you will be presented with endless opportunities to grow and challenge yourself. One of our members stated someone else in her chapter was able to affirm qualities within her that she didn't yet notice in herself. Whether it's being encouraged to apply for a position within a student organization, being surrounded by people with diverse interests, or simply building interests, or simply building value within your own experiences, being a member of Fraternity and Sorority Life will help you grow qualities within yourself to be a strong leader and community member.

Connection

Being a member of FSL means that you have common interest with over 3,600 people. This bond is something that extends to not only active members, but also our alumni. Getting the chance to make professional connections with alumni is a unique feature of our community. Our community rallies around members both as they go through hard times, but also as they celebrate victories.

Confidence

When meeting with members of each of our fraternities and sororities, we asked them a variety of questions pertaining to what they have gained throughout their experience. The number one answer we heard: Confidence. Whether you come to K-State with your entire graduating class or you come from out-of-state not knowing a single person, being a member of FSL surrounds you with a community that will instill confidence within you and help you be your most authentic self.

Impactful Friendship

FSL is a place where everyone is welcome and everyone is family. Creating lifelong friendships is one of the pillars of our community. Getting the chance to live in the chapter facility, find mentors among older students, and meeting people with different majors and interests is something that is unique to FSL. While everyone has their own niche, everyone else is there to support them in that. Getting to form bonds with those who are older than you and finding mentors through that.

Fraternity & Sorority Life

Email: greeklife@k-state.edu

Phone: [1-785-532-5546](tel:1-785-532-5546)

Website: <https://www.k-state.edu/fraternity-sorority/>

Location: 004 K-State Student Union
918 N. MLK Jr Drive,
Manhattan, KS 66506

Housing and Dining Services

Email: housing@k-state.edu

Phone: [785-532-6453](tel:785-532-6453)

Website: <https://housing.k-state.edu/>

Location: 104 Pittman Building
1531 Mid Campus Dr. North,
Manhattan, KS 66506

Office of Recruitment and Admissions

Email: apply@k-state.edu

Phone: [785-532-1521](tel:785-532-1521)

Website: <https://www.k-state.edu/admissions/>

Location: 119 Anderson Hall
919 Mid Campus Dr. North,
Manhattan, KS 66506

FREQUENTLY *Asked Questions*

Sorority recruitment can be an exciting yet overwhelming experience, especially for first-time participants. To help guide Potential New Members, we've compiled answers to some of the most frequently asked questions.

1. What is Panhellenic Sorority Recruitment?

- a. Panhellenic sorority recruitment is a structured process through which PNMs are introduced to sororities on a college campus. Typically, Recruitment takes place in the fall a week before classes officially begin. The purpose of this is for PNMs to learn about each sorority and meet the current members.

2. How does the Recruitment process work?

- a. Here at Kansas State, Recruitment is divided into four different rounds, with Round 1 being virtual. Round 2 (Philanthropy Day) is when PNMs get the chance to learn more about the different philanthropies our chapters support. Round 3 (Sisterhood) is for chapters to showcase their sisterhoods and their facilities. 13 out of 14 chapters are housed on our campus. Alpha Omega Epsilon is not housed, nor do they participate in formal Recruitment. Click [here](#) for more information about their Recruitment process. Round 4 (Preference Day) is when PNMs build on their deep connection with up to two chapters and decide which one they can see themselves in. After Preference Day is over, each PNM will put those two chapters on a list and choose the one they would like to join. Bid Night follows a couple hours after the last round of Preference.

3. Can transfer students go through our Recruitment process?

- a. Absolutely! As long as you have not signed a MRABA in the last calendar year or have been initiated into a chapter at your previous university, you are more than welcome to go through our Recruitment!

4. Is there a GPA requirement to join a sorority?

- a. While the Panhellenic Council does not have a set GPA requirement for PNMs, we do strongly encourage a 3.0 out of a 4.0 scale in high school. Furthermore, most chapters have Active Member GPA requirements that is expected to be upheld should you join their chapter,



@phcatkstate

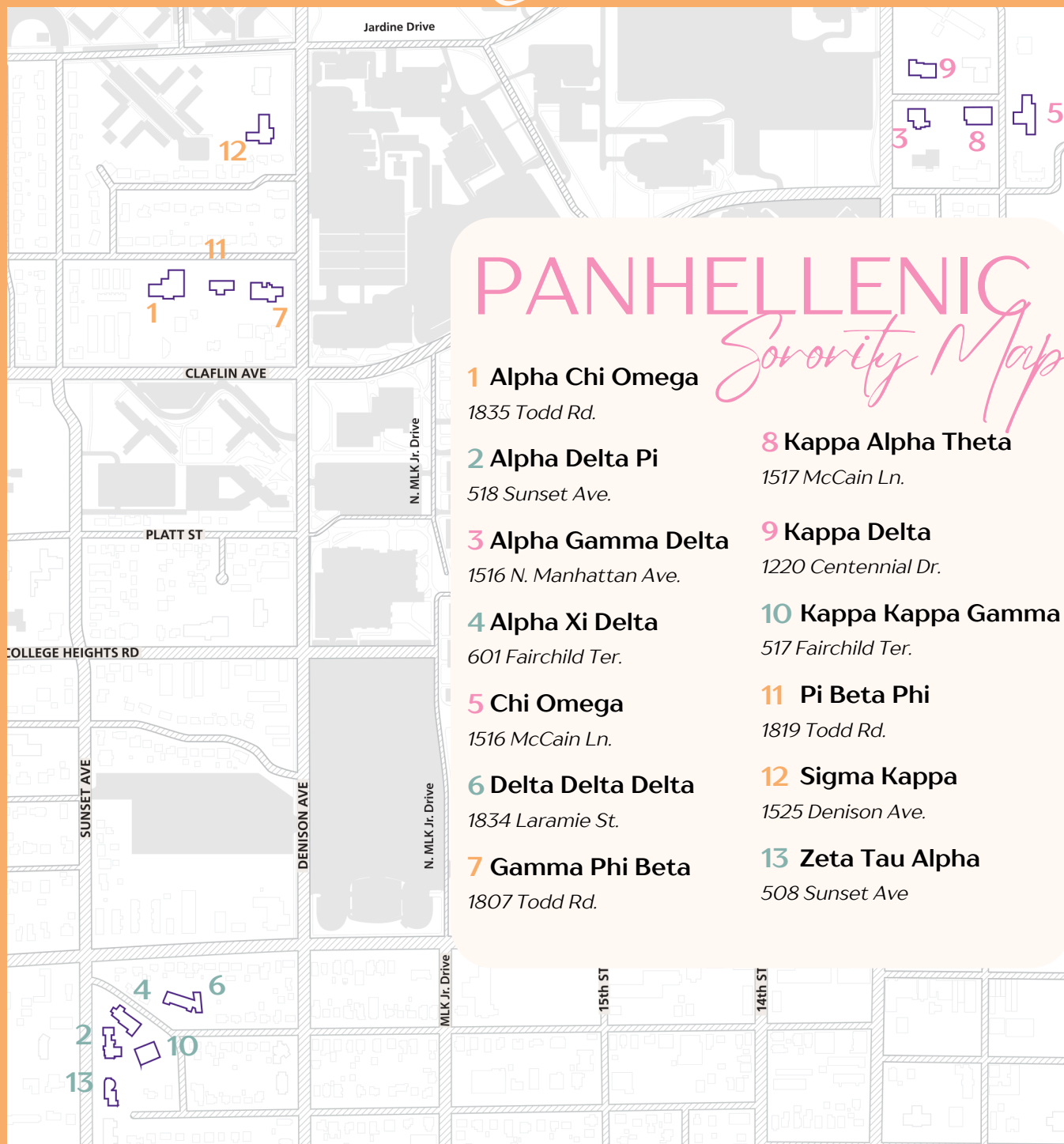


Fraternity & Sorority Life at Kansas State



<https://www.k-state.edu/fraternity-sorority/>

FIND your home...

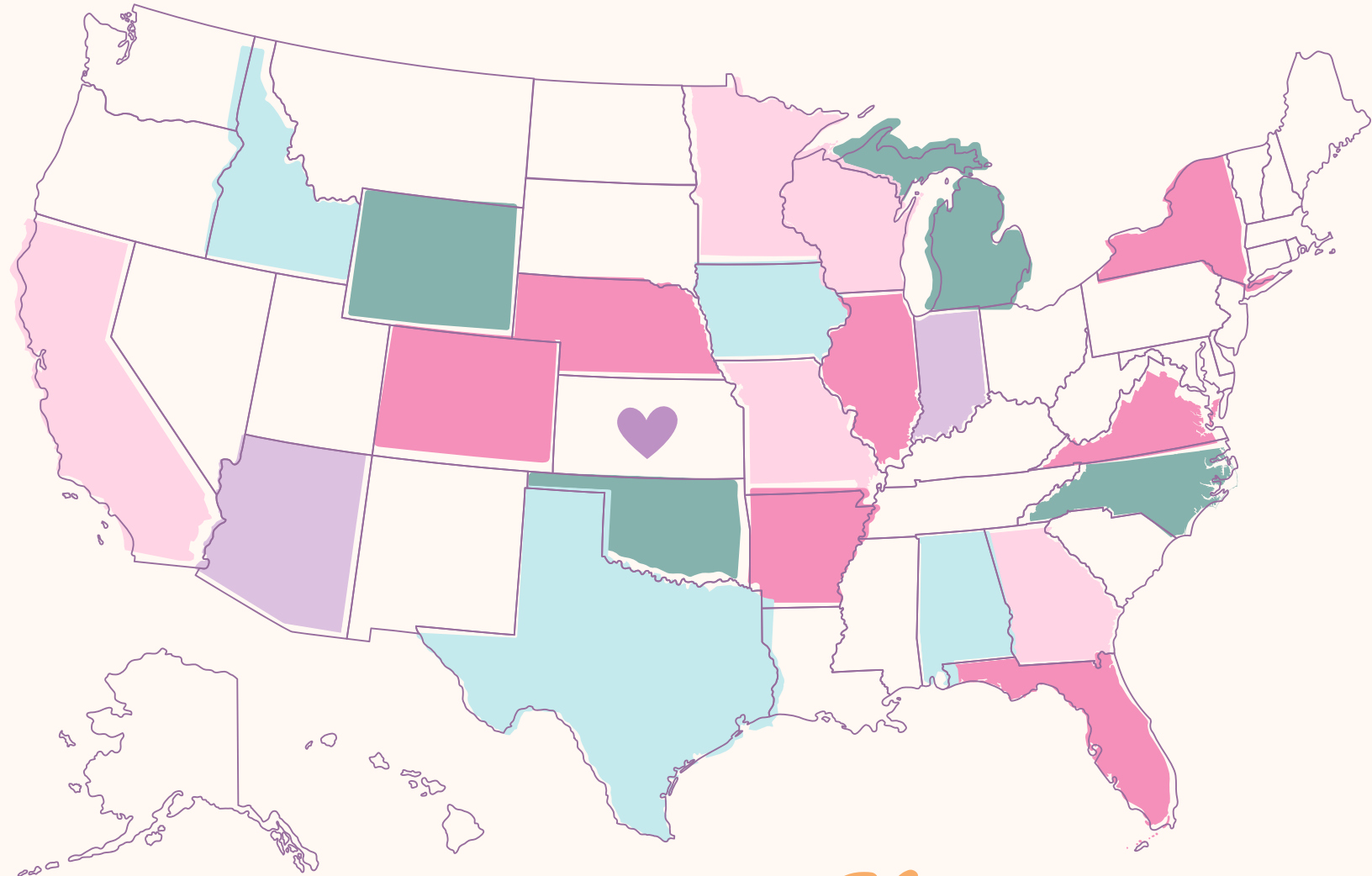


23

states

1

community



...away

FROM HOME

MESA CO

BOUTIQUE

Specializing in stylish women's apparel and accessories, as well as officially licensed K-State attire, the boutique offers both a physical storefront and an online web store. Located: 411 Poyntz Ave, Manhattan, KS
<https://themesacollection.com/>



WHAT IS A BID DAY BOX?

SEE BID DAY BOXES
AND ORDER HERE:



KSU BID DAY BOXES ARE PERSONALIZED GIFT PACKS DESIGNED TO CONGRATULATE NEW SORORITY MEMBERS ON RECEIVING A BID! THE PACKAGE INCLUDES FUN MERCH FOR THE NEW MEMBER TO REP HER NEW GREEK LETTERS, A SMALL FLORAL ARRANGEMENT AND TRENDY GOODIES TO HELP HER SETTLE INTO COLLEGE LIFE IN MHK!

WHAT TO KNOW:

- ORDERS ACCEPTED UNTIL SOLD OUT! SUBSTITUTE OFFERINGS OF EQUAL OR GREATER VALUE MAY OCCUR.
- AS A ROYAL PURPLE SPONSOR OF KSU SORORITY RECRUITMENT, WE WILL RECEIVE NOTIFICATION OF EACH GIRLS NEW SORORITY AFFILIATION WEDNESDAY (AUGUST 20TH) NIGHT. BID DAY BOXES WILL BE DELIVERED DIRECTLY TO THE NEW MEMBERS CHAPTER HOUSE AND WILL BE WAITING FOR THEM WHEN THEY ARRIVE THURSDAY MORNING (MORNING AFTER THEIR BID) YAY!!!
- THE OFFER PAGES WILL SHOW SAMPLES IN VARIOUS COLORS AND SORORITIES. THESE ARE JUST EXAMPLE PHOTOS. YOUR PACKAGE WILL BE FILLED WITH THE CORRECT SORORITY ITEMS IN YOUR BID DAY BOX.
- UNFORTUNATELY THERE ARE NO REFUNDS ON BID DAY BOXES. IF YOUR DAUGHTER DOES NOT COMPLETE RECRUITMENT FOR ANY REASON, PLEASE NOTIFY US AND WE WILL CREATE A DORM LIFE BOX WITH TRENDY MERCH AND DELIVER TO HER DORM!
- PLEASE FILL OUT THE ORDER FORM COMPLETELY REMEMBERING TO PAY USING VENMO AND CLICKING SUBMIT ON THE ORDER FORM. YOU WILL RECEIVE AN EMAIL ONCE YOUR ORDER HAS BEEN RECEIVED.



Whimsy MHK is a custom concierge gift giving business located in the heart of Manhattan! As proud sponsors of KSU Recruitment, we are excited to once again offer our Bid Day Boxes to celebrate your girls big day! Use this link to see our Bid Day offerings and help her celebrate her new Sisterhood!! Use this code to save \$5 off your order: KSU2025.

First 100 orders receive a \$5 gift card to a favorite MHK eatery!
 LINK TO BID DAY BOX INFO:
<https://forms.gle/kY2ZXbXhCudFTDFc7>

LITTLE ITALY IN THE LITTLE APPLE



Located in the heart of Aggieville at the corner of Moro and 11th Street, Nico's Little Italy has been serving unpretentious, family-inspired Italian cuisine since October 2020. With our red-checked tablecloth charm and warm, inviting atmosphere, we've become a favorite dining spot in Manhattan, consistently recognized for our exceptional Italian dishes and memorable dining experiences.

At Nico's, we pride ourselves on providing incredible customer service and crafting Italian staples that keep our guests coming back. From toasted ravioli to our homemade lasagna and indulgent cannolis, our menu offers a taste of Italy that warms the soul. Nico's is the sister restaurant to Martinelli's Little Italy in Salina, and we carry forward the same tradition of quality, authenticity, and community connection.

<https://www.nicosmhk.com/>