

K-State First is the University's first-year experience program, our way of helping students establish a great foundation for the rest of your college career. We offer first-year seminar courses, learning communities, and living-learning communities that are interactive, challenging, and supportive spaces where you will find your community of peers and professors who are interested in and excited about similar topics to you. Follow the steps below as you prepare for your advising appointment and for your success at K-State!

EXPLORE YOUR OPTIONS

You have the option of enrolling in one CAT Community and one First-Year Seminar course.

CAT (CONNECTING ACROSS TOPICS) COMMUNITIES

Students connect with each other and your academic interests through two general education courses, and a one-hour learning community course. In them you are taught and mentored by both an outstanding professor and an advanced undergraduate Learning Assistant who has been successful in the same courses. There are also Residential CAT Communities, or living-learning communities, where you take the three courses together *and* live in the same residence hall or residence community as your peers, and Student Success CAT Communities which have an expanded focus on college student success skills such as time management, study skills, critical thinking strategies, and more. Visit k-state.edu/first/cat for a full list of options.

FIRST-YEAR SEMINARS (FYS)

Small, hands-on courses in a range of fields where you can ask questions, interact with professors, and feel comfortable in an academic environment. You receive personalized attention from exceptional faculty while earning general education credit for your degree. We also offer several sections of the Foundations of College Student Success FYS courses, which emphasize communication and critical thinking skills, academic and career planning steps, and goal setting. Visit k-state.edu/first/fys for a full list of options.

DECIDE WHICH CAT COMMUNITIES & FYS COURSES ARE A GOOD FIT FOR YOU

Select 2-3 CAT Communities and FYS courses that interest you and bring those ideas to your advising appointment.

ENROLL IN YOUR K-STATE FIRST COURSES AT YOUR ADVISING APPOINTMENT!

Work with your advisor to determine which CAT Community and/or FYS course best fits your interests and academic needs.

FOUR WAYS K-STATE FIRST HELPS STUDENTS TRANSITION TO COLLEGE:



Fosters campus community and feelings of **belonging**



Raises academic expectations with engagement and **compassion**



Empowers students with a strong sense of personal responsibility and social agency

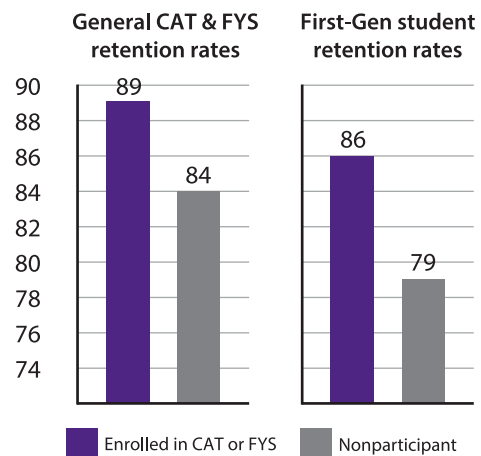


Offers **opportunities** for diverse activities and interactions

STUDENTS LOVE THEIR K-STATE FIRST CLASSES FOR MANY REASONS:

- Small class sizes
- Challenging and supportive learning environments
- Thought-provoking discussions & varied assignments
- Personable, flexible, accessible, well-prepared, and passionate instructors
- Caring, dedicated, and engaging peer mentors

K-STATE FIRST HELPS STUDENTS PERSIST:



ENROLL NOW!




Our fall 2024 CAT Communities and First-Year Seminars are categorized into major specific, general academic interests, and student success options on these at-a-glance pages. Work with your academic advisor to get enrolled today! For more information:

Visit us on the web at k-state.edu/first
 Email us at kstatefirst@k-state.edu
 Call us at (785) 532-1501

You can be in one CAT Community and one First-Year Seminar. If considering a CAT Community, you should NOT have credit in any of the three courses that make up the CAT community as all three courses are required.

Explore your options, select 2-3 CAT Communities or First-Year Seminars that seem interesting to you, and your advisor can help you decide which option will be the best fit for you based on your interests, major, and future career.

MAJOR SPECIFIC RESIDENTIAL CAT COMMUNITIES

	Animal Health & Nutrition	ASI 102 Principles of Animal Science
		CHM 210 Chemistry 1
		ASI 100 Animal Health and Nutrition
		Residence Hall: Haymaker
	APDesign	ENVD 250 History of the Designed Environment 1
		ENVD 203 Survey of the Design Professions 1
		ENVD 204 Studio Seminar
		Residence Hall:s: Goodnow, Marlatt, Wefald
	Engineering Futures	CHM 210 Chemistry I
		MATH 220 Analytic Geometry and Calculus I
		DEN 161 Engineering Problem Solving
		Residence Hall: Goodnow














WHAT OUR STUDENTS HAVE TO SAY:

K-State First has definitely been the guidance I really needed to grow from a struggling freshman to a motivated junior in my program. Without the CAT Community and the people and resources provided to me through it, I don't think I would've made it through my first year.

In every way, my freshman year exceeded all expectations. The smaller class size provided a great opportunity for me to meet friends on campus that were as excited and anxious about college as I was and that shared similar passions. With K-State First we have a support system to help every step of the way.

Before I came to college, I worried about whether I would make friends, find a group, or even if I would feel like a member of the Wildcat Family. As a student in a CAT community, I found that I had a group of people I could feel comfortable with and even depend on for help in classes, someone to sit by, and a group that had the potential to become friends.













MAJOR SPECIFIC CAT COMMUNITIES

	Animal Agriculture in 2050	BIOL 198 Principles of Biology
		ASI 102 Principles of Animal Science
		GENAG 202 Animal Agriculture in 2050
	Business and Society	GENBA 145 Business in Society
		ENTRP 340 Intro to Entrepreneurship
		GENBA 195 Business and Society
	Computing Education for the 21st Century	EDCI 110 Foundations of Education
		CC 110 Intro to Computing
		CC 111 Elements of Computer Programming
		CIS 190 Computing Education for the 21st Century
	Exploring the Health Professions	FNDH 115 Intro to Health and Nutrition Profession
		FNDH 132 Basic Nutrition
		DHE 195 Exploring the Health Professions
	Fashion and the Environment	FASH245 Fashion Industry
		GEOG 121 Introduction to Physical Geography
		DHE 195 Fashion and the Environment
	Global Engineers	ECON 110 Principles of Macroeconomics
		LEAD 212 Intro to Leadership Concepts
		DEN 160 Engineering Orientation
	The Meat We Eat	CHM 210 Chemistry 1
		ASI 102 Principles of Animal Science
		GENAG 200 The Meat We Eat
	Next Gen Farmers and Ranchers	AGEC 120 Agricultural Economics and Agribusiness
		ASI 102 Principles of Animal Science
		GENAG 200 Next Gen Farmers and Ranchers
	Nutrition and the Health Professions	FNDH 132 Basic Nutrition
		CHM 210 Chemistry 1
		DHE 195 Nutrition and the Health Professions
	Pre-Law: The Law and Society	PHILO 160 Intro to Philosophy of Law
		POLSC 115 U.S. Politics
		DAS 195 The Law and Society
	Pre-Physical Therapy	KIN 220 Biobehavioral Bases of Physical Activity
		FNDH 132 Basic Nutrition
		DHE 195 Pre-Physical Therapy
	Sales Expert in Progress	MKTG 400 Intro to Marketing
		SALES 542 Fundamentals of Professional Selling
		GENBA 195 CAT Community Connections
	Small but Mighty: How Insects Impact Your World	ASI 102 Principles of Animal Science
		ENTOM 305 Animal Health Entomology
		GENAG 200 How Insects Affect Your World

CAT COMMUNITIES

INTEREST-BASED












RESIDENTIAL CAT COMMUNITIES

 Hacking the MCAT: Medicine, Science, & Society	BIOL 198 Principles of Biology
	GWSS 105 Intro to Gender, Women, & Sexuality Studies
	DAS 195 Hacking the MCAT
	Residence Halls: Ford, Haymaker, Moore, West
 Pre-Med	BIOL 198 Principles of Biology
	ANTH 315 Intro to Medical Anthropology
	DAS 195 Pre-Med
	Residence Halls: Goodnow, Marlatt, Wefald
 Psychology of Prejudice	PSYCH 110 General Psychology
	SOCIO 211 Intro to Sociology
	DAS 195 Psychology of Prejudice
	Residence Halls: Goodnow, Marlatt, Wefald
 Art and Creativity	ART 180 2-Dimensional Art
	ENGL 100 Expository Writing 1
	DAS 195 Art and Creativity
 Be the Change: Social Justice & Helping Professions	GWSS 105 Introduction to Gender, Women, and Sexuality Studies
	HDFS 110 Introduction to Human Development
	DHE 195 Be the Change
 Crime and Justice in America	CRIM 261 Criminal Justice Systems
	SOCIO 211 Intro to Sociology
	DAS 195 Crime and Justice in America
 Esports	MKTG 496 Special Topics: Esports
	CC 110 Introduction to Computing OR CIS 115 Introduction to Computing Science
	GENBA 195 Esports Residential
 Exploring Scientific Research	BIOL 198 Principles of Biology
	CHM 210 Chemistry 1
	DAS 195 Exploring Scientific Research
 The Honors Community: Breaking the Art/Science Divide	PSYCH 110 General Psychology OR BIOL 198 Principles of Biology
	ENGL 297 Honors Intro to the Humanities
	UHP 189 Honors First-Year Seminar
 Identity, Pop Culture, & Performance	AMETH 160 Intro to American Ethnic Studies
	THTRE 270 Introduction to Theatre
	DAS 195 Identity, Pop Culture, & Performance
 Leadership and Service	LEAD 212 Intro to Leadership Concepts
	SOCIO 211 Intro to Sociology
	LEAD 195 Leadership and Service
 Name, Image, Likeness	PFP 105 Intro to Personal Financial Planning
	ENTRP 340 Entrepreneurial Mindset
	GENBA 195 Name-Image-Likeness

CAT COMMUNITIES

INTEREST-BASED

CAT COMMUNITIES

 Psychology of Money	PFP 105 Intro to Personal Financial Planning
	PSYCH 110 General Psychology
	DHE 195 Psychology of Money
 Sports in America	MC 160 Principles of Journalism
	HIST 152 History of the U.S. since 1877
	DAS 195 Sports in America
 Find Your Fit	COMM 106 Public Speaking 1
	PSYCH 110 General Psychology
	EDCEP 120 Academic and Career Decisions
	Residence Halls: Ford, Haymaker, Moore, West
 First in the Family	LEAD 212 Intro to Leadership Concepts
	PSYCH 110 General Psychology
	LEAD 195 First in the Family
	Residence Halls: Ford, Haymaker, Moore, West
 Hope and Resilience Through Fandom	PSYCH 110 General Psychology
	ENGL 220 Fiction into Film
	DAS 101 Hope and Resilience Through Fandom *
	Residence Halls: Ford, Haymaker, Moore, West
 Strengths	LEAD 212 Intro to Leadership Concepts
	ANTH 204 Intro to Cultural Anthropology
	LEAD 195 Strengths
	Residence Halls: Ford, Haymaker, Moore, West
 The Art of Healthcare	BIOL 198 Principles of Biology
	ENGL 295 Healthcare and Literature
	DAS 195 The Art of Healthcare *
 Innovate Yourself	AMETH 160 Intro to American Ethnic Studies
	COMM 322 Interpersonal Communication
	DAS 195 Innovate Yourself *
 Storytelling Unbound	ANTH 204 Cultural Anthropology
	ART 330 Digital Art
	DAS 195 Storytelling Unbound *
 A WellCAT State of Mind	LEAD 212 Introduction to Leadership Studies
	PSYCH 110 General Psychology
	LEAD 195 A WellCAT State of Mind
 Writing Life	ENGL 100 Expository Writing 1
	LEAD 212 Introduction to Leadership Studies
	DAS 195 Writing Life *

CAT COMMUNITIES

* These CAT classes also count as the DAS 101: College of Arts & Sciences Orientation: Discover, Create, Thrive: Navigating Arts & Sciences at Kansas State University course credit

ENROLL NOW!

First-year students can enroll in one of our FYS classes by talking with your academic advisor. The academic content of FYS classes is the same as other sections of the same course, but enrollment is limited to first-year students of 22 or fewer.

FYS classes emphasize communication, critical thinking, and community building. You benefit from a learning environment built around engagement, interaction, and application of concepts.

You can be in one CAT Community and one First-Year Seminar.

Note: [CAT Comm] = FYS section with some or all seats reserved for students in linked CAT Community. *Specific sections are tentative at this time and will be updated online.*

STUDENT SUCCESS

COURSE #	COURSE NAME	SECTION
EDCEP 111	Foundations of College Student Success (student athletes)	A
EDCEP 111	Foundations of College Student Success	B
EDCEP 111	Foundations of College Student Success	C
EDCEP 111	Foundations of College Student Success	D
EDCEP 111	Foundations of College Student Success	E
EDCEP 111	Foundations of College Student Success	I
EDCEP 111	Foundations of College Student Success	K

These courses emphasize success skills such as time management, study skills, critical thinking strategies, and more. As a place to ask questions about the University and practice the skills needed to succeed as a first-year student, these courses provide support for the transition into college life and the K-State community.

HONORS

COURSE #	COURSE NAME	SECTION
AGEC 121	Honors Agricultural Economics & Agribusiness	A
COMM 109	Public Speaking (Honors)	A
ECON 110	Principles of Macroeconomics (Honors)	J
ENGL 297	Honors Introduction to The Humanities	A
PSYCH 110	General Psychology (Honors)	E

GENERAL EDUCATION

COURSE #	COURSE NAME	SECTION
ANTH 364	Archaeological Myths and Mysteries	A
COMM 322	Interpersonal Communication	B
COMM 323	Nonverbal Communication	A
DAS 100	Introduction to K-State Culture	A
DAS 100	Introduction to K-State Culture	B
DAS 100	Introduction to K-State Culture	C
DAS 100	Introduction to K-State Culture	D
DAS 100	Introduction to K-State Culture	E
DAS 100	Introduction to K-State Culture	F
ECON 110	Principles of Macroeconomics	H
ECON 110	Principles of Macroeconomics	J
ECON 120	Principles of Microeconomics	F
ENGL 100	Expository Writing 1 [CAT Comm]	AE
ENGL 100	Expository Writing 1 [CAT Comm]	C
ENGL 220	Fiction Into Film	C
ENGL 220	Fiction Into Film [FYS & CAT Comm]	E
ENGL 230	Classical Studies	A
ENGL 295	Selected Studies in English [CAT Comm]	A
ENTOM 101	Insects and People	A
GEOL 100	Earth in Action	F
GWSS 105	Intro to Gender, Women, and Sexuality Studies	B
GWSS 105	Intro to Gender, Women, and Sexuality Studies	F
HDFS 110	Introduction to Human Development	B
HIST 112	World History From 1450	A
MATH 100	College Algebra	98
MATH 100	College Algebra	99
MC 110	Mass Communication in Society	B
MLANG 120	Multilingualism in the U.S.	A
MUSIC 170	History of Rock and Roll	B
MUSIC 250	Introduction to Music	B
PFP 105	Introduction to Personal Financial Planning	C
PHILO 100	Introduction to Philosophical Problems	A
PHILO 130	Introduction to Moral Philosophy	A
PHYS 122	Physics Today 1	A
POLSC 135	Introduction to Comparative Politics	A
PSYCH 120	The Psychology of College Student Success	A
SOCIO 211	Introduction to Sociology	D

Each seminar is a special FYS of a regular, academic, general education (K-State Core) class. Each seminar focuses on a distinct, college-level academic subject. With their small size and community-focus, the First-Year Seminars (FYS) invite and encourage an active learning environment. The seminars devote significant portions of class time to hands-on learning, group discussions, problem solving, inquiry-based learning, and activities that provide you with opportunities to develop your critical thinking and communication skills. The FYS's are also academic spaces that encourage you to collaborate, interact, and develop relationships with your peers and professors.

FIRST-YEAR SEMINARS



Expert faculty member

You and your community

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STUDENTS

- SMALL CLASS SIZES
- HANDS-ON LEARNING
- COMMUNITY BUILDING
- PROBLEM SOLVING
- CO-CURRICULAR ACTIVITIES