

ENROLL NOW!

Our fall 2026 CAT Communities and First-Year Seminars are categorized into major specific and general academic interests on these at-a-glance pages. Connect through our website or work with your advisor to get enrolled! For more information:

Visit us on the web at k-state.edu/first
 Email us at kstatefirst@k-state.edu
 Call us at **(785) 532-1501**

You can be in one CAT Community *and* one First-Year Seminar. If considering a CAT Community, you should NOT have earned credit through transfer or AP courses in any of the three courses that make up the CAT Community, as all three courses are required.

Explore your options, select 2-3 CAT Communities or First-Year Seminars that seem interesting to you, and your advisor can help you decide which option will be the best fit for you based on your interests, major, and future career.

- MAJOR SPECIFIC RESIDENTIAL CAT COMMUNITIES

Animal Health & Nutrition	ASI 102 Principles of Animal Science
	CHM 210 Chemistry 1
	ASI 100 Animal Health and Nutrition
	Residence Hall: Haymaker

APDesign	ENVD 250 History of the Designed Environment 1
	ENVD 203 Survey of the Design Professions 1
	ENVD 204 Studio Seminar
	Residence Halls: Goodnow, Marlatt, Wefald

Engineering Futures	CHM 210 Chemistry I
	COMM 106 Public Speaking 1
	DEN 160 Engineering Concepts
	Residence Hall: Goodnow

Small but Mighty: How Insects Impact Your World	ASI 102 Principles of Animal Science
	ENTOM 305 Animal Health Entomology
	ENTOM 110 Exploring Entomology
	Residence Halls: Ford, Haymaker, Moore, West

Space Exploration & Research	DEN 160 Engineering Concepts
	CHM 210 Chemistry 1
	DEN 161 Engineering Problem Solving
	Residence Halls: Goodnow, Marlatt, Wefald

Animal Biology & Ethics	BIOL 198 Principles of Biology
	PHILO 130 Introduction to Moral Philosophy
	DAS 101 Animal Health and Biology

Child Development Around the World	ECED 310 Early Childhood
	ANTH 204 Intro to Cultural Anthropology
	DHE 195 Child Development Around the World

MAJOR SPECIFIC CAT COMMUNITIES

Engineering for Industry	DEN 160 Engineering Concepts
	LEAD 212 Introduction to Leadership Concepts
	DEN 161 Engineering Problem Solving

Exploring the Health Professions	FNDH 115 Intro to Health and Nutrition Profession
	FNDH 132 Basic Nutrition
	DHE 195 Exploring the Health Professions

Find Your Place in Nature	PMC 275 Introduction to Natural Resource Management
	ANTH 204 Introduction to Cultural Anthropology
	HNR 115 Find Your Place in Nature

Global Engineers	LEAD 212 Introduction to Leadership Concepts
	COMM 106 Public Speaking 1
	DEN 160 Engineering Orientation

Health Technology & Engineering	DEN 160 Engineering Concepts
	CHM 210 Chemistry 1
	DEN 161 Engineering Problem Solving

Horses & Hounds	BIOL 198 Principles of Biology
	ASI 107 Companion Animal Lab
	ASI 109 Horse Lab

Next Gen Farmers and Ranchers	AGEC 120 Agricultural Economics and Agribusiness
	ASI 102 Principles of Animal Science
	AGEC 100 Next Gen Farmers and Ranchers

Nutrition and the Health Professions	FNDH 132 Basic Nutrition
	CHM 210 Chemistry 1
	DHE 195 Nutrition and the Health Professions

Pre-Law: The Law and Society	PHILO 160 Intro to Philosophy of Law
	POLSC 115 U.S. Politics
	DAS 195 Law and Society

Pre-Physical Therapy	KIN 220 Biobehavioral Bases of Physical Activity
	FNDH 132 Basic Nutrition
	DHE 195 Pre-Physical Therapy

Press Start: Designing Game Controllers and...	DEN 160 Engineering Concepts
	ECE 241 Intro to Electrical & Computer Engineering
	DEN 161 Engineering Problem Solving

Rise Up (three sections)	ENTRP 340 Introduction to Entrepreneurship
	MANGT 220 Principles of Management <i>OR</i>
	MKTG 250 Introduction to Marketing

GENBA 105 Business Orientation - Rise Up

CAT COMMUNITIES

INTEREST-BASED RESIDENTIAL CAT COMMUNITIES

Fandom & Film Studies	PSYCH 110 General Psychology
	ENGL 220 Fiction into Film
	DAS 101 Fandom and Film Studies
	Residence Halls: Ford, Haymaker, Moore, West
Honors Community: Well-being in Practice	PSYCH 110 General Psychology
	CHM 210 Chemistry I
	UHP 189 Well-being in Practice
	Residence Hall: Boyd
Medicine, Science, & Society	BIOL 198 Principles of Biology
	GWSS 105 Intro to Gender, Women, & Sexuality Studies
	DAS 195 Medicine, Science, & Society
	Residence Halls: Ford, Haymaker, Moore, West
Pre-Med	BIOL 198 Principles of Biology
	ANTH 315 Intro to Medical Anthropology
	DAS 195 Pre-Med
	Residence Halls: Goodnow, Marlatt, Wefald
Psychology of Social Media	PSYCH 110 General Psychology
	COMM 106 Public Speaking I
	DAS 195 Psychology of Social Media
	Residence Halls: Goodnow, Marlatt, Wefald

WHAT OUR STUDENTS HAVE TO SAY:

K-State First has definitely been the guidance I really needed to grow from a struggling freshman to a motivated junior in my program. Without the CAT Community and the people and resources provided to me through it, I don't think I would've made it through my first year.

Before I came to college, I worried about whether I would make friends, find a group, or even if I would feel like a member of the Wildcat Family. As a student in a CAT Community, I found that I had a group of people I could feel comfortable with and even depend on for help in classes, someone to sit by, and a group that had the potential to become friends.

INTEREST-BASED CAT COMMUNITIES

INTEREST-BASED CAT COMMUNITIES

Emerging Leaders: A First-Gen Community	LEAD 212 Intro to Leadership Concepts
	SOCIO 211 Introduction to Sociology
	LEAD 195 Emerging Leaders
Exploring Scientific Research	BIOL 198 Principles of Biology
	CHM 210 Chemistry I
	DAS 195 Exploring Scientific Research
Find Your Fit	COMM 106 Public Speaking I
	PSYCH 110 General Psychology
	EDCEP 120 Academic and Career Decisions
The Honors Community: Breaking the Art/Science Divide	PSYCH 110 General Psychology OR BIOL 198 Principles of Biology
	ENGL 297 Honors Intro to the Humanities
	UHP 189 Honors First-Year Seminar
Identity, Pop Culture, & Performance	AMETH 160 Intro to American Ethnic Studies
	THTRE 270 Introduction to Theatre
	DAS 195 Identity, Pop Culture, & Performance
K-Staters Go Global	MLANG 120 Multilingualism in the US
	GEOG 100 World Geography & Globalization
	DAS 101 K-Staters Go Global
Leadership and Service	LEAD 212 Intro to Leadership Concepts
	POLSC 115 US Politics
	LEAD 195 Leadership and Service
ROTC Aerospace Studies	LEAD 212 Intro to Leadership Concepts
	HIST 155 Intro to US Military History
	AERO 110 Foundation of the US Air Force
Sports in America	MC 160 Principles of Journalism
	HIST 152 History of the U.S. since 1877
	DAS 195 Sports in America
Water Ways: Exploring Water Across Disciplines	CHM 210 Chemistry I
	GEOL 100 Earth in Action
	DAS 195 Water Ways

PSYCH 110
GENERAL PSYCHOLOGY



COMM 106
PUBLIC SPEAKING I



1
CREDIT
HOUR

You + Your
Community of Peers

Expert faculty member

Residential Learning
Assistant peer mentor

DAS 195:
PSYCHOLOGY OF SOCIAL MEDIA

CAT COMMUNITIES

Example: PSYCHOLOGY OF SOCIAL MEDIA

RESIDENCE HALLS:

KRAMER COMMUNITY
(GOODNOW, MARLATT, OR WEFALD)



ENROLL NOW!

First-year students can enroll in one of our FYS classes by talking with your academic advisor. The academic content of FYS classes is the same as other sections of the same course, but enrollment is limited to first-year students of 22 or fewer.

FYS classes emphasize communication, critical thinking, and community building. You benefit from a learning environment built around engagement, interaction, and application of concepts.

You can be in one CAT Community **and** one First-Year Seminar.

Note: [CAT Comm] = FYS section with some or all seats reserved for students in linked CAT Community. *Specific sections are tentative at this time and will be updated online.*

STUDENT SUCCESS

COURSE #	COURSE NAME	SECTION
EDCEP 111	Foundations of College Student Success (student athlete section)	A
EDCEP 111	Foundations of College Student Success	B
EDCEP 111	Foundations of College Student Success	C
EDCEP 111	Foundations of College Student Success	D
EDCEP 111	Foundations of College Student Success	E
EDCEP 111	Foundations of College Student Success (TRIO ESS section)	F
EDCEP 111	Foundations of College Student Success	K

As a place to ask questions about the University and practice the skills needed to succeed as a first-year student, these courses provide support for the transition into college life and the K-State community. They emphasize success skills such as time management, study skills, critical thinking strategies, and more.

HONORS

COURSE #	COURSE NAME	SECTION
AGEC 121	Honors Agricultural Economics & Agribusiness	A
ANTH 210	Intro to Cultural Anthropology	A
COMM 109	Public Speaking (Honors)	A
ECON 111	Principles of Macroeconomics (Honors)	A
ENGL 297	Honors Introduction to The Humanities [FYS & CAT]	A
PSYCH 110	General Psychology (Honors)	E

FIRST-YEAR SEMINARS



Expert faculty member

You and your community

22
STUDENTS

GENERAL EDUCATION

COURSE #	COURSE NAME	SECTION
COMM 130	Interpersonal Communication	TBD
COMM 323	Nonverbal Communication	A
DAS 100	Introduction to K-State Culture	A
DAS 100	Introduction to K-State Culture	C
DAS 100	Introduction to K-State Culture	D
DAS 100	Introduction to K-State Culture	F
ECON 110	Principles of Macroeconomics	H
ECON 120	Principles of Microeconomics	F
ENGL 100	Expository Writing 1 [CAT Comm]	AE
ENGL 220	Fiction Into Film [FYS & CAT Comm]	C
ENGL 287	Great Books	A
ENTOM 101	Insects and People	A
GEOL 100	Earth in Action	F
GWSS 105	Intro to Gender, Women, and Sexuality Studies	C
HDFS 110	Introduction to Human Development	B
HIST 112	World History From 1450	A
MATH 100	College Algebra	98
MATH 100	College Algebra	99
MC 110	Mass Communication in Society	B
MUSIC 250	Introduction to Music	B
PPF 105	Introduction to Personal Financial Planning	C
PHILO 100	Introduction to Philosophical Problems	A
PHILO 130	Introduction to Moral Philosophy	A
PHYS 122	Physics Today 1	A
POLSC 135	Introduction to Comparative Politics	A
POLSC 145	World Politics	TBD
SOCIO 211	Introduction to Sociology	D

Each seminar is a special FYS of a regular, academic, general education (K-State Core) class. Each seminar focuses on a distinct, college-level academic subject. With their small size and community-focus, the First-Year Seminars (FYS) invite and encourage an active learning environment.

The seminars devote significant portions of class time to

- hands-on learning
- group discussions
- inquiry-based learning
- activities to develop your critical thinking, problem solving, and communication skills

They are academic spaces that encourage you to collaborate, interact, and develop relationships with your peers and professors.



In every way, my freshman year exceeded all expectations. The smaller class size provided a great opportunity for me to meet friends on campus that were as excited and anxious about college as I was and that shared similar passions. With K-State First we have a support system to help every step of the way.

- SMALL CLASS SIZES**
- HANDS-ON LEARNING**
- COMMUNITY BUILDING**
- PROBLEM SOLVING**
- CO-CURRICULAR ACTIVITIES**