

ENROLL NOW!






Check out some of our fall 2026 CAT Communities and First-Year Seminar options on this brief overview page. View all of our 100+ options and get connected on our website, or work with your academic advisor to get enrolled! For more information:

Visit us on the web at k-state.edu/first
 Email us at kstatefirst@k-state.edu
 Call us at (785) 532-1501



You can be in one CAT Community *and* one First-Year Seminar. If considering a CAT Community, you should NOT have earned credit through transfer or AP courses in any of the three courses that make up the CAT Community, as all three are required.

Explore your options, select a CAT Community or First-Year Seminar that seems interesting to you, and your advisor can help you decide which option will be the best fit for you based on your interests, major, and future career.










CAT COMMUNITIES
RESIDENTIAL CAT COMMUNITIES

 Fandom & Film Studies	PSYCH 110 General Psychology
	ENGL 220 Fiction into Film
	DAS 101 Fandom and Film Studies
	Residence Halls: Ford, Haymaker, Moore, West
 Honors Community: Well-being in Practice	PSYCH 110 General Psychology
	CHM 210 Chemistry I
	UHP 189 Well-being in Practice
	Residence Hall: Boyd
 Medicine, Science, & Society	BIOL 198 Principles of Biology
	GWSS 105 Intro to Gender, Women, & Sexuality Studies
	DAS 195 Medicine, Science, & Society
	Residence Halls: Ford, Haymaker, Moore, West
 Pre-Med	BIOL 198 Principles of Biology
	ANTH 315 Intro to Medical Anthropology
	DAS 195 Pre-Med
	Residence Halls: Goodnow, Marlatt, Wefald
 Psychology of Social Media	PSYCH 110 General Psychology
	COMM 106 Public Speaking I
	DAS 195 Psychology of Social Media
	Residence Halls: Goodnow, Marlatt, Wefald

CAT COMMUNITIES

 Animal Biology & Ethics	BIOL 198 Principles of Biology
	PHILO 130 Introduction to Moral Philosophy
	DAS 101 Animal Health and Biology
 Emerging Leaders: A First-Gen Community	LEAD 212 Intro to Leadership Concepts
	SOCIO 211 Introduction to Sociology
	LEAD 195 Emerging Leaders

CAT COMMUNITIES

 Exploring Scientific Research	BIOL 198 Principles of Biology
	CHM 210 Chemistry I
	DAS 195 Exploring Scientific Research
 Find Your Fit	COMM 106 Public Speaking I
	PSYCH 110 General Psychology
	EDCEP 120 Academic and Career Decisions
 The Honors Community: Breaking the Art/Science Divide	PSYCH 110 General Psychology OR BIOL 198 Principles of Biology
	ENGL 297 Honors Intro to the Humanities
	UHP 189 Honors First-Year Seminar
 Identity, Pop Culture, & Performance	AMETH 160 Intro to American Ethnic Studies
	THTRE 270 Introduction to Theatre
	DAS 195 Identity, Pop Culture, & Performance
 K-Staters Go Global	MLANG 120 Multilingualism in the US
	GEOG 100 World Geography & Globalization
	DAS 101 K-Staters Go Global
 Leadership and Service	LEAD 212 Intro to Leadership Concepts
	POLSC 115 US Politics
	LEAD 195 Leadership and Service
 Pre-Law: The Law and Society	PHILO 160 Intro to Philosophy of Law
	POLSC 115 U.S. Politics
	DAS 195 Law and Society
 ROTC Aerospace Studies	LEAD 212 Intro to Leadership Concepts
	HIST 155 Intro to US Military History
	AERO 110 Foundation of the US Air Force
 Sports in America	MC 160 Principles of Journalism
	HIST 152 History of the U.S. since 1877
	DAS 195 Sports in America
 Water Ways: Exploring Water Across Disciplines	CHM 210 Chemistry I
	GEOL 100 Earth in Action
	DAS 195 Water Ways

WHAT OUR STUDENTS HAVE TO SAY:

“K-State First has definitely been the guidance I really needed to grow from a struggling freshman to a motivated junior in my program. Without the CAT Community and the people and resources provided to me through it, I don't think I would've made it through my first year.

Before I came to college, I worried about whether I would make friends, find a group, or even if I would feel like a member of the Wildcat Family. As a student in a CAT Community, I found that I had a group of people I could feel comfortable with and even depend on for help in classes, someone to sit by, and a group that had the potential to become friends.

”

ENROLL NOW!

First-year students can enroll in one of our FYS classes by talking with your academic advisor. The academic content of FYS classes is the same as other sections of the same course, but enrollment is limited to first-year students of 22 or fewer.

FYS classes emphasize communication, critical thinking, and community building. You benefit from a learning environment built around engagement, interaction, and application of concepts.

You can be in one CAT Community **and** one First-Year Seminar.

Note: [CAT Comm] = FYS section with some or all seats reserved for students in linked CAT Community. *Specific sections are tentative at this time and will be updated online.*

STUDENT SUCCESS

COURSE #	COURSE NAME	SECTION
EDCEP 111	Foundations of College Student Success (student athlete section)	A
EDCEP 111	Foundations of College Student Success	B
EDCEP 111	Foundations of College Student Success	C
EDCEP 111	Foundations of College Student Success	D
EDCEP 111	Foundations of College Student Success	E
EDCEP 111	Foundations of College Student Success (TRIO ESS section)	F
EDCEP 111	Foundations of College Student Success	K

As a place to ask questions about the University and practice the skills needed to succeed as a first-year student, these courses provide support for the transition into college life and the K-State community. They emphasize success skills such as time management, study skills, critical thinking strategies, and more.

HONORS

COURSE #	COURSE NAME	SECTION
AGEC 121	Honors Agricultural Economics & Agribusiness	A
ANTH 210	Intro to Cultural Anthropology	A
COMM 109	Public Speaking (Honors)	A
ECON 111	Principles of Macroeconomics (Honors)	A
ENGL 297	Honors Introduction to The Humanities [FYS & CAT]	A
PSYCH 115	General Psychology (Honors) [FYS & CAT]	E

GENERAL EDUCATION

COURSE #	COURSE NAME	SECTION
COMM 130	Interpersonal Communication	A
COMM 323	Nonverbal Communication	A
DAS 100	Introduction to K-State Culture	A
DAS 100	Introduction to K-State Culture	C
DAS 100	Introduction to K-State Culture	D
DAS 100	Introduction to K-State Culture	F
ECON 110	Principles of Macroeconomics	H
ECON 120	Principles of Microeconomics	C
ENGL 100	Expository Writing 1	AF
ENGL 100	Expository Writing 1	AI
ENGL 100	Expository Writing 1 [CAT]	AK
ENGL 220	Fiction Into Film [FYS & CAT]	B
ENGL 287	Great Books	A
ENTOM 101	Insects and People	A
GWSS 105	Intro to Gender, Women, and Sexuality Studies	C
HDFS 110	Introduction to Human Development	B
HIST 112	World History From 1450	A
MATH 100	College Algebra	98
MATH 100	College Algebra	99
MC 110	Mass Communication in Society	A
PFP 105	Introduction to Personal Financial Planning	C
PHILO 100	Introduction to Philosophical Problems	A
PHILO 130	Introduction to Moral Philosophy	A
PHYS 122	Physics Today 1	A
POLSC 135	Introduction to Comparative Politics	A
SOCIO 211	Introduction to Sociology	D

Each seminar is a special FYS of a regular, academic, general education (K-State Core) class. Each seminar focuses on a distinct, college-level academic subject. With their small size and community-focus, the First-Year Seminars (FYS) invite and encourage an active learning environment.

The seminars devote significant portions of class time to

- hands-on learning
- group discussions
- inquiry-based learning
- activities to develop your critical thinking, problem solving, and communication skills

They are academic spaces that encourage you to collaborate, interact, and develop relationships with your peers and professors.

“ In every way, my freshman year exceeded all expectations. The smaller class size provided a great opportunity for me to meet friends on campus that were as excited and anxious about college as I was and that shared similar passions. With K-State First we have a support system to help every step of the way. ”

FIRST-YEAR SEMINARS



Expert faculty member

You and your community

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STUDENTS

- SMALL CLASS SIZES
- HANDS-ON LEARNING
- COMMUNITY BUILDING
- PROBLEM SOLVING
- CO-CURRICULAR ACTIVITIES