

Facilities Safety Bulletin

VOLUME 7, ISSUE 5

MAY 30, 2014

KSU Division of Facilities



Each June, the National safety Council celebrates National Safety Month. The 2014 theme, “Safety: It takes all of us”, was inspired by the idea of continuous reduction—a key pillar in the Journey to Safety Excellence. A successful safety program depends on spotting

hazards early, evaluating their risk and removing or controlling them before harm is done. Use this June to find creative ways to engage everyone in reducing risk in your workplaces. A little effort today has the potential to prevent tragedy tomorrow. At K-State we

are a “Family,” everyone making a difference in the lives that they touch. United we can change the safety culture at our campus. Safety is not only about You but those around You. Be inspired to take safety to the next level by being committed to safety.

2014 National Safety Month Weekly Emphasis

Week One: Preventing Prescription Drug Abuse

Week Two: Stop Slips, Trips, and Falls

Week Three: Be Aware of Your Surroundings

Week Four: Put an End to Distracted Driving

Bonus Week: Summer Safety

During June articles will be sent weekly via email to Supervisors for posting.



THE RIGHT WAY ✓

- Step in good condition
- Right height for the job—no overreaching
- Good grip
- 3 Points of Contact
- Front towards work
- Correct flat shoes

- Clean Treads
- Four feet in good condition
- Firm and level base



SAFETY: It takes all of us
NATIONAL SAFETY MONTH 2014



Health effects of heat

Two types of heat illness:

Heat Exhaustion



Heat Stroke



Watch out for early symptoms. You may need medical help.

People react differently – you may have just a few of these symptoms, or most of them.

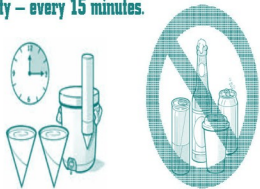
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Stay safe and healthy!

WATER. REST. SHADE. The work can't get done without them.

Drink water even if you aren't thirsty – every 15 minutes.



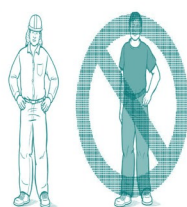
Rest in the shade.



Watch out for each other.



Wear hats and light-colored clothing.



"Easy does it" on your first days of work in the heat. You need to get used to it. Rest in the shade – at least 5 minutes as needed to cool down.

2



Be prepared for an emergency

Heat kills -- get help right away!

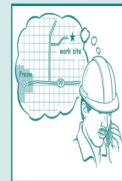


If someone in your crew has symptoms:

- 1) Tell the person who has a radio/phone and can call the supervisor – you need medical help.
- 2) Start providing first aid while you wait for the ambulance to arrive.
- 3) Move the person to cool off in the shade.
- 4) Little by little, give him water (as long as he is not vomiting).
- 5) Loosen his clothing.
- 6) Help cool him: fan him, put ice packs in groin and underarms, or soak his clothing with cool water.

When you call for help, you need to:

- Be prepared to describe the symptoms.
- Give specific and clear directions to your work site.



3

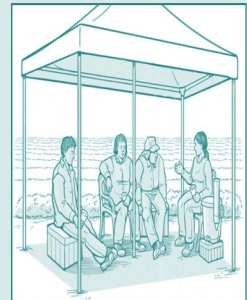


Heat illness can be prevented!

At our work site, we have:

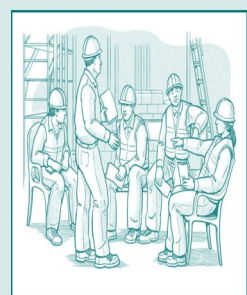


Water



Shade to rest and cool down

We are extra careful when there is a heat wave or temperature goes up. Then we may change our work hours, and we all need more water and rest.



Training and emergency plan

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U.S. Department of Labor
Walt L. Sole, Secretary of Labor

OSHA Occupational Safety and Health Administration
U.S. Department of Labor

For more information:
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