Unleashing your potential

Professionalism Is A Choice!
By Phillip Van Hooser

12 Personal Commitments to Maximize Your Professional Impact:

1. Always offer your assistance
   For deeds large or small, for persons liked or disliked—freely offering your assistance provides proof positive of your professional commitment.

2. Take a minute longer than is necessary
   Slow down. Look around. Take a minute to think about how best to invest that next minute. After all, choosing to leave things and people a little better than you found them only takes a minute.

3. Do more than is expected
   Prodders do just enough to get by; professionals do more that will make a difference. Always do more than is expected and you’ll never have to worry about how you’re being evaluated again!

4. Don’t whine; don’t whisper; don’t wonder
   What we say and how we say it speaks volumes regarding our level of professionalism. When tempted to whine, suck it up. When tempted to whisper shut up. When tempted to wonder, speak up.

5. Guard your reputation
   Never say or think “I don’t care what others think of me” Face facts. What others think of you affects how they treat you. Therefore, your reputation is more valuable than the family’s jewels. Guard it accordingly.

6. Never compromise your integrity
   It’s simply non-negotiable. Professionals must NEVER choose a path that leads to illegal, immoral, unethical or inappropriate behavior. Your personal integrity is the pedestal on which your professionalism is displayed.

7. Commit to constant improvement
   What you learn can never be taken from you. Being satisfied with what you know is proof positive that you don’t know nearly enough to be satisfied.

8. Work to solve problems, rather than place blame
   Problems solvers confound “finger-pointers” and amaze just about everyone else. True professionals are those fantastic few who say, by their words and deeds, “Give it to us and watch us work to make it work.”

9. Be loyal
   Genuine appreciation is an appropriate attitude toward those responsible for providing opportunities to pay your mortgage, expand our knowledge and realize your dreams. Professionals realize that loyalty never goes out of style.

10. Strive for excellence, not perfection
Perfection is an intellectual concept; excellence is an individual commitment. True professionals pursue personal excellence aggressively, relentlessly and enthusiastically, in all they do and say.

11. Don’t give up, give out
“Giving up” signifies surrender; an inability or unwillingness to continue. Selflessly “giving out” of the surplus of our time, our talents, our resources, bears undeniable witness of a professional’s quest to make a lasting difference.

12. Be thankful
Professionals intentionally take inventory of their blessings and opportunities far more often than their frustrations and limitations. Professionals exhibit an attitude of gratitude in all that they do.

Phillip Van Hooser, A veteran professional speaker, FORTUNE 500 manager and leadership development authority, Phillip Van Hooser presents keynotes and training presentations that transform good leaders into exceptional leaders and new leaders into top performers. For more information, call 800.236.6765 or visit vanhooser.com.

Who is New...

September 3, 2014:

Fred Bammes was rehired as a Procurement Officer I. He is still working for Sarah Davis in the Facilities Storeroom.

September 4, 2014:

Younwong Kwon was rehired as a Custodial Specialist. He is still working for Steve Greinke on the Custodial night crew.

September 15, 2014:

Jerry Rogers was promoted to a Procurement Officer I. He is still working for Sarah Davis in the Facilities Storeroom.

September 29, 2014:

Cathy Hodges was hired as a Procurement Officer I. She is working for Kris Fulkerson in the Facilities Storeroom.

Pamela Newman was hired as a Procurement Officer I. She is working for Kris Fulkerson in the Facilities Storeroom.

Let us realize that: the privilege to work is a gift, the power to work is a blessing, the love of work is success! ~ David O. McKay
Emmy Chamberlin recently passed the 7th and final division of the Architect Registration Examination. She has also reported 5,600 hours of experience in various areas of the practice of architecture. That means she has fulfilled the requirements to become a licensed architect. Emmy said she is grateful to David McMullen and Ryan Swanson for signing off on her hours and giving her advice as she prepared for the exams, and she is thankful for the excellent architecture program right here at K-State!

The annual All University Campaign for 2014 is upon us! Let’s get the cold hard facts of reality acknowledged right up front! Many of you are now sighing (maybe even angrily) and thinking, “how dare they ask me for money when….?” I’ll let you fill in the blank with your own personal thoughts.
In all honesty, I’ve often felt the same way over the years. My problem is that I have this little voice in the back of my mind. The first year of the All University Campaign, that pesky little voice said to me, “Loleta, who gave you a job when you were a single mother in need of a means to take care of your kids? Who provided the benefit of sick leave so that you could take care of those kids when they were sick and your mother during her long battle with cancer? Who offered the benefit of tuition assistance so that you could pursue your dream of earning a master’s degree? Where else would you be able to work with such great people, many of whom have become more than colleagues; they are friends.” That little voice just wouldn’t shut up and I’ve learned over the years that I should listen to it.

One of the great things about the All University Campaign is that you can designate where you want your gift to go. I wanted to donate to a fund that would benefit Facilities and discovered one---the code is C22483---which is the development fund used for small campus construction/renovation projects, hospitality and awards for Facilities staff. For me, the “hospitality and awards for Facilities staff” struck a cord. Facilities Management and Campus Planning has over 300 of some of the greatest employees at K-State, individuals that truly demonstrate day in and day out how much they care about this institution by providing exceptional customer service and doing quality work. As special event coordinator, and now as director of customer service, I appreciate everyone who steps up to make sure events go off without a hitch (as well as all those other jobs that you all do every day) and meet the expectations of our customers. If my contribution can help us recognize Facilities employees for great work or let us have a party once in a while, that is money well spent, in my opinion!

Your participation is what counts! Every gift, no matter the size, makes a difference!

I saved the best for last 😊

As a “thank you” for your participation, your name will be entered into a drawing for a chance to win one of two days off with pay. President Schulz and Ryan Swanson, our very own associate vice president of facilities and campus planning, have each donated one day off with pay so that means that, by participating, you have the chance to win a day off with pay. ~ Loleta Sump

[Image: A mile marker snuck up on this young feller and the word got out. I guess you could say, Jay Gilmore turned 25 twice on 9/11/1964]

Kudos

Doris Galvan from Industrial & Manufacturing Systems Engineering sent the nicest note to Loleta Sump a while back. It read:
“I read the facilities newsletter in K-State Today. It was great fun and very interesting.
I want to congratulate Anne Murphy on her award. I also want to thank everyone over there for your dedication and hard work in all things mail related. You all do so much extra and are always so accommodating. I think as a whole, Facilities is taken for granted and I do not ever want to do that. We appreciate all that you do for us.”

Susan Kelly from Grain Science & Industry commented on Bill Spiegel’s work, saying, “Bill goes out of his way to assist in getting our trash removed; often we request a pick-up twice a day! He is great!”

On September 24th and anonymous message was sent, “painting crew recognized a problem area and cleaned it up right away!”

We at Facilities are pleased to serve the campus as a whole and the individual areas. We appreciate your kind comments. Thank you.

**Pin ceremony**

Gov. Sam Brownback and the Kansas Department of Administration honored employees in a ceremony on Sept. 12 who, in the past fiscal year, completed either 40 or 50 years of service to the state. The ceremony was held in the first floor rotunda of the Statehouse. Honorees received an official service pin in recognition of their longevity.

Richard A. Kleiner, Paint Shop, celebrates his 40th year.

**On a Personal Side:**

Our sympathy goes to Bill Zoeller and wife Joann. Bill’s mother, Cecelia passed away September 18th. Condolences to them and their family, with the loss of their loved one.

Congratulations to Larry and Joan McCoy. Kate McCoy, daughter of Larry and Joan was married to Camron Herrell in a private ceremony on September 3, 2014 in Montego Bay, Jamaica.
Anyone who knows Roger Hageman, has sampled the fruit of his labor. He has shared his bounty with a lot of folks. His onion crop is outstanding! Roger buys his onion sets from Dixondale Farms. In 2013 Dixondale Farms had a picture of Roger and family in their catalog. This year Roger is on the front page of their 2015 catalog. Roger is featured with his crop, his two grandchildren; Payton age 5, Reese age 2 and his chocolate lab, Cocoa. I am sure his wife Patty and grandmother to the two little girls does her part to make this garden project a great success also. See above picture.

October 1st at the K-State Union, Eric Melander and Nick Long, Physical Therapists from Mercy Regional Health Center proved insight into ways to prevent injuries during Facilities annual OSHA refresher.

They used many of the tools/equipment that our employees use on a daily or seasonal basis. They discussed a variety of topics such as shoveling snow, lifting, moving items, mopping, weed whacking, desk ergonomics etc. They demonstrated ways of preparing for some of the work we do by stretching our muscles. It is easier to prevent an injury, than to have to work with the effects of repetitive injuries.

Nick Melander demonstrates the best techniques to prevent back and shoulder problems when shoveling snow.

Nick Long gave an inside view of how the spine is supposed to work and ways to work with the spine and not against it. They also talked of shoulder and knee anatomy.