

Impact Report 2025

Kansas SNAP-E Program

Kansas SNAP-E, implemented by Kansas State University Extension and funded by USDA's National Institute of Food and Agriculture, works alongside Kansas communities to support youth, adults, and their communities as they foster healthy environments and lifestyles.

Building Thriving Communities Together

Multi-level intervention

targeting diet quality, food resource management, food safety and food security.

1

Encourage Self Sufficiency and Nutritional Well-Being

Families have the skills they need to meet their families' needs

2

Creative Supportive Environments

Meaningful change in policies, systems, and environments

3

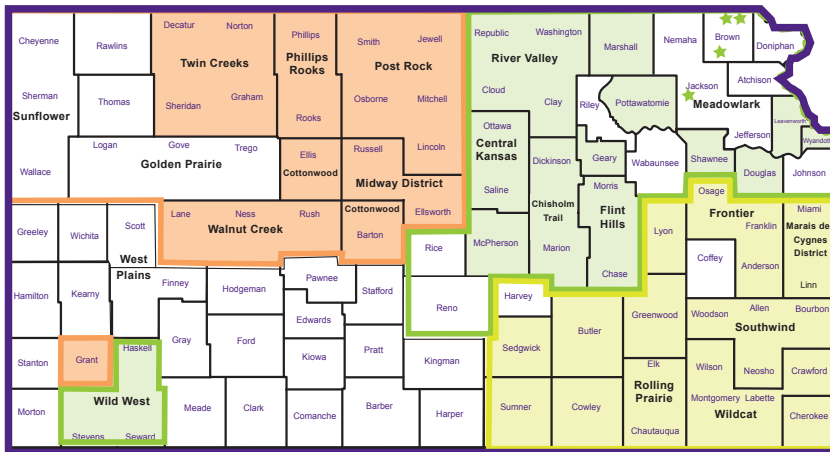
Build a culture of health

Individuals and communities are able to make informed health decisions

SNAP-Ed in Our Communities

SNAP-Ed works in diverse communities and focuses on those who benefit most from improved access to nutrition education and health resources.

2025 SNAP-Ed Counties



★ Tribal Food System Project: Sac & Fox Nation of Missouri in Kansas and Nebraska, Iowa Tribe of Kansas and Nebraska, Kickapoo Tribe in Kansas, Prairie Band Potawatomi Nation
County coverage by Regions: NW Region NE Region SE Region

84,991

Kansas were reached by at least one intervention

6,123

Kansas received nutrition education



SNAP-Ed class participants prepping to prepare a healthy recipe.



Community mapping activity for the Pottawatomie County Food Summit.

Education with Impact

Direct Education supports participants navigating challenging systems so they:

Have the resources needed to make healthy choices:

49% of adults started eating fruit daily

18% of adults started exercising for 30 min. at least 5 days a week

Can navigate complex food systems:

38% of adults started planning their meals before going shopping

21% of adults worried about food less often

Can foster a culture of health for the future:

24% of youth drank fewer sports drinks

43% ate more whole grains

We build on community strengths to make meaningful change:

76,030

Kansans benefited from policy, systems, or environmental changes in their communities.

267

Community partners collaborated with SNAP-Ed to support the health of their community.

39

Multi-sector partnerships addressed health and nutrition at multiple levels of influence.

Impact in Action

"I modified my shopping list for more healthy meals that can be good leftovers. Before this class, I didn't make my list geared toward lasting meals. I have also been moving and exercising more. I loved this class, and my kids have been very receptive to the ideas and recipes, wanting to try them on their own."

"This class was helpful for me and my family. It brought simple nutrition back into focus and inspired me to start cooking again. I have increased home-cooked meals from zero to four times per week. I have stopped drinking soda and have started to crave fruits and vegetables."

Join Us in Building a Healthier Kansas!

KANSAS STATE
UNIVERSITY

Extension

For more information or to get involved:

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