# Headwater Influences on Downstream Water Quality

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Abstract We investigated the influence of riparian and whole watershed land use as a function of stream size on surface water chemistry and assessed regional variation in these relationships. Sixty-eight watersheds in four level III U.S. EPA ecoregions in eastern Kansas were selected as study sites. Riparian land cover and watershed land use were quantified for the entire watershed, and by Strahler order. Multiple regression analyses using riparian land cover classifications as independent variables explained among-site variation in water chemistry parameters, particularly total nitrogen (41%), nitrate (61%), and total phosphorus (63%) concentrations. Whole watershed land use explained slightly less variance, but riparian and whole watershed land use were so tightly correlated that it was difficult to separate their effects. Water chemistry parameters sampled in downstream reaches were most closely correlated with riparian land cover adjacent to the smallest (first-order) streams of watersheds or land use in the entire watershed, with riparian zones immediately upstream of sampling sites offering less explanatory power as stream size increased. Interestingly, headwater effects were evident even at times when these small streams were unlikely to be flowing. Relationships were similar among ecoregions, indicating that land use characteristics were most responsible for water quality variation among watersheds. These findings suggest that nonpoint pollution control

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Present Address: R. M. Oakes University of Pennsylvania Law School, 3400 Chestnut Street, Philadelphia, PA 19104, USA strategies should consider the influence of small upland streams and protection of downstream riparian zones alone is not sufficient to protect water quality.

**Keywords** Water quality · Geographic information systems · Headwater streams · Nonpoint source pollution · Riparian zones · Watershed management

## Introduction

Nonpoint source pollution is a serious problem that degrades surface waters and aquatic ecosystems. Loading of nutrients, sediment, and other pollutants from the landscape may compromise the integrity of freshwaters (Hunsaker and Levine 1995). In particular, excessive inputs of nitrogen and phosphorus result in eutrophication and fundamental changes in trophic state of lakes and streams (Carpenter and others 1998; Dodds and others 2002; Dodds 2006) and the impairment of surface waters for uses such as drinking, recreation, and support of aquatic life (Dodds and Welch 2000). These problems are pervasive; almost 40% of classified stream miles in the United States may be impaired, with diffuse pollutants responsible for a large percentage of impairments (U.S. Environmental Protection Agency [EPA] 2000). In response to these problems, research has focused on identifying and testing practices that reduce excessive pollutant loading and help restore the health of aquatic ecosystems.

The development of remote sensing and geographic information systems (GIS) technologies has facilitated quantitative assessment of landscape influences on aquatic ecosystems and watershed-scale approaches to the study of water quality (Johnson and Gage 1997). Watershed land cover is strongly correlated with water chemistry parameters, especially nutrient concentrations (e.g., Hunsaker and Levine 1995; Johnson and others 1997; Jones and others 2001; Osborne and Wiley 1988; Sliva and Williams 2001). Riparian land use may be particularly influential and, in some cases, a better predictor of in-stream water quality than land cover in the entire catchment (Johnson and others 1997; Osborne and Wiley 1988). Intact riparian zones provide water quality benefits and help preserve the biological integrity of watersheds (Gregory and others 1991).

In areas such as the Midwestern United States largescale land use conversion has resulted in some of the worst water pollution in the United States (U.S. EPA 2000) and imperilment of many native aquatic species (Fausch and Bestgen 1997). Establishing or protecting riparian zones or large watershed areas that mitigate impacts of human land use on water quality may be costly or politically difficult, particularly in areas where much of the land is privately owned. In such instances, it is essential that scientists and managers identify areas within watersheds where protection would produce the most substantial water quality benefits, and prioritize these areas for protection. Geographic information systems are ideally suited to provide such identification because landscape analyses encompass the full range of spatial scales across which stream processes are regulated (Allan and others 1997) and allow for multiscale examinations of riparian (e.g., Johnson and Gage 1997) or headwater impacts on water quality.

We examined relationships between riparian and whole watershed land cover and water chemistry metrics in streams in Kansas at spatial scales ranging from several kilometers to the entire watershed, with the objective of testing areas where land use may strongly affect water quality in downstream reaches of the watershed (herein referred to as "downstream water quality"). We hypothesized that land use adjacent to small headwater streams would have a disproportionately large impact on water quality, because these streams provide the predominant hydrologic contributions to the watershed (Lowrance and others 1997), and substantial in-stream nutrient processing and retention in upland streams and rivers can regulate downstream water quality (Alexander and others 2000; Peterson and others 2001).

Natural geological and topographic features also influence surface water quality at landscape scales, in addition to anthropogenic factors such as land use conversion (Johnson and others 1997; Sliva and Williams 2001). To assess regional differences related to these features, we compared riparian-water chemistry relationships among four U.S. EPA level III ecoregions. Ecoregions denote general similarities in ecosystem types, serve as a spatial framework for research, assessment, and management of ecosystems (Omernik 1995), and can correspond well with principal factors that may influence surface water quality (e.g., Brown and Brown 1994; Rohm and others 2002). We assessed the degree to which relationships between surface water quality and land cover were affected by landscape heterogeneity (as indicated by ecoregions) by evaluating regional variation in riparian-water chemistry relationships. To our knowledge, no previous studies have examined the importance of headwater riparian zones, compared to other riparian areas within watersheds, at these scales of analysis across multiple watersheds.

# Methods

Sixty-eight small watersheds (mean watershed area, 280 km<sup>2</sup>; range, 19–1400 km<sup>2</sup>) were identified in four level III U.S. EPA ecoregions (U.S. EPA 1998a) across eastern Kansas (Fig. 1). These ecoregions also represent 4 of the 14 regions developed for the National Nutrient Strategy (U.S. EPA 1998b), which were classified by both anthropogenic and natural characteristics (i.e., geology, geomorphology, land use, soils, vegetation) associated with nutrient concentrations in streams. Sites were selected across the four ecoregions so results would not be as tied to within-ecoregion characteristics. Sites were chosen from those regularly sampled by the Kansas Department of Health and Environment within the ecoregions such that the watersheds did not cross ecoregion boundaries and none of the sites were nested.

Twenty-four watersheds were located in the Flint Hills (FH) ecoregion, characterized by rolling hills, coarse soils, and relatively intact tracts of tallgrass prairie predominantly used as cattle pasture. Because of topography and geology, little of this region has been converted to cropland agriculture. Eighteen watersheds were located in the Central Irregular Plains (CIP), characterized by irregular topography, loam soils, and a variety of land use types, including cropland agriculture, tallgrass prairie, and oakhickory forests. Fourteen watersheds were located in the Western Corn Belt Plains (WCBP), a region that was historically covered with tall and mixed-grass prairie but has now been almost entirely converted to cropland agriculture. Finally, 12 watersheds were located in the eastern part of the Central Great Plains (CGP) ecoregion, characterized by reduced topography, mixed-grass prairie, and large tracts of cropland agriculture. Criteria for inclusion in the study were as follows: (1) watersheds were sampled for water chemistry parameters a minimum of 12 times, and (2) watersheds were entirely contained within one U.S. EPA level III ecoregion. Watersheds were located across a precipitation gradient, with average rainfall ranging from 610 to 1016 mm/year. No watersheds were chosen that had very large livestock feeding operations or municipal point Fig. 1 Location of study watersheds in Kansas, grouped by level III U.S. EPA ecoregion, and example of land cover classification scheme, in which riparian and catchment land cover was quantified for the subcatchment of each stream segment in the watersheds



0 25 50 100 150 200

sources. The few smaller feeding operations ( $\sim 1000$  animals) included were in all cases at least 0.1 km upstream of the stream chemistry site, and the total area of these operations was included in the analysis (see section Statistical Analyses, below).

Relationships between riparian land cover and water chemistry parameters were assessed at four spatial scales (Fig. 2). Riparian land cover throughout entire watersheds was quantified to examine cumulative impacts on water quality. Because small streams exert a large influence on downstream water quality (Alexander and others 2000; Peterson and others 2001), we examined correlations between riparian land cover adjacent to only the smallest (first-order) streams and water chemistry parameters sampled in downstream reaches of these watersheds. In addition, we examined localized riparian impacts on water quality by quantifying riparian land cover both 2 and 4 km upstream of the sampling site. The results of the above analyses were compared to correlations between water chemistry parameters and catchment-scale land cover at both the watershed and the first-order streams scales. In this way, we assessed the relative impact of riparian land cover on water chemistry parameters, compared to catchment land cover. Temporal variation was explored by partitioning water chemistry data seasonally, which allowed for examination of riparian-water chemistry relationships during both high and base flow conditions.

We examined a subset of 39 study watersheds where water chemistry measurements were taken on a fourthorder reach of stream to directly compare the influence of

Fig. 2 Riparian land cover assessed at four spatial scales: (A) land cover in the whole watershed, (B) land cover adjacent to the first-order streams of watersheds, and (C) land cover 2 and 4 km upstream of the water chemistry sampling point



riparian land cover on streams of similar sizes within watersheds. Riparian land cover was quantified by stream order (Strahler 1957) and correlated with downstream water chemistry values separately, so comparisons could be made between stream sizes. In addition, we analyzed riparian land cover-water chemistry relationships among ecoregions to determine if differences existed, or if these relationships held constant across ecosystem types. These analyses also help to show that watershed size and natural factors captured by ecoregions (geology, precipitation, elevation, gradient, etc.) did not confound the interpretations of land use effects.

## Water Chemistry Data

Water chemistry data were collected and analyzed by the Kansas Department of Health and Environment (KDHE) as part of their stream chemistry monitoring network (KDHE 2000). Total nitrogen (TN), nitrate (NO<sub>3</sub>), ammonium (NH<sub>4</sub><sup>+</sup>), total phosphorus (TP), total suspended solids (TSSs), atrazine (AT), fecal coliform bacteria (FC), and dissolved oxygen (DO) data were used to assess the impact of riparian land cover on water chemistry. Samples are collected every 2 months between 0900 and 1700 hr at each site on a rotational schedule. Extreme weather (river icing, very high floods) precludes sampling occasionally. Water chemistry samples were collected from the thalweg of each stream, frozen, and stored in acid-washed bottles in the dark, prior to analysis. All TN, NH<sub>4</sub><sup>+</sup>, and TP samples were analyzed within 28 days of collection, NO<sub>3</sub><sup>-</sup> samples were analyzed within 48 hr of collection, TSS and AT samples were analyzed within 7 days of collection, FC samples were analyzed within 24 hr of collection, and DO measurements were taken in the field using a membrane electrode probe. Total nitrogen and phosphorus were analyzed by a colorimetric automated phenate method, following digestion by metal-catalyzed acid and persulfate techniques, respectively (U.S. EPA 1983). Nitrate was analyzed by ion chromatography; NH<sub>4</sub><sup>+</sup>, by semiautomated colorimetry; TSS, by a residue, nonfilterable and TSSs method; and AT, by gas chromatography (U.S. EPA 1983). Fecal coliform bacteria samples were analyzed by a membrane filter procedure (APHA 1992). Field duplicate samples and internal spikes were used to assess the reliability and recovery efficiencies of the assays.

Water chemistry data for  $NO_3^-$ ,  $NH_4^+$ , TP, TSS, AT, FC, and DO were collected from 1990 to 2001 for all study watersheds. Total nitrogen data were collected from January 2000 to May 2003 for 57 of the 68 study watersheds. Collection of TN data began in 2000 to assist establishment of nutrient criteria for Kansas' surface waters. For all analyses, mean concentrations of TN,  $NO_3^-$ ,  $NH_4^+$ , TP, TSS, AT, and FC were taken for each watershed across sampling dates. Minimum and maximum DO concentrations were quantified by averaging minimum and maximum concentrations by year for all years in which at least five samples were taken, then taking a mean of these concentrations across years.

To examine temporal variability in riparian-water chemistry relationships, we first classified seasons using mean monthly discharge measurements (1990–2001) from 30 USGS gauging stations across the study region. Seasons were classified as the month or months in which 0%–25%, 26%–50%, 51%–75%, and 76%–100% of the annual water volume across the region was discharged. Mean water chemistry concentrations of NO<sub>3</sub><sup>-</sup>, NH<sub>4</sub><sup>+</sup>, TP, TSS, AT, and FC were taken for each of the four seasons. Insufficient data prevented analysis of total nitrogen and DO for temporal differences.

#### Digital and Land Cover Data

Digital stream networks were derived for each watershed using 30-m digital elevation models, ARCGIS (Arcview version 8.2, 2002), and ArcHydro (Maidment, 2002) software. This method accounts for permanent streams and all but the smallest intermittent streams. Catchment area above each KDHE monitoring site was delineated using catchment-processing tools in ArcHydro software. Using the same processing tools, a subcatchment was delineated for each stream segment of the watersheds. A stream segment was defined as a section of stream from its upstream confluence to its downstream confluence with other tributaries. By overlaying catchment and subcatchment layers with digitized riparian and catchment land cover data, we quantified land cover for each watershed and watershed subcatchment (Fig. 1).

Riparian land cover was classified from the Kansas Riparian Areas Inventory dataset (NRCS 2001). The riparian ecotone in this dataset was defined as the 33 m adjacent to the stream and was digitized at a 1:24,000 scale from USGS Digital Orthophotograph Quarter Quadrangles that reflected land cover conditions in 1991. Land cover was identified from the beginning of the period of water chemistry sampling. Large socioeconomic changes did not occur in Kansas over this time period (e.g., only  $\sim 10\%$ population increase). This dataset contained 11 land cover classes (animal production area (holding pens or feeding areas), barren land, cropland, crop/tree mix, forest, grassland, grass/tree mix, shrub/scrub land, urban land, urban/ tree mix, water), and riparian areas were classified by the land cover type occurring in  $\geq$  51% of the 33-m ecotone. Of the 11 land cover classes, 3 (shrub/scrub land, barren land, and animal production area) did not account for more than 1% of the riparian land cover in any watershed and were not included in the analyses. The remaining eight classifications were aggregated into five categories (cropland, forest, grassland, urban land, and water) following the level I classification scheme developed by Anderson et al. (1976). Water was not included as a land cover type in analyses. While this scheme can create problems with colinearity, the primary goal of this paper was to determine the best-fit model at different spatial scales within the watershed. Colinearity influences the ability to ascribe causation by individual categories of land use (e.g., cropland, urban, forest, or grassland), but this was not the primary goal of our analysis.

Catchment land cover was classified from the Kansas Land Cover dataset (KARS 1993). This dataset was digitized at a 1:100,000 scale from Landsat Thematic Mapper imagery and, also, contained 11 land cover classes that reflected conditions in 1991. Land cover classes were reclassified in the same way as the riparian dataset. Comparison of the riparian dataset to a 33-m "buffer" clipped from the catchment dataset showed highly significant correlations (average Kendal  $\tau$  correlation = 0.93, p < 0.01) between the two datasets for all land cover types. Information on permitted point sources and confined livestock feeding operations within watersheds was obtained from KDHE and incorporated into GIS to ensure that point sources were not in close proximity to sampling sites.

#### Statistical Analyses

Forward stepwise linear regression models were used to predict water chemistry parameters with land cover data (animal production area [holding pens or feeding areas], barren land, cropland, crop/tree mix, forest, grassland, grass/tree mix, shrub/scrub land, urban land, urban/tree mix, water) at four spatial scales (watershed, first-order streams, 2 km upstream, 4 km upstream). Separate regressions were done at each scale. F-values of 1 and 0 were used as thresholds to include and exclude land cover classifications from regression models. We investigated the predictive ability of riparian land cover independent of catchment effects by examining partial correlations (r)among riparian land cover classifications that were significant predictors in regression models and water chemistry parameters, controlling for predictor catchment land cover classifications. Analysis of variance (ANOVA) was used to test for differences among ecoregions. Since ecoregions were correlated with land use, slopes of relationships were compared among ecoregions at all four spatial scales using general linear model (GLM) analysis of variance (ANCOVA) to assess whether riparian-water chemistry relationships held constant across ecoregions. Results of comparisons of intercepts on these data were presented in a prior publication (Dodds and Oakes 2004). Least-squares means were used to compare slopes of regression lines. Slopes represent the fundamental response to anthropogenic effects (most relevant to this paper) and intercepts indicate the baseline nutrient or pollutant level. Response data appeared normally distributed and were not transformed prior to analyses. All relationships among the data were plotted and no clear outliers or leveraged relationships were observed.

#### Results

**Riparian-Water Chemistry Relationships** 

Strahler ordering showed the smallest (first-order) digitized streams on average comprised >60% of the stream miles within study watersheds, with larger streams accounting for sequentially fewer percentages of stream miles. Across all studied watersheds, riparian land cover was a significant predictor of among-site variation in water chemistry concentrations at the watershed and first-order streams scales, particularly for nutrients (Table 1). Less variance was

 Table 1
 Multiple regression models showing correlations between

 water chemistry parameters and riparian land cover in both the whole
 watersheds the first-order streams of watersheds

Water	Crop	Forest	Grassland	Urban	Intercept	$R^2$
chemistry parameter						
Watershed						
TN			-0.440	0.260	1.932	0.355
NO <sub>3</sub> -N	0.623			0.490	-0.500	0.525
NH <sub>4</sub> -N		-0.466	-0.662		0.203	0.327
TP	0.264			0.712	0.095	0.507
AT	0.428				0.558	0.171
FC	0.378				1621.570	0.199
DO (max)	0.508				12.085	0.247
First order						
TN	0.388			0.576	0.551	0.406
NO <sub>3</sub> -N	0.650			0.538	-0.033	0.606
NH <sub>4</sub> -N		-0.445	-0.683		0.195	0.304
TP	0.320			0.780	0.087	0.634
AT	0.413				0.605	0.158
FC	0.458				798.832	0.198
DO (max)	0.522				12.113	0.261

*Note.* Significant regression coefficients are presented, illustrating the magnitude and direction of importance of land cover classes in models. TN analyses based on 57 watersheds; all other analyses based on 68 watersheds. Nutrient parameters and dissolved oxygen expressed as milligrams per liter, atrazine (AT) expressed as micrograms per liter, microbiological parameters expressed as colony forming units/100 ml, and land cover classifications expressed as percentages. All values reported were significant at p < 0.05



Water Chemistry Parameters

**Fig. 3** Variance in water chemistry variables ( $R^2$  values) accounted for by (**A**) land cover in the riparian ecotone (33 m) at multiple scales and (**B**) catchment land cover at two scales, using multiple linear regression analyses. TN analyses based on 57 watersheds; all other analyses based on 68 watersheds. Bars for  $R^2$  values were not plotted when there was not a significant relationship (p > 0.05)

explained at local scales represented as riparian cover 2 or 4 km upstream from the sampling site (Fig. 3). Total nitrogen, TP, and  $NO_3^-$  were the parameters with the greatest  $R^2$  values related to riparian land cover, and all three had slightly greater  $R^2$  values using land cover adjacent to first-order streams of watersheds than using riparian land cover across the whole watershed.

Riparian land cover 2 and 4 km upstream explained no significant variance in TP concentrations, and riparian land cover 2 km upstream of the sampling point explained no significant variance in AT concentrations. Total suspended solids and minimum DO concentrations did not have significant relationships with riparian cover in any analyses and are not discussed further in this section.

Catchment land cover showed similar relationships to water chemistry parameters as riparian land cover (Fig. 3). In all comparisons between catchment and riparian land cover, the magnitude of differences was small. Partial correlations indicated that riparian land cover classifications were still significantly correlated with some water chemistry parameters after controlling for variance explained by catchment land cover classifications that were significant predictors in regression models (Table 2). Removal of the effect of land use cover by using partial correlations can actually remove riparian effects from the overall correlation so these data should not be interpreted to suggest that riparian cover only explains a small portion of the variance in water quality.

## **Temporal Variation**

Examination of regional discharge patterns revealed that 25% of annual water volume was discharged from January to April, 50% by June, 75% by August, and the remainder in the August–December time period. Thus, the periods of January–April, May, June–July, and August–December were designated as seasons in temporal analyses. Seasons in which a quarter of annual water volume was discharged in 1 or 2 months (i.e., May, June–July) represented periods of high flow and high connectivity across the landscape, while seasons encompassing more than 2 months (January–April, August–December) represented predominantly base flow conditions (with most of the upper reaches of the first-order streams dry).

Most water chemistry parameters exhibited temporal changes in the degree that they were statistically related to riparian land cover. Total P and  $NH_4^+$  were significantly correlated with riparian land cover in all seasons except May (Fig. 4); in particular, riparian land cover at both the watershed and the first-order streams scales explained most variance in TP concentrations in January–April compared to other seasons. Conversely, AT and FC concentrations were best explained during the high flow period of May, and did not have significant relationships with riparian land cover during some base flow seasons. Nitrate exhibited comparatively less temporal variation; riparian land cover at the watershed scale explained a minimum of 30%, and at the first-order streams scale a minimum of 45%, of amongsite variance in  $NO_3^-$  concentrations across seasons.

A particularly interesting aspect of these data is that even when first-order streams are not very likely to flow (August–December), the riparian land cover around them yielded somewhat greater  $R^2$  values than did the whole watershed riparian cover for TP and NO<sub>3</sub><sup>-</sup>.

# Impact of Stream Size

Different stream sizes were used in the analyses to this point. To control for this a subset of sites was chosen from which data were taken only for fourth-order streams. Total

Table 2 Partial correlations a a c

among nutrient concentrations	• 1		-		•
and riparian land cover classifications	Watershed				
	TN	Grass, forest	Grass, urban	Grass = -0.06	0.687
				Urban = 0.20	0.134
	$NO_3^-$	Crop, urban	Crop, urban	Crop = 0.22	0.071
				Urban = 0.48	0.000
Note. Correlations controlled for	$\mathrm{NH}_4^+$	Grass, forest	Grass, forest	Grass = -0.03	0.803
catchment land cover				Wood = -0.11	0.370
classifications that were	TP	Crop, urban, forest	Crop, urban	Crop = 0.04	0.779
significant predictors in regression models and were				Urban $= 0.58$	0.000
used to partition additional	First order				
variance explained by riparian	TN	Crop, grass	Crop, urban	Crop = 0.25	0.068
explained by catchment land				Urban = 0.33	0.013
cover. Partial correlations $(r)$ for	$NO_3^-$	Crop, urban	Crop, urban	Crop = 0.26	0.033
which riparian crop land (crop),				Urban = 0.50	0.000
torest, grassland (grass), and urban land (urban) explained	$\mathrm{NH}_4^+$	Grass, forest	Grass, forest	Grass = -0.00	0.994
>30% of the variation in water				Forest = $-0.08$	0.543
chemistry parameters among	TP	Crop, urban	Crop, urban	Crop = 0.04	0.724
sites (see Table 1 and Fig. 3)				Urban = 0.68	0.000
are presented					

Catchment land cover

Water chemistry parameter

N and  $NO_3^-$  were most closely correlated with first-order riparian land cover (Fig. 5). In general, the most variance was explained by riparian land cover adjacent to first-order streams and less variance was explained by riparian cover near larger-order streams closer to sampling sites. Atrazine and maximum DO concentrations were not significantly correlated with riparian land cover near streams of any size in this subset of watersheds.

## **Ecoregion Effects**

ANOVA indicated some variation in TN,  $NO_3^-$ ,  $NH_4^+$ , TP, FC, and maximum DO concentrations among ecoregions. Comparison of least-squares means showed TN and  $NO_3^$ concentrations were significantly different (p < 0.05)among all ecoregions except the CGP and CIP (Fig. 6). The Western Corn Belt Plains was the only ecoregion that exhibited significantly different NH<sub>4</sub><sup>+</sup>, FC, and maximum DO concentrations, which were all higher than mean concentrations in other ecoregions.

The Flint Hills was the only ecoregion that exhibited significantly different TP concentrations, which were lower than those of other ecoregions. Atrazine concentrations did not differ significantly among ecoregions.

The percentage of riparian land in agricultural production also varied by ecoregion and closely mirrored nutrient concentrations. Least-squares means comparing slopes of regression lines between water chemistry parameters and significant predictor land cover classifications among the four ecoregions showed that slopes were generally similar p-value

across all water chemistry parameters (e.g., Fig. 7), and differences that did exist most often occurred when comparing the Flint Hills to other ecoregions (Table 3).

Riparian land cover

r

#### Discussion

#### Land Cover-Water Chemistry Relationships

Riparian and whole watershed land cover was significantly correlated with water quality metrics, particularly nutrient concentrations. Land cover explained greater variance at landscape scales (watershed and first-order streams) than riparian cover at local scales (2 and 4 km upstream of sampling), which is consistent with the idea that nutrient loading and retention occurs at larger spatial scales (Allan and others 1997). Given that  $NO_3^-$  uptake lengths are often less than 2 km in this region (O'Brien and others 2007), it is possible that local riparian cover would influence  $NO_3^-$  concentrations, but the effect was small. Differences in correlations between nitrogen species (NO<sub>3</sub><sup>-</sup> and NH<sub>4</sub><sup>+</sup>) may have occurred because  $NO_3^-$  inputs from the watershed are often greater than  $NH_4^+$  inputs (Peterson and others 2001) and  $NH_4^+$  is a preferred nitrogen source for aquatic organisms that can use inorganic N and cycles more quickly than NO<sub>3</sub> (Dodds and others 2000). Seasonal differences in relationships between riparian land cover and both NH<sub>4</sub><sup>+</sup> and TP may be attributable to their strong relationship to particulate dynamics (Johnson and others 1997). Phosphate and  $NH_4^+$  both adsorb readily to sediments, and are primarily transported into streams via surface runoff (Novotny and Olem 1994).



**Fig. 4** Temporal variation ( $R^2$  values) in relationships between water chemistry parameters and (**A**) total riparian land cover in watersheds and (**B**) riparian land cover adjacent to the first-order streams of watersheds. Seasons were designated from quartiles of annual discharge occurring across the study region. Total nitrogen and DO were not analyzed for temporal differences (see Methods). Bars for  $R^2$ values were not plotted when there was not a significant relationship (p > 0.05)

We wanted to remove the potential problem that the proportion of length of first order streams would vary by stream order. But if we only used our fourth-order sites, then we had about half the total number of sites and our statistical power decreased. Thus we analyzed the subset of fourth-order stream sites (Fig. 5) to be certain that our results were not an artifact of sampling sites occurring at different order streams. Since our results were similar with this subset, all other analyses used the full dataset.

Variation in nutrient concentrations during high flow may have resulted from "pulses" of sediment-bound nutrients entering from the landscape which were not effectively captured by our method of analyzing mean seasonal concentrations. This could explain the lack of correlation between riparian land cover and  $NH_4^+$  and TP in May compared to other seasons. Conversely, the primary mode of  $NO_3^-$  transport to surface water is generally via subsurface flow (Hill 1996), and this consistent



Fig. 5 Variance in water chemistry variables ( $R^2$  values) explained by riparian land cover adjacent to different sized streams within watersheds. Analyses performed with a subset of 39 fourth-order watersheds; TN analyses preformed with 38 fourth-order watersheds. Comparisons between riparian land cover and AT and maximum DO concentrations were not significant and are not presented

connectivity to the landscape may explain the comparatively low temporal variability seen in riparian- $NO_3^-$  relationships.

Discrepancies in numbers of sampling dates and sites made it difficult to directly compare riparian-TN relationships with those of other parameters. However, we felt it was important to include TN in these analyses because of its importance in establishing nutrient criteria (Dodds and Welch 2000) and because other available parameters, such as dissolved inorganic nitrogen, can be unsuitable substitutes (Dodds 2003). A disproportionate number of watersheds for which TN data were not available were primarily agricultural and contained some of the highest observed concentrations of both NO<sub>3</sub><sup>-</sup> and TP; the absence of these sites in TN analyses may explain why TN was not as strongly correlated with riparian land cover compared to NO<sub>3</sub><sup>-</sup> or TP.

Nonnutrient water chemistry parameters had weaker correlations with riparian land cover. Although AT, FC, and maximum DO concentrations were significantly correlated with riparian land cover, relationships were weak across all spatial and temporal scales and preclude conjecture into the mechanisms underlying correlations. Lack of correlation between TSS and riparian land cover contrasts with results of previous studies (Johnson and others 1997; Sliva and Williams 2001) and, as with relationships observed in sediment-bound nutrients, may be a function of averaging TSS concentrations into one measurement.



**Fig. 6** Mean values for selected water chemistry parameters and riparian cropland, grouped by ecoregion (WCBP, Western Corn Belt Plains; CGP, Central Great Plains; FH, Flint Hills; CIP, Central Irregular Plains). TN data for WCBP were available for only 3 of 12 study watersheds. Significant differences are labeled with different letters; error bars represent 1 SE

Although permitted livestock operations and other point sources were not substantial in each watershed, point sources falling below Kansas' permitting regulations (e.g., confined livestock operations under 300 animals) were likely present in some watersheds and may have accounted for unexplained variance in the observed relationships. Our results were consistent with previous studies (Johnson and others 1997; Jones and others 2001; Osborne and Wiley 1988; Sliva and Williams 2001), suggesting that agricultural and/or urban lands were the most important predictors of water quality variability.

Maintaining buffers or other passive land uses in headwater streams may effectively reduce diffuse pollution downstream. The importance of these streams and their riparian zones is due in part to their sheer numbers; small streams often comprise the majority of stream miles within a drainage network (Horton 1945; Leopold and others 1964), and in this study the smallest (first-order) streams on average comprised more than 60% of the stream miles in the study watersheds. Riparian land cover near the firstorder streams of watersheds explained greater variance in TN, NO<sub>3</sub><sup>-</sup>, and TP concentrations than did riparian land



Fig. 7 Example of typically observed relationships between riparian land cover and water chemistry parameters among the four ecoregions analyzed (WCBP, Western Corn Belt Plains; CGP, Central Great Plains; FH, Flint Hills; CIP, Central Irregular Plains). The percentage of riparian cropland in the watersheds is plotted versus in-stream  $NO_3^-$  concentrations. Slopes of regression lines fitted through each of the four ecoregions were not significantly different

**Table 3** Comparisons of least-squares means using general linear model analyses to assess differences in slopes of riparian-water chemistry relationships at four spatial scales, across level III U.S. EPA ecoregions

Spatial scale	Response variable	Ecoregions with different slopes	<i>p</i> -value
Watershed	TP	FH & CGP	0.010
First order	TN	FH & CGP	0.019
First order	TP	FH & CGP	0.007
First order	TP	CIP & CGP	0.007
First order	TP	CIP & WCBP	0.041
2 km upstream	TN	FH & CGP	0.022
2 km upstream	$NO_3^-$	FH & CIP	0.014
2 km upstream	$NO_3^-$	FH & WCBP	0.002
4 km upstream	$NO_3^-$	FH & WCBP	0.001
4 km upstream	FC	FH & WCBP	0.023

*Note.* Significantly different slope comparisons between Central Great Plains (CGP), Central Irregular Plains (CIP), Flint Hills (FH), and Western Corn Belt Plains (WCBP) ecoregions are listed. All other comparisons were not significantly different at p < 0.05

cover immediately upstream from sampling sites. Firstorder riparian land cover was statistically related to most water quality measures, even when all potential correlation related to watershed land cover was controlled for. Our results suggest that headwater riparian areas could have an important impact on downstream water quality.

Our study was correlative in nature and does not unequivocally confirm causation. Such an approach is required at the spatial scales of our study. Previous work suggests several possible causes for our observed associations. First, lower-order streams have the greatest potential for interactions between water and the adjacent landscape (Lowrance and others 1997). Second, the large benthic surface area-to-volume ratio of small streams favors rapid in-stream uptake, processing, and retention of nitrogen (Alexander and others 2000; Dodds and others 2000; Peterson and others 2001), which in larger streams increases in proportion to depth (Alexander and others 2000) or discharge (Wollheim and others 2001). Because high nitrogen inputs may overwhelm this ability (O'Brien and others 2007; Wollheim and others 2001), riparian zones adjacent to small streams may be particularly important in regulating nutrient inputs and allowing natural in-stream processes to significantly impact nutrient concentrations.

Several studies have addressed the relative importance of riparian versus whole catchment land use in regulating water quality. Reports in the literature have been mixed; some researchers (Hunsaker and Levine 1995; Sliva and Williams 2001) found that catchment land cover was better correlated with water quality, while others (Osborne and Wiley 1988; Johnson and others 1997) reported that land cover in the riparian ecotone was more influential. Likewise, although partial correlations indicated riparian land cover classifications were significantly related to TN, NO<sub>3</sub>, and TP even after accounting for catchment effects, this did not hold true for all water chemistry parameters. Overall, it is difficult to separate the effects of land cover in the riparian ecotone and land cover in the catchment because they are highly correlated, and in many altered landscapes, riparian land cover may simply reflect the dominant catchment land cover types.

Significant partial correlations between riparian land cover and TN, NO<sub>3</sub><sup>-</sup>, and TP concentrations correspond with previous work (e.g., Karr and Schlosser 1978; Lowrance and others 1997) identifying riparian zones as key regulators of nutrient inputs to surface waters. These results, in addition to strong relationships among water quality metrics and riparian land use that have been previously reported at both field (e.g., Karr and Schlosser 1978; Peterjohn and Correll 1984) and landscape (e.g., Johnson and others 1997; Osborne and Wiley 1988) scales, suggest that intact riparian zones could influence landscape impacts on surface water quality.

### **Ecoregion Effects**

The finding that slopes of the relationships were not significantly different in most ecoregion comparisons may be attributable to several factors. Exceptionally variable relationships could preclude the statistical power to determine differences. It is possible that the study regions were not sufficiently distinct to allow detection of differences in riparian interactions, although this is unlikely given their previous classification as both separate ecoregions (U.S. EPA 1998a) and nutrient regions (U.S. EPA 1998b). Because U.S. EPA ecoregion designations encompass human impacts such as land use in addition to natural geological, climatic, and soil characteristics (Omernik 1995), observed intraregion differences in riparian land cover classification and nutrient concentrations were expected. However, since land use is often a dominant factor regulating surface water quality (Hunsaker and Levine 1995; Johnson and others 1997; Osborne and Wiley 1988), riparian-water chemistry relationships would be expected to remain relatively constant across ecoregions if designations were partially dependent on land use, as was the case in this study.

## Conclusions

The data suggest that riparian cover near sampling sites is generally less well correlated with water quality parameters than riparian cover or land use in first-order streams. Because watershed cover and riparian land use were correlated, it is difficult to determine how important first-order riparian cover is related to water quality. Our results suggest a statistically significant effect of riparian cover of firstorder streams on water quality because partial correlations among riparian land cover classifications were significant predictors in regression models when controlling for predictor catchment land cover classifications. We take the conservative approach in our interpretation, but it is possible that riparian cover has much stronger effects than whole-watershed land cover and that most of the correlation is driven by riparian effects. The effect of first-order land cover may not be too surprising; first-order streams make up the majority of stream length in watersheds. Our approach shows that a correlation with land uses in small headwater streams does hold, and holds even in seasons when many of the first-order stream channels are not flowing.

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