We will contact you as soon as an opening becomes available. While you wait, check out our website for other helpful resources.

k-state.edu/counseling/topics/resources.html

If your situation worsens and you are in crisis:

- Come to Counseling Services Mon–Fri 8–5 and notify the front desk that you are in crisis
- Call 911
- Text START to 741–741
- Go to the Via Christi Hospital emergency room
  1823 College Ave, Manhattan, KS

If you are interested in exploring community provider options:

Check your insurance website or call customer service to find providers in the community covered by your insurance.

Psychology Today www.psychologytoday.com
You can filter by insurance carrier after initial search.

Via Christi Behavioral Health
785–776–2833 • 222 N 6th Street, Manhattan, KS 66502
*Hours: Mon – Fri 8am – 5pm

Pawnee Mental Health Services
785–587–4300 • 2001 Claflin Rd, Manhattan, KS 66502
*Hours: Mon & Wed 7:30am – 9pm, Tuesday & Thu 7:30am – 8pm, Fri 7:30am – 5pm

K-State Family Center
785–532–6984 • 1405 Campus Creek Rd., Manhattan, KS 66506
*Appointments are available Mon – Thu 8 am – 9 pm, Fri 8 am – 5 pm
The business office is available to take appointments Mon – Fri 8am – 5pm

There are many therapists in the Manhattan community. If you decide to seek therapy elsewhere, please let us know.