

K-State Center for Child Development

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www.facebook.com/KSUchildcare/

Tips for Parents, Students, and Teachers

If following some simple tips could help your child miss one less day of school, what would it be worth to you and your family?

Below are some simple things you can do to help them have a healthier year.

<http://www.consumer.org/>

Wash hands often and thoroughly with soap and warm water for 20 seconds - about the time it takes to sing the "Happy Birthday" song twice.

Practice good health habits, such as eating a balanced diet, exercising regularly, getting plenty of sleep, and not sharing food and drinks with others.

If possible, keep children home from school and other activities when they are sick.

Teach your child to sneeze, cough, or blow their nose into a clean tissue and then dispose of it properly.

Try to keep children from touching or rubbing their eyes, nose, and mouth, as these are common ways for germs to enter the body.

Disinfect or sanitize frequently touched surfaces, such as toys and other commonly shared items.

Make sure your child's immunizations are up to date, as residences are typically high-density living communities in which germs spread easily.



March Important Dates

Mar. 9th: PTO meeting in Center's conference room at 12:05-12:50 pm

Mar. 10th: Center closes at 12:45 pm for Parent Teacher Conferences (PTC)

Mar. 10th: Early Childhood Community Screening at Peace Lutheran Church 9-11 am (776-6363)

Mar. 22nd-24th: Center closed for Teacher In-Service and Building Maintenance

March Family Fun

Mar. 2nd Read Across America and Dr. Seuss Birthday- play around with words

Mar. 11th Jonny Appleseed Day- make bite size apple pies(Pillsbury.com)

Mar. 12th Plant a flower

Mar. 14th Butterfly Day-create coffee filter or foot print butterflies

Mar. 20th International Earth Day

Mar. 22nd National Goof Off Day- have a dance off

"Play gives children a chance to practice what they are learning." Mr. Rogers

PTO Points of Interest:

March 2017

Hello Parents,

Spring will soon officially begin, according to the calendar, so here is a quick highlight of upcoming spring fun from your PTO team!

Our spring CCD BBQ will be occurring on Saturday, April 29 from 11:30 a.m. – 1:00 p.m. The day will feature a picnic lunch, outdoor games, and kids are invited to dig in the sand and climb on the playground equipment. Keats Park, located in Keats, 5 miles west of Manhattan is where we will be. The park offers a nice enclosed bike and walking trail, plenty of parking and a location that is quiet and away from any traffic. Plan to come and enjoy some time with other families, teachers and Center staff. Watch for reservation details to come in April. Families will need to purchase tickets the week prior. Ticket cost per family will be \$1.

A playground clean up date will be held on April 8. Be watching for details on this come and go date. We will be removing dead plant material, patching trails, applying mulch and other play area refreshment tasks. We hope to have many helping hands (adults and kids) to prepare our play areas for the busy summer season.

Looking ahead to May: Teacher Appreciation week will be celebrated at the Center, May 1-5. PTO is in the process of planning for this special week. Families may wish to also do something special for their child's teachers. Some possible options include: draw a picture, create a hand-made card, snap a photo of your child and incorporate it into a simple art activity, create a short video on your phone of your child sharing his/her favorite things about his/her class and send it to the teachers. We look forward to celebrating our fantastic early childhood educators!

Interested in sharing your ideas, or having a hand in the activities we plan? Consider attending the next PTO meeting, scheduled for Thursday, March 9, Noon, CCD Conference Room. My email inbox is always open at afeld@ksu.edu. I look forward to hearing from you!

Andrea Feldkamp

CCD PTO President



Spring into Gardening!

Curriculum:

Grow it, Try it, Like it!

Grow It, Try It, Like It! Nutrition Education Kit Featuring MyPlate is a garden-themed nutrition education kit for child care center staff that introduces children to: three fruits and three vegetables.

Preschool will be learning about peaches, strawberries, cantaloupe, spinach, crookneck squash, and sweet potatoes.

IT2's will be learning about cantaloupe, eggplant, lettuce, sweet peppers, tomatoes, and tri color beans (From My Garden to My Plate).

<https://www.choosemyplate.gov/>

Each Preschool lesson contains: hands-on activities, planting activities, and nutrition education activities that introduce MyPlate. Teaching staff promote learning at home with fun parent/child activities and family-sized recipes that give tips for cooking with children.

<https://www.fns.usda.tn/grow-it-try-it-it>

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