

Applying Restorative Talents in Careers

- Search online and read all you can about careers that interest you. Take career inventories to see where your talents and interests match those who are successful in a particular field. This detailed self-analysis can get you started in a process of elimination that will clarify your career goals.
- Interview people who have a reputation for salvaging bad situations, turning companies around, or stepping in to solve problems no one else can seem to handle. Ask them what they enjoy about their work and what they actually do on a daily basis.
- Volunteer your time in an organization that needs someone to "breathe new life" into their work. This is often what you do best.
- Environments in which you are called upon to diagnose problems and design solutions will allow your Restorative talents to flourish.
- Talk to people who excel as customer service reps, surgeons, or television producers. Ask them what leads to their success and what they find rewarding about their work.

Applying Restorative Talents in Academics

- Read the syllabus when you get it, and attack assignments or areas that you consider problematic.
- Do not let an unexpectedly low grade defeat your spirits. Learn how to more effectively apply your greatest talents.
- Think about school as a way to improve yourself. You will increase your motivation, particularly if you reflect on your progress.