

## Applying Includer Talents in Careers

- Interview people who are currently in jobs that interest you. Shadow them to see what they really do day in and day out. This personal interaction with people in careers you are considering can help you sort to the best option.
- Make the most of your willingness to include outside sources by talking to a career counselor about your interests and what you are passionate about. Talking things through with a knowledgeable counselor can give you confidence in exploring the possibilities.
- Environments where you can play a welcoming role, such as in orienting new employees or recruiting minority staff, can allow your Includer talents to flourish.
- Working with a group that is not always included by others, such as physically or mentally challenged children, will allow you to use your talents to help others feel better about themselves.
- Environments that encourage teamwork and foster social interaction and integration and will bring out your best.
- Talk to youth workers, occupational therapists, social workers, special education teachers, and missionaries to learn what they find most rewarding about their work.

## Applying Includer Talents in Academics

- In small groups in class, try to get each student to participate. Ask him or her for opinions.
- Ask shy people to walk to class with you.
- Research people of different cultures in your community. Invite some of these people to attend a community or university event with you.
- Attend lectures or speeches by guest speakers of different nationalities. Introduce yourself to others attending the session, drawing them into a conversation with you.