

Applying Focus Talents in Careers

- Set specific goals for your career planning. What do you want to achieve by the time you graduate? This attention to your destination and how you will get there will be very engaging and will provide great benefits.
- Spend some dedicated time reading about careers that interest you and following up with internet searches. Your ability to concentrate on a task will stand you in good stead as you research career possibilities.
- Although your Focus talents can reveal themselves through highly proactive goal setting, you might sometimes need to have a target identified for you.
- You are capable of prolonged concentration and persistence, which flourishes in environments with few interruptions and little need to multi-task.
- Structured environments that are predictable, detail-oriented, and reward your dependability and follow-through are likely to bring out your best.
- You might be most satisfied in roles that have identifiable goals, purposes, and objectives, and that provide opportunities to meet your own longer-term goals.

Applying Focus Talents in Academics

- Use your focus to link class-related assignments to the knowledge and self-management skills you'll need to be successful in your future career.
- Use your focus to help groups stay on track in classroom discussions or meetings.
- If you feel an assignment has no practical value to you, develop one that better fits your goals, and request permission from your professor to use it. Explain the potential benefits.
- When working with others in a small group, help them see how the pieces of a project fit together to accomplish the overall objective.