

Applying Discipline Talents in Careers

- Collect all the information you might need about making a career choice. Use your natural discipline to organize it as you prepare to make a decision.
- Lay out all the steps of the career planning process and follow them one by one. Put the steps on a timeline, as timelines often motivate you.
- Environments in which you can maintain order for yourself and others will enable you to be most effective. Your organizational talents can be useful in a wide variety of settings.
- Environments that are structured and detail-oriented, with clearly established routines and procedures, will likely bring out your best. Cluttered, unpredictable environments may not allow your Discipline talents to flourish.
- Work that demands high levels of abstract thinking probably will not be comfortable for you. A daily routine and concrete expectations from others likely will enable you to be most productive.
- Environments that value attention to detail and commitment to accuracy will be a good fit for you. Read about the work that air traffic controllers, brain surgeons, tax specialists, and executive assistants do.

Applying Discipline Talents in Academics

- Schedule all assignments, exams, and papers due for the term.
- Clean and organize your living space before any major assignments are due or before an examination period.
- If you are in a self-paced class or a class with minimal structure, develop your own structure to ensure that you meet the class requirements.
- Don't be afraid to color-code tasks on your calendar and your textbooks or notes. This will help you focus and prioritize what you are learning and doing.