

Applying Competition Talents in Careers

- Explore leadership opportunities on campus, particularly in organizations where you can stimulate others to excel and win.
- Go to the career center and take several different career inventories, then compare yourself to others who are successful in fields that interest you.
- Choose work environments that challenge you and in which your success can be quantified with scores, ratings, and rankings. Avoid situations lacking meaningful, objective measurement criteria, as you often desire a “yardstick” with which you can measure your progress and compare it to that of others.
- Decide whether you prefer to compete as an individual or as a team member. Select employment that matches your preference either for total or shared control over final results.
- Environments that reward your achievement and offer status or prestige are likely to bring out your best.
- Talk to sales reps, politicians, lawyers, athletes, and business leaders about what they enjoy most in their work.

Applying Competition Talents in Academics

- Regard grades as your scorecard. Invest more effort in classes where the results of tests, papers, and projects are posted for all to see.
- Monitor your grade-point average by the week, month, or academic term. Compare your class ranking to that of your closest rivals. Realize that striving for the highest GPA leads you to excel.
- Clarify how professors weight class participation, final exams, presentations, laboratory experiments, and research projects. Continuously monitor your grades and class standing.
- Study your opponents — that is, your classmates. Identify each one's strengths. Evaluate their study strategies. Continually compare your results to theirs.