

## Applying Belief Talents in Careers

- Spend time thinking about your “calling.” Once you have articulated this mission, seek more information at the career center about careers that can help you fulfill it.
- A mentoring relationship can provide a valuable way for you to gain insight into the fit between who you are and what you were meant to do with your life. Mentoring and being mentored increases the chances for your behaviors, decisions, and beliefs to remain congruent.
- Environments that are a good fit with your own mission and beliefs will bring out your best. Seek employments in companies and organizations that exhibit a strong sense of mission – that is, a commitment to positively affecting the quality of people’s lives.
- Research opportunities in helping professions such as medicine, law enforcement, social work, refugee relocation, teaching, ministry, and search-and-rescue. Talk with people who provide services to individuals in need. Interview those who supervise them.
- Environments that are people-oriented, that provide service to others, or that reward personal growth are likely to allow your Belief talents to flourish.
- Workplaces that respect your commitment to your family and allow for a balance between work and family demands will enable you to thrive.

## Applying Belief Talents in Academics

- Write an academic mission statement for yourself. Integrate your core values, such as a leaving the world better than you found it, curing AIDS, ending violence, or affirming the dignity of each human being.
- Discover ways to weave your core values into routine classroom assignments. Write and speak about topics directly related to your beliefs.
- Read about individuals who stood up for their convictions in the face of resistance. Determine who inspired these people to dedicate their lives to great and noble causes.
- Debate an issue like: "Money is the true source of happiness." Argue for and against this proposition. Ask yourself, "How was my position strengthened when I could incorporate my beliefs into the argument? How was my position weakened when I had to defend the opposing point of view?"