

2016-2017 Year In Review

Throughout the year, the Center for Advocacy, Response, and Education (CARE) has continued to strive to create educational and outreach programs that best serve the needs of Kansas State University students, faculty, and staff.



Holton Hall, Kansas State University

CARE Mission and Goals

The Center for Advocacy, Response, and Education (CARE) is a safe space for any member of the K-State community who has been affected by dating, domestic and sexual violence, stalking or harassment to receive confidential services. CARE collaborates across identities and sheds light on the realities of psychological, emotional, financial, physical, and sexual forms of violence. CARE challenges the campus community to be active participants in advocating for positive social change while addressing the influences and social patterns that lead to interpersonal violence and other forms of oppression.

**The Center for Advocacy,
Response,
and Education (CARE)**

**Kansas State University
206 Holton Hall
Manhattan, KS 66506**

Who We Are



Clara Valadares Kientz

Assistant Director

Clara Valadares Kientz received her B.S. in Family Studies and Human Services and M.S. in Counseling and Student Development from Kansas State University. She has served as a Police Response Advocate for the Manhattan Crisis Center since 2012 where she gained experience addressing immediate safety concerns and supporting survivors of domestic violence. She oversees education and advocacy services in the CARE office.



Allison Day

Advocate/Educator

Allison received her B.S. degree in Psychology at Pittsburg State University. Allison just recently completed graduate school at Washburn University and received her M.S. in Social Work. Her professional experiences include working within the military with soldiers and military families to assist them with job searching, financial assistance, parenting classes and also providing in-home services. In addition, she has experience working in domestic violence and sexual assault within the military where she worked at a treatment based agency that assessed individuals for safety, mental health and overall well-being.

Shanese McGregor

Advocate/Educator

Shanese McGregor is originally from Indiana ("the Hoosier State"). She graduated from the University of Indianapolis with a B.A. in Psychology in 2013. Post graduation, she went to work for the Department of Child Services in Indiana where she ensured the safety of children from child abuse and neglect. In 2017, she earned her M.A. in Student Affairs Administration in Higher Education from Ball State University. While working towards her M.A, she was the graduate assistant for the Office of Victim Services. Her duties entailed providing confidential services to the community regarding sexual assault, domestic/relationship violence, and stalking. Shanese has a passion for serving the community by ensuring safety, providing advocacy, and enhancing knowledge on prevention work and how it can be effectively conducted in collegiate settings.



Gabrielle Hull

Graduate Research Assistant

Gabrielle received her B.S. in Political Science and Gender, Women, and Sexuality Studies from Kansas State University. She is currently working on her M.S. in Public Administration Degree at Kansas State University. Gabrielle served as Shelter Staff at the Manhattan Crisis Center where she worked with emergency shelter services, completed survivor intakes, and created healthy relationships with survivors of domestic violence and sexual assault. She hopes to continue her work with survivors of domestic violence and sexual assault as an advocate upon completion of her degree.



Marisol Garcia

Student Worker

Marisol is a senior majoring in History, Pre-Law with a minor in Leadership Studies. She got involved with CARE after taking a Leadership Studies class in the Spring of 2017, which was paired with CARE as a 'community partner.' Through this project, she became more familiar with the CARE office's services and found her passion for survivor rights. Marisol is also on the Panhellenic Council, which also collaborates with the CARE office in spreading awareness about resources available to survivors. After college, Marisol hopes to go to law school and work in family law or as a prosecutor for criminal law.

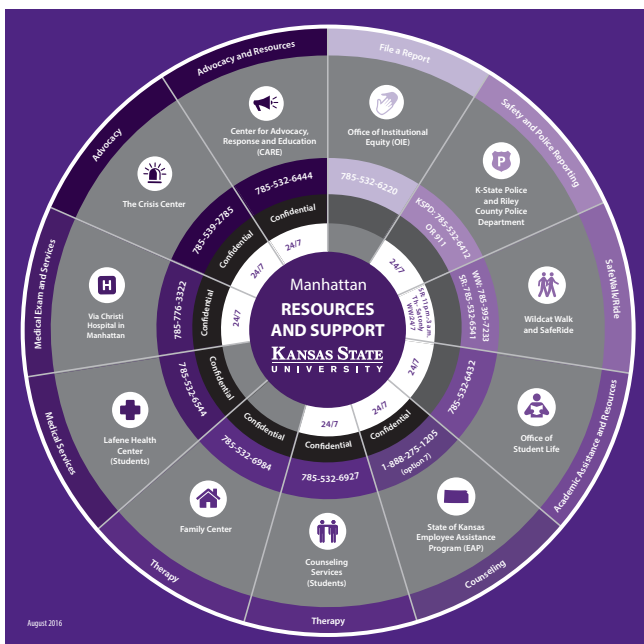
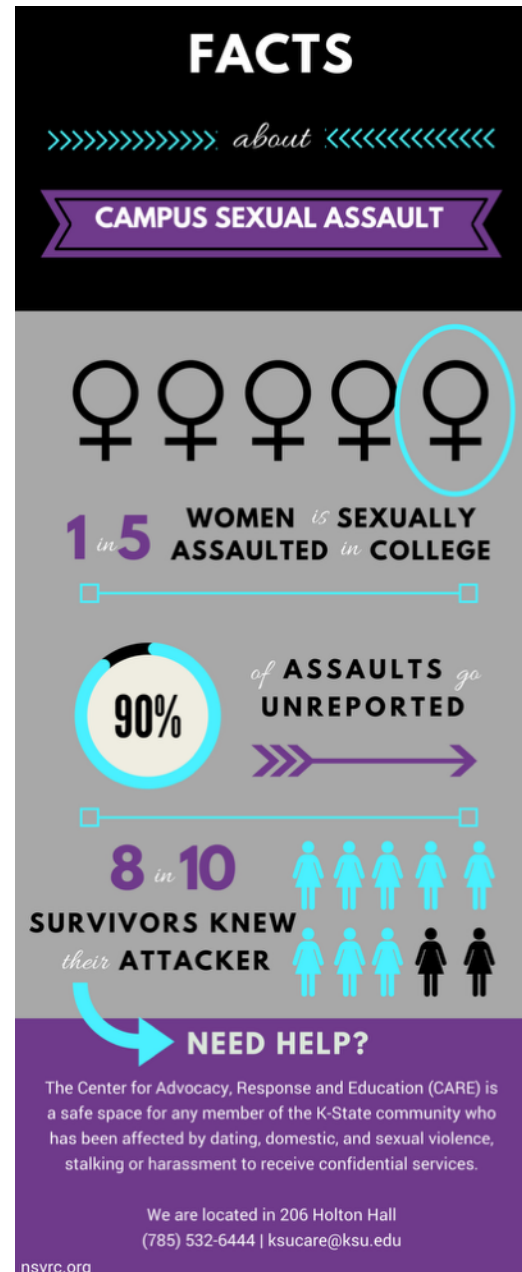
Response

CARE advocates create specialized plans for each client that receives services to ensure they get the services that best fit their needs. Advocates provide crisis intervention and are a source of judgement free support, safety plans, information, answers to questions, and refer survivors to other agencies to aid in healing.

During the 2016-2017 Academic year, K-State CARE:

Served:

- 35 survivors of sexual assault
- 24 survivors of domestic and/or family violence
- 11 survivors of stalking or sexual harassment
- 3 survivors in other categories

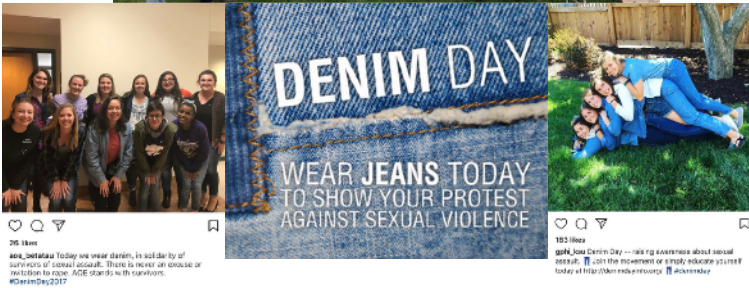


The CARE office values the importance of confidentiality. Survivors have a place to receive information and assistance that will not give out their personal information without their consent. The CARE office works alongside many agencies, some of which are also confidential. Survivors at the CARE office receive referrals to Lafene Health Center, Kansas State Family Center, Counseling Services, Via Christi Hospital, and the 3 Manhattan Crisis Center.

Events



April is Sexual Assault Awareness month. CARE ran social media outreach, events, and discussions during the month of April to not only raise awareness, but to honor all survivors. Below are a couple of the events CARE hosted during April this year.



Denim Day 2017:

Denim day is a world-wide campaign started by the ruling of the Italian Supreme Court where a rape conviction was overturned due to the fact that the victim was wearing tight jeans. The Supreme Court justices asserted that her jeans were so tight that she would have had to help her attacker get her jeans off; therefore, it was not rape. The following day, the women in the Italian Parliament came to work wearing denim as an act of solidarity. Since then, wearing denim on Denim Day has become a symbol of protest toward the misconceptions and victim blaming that surround sexual assault. This year, the CARE office and the Kansas State community hosted the university's first Denim Day. The event took place outside of Eisenhower Hall where students, staff, and survivors made quilt squares which were displayed on Eisenhower lawn.

Yeah Maybe, No:


Hosted during Sexual Assault Awareness Month, *Yeah Maybe, No* is a documentary that follows Blake, a young gay man who is coming to terms with a history of multiple sexual assaults. After campus activists bring attention to consent at Reed College, Blake realizes that his early sexual encounters were more than just bad learning experiences. While processing this new identity, Blake finds gaps in the legal system and difficulties in getting peer support that leave him feeling left out of the conversation. The screening was hosted in Town Hall with a discussion afterwards encouraging conversation about the ways in which sexual assault affects survivors across multiple identities.



Education

Training and Presentations

Part of the the CARE office's name itself includes 'education.' As one of the core values of the staff, most of the daily activity in the CARE office focuses on training and educating the surrounding community. CARE aims to raise awareness about the ways in which social interactions and influences perpetuate sexual and dating violence. As part of the K-State family, we work to create a community in which all students, faculty, and staff feel confident about how to face the issues of sexual and domestic violence as survivors as well as allies. This past year, CARE was able to meet with and train over 2,650 members of Kansas State University and the surrounding community.



*Education is the most
powerful weapon which
you can use to change
the world*
-Nelson Mandela

The CARE office works with many different organizations on and off campus. Some of the organizations we have had the privilege to collaborate with have been: Student Governing Association (SGA); the WellCat Ambassadors; the Staley School of Leadership Studies; fraternities such as Sigma Tau Gamma, Sigma Alpha Epsilon, Phi Delta Theta, and Delta Sigma Phi; sororities such as Alpha Omega Epsilon, Alpha Delta Phi, Sigma Kappa, and the sorority recruitment process; the Student Senate; Kansas State University Salina and Olathe campuses; SHARP of Fort Riley, and the Kansas State Department of Gender, Women, and Sexuality. We also had the privilege to work with Kansas State's housing facilities including Marlatt Hall.

Some of the important information we aim to provide to better shape our community include, but are not limited to: bystander intervention, allyship, trauma-informed response, consent, sexual violence, supporting survivors of intimate partner violence, as well as issues that survivors that identify as LGBT experience during the healing process.

To request training:
Call the CARE office at (785) 532-6444,
Email us at ksucare@ksu.edu,
or visit our website: www.k-state.edu/care/services/education

Bringing in the Bystander

A Prevention Workshop for Establishing a Community of Responsibility

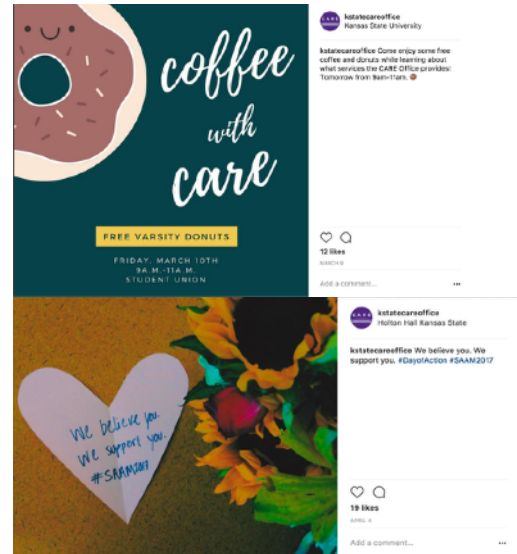
CARE is thrilled to begin the 2017 school year with a new program for students, faculty, and staff. The CARE staff, alongside 36 Kansas State University staff members, had the privilege to attend a workshop for the Bringing in the Bystander program on July 31st, 2017. The workshop was attended by offices across campus including Housing and Dining, Student Life, Kansas State University Police department, LGBT Resource Center, Athletics, Academic Achievement Center, K-State First, and Counseling Services. A special thank you to President General Meyers, K-State Athletics Department, Housing and Dining Services, and the President's Commission on the Status of Women for helping us fund this new program.



Bringing in the Bystander, an evidence-based program, emphasizes a bystander intervention approach and recognizes that everyone has a role to play in ending violence. This program offers a unique opportunity for members of our campus community to take on a leadership role in educating themselves on how to stop violence on our campus. Bringing in the Bystander uses a community of responsibility model to teach bystanders how to intervene safely and effectively in cases where sexual assault may be occurring or where there may be a risk of violence. Both men and women are seen as potential bystanders to sexual assault or risky behaviors and empowers the community to stand up for one another. By working together through the material and scenarios, participants leave with practical knowledge on how to be a positive bystander. Moving forward, the facilitators trained in July will begin to implement the program on our campus by hosting trainings for students, faculty, and staff.

Outreach

In the past years, CARE has embraced the use of social media as a way to connect with students, faculty, staff, as well as the community surrounding Kansas State University. Social media has been a way to connect survivors to services, announce events and trainings, as well as gathering ideas and inspiration on how to improve our organization. Social media is a way to reach a broad audience on campaigns and events we host on campus and has allowed us to draw a larger audience in past years. This year, the CARE Twitter page gained 46 new followers and had over 1,200 profile views. The CARE Instagram gained recognition this year with 775 likes and a total of 174 followers. The CARE office hopes to continue to grow as a social media presence in order to reach as many students, faculty,




An essential part of outreach for CARE is being present while new students begin their transition into college life at Kansas State. In order to inform incoming students about our services and presence on campus, we attend Orientation and Enrollment with a booth for students to visit for information.

CARE Social Media Accounts:

Twitter: KStateCARE

Instagram: kstatecareoffice

Facebook: K-State Center for Advocacy, Response and Education



*Survivors
are brave,
strong, and
resilient.*

Contact us

Center for Advocacy, Response and Education (CARE)
Kansas State University
206 Holton Hall
Manhattan, KS 66506

(785) 532-6444
ksucare@ksu.edu