Sequence Order and Stroke Category

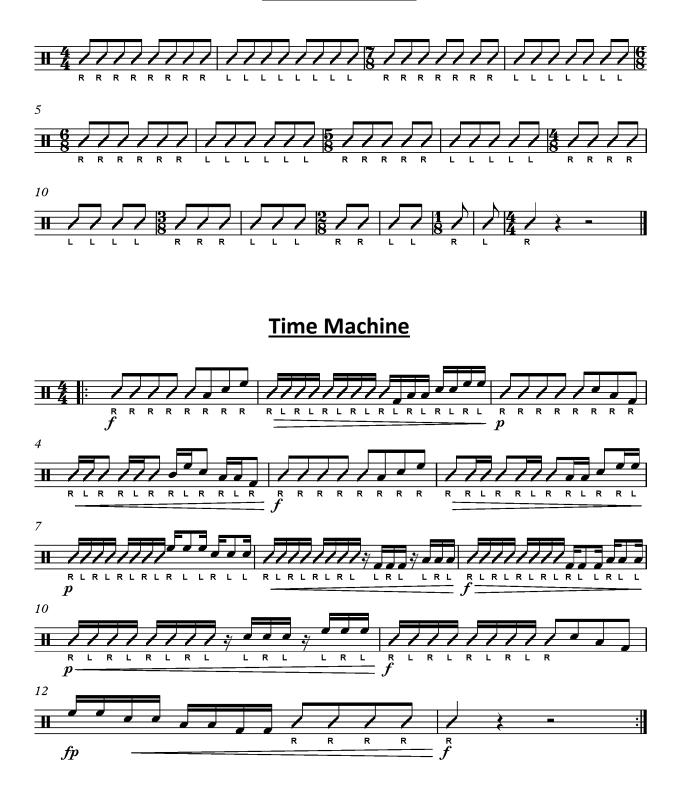
Hands Separate	<u>e</u> <u>l</u>	Hands Together
Rebound Down	Mono-Height Single Stroke	Time Machine Timing Page
Two-Height Single Stroke		
SOS (First Half)	S	OS (Second Half)
Shuttle Deck	Mono-Height Double Stroke	Samba Sweep Matrix 2000
Нір-Нор	Two-Height Double Stroke	Millennium
	Comprehensive Study	

Sixteenth Grids Triplet Grids Cadences

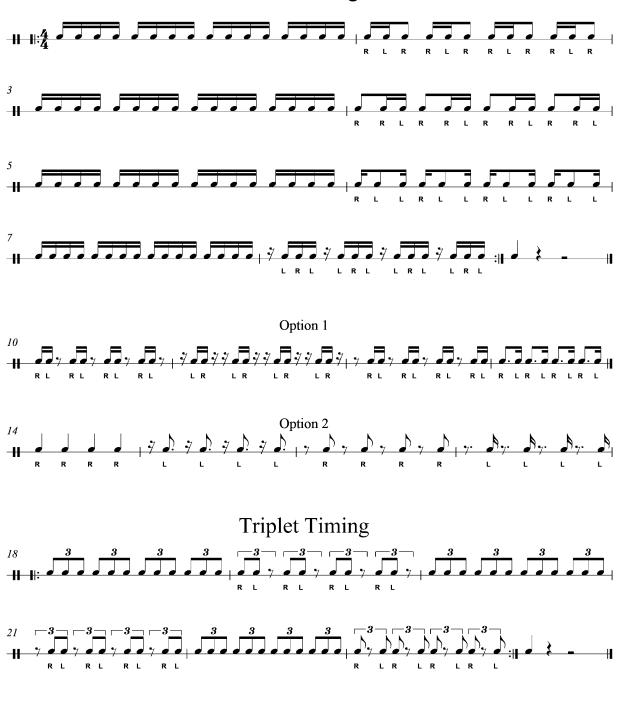
- The Energizer
- Moby Dick (K-State Cheer)
- Hot Tub (K-State Cheer
- iDrum

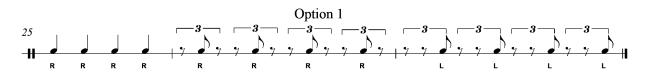
Exercises written by: Larry Doran Giff Howarth Jeff Moore Fred Sanford Ben Yancey

Rebound Down





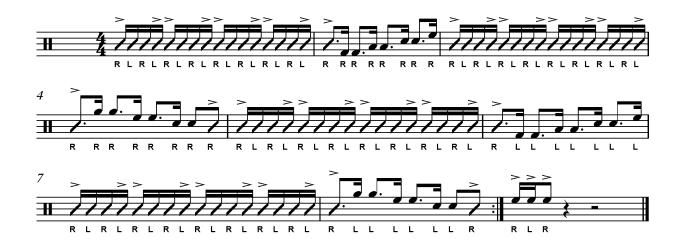




<u>S.O.S.</u>



Samba Sweep



Matrix 2000





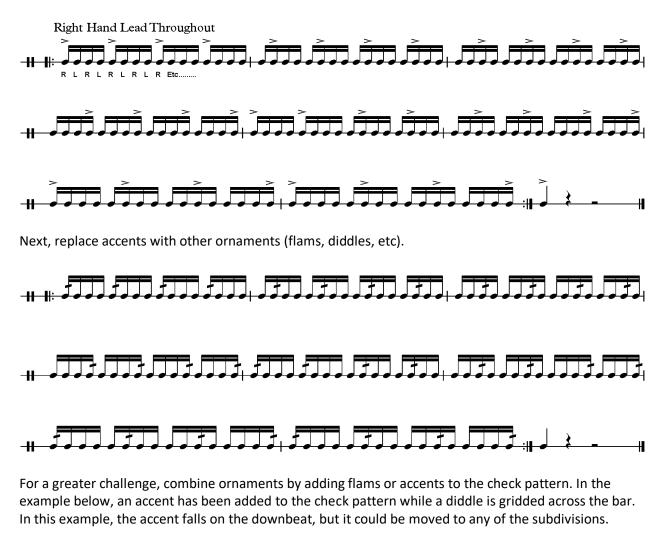


<u> Hip – Hop</u>



Sixteenth Grid

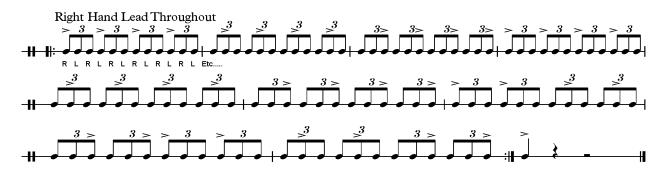
Practice ornaments on all beats and on both hands by "gridding" them across the bar. The following examples are written using right hand lead, but for in an additional challenge left hand lead could be used as well. Learn the grid pattern by starting with accents.



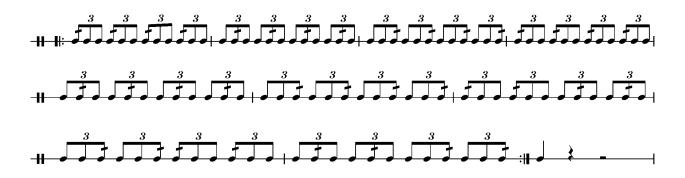


Triplet Grid

Apply the same concepts of the sixteenth grid to a triplet subdivision. The odd groupings will cause the ornaments to alternate between hands



Replace accents with other ornaments (flams, diddles, etc)



For a greater challenge, combine ornaments by adding flams or accents to the check pattern. In the example below, an accent has been added to the check pattern while a diddle is gridded across the bar. In this example, the accent falls on the downbeat, but it could be moved to any of the subdivisions.

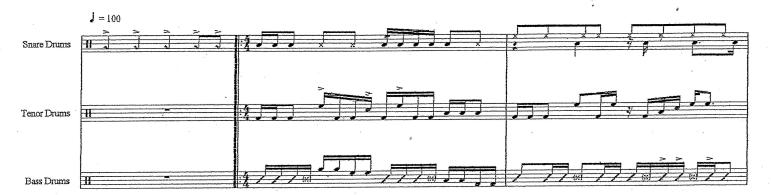


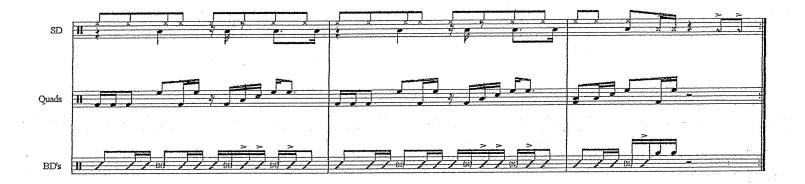


 $c \xrightarrow{Cr.}{mf} \xrightarrow{Cr.}{cr.}$

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Moby Dick





Composer

Hot Tub





by John Pollard



