"What is.....What Could Be"

DR. FRANK TRACZ
DIRECTOR OF BANDS, KANSAS STATE UNIVERSITY
PROFESSOR OF MUSIC
“What is.....What Could Be”

“They Come From.....”

- Class
- Work
- Napping!
- Home/Apartment
"What is.....What Could Be"

"They Come With....."

- Worries
- Emotions
- Pain
- Challenges
- SOCIAL MEDIA!
"What is.....What Could Be"

"My Job....."

DE-BAG the BAND!!!
"What is.....What Could Be"

"Why Come To Band?"
- Freedom
- Escape
- Friends
- Perspective
- Balance
- FUN!!!
”What is.....What Could Be”

“What Do They Receive?”

- Purpose
- Cause
- Buy-In
- Belonging
- Ownership!
"What is.....What Could Be"

"When?"

- Before Band
- Beginning of Band
- Process of Band
- Finale/Send-Off from Band.....
"What is.....What Could Be"

"How?"

- "CHANGE"
  - Mindset
  - Attitude
  - Focus
  - Priorities
  - The way they look at things, challenges, pain, etc. all of the above
  - Themselves and
  - LIFE!!!
"What is.....What Could Be"

"Successful Techniques"
- Communication Change
  - Conversation
  - Handwritten Notes
  - Football, Frisbee, Hacky Sack, Soccer
  - Stereo with LOUD MUSIC!!!
  - Short Bursts of Verbal and Physical Contacts

- Physical Change
  - Jumping Jacks
  - "Fundies" (technique)
  - "Arcs" Warm-Ups
    - Breathing, singing, thinking, playing
“What is.....What Could Be”

Process
- Fast Paced
- Energetic
- Physical
- Mind Wandering Time
- Move from NON-COMFORT to COMFORT

Result
- Positive and Productive Rehearsal
- Student Contribution
- Student Control
- Student Intensity and Focus
- Much Accomplished in Very Little Time!!!
- Happy and Satisfied Kid
- Involved Kid
- Student-Centered and Student-Owned

And, The Ultimate Result.....
"What is.....What Could Be"

2015-2016
Sudler Trophy Award Winner
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