7 Moments That Define Excellent Leaders

Dr. Frank Tracz
Director of Bands
Kansas State University
#1 - A Moment to Commit

Giving Your All Time Best

“Your life changes the moment you make a new, congruent and committed decision”

- Think Excellence
- Create a Compelling Cause
- Secure Your Foundation
#2 - A Moment to Plan

Taking Time Out

“It takes time to succeed because success is merely the natural reward of taking time to do anything well”

➢ Set a High-definition Vision
➢ Optimize Your Sweet Spot
➢ Magnify Your Leadership
#3 - A Moment to Act

Making Every Minute Count

“It’s not the hours we put in on the job but what we put into the hours that counts.”

- Check Your Focus
- Treasure Your Precious Resources
- Make Real-time Decisions
#4 - A Moment to Connect

Reaching for the Hands of Time

“Many Times a day I realize how much my own outer and inner life is built upon the labors of my fellow men, both living and dead, and how earnestly I must exert myself in order to give in return as much as I have received from that connection.”

- Look Beyond Your Employees
- Cultivate Your Network
- Ritualize Your Team
“If we are to truly invest in this generation of workers, we must offer a brain to pick, an ear to listen, a model to follow and, sometimes, a push in the right direction”

- Inspire Future Leaders
- Live Your Legacy
- Exercise Your Brain
#6 - A Moment to Change

Adapting to the Times

“We cannot become what we need to be by remaining what we are.”

- Delight in Discomfort
- Know Fear
- Multiply Your Power of One
#7 - A Moment to Conquer

Standing the Test of Time

“Time is the cruelest teacher; first she gives the test, then teaches the lesson.”

- Move Through Adversity
- Take Your Stand
- Stick To It
How good is hot chocolate?

“You can only know if you have been outside, sledding, careening down hill about as fast as you ever want to go, until you’ve gone until you just cannot climb the hill even one more time, until you realize that your clothes are drenched, and coldness has gripped through your skin down to your very core, until you drag yourself to the kitchen, to warmth and sustenance and light. That’s how good hot chocolate is.”
Dr. Frank Tracz

Kansas State University

ftracz@ksu.edu

(785) 532-3816